

Eredivisie competitie deel 3
Nijmegen, 7-2-2026

Programmanr. 14
7-2-2026 - 14:59

Meisjes, 400m wisselslag

Onder 18
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Bregje Dekkers	Psv 1	5:00.87	200900746	4:56.92
	50m: 32.20	32.20 150m: 1:46.82	38.61 250m: 3:07.25	42.68 350m: 4:23.79	33.75
	100m: 1:08.21	36.01 200m: 2:24.57	37.75 300m: 3:50.04	42.79 400m: 4:56.92	33.13
2.	Fran Vertessen	Psv 1	5:03.02	200904550	5:05.69
	50m: 32.50	32.50 150m: 1:51.32	41.13 250m: 3:13.21	41.70 350m: 4:32.96	36.17
	100m: 1:10.19	37.69 200m: 2:31.51	40.19 300m: 3:56.79	43.58 400m: 5:05.69	32.73
3.	Luus Gielens	Psv 1	5:02.60	200900138	5:06.09
	50m: 32.32	32.32 150m: 1:49.31	39.98 250m: 3:12.57	44.70 350m: 4:32.23	34.83
	100m: 1:09.33	37.01 200m: 2:27.87	38.56 300m: 3:57.40	44.83 400m: 5:06.09	33.86
4.	Maaïke Ooms	Zpc Amersfoort 1	5:01.19	200801580	5:07.25
	50m: 30.73	30.73 150m: 1:46.04	38.88 250m: 3:09.76	46.58 350m: 4:32.93	36.33
	100m: 1:07.16	36.43 200m: 2:23.18	37.14 300m: 3:56.60	46.84 400m: 5:07.25	34.32
5.	Myrthe Stelten	Hellas-Glana 1	5:12.02	200900234	5:08.88
	50m: 31.38	31.38 150m: 1:50.50	40.74 250m: 3:12.90	42.34 350m: 4:33.56	37.66
	100m: 1:09.76	38.38 200m: 2:30.56	40.06 300m: 3:55.90	43.00 400m: 5:08.88	35.32
6.	Esmaé de Gans	Zpc Amersfoort 1	5:20.12	200900134	5:15.78
	50m: 32.86	32.86 150m: 1:52.20	41.03 250m: 3:16.00	43.85 350m: 4:39.69	37.84
	100m: 1:11.17	38.31 200m: 2:32.15	39.95 300m: 4:01.85	45.85 400m: 5:15.78	36.09
7.	Robine Moot	Zpc Amersfoort 1	5:12.73	200900330	5:20.40
	50m: 32.91	32.91 150m: 1:54.65	42.30 250m: 3:20.45	43.37 350m: 4:43.44	37.86
	100m: 1:12.35	39.44 200m: 2:37.08	42.43 300m: 4:05.58	45.13 400m: 5:20.40	36.96
8.	Tara Langkamp	Aqua-Novio'94	5:34.62	200900362	5:23.21
	50m: 31.49	31.49 150m: 1:50.97	41.77 250m: 3:17.80	46.66 350m: 4:46.33	39.81
	100m: 1:09.20	37.71 200m: 2:31.14	40.17 300m: 4:06.52	48.72 400m: 5:23.21	36.88
9.	Niobe Maduro	Aqua-Novio'94	5:16.54	200800378	5:28.13
	50m: 33.28	33.28 150m: 1:56.28	42.30 250m: 3:22.86	44.20 350m: 4:49.15	39.72
	100m: 1:13.98	40.70 200m: 2:38.66	42.38 300m: 4:09.43	46.57 400m: 5:28.13	38.98
10.	Senna Rijnbeek	Zpc Amersfoort 1	6:09.27	200901480	5:41.68
	50m: 33.17	33.17 150m: 1:57.10	44.27 250m: 3:31.42	52.93 350m: 5:04.72	39.39
	100m: 1:12.83	39.66 200m: 2:38.49	41.39 300m: 4:25.33	53.91 400m: 5:41.68	36.96
11.	Lili de Graaf	Hellas-Glana 1	5:46.84	201103068	5:53.40
	50m: 37.52	37.52 150m: 2:11.96	46.67 250m: 3:42.71	45.61 350m: 5:13.00	43.27
	100m: 1:25.29	47.77 200m: 2:57.10	45.14 300m: 4:29.73	47.02 400m: 5:53.40	40.40
12.	Jolijn Kraaijenbrink	Aqua-Novio'94	6:08.36	201300230	5:56.95
	50m: 37.61	37.61 150m: 2:10.90	45.30 250m: 3:45.22	50.70 350m: 5:17.60	40.07
	100m: 1:25.60	47.99 200m: 2:54.52	43.62 300m: 4:37.53	52.31 400m: 5:56.95	39.35