Epreuve 7	Dames, 400m 4 nages	Cat. générale
2026-01-31 - 14:50		Liste résultats

Points: AQUA 2025

Rang		AN									Temps	Pts
1.	TREMBLAY, Raphaelle	04	Rouge et Or universitaire								**4:50.01**	683
	50m:	31.54	31.54	150m:	1:44.92	37.30	250m:	3:02.53	41.32	350m:	4:17.70	33.63
	100m:	1:07.62	36.08	200m:	2:21.21	36.29	300m:	3:44.07	41.54	400m:	4:50.01	32.31
2.	VÉZINA, Corinne	04	Rouge et Or universitaire								**4:52.93**	663
	50m:	31.52	31.52	150m:	1:46.78	39.63	250m:	3:04.92	40.01	350m:	4:19.91	34.06
	100m:	1:07.15	35.63	200m:	2:24.91	38.13	300m:	3:45.85	40.93	400m:	4:52.93	33.02
3.	FROST, Natasha	03	McGILL								**4:58.01**	630
	50m:	31.93	31.93	150m:	1:46.14	37.19	250m:	3:05.54	43.91	350m:	4:24.73	34.33
	100m:	1:08.95	37.02	200m:	2:21.63	35.49	300m:	3:50.40	44.86	400m:	4:58.01	33.28
4.	MICHAUD, Élisabeth	05	Université de Montréal								**5:00.62**	613
	50m:	32.25	32.25	150m:	1:48.54	39.81	250m:	3:10.14	42.21	350m:	4:27.41	34.57
	100m:	1:08.73	36.48	200m:	2:27.93	39.39	300m:	3:52.84	42.70	400m:	5:00.62	33.21
5.	MARIGAUX, Maika	04	Université de Montréal								**5:00.70**	613
	50m:	33.77	33.77	150m:	1:51.06	37.84	250m:	3:10.50	43.00	350m:	4:28.26	34.95
	100m:	1:13.22	39.45	200m:	2:27.50	36.44	300m:	3:53.31	42.81	400m:	5:00.70	32.44
6.	HERENG, Romane	05	Université de Montréal								**5:02.55**	602
	50m:	32.02	32.02	150m:	1:49.93	41.06	250m:	3:10.61	39.41	350m:	4:27.98	35.91
	100m:	1:08.87	36.85	200m:	2:31.20	41.27	300m:	3:52.07	41.46	400m:	5:02.55	34.57
7.	COLQUHOUN, Sydney	06	University of Ottawa Gee-Gees								**5:05.13**	586
	50m:	31.42	31.42	150m:	1:45.13	38.35	250m:	3:08.21	45.45	350m:	4:30.47	35.66
	100m:	1:06.78	35.36	200m:	2:22.76	37.63	300m:	3:54.81	46.60	400m:	5:05.13	34.66
8.	MICHAUD, Anne-Sophie	03	Université de Montréal								**5:08.47**	568
	50m:	34.42	34.42	150m:	1:53.95	41.03	250m:	3:15.96	42.35	350m:	4:34.11	36.06
	100m:	1:12.92	38.50	200m:	2:33.61	39.66	300m:	3:58.05	42.09	400m:	5:08.47	34.36
9.	LEMOYNE, Marie-Hélène	05	Rouge et Or universitaire								**5:08.73**	566
	50m:	32.32	32.32	150m:	1:48.22	39.91	250m:	3:12.39	45.18	350m:	4:33.38	35.96
	100m:	1:08.31	35.99	200m:	2:27.21	38.99	300m:	3:57.42	45.03	400m:	5:08.73	35.35
10.	CHALIFOUR, Mathilde	05	Rouge et Or universitaire								**5:17.64**	520
	50m:	36.02	36.02	150m:	1:59.47	43.62	250m:	3:23.25	41.57	350m:	4:42.44	36.67
	100m:	1:15.85	39.83	200m:	2:41.68	42.21	300m:	4:05.77	42.52	400m:	5:17.64	35.20
11.	CAYER, Mathilde	03	UQTR Patriotes								**5:22.94**	495
	50m:	34.11	34.11	150m:	1:54.93	42.16	250m:	3:23.11	46.40	350m:	4:47.34	37.40
	100m:	1:12.77	38.66	200m:	2:36.71	41.78	300m:	4:09.94	46.83	400m:	5:22.94	35.60