

CVB DDAT 2026  
Ternat, 29/3/2026

Programmanr. 17  
29/03/2026 - 16:38

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: AQUA 2025

Rang	Inschr.	Tijd	Pnt
<b>jeugd 1 - B-zwemmers</b>			
1. Delcoigne Ella	DDAT/21161/14	5:48.48	<b>5:41.02</b> 307
50m:	150m:	250m:	350m:
100m: 1:18.20	200m: 2:46.19	300m:	400m: 5:41.02
2. Clabaut Elina	DIZV/21156/14	6:15.28	<b>5:46.55</b> 293
50m:	150m:	250m:	350m:
100m: 1:22.07	200m: 2:52.50	300m:	400m: 5:46.55
3. Pinte Ella	ALZV/21175/15	6:03.79	<b>5:48.66</b> 288
50m:	150m:	250m:	350m:
100m: 1:22.75	200m: 2:53.33	300m:	400m: 5:48.66
4. Van Hoeymissen Janne	ALZV/21180/14	NT	<b>5:55.77</b> 271
50m:	150m:	250m:	350m:
100m: 1:23.25	200m: 2:54.84	300m:	400m: 5:55.77
5. Vanderoot Anna	DIZV/21152/14	6:52.63	<b>6:03.62</b> 253
50m:	150m:	250m:	350m:
100m: 1:26.23	200m: 3:00.69	300m:	400m: 6:03.62
6. De Prater Eline	DDAT/21180/15	7:10.13	<b>6:40.79</b> 189
50m:	150m:	250m:	350m:
100m: 1:35.67	200m: 3:18.66	300m:	400m: 6:40.79
7. Fahy Emma	ZIOS/21148/15	NT	<b>6:41.72</b> 188
50m:	150m:	250m:	350m:
100m: 1:32.47	200m: 3:15.96	300m:	400m: 6:41.72
8. Ancolet Laure	ZIOS/21140/14	7:14.14	<b>6:49.65</b> 177
50m:	150m:	250m:	350m:
100m: 1:36.99	200m: 3:24.08	300m:	400m: 6:49.65
9. Van den Eynde Paulien	ZCK/22144/15	7:39.17	<b>6:51.70</b> 174
50m:	150m:	250m:	350m:
100m: 1:38.88	200m: 3:24.86	300m:	400m: 6:51.70
10. Fahy Julie	ZIOS/21149/15	NT	<b>6:56.40</b> 169
50m:	150m:	250m:	350m:
100m: 1:37.66	200m: 3:25.84	300m:	400m: 6:56.40

**jeugd 1 - A-zwemmers**

1. Seghers Milla	ZCK/22131/15	5:28.73	<b>5:36.39</b> 320
50m:	150m:	250m:	350m:
100m: 1:19.46	200m: 2:46.83	300m:	400m: 5:36.39

**jeugd 2 -B-zwemmers**

1. Nuytkens Marie	ZCK/22113/13	5:18.48	<b>5:07.73</b> 418
50m:	150m:	250m:	350m:
100m: 1:12.19	200m: 2:31.72	300m:	400m: 5:07.73
2. Van Hoomissen Chelsea	ZCK/22112/12	5:20.49	<b>5:08.60</b> 415
50m:	150m:	250m:	350m:
100m: 1:12.02	200m: 2:31.42	300m:	400m: 5:08.60
3. El Hachimi Nora	DIZV/21155/13	5:42.56	<b>5:24.43</b> 357
50m:	150m:	250m:	350m:
100m: 1:15.84	200m: 2:38.66	300m:	400m: 5:24.43
4. Moxhet Tess	DIZV/21133/13	5:38.26	<b>5:27.49</b> 347
50m:	150m:	250m:	350m:
100m: 1:16.13	200m: 2:40.03	300m:	400m: 5:27.49

CVB DDAT 2026  
Ternat, 29/3/2026

Programmanr. 17, Meisjes, 400m vrije slag, jeugd 2 -B-zwimmers

Rang			Inscr.	Tijd	Pnt
5.	Vermoesen Estée		DDAT/21169/12	5:48.09	<b>5:43.47</b> 301
	50m:	150m:	250m:	350m:	
	100m: 1:17.79	200m: 2:43.78	300m:	400m: 5:43.47	
6.	Vanderoost Clara		DIZV/21148/13	6:04.32	<b>5:55.49</b> 271
	50m:	150m:	250m:	350m:	
	100m: 1:24.77	200m: 2:57.21	300m:	400m: 5:55.49	
7.	Tronckoe Bente		DDAT/21167/13	6:03.97	<b>5:59.79</b> 262
	50m:	150m:	250m:	350m:	
	100m: 1:22.15	200m: 2:52.80	300m:	400m: 5:59.79	
8.	De Mey Merel		ZIOS/21136/12	6:46.78	<b>6:00.06</b> 261
	50m:	150m:	250m:	350m:	
	100m: 1:27.41	200m: 3:02.24	300m:	400m: 6:00.06	
9.	Vande Velde Sien		ZIOS/21138/12	7:57.15	<b>7:01.03</b> 163
	50m:	150m:	250m:	350m:	
	100m: 1:39.06	200m: 3:31.79	300m:	400m: 7:01.03	

jeugd 2 -A-zwimmers

1.	Wyffels Louise Marie		DDAT/21150/13	5:15.50	<b>5:03.90</b> 434
	50m:	150m:	250m:	350m:	
	100m: 1:10.51	200m: 2:29.72	300m:	400m: 5:03.90	
2.	Van Roy Onah		ALZV/21139/13	5:07.86	<b>5:06.91</b> 422
	50m:	150m:	250m:	350m:	
	100m: 1:10.90	200m: 2:30.16	300m:	400m: 5:06.91	

jeugd 3 -B-zwimmers

1.	Nsubuga Sofia		DDAT/21172/11	5:03.38	<b>5:03.81</b> 435
	50m:	150m:	250m:	350m:	
	100m: 1:11.55	200m: 2:29.48	300m:	400m: 5:03.81	
2.	Heremans Ditte		ZIOS/21112/11	6:05.16	<b>5:18.49</b> 377
	50m:	150m:	250m:	350m:	
	100m: 1:17.96	200m: 2:40.92	300m:	400m: 5:18.49	
3.	De Prater Juno		DDAT/21148/11	5:30.48	<b>5:21.07</b> 368
	50m:	150m:	250m:	350m:	
	100m: 1:13.71	200m: 2:36.11	300m:	400m: 5:21.07	
4.	Vande Ghinste Amber		DDAT/21146/11	5:30.33	<b>5:27.11</b> 348
	50m:	150m:	250m:	350m:	
	100m: 1:17.78	200m: 2:41.26	300m:	400m: 5:27.11	
5.	De Wilde Lore		DIZV/21127/11	5:24.94	<b>5:29.37</b> 341
	50m:	150m:	250m:	350m:	
	100m: 1:18.03	200m: 2:42.93	300m:	400m: 5:29.37	
6.	De Bus Anna-Lena		DIZV/21095/10	NT	<b>5:45.31</b> 296
	50m:	150m:	250m:	350m:	
	100m: 1:20.86	200m: 2:50.16	300m:	400m: 5:45.31	
7.	Muylaert Yinse		ZIOS/21134/11	7:20.18	<b>6:28.05</b> 208
	50m:	150m:	250m:	350m:	
	100m: 1:26.41	200m: 3:05.65	300m:	400m: 6:28.05	

Programmanr. 17, Dames, 400m vrije slag

17 jaar en ouder

1. Trioen Joke		DDAT/20279/02	4:54.60	<b>5:00.88</b>	448
50m:	150m:	250m:	350m:		
100m: 1:11.47	200m: 2:28.96	300m:	400m: 5:00.88		
2. Verspecht Lien		ZCK/22092/08	5:05.18	<b>5:07.16</b>	421
50m:	150m:	250m:	350m:		
100m: 1:10.66	200m: 2:28.63	300m:	400m: 5:07.16		
3. Matthijs Xanthe		ZIOS/21081/09	5:45.45	<b>5:13.17</b>	397
50m:	150m:	250m:	350m:		
100m: 1:15.15	200m: 2:35.08	300m:	400m: 5:13.17		
4. Jacobs Laurien		ZCK/22082/08	5:15.25	<b>5:20.28</b>	371
50m:	150m:	250m:	350m:		
100m: 1:10.47	200m: 2:30.70	300m:	400m: 5:20.28		
5. De Bisschop Lisse		ZIOS/21074/08	5:23.93	<b>5:20.94</b>	369
50m:	150m:	250m:	350m:		
100m: 1:13.63	200m: 2:34.82	300m:	400m: 5:20.94		
6. De Bisschop Bente		ZIOS/21034/04	5:56.45	<b>5:51.02</b>	282
50m:	150m:	250m:	350m:		
100m: 1:20.11	200m: 2:50.45	300m:	400m: 5:51.02		