

MadWave Challenge 2026
Tartu, 27. - 29.3.2026

Event 209
28.03.2026 - 13:42

Women, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank					YB					Time	Pts	
1.	ROOP, Adele				09	Ujumise Spordiklubi				4:34.67	629	
	50m:	31.10	31.10	150m:	1:39.71	34.66	250m:	2:49.53	34.99	350m:	4:00.26	35.31
	100m:	1:05.05	33.95	200m:	2:14.54	34.83	300m:	3:24.95	35.42	400m:	4:34.67	34.41
2.	ROMANJUK, Darja				06	Spordiklubi Garant				4:39.36	598	
	50m:	31.56	31.56	150m:	1:41.42	35.12	250m:	2:52.37	35.50	350m:	4:04.18	35.92
	100m:	1:06.30	34.74	200m:	2:16.87	35.45	300m:	3:28.26	35.89	400m:	4:39.36	35.18
3.	JAARATS, Emily-Parli				11	Audentese Spordiklubi				4:40.84	588	
	50m:	31.40	31.40	150m:	1:42.18	35.42	250m:	2:54.54	36.43	350m:	4:06.47	35.94
	100m:	1:06.76	35.36	200m:	2:18.11	35.93	300m:	3:30.53	35.99	400m:	4:40.84	34.37
4.	NIINEP, Karolina				11	Kohtla-Jarve Veespordiklubi				4:41.12	586	
	50m:	31.25	31.25	150m:	1:41.62	35.77	250m:	2:54.45	36.66	350m:	4:07.16	36.08
	100m:	1:05.85	34.60	200m:	2:17.79	36.17	300m:	3:31.08	36.63	400m:	4:41.12	33.96
5.	ALEKSEITSIK, Diana				09	Spordiklubi Garant				4:44.91	563	
	50m:	32.35	32.35	150m:	1:43.20	35.91	250m:	2:56.19	36.28	350m:	4:09.51	36.53
	100m:	1:07.29	34.94	200m:	2:19.91	36.71	300m:	3:32.98	36.79	400m:	4:44.91	35.40
6.	VILBORN, Freya Cornelia				11	Ujumise Spordiklubi				4:47.30	549	
	50m:	31.68	31.68	150m:	1:43.42	36.32	250m:	2:56.05	36.32	350m:	4:11.21	38.37
	100m:	1:07.10	35.42	200m:	2:19.73	36.31	300m:	3:32.84	36.79	400m:	4:47.30	36.09
7.	JAMSA, Fiona				08	Ujumisklubi Briis				4:47.37	549	
	50m:	31.80	31.80	150m:	1:44.79	36.92	250m:	2:58.88	36.79	350m:	4:12.05	36.37
	100m:	1:07.87	36.07	200m:	2:22.09	37.30	300m:	3:35.68	36.80	400m:	4:47.37	35.32
8.	MARAN, Meribel				11	Yess				4:49.30	538	
	50m:	31.81	31.81	150m:	1:44.55	36.78	250m:	2:59.33	37.25	350m:	4:14.50	37.41
	100m:	1:07.77	35.96	200m:	2:22.08	37.53	300m:	3:37.09	37.76	400m:	4:49.30	34.80
9.	LUIISK, Lili Tereese				11	Kalevi Ujumiskool				4:49.61	536	
	50m:	32.23	32.23	150m:	1:45.81	37.31	250m:	3:00.49	37.21	350m:	4:14.85	36.62
	100m:	1:08.50	36.27	200m:	2:23.28	37.47	300m:	3:38.23	37.74	400m:	4:49.61	34.76
10.	VARNIK, Jaroslava				10	Spordiklubi Garant				4:51.90	524	
	50m:	32.00	32.00	150m:	1:44.27	36.85	250m:	2:59.13	37.68	350m:	4:15.10	38.04
	100m:	1:07.42	35.42	200m:	2:21.45	37.18	300m:	3:37.06	37.93	400m:	4:51.90	36.80
11.	VIRTANEN, Helmi				12	Race Club Sveitsi				4:55.54	505	
	50m:	33.25	33.25	150m:	1:46.98	37.93	250m:	3:03.23	37.84	350m:	4:18.64	37.30
	100m:	1:09.05	35.80	200m:	2:25.39	38.41	300m:	3:41.34	38.11	400m:	4:55.54	36.90
12.	TAMMEPOLD, Carolin				11	Audentese Spordiklubi				5:05.98	455	
	50m:	32.48	32.48	150m:	1:47.50	38.48	250m:	3:06.63	39.73	350m:	4:27.19	40.02
	100m:	1:09.02	36.54	200m:	2:26.90	39.40	300m:	3:47.17	40.54	400m:	5:05.98	38.79
13.	KOIT, Susanna				10	MyFitness				5:10.84	434	
	50m:	32.68	32.68	150m:	1:50.24	39.67	250m:	3:12.22	41.29	350m:	4:33.11	40.02
	100m:	1:10.57	37.89	200m:	2:30.93	40.69	300m:	3:53.09	40.87	400m:	5:10.84	37.73
14.	PALLOSON, Hanna				10	Ujumise Spordiklubi				5:11.49	431	
	50m:	32.53	32.53	150m:	1:48.99	39.24	250m:	3:10.12	40.49	350m:	4:32.03	41.22
	100m:	1:09.75	37.22	200m:	2:29.63	40.64	300m:	3:50.81	40.69	400m:	5:11.49	39.46
15.	METSUR, Karolin				11	Ujumisklubi Briis				5:16.61	410	
	50m:	34.07	34.07	150m:	1:53.56	40.73	250m:	3:16.05	41.18	350m:	4:38.57	40.98
	100m:	1:12.83	38.76	200m:	2:34.87	41.31	300m:	3:57.59	41.54	400m:	5:16.61	38.04
16.	ANJALA, Sara				12	Race Club Sveitsi				5:16.94	409	
	50m:	35.11	35.11	150m:	1:53.94	39.80	250m:	3:16.76	41.74	350m:	4:39.34	41.60
	100m:	1:14.14	39.03	200m:	2:35.02	41.08	300m:	3:57.74	40.98	400m:	5:16.94	37.60