

INVITATION DU PRINTEMPS CNMT 2026
Mont-Tremblant, 21- - 22-3-2026

Epreuve 16
2026-03-22 - 13:30

1500m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	Age		Temps		Pts			
11 - 12 ans, Filles								
1.	12		Natation Gatineau		19:32.18 465			
	100m: 1:13.12	1:13.12	500m: 6:31.86	1:19.73	900m: 11:48.17	1:19.00		
	200m: 2:32.28	1:19.16	600m: 7:51.01	1:19.15	1000m: 13:07.85	1:19.68		
	300m: 3:52.15	1:19.87	700m: 9:10.18	1:19.17	1100m: 14:25.85	1:18.00		
	400m: 5:12.13	1:19.98	800m: 10:29.17	1:18.99	1200m: 15:43.36	1:17.51		
1300m:	17:00.91	1:17.55	1400m:	18:18.01	1:17.10	1500m:	19:32.18	1:14.17
2.	12		Club Citadins de Vaudreuil		19:50.72 443			
	100m: 1:18.39	1:18.39	500m: 6:39.66	1:19.50	900m: 11:58.08	1:19.73		
	200m: 2:39.51	1:21.12	600m: 7:59.06	1:19.40	1000m: 13:18.13	1:20.05		
	300m: 3:59.74	1:20.23	700m: 9:18.64	1:19.58	1100m: 14:36.76	1:18.63		
	400m: 5:20.16	1:20.42	800m: 10:38.35	1:19.71	1200m: 15:55.40	1:18.64		
1300m:	17:14.50	1:19.10	1400m:	18:33.36	1:18.86	1500m:	19:50.72	1:17.36
3.	12		É.N. St Lambert		21:02.18 372			
	100m: 1:16.30	1:16.30	500m: 6:56.67	1:25.82	900m: 12:36.31	1:24.32		
	200m: 2:40.44	1:24.14	600m: 8:21.85	1:25.18	1000m: 14:00.50	1:24.19		
	300m: 4:05.41	1:24.97	700m: 9:46.60	1:24.75	1100m: 15:25.53	1:25.03		
	400m: 5:30.85	1:25.44	800m: 11:11.99	1:25.39	1200m: 16:51.35	1:25.82		
1300m:	18:16.93	1:25.58	1400m:	19:40.67	1:23.74	1500m:	21:02.18	1:21.51
4.	12		Club de Natation Mont-Tremblan		21:07.20 368			
	100m: 1:16.13	1:16.13	500m: 6:56.86	1:25.52	900m: 12:37.99	1:24.54		
	200m: 2:40.89	1:24.76	600m: 8:23.14	1:26.28	1000m: 14:02.46	1:24.47		
	300m: 4:05.90	1:25.01	700m: 9:47.51	1:24.37	1100m: 15:27.84	1:25.38		
	400m: 5:31.34	1:25.44	800m: 11:13.45	1:25.94	1200m: 16:53.84	1:26.00		
1300m:	18:19.87	1:26.03	1400m:	19:45.13	1:25.26	1500m:	21:07.20	1:22.07
5.	12		É.N. St Lambert		23:03.71 282			
	100m: 1:27.08	1:27.08	500m: 7:38.90	1:34.47	900m: 13:49.97	1:34.31		
	200m: 2:57.79	1:30.71	600m: 9:09.84	1:30.94	1000m: 15:23.23	1:33.26		
	300m: 4:30.72	1:32.93	700m: 10:42.74	1:32.90	1100m: 16:57.00	1:33.77		
	400m: 6:04.43	1:33.71	800m: 12:15.66	1:32.92	1200m: 18:30.74	1:33.74		
1300m:	20:04.36	1:33.62	1400m:	21:36.94	1:32.58	1500m:	23:03.71	1:26.77
11 - 12 ans, Garçons								
1.	12		Natation Gatineau		19:28.88 380			
	100m: 1:12.25	1:12.25	500m: 6:26.82	1:19.07	900m: 11:38.18	1:17.17		
	200m: 2:30.06	1:17.81	600m: 7:45.28	1:18.46	1000m: 12:54.68	1:16.50		
	300m: 3:48.30	1:18.24	700m: 9:03.60	1:18.32	1100m: 14:13.11	1:18.43		
	400m: 5:07.75	1:19.45	800m: 10:21.01	1:17.41	1200m: 15:32.78	1:19.67		
1300m:	16:53.16	1:20.38	1400m:	18:11.90	1:18.74	1500m:	19:28.88	1:16.98
2.	12		Club de Natation Mont-Tremblan		19:48.69 361			
	100m: 1:11.98	1:11.98	500m: 6:28.70	1:19.69	900m: 11:48.38	1:20.39		
	200m: 2:31.80	1:19.82	600m: 7:48.62	1:19.92	1000m: 13:08.95	1:20.57		
	300m: 3:50.94	1:19.14	700m: 9:08.43	1:19.81	1100m: 14:29.96	1:21.01		
	400m: 5:09.01	1:18.07	800m: 10:27.99	1:19.56	1200m: 15:50.47	1:20.51		
1300m:	17:11.05	1:20.58	1400m:	18:32.78	1:21.73	1500m:	19:48.69	1:15.91
3.	12		Club de Natation Mont-Tremblan		23:09.67 226			
	100m: 1:25.03	1:25.03	500m: 7:40.81	1:34.23	900m: 13:57.50	1:36.10		
	200m: 2:58.01	1:32.98	600m: 9:14.94	1:34.13	1000m: 15:31.82	1:34.32		
	300m: 4:32.39	1:34.38	700m: 10:48.74	1:33.80	1100m: 17:05.97	1:34.15		
	400m: 6:06.58	1:34.19	800m: 12:21.40	1:32.66	1200m: 18:37.26	1:31.29		
1300m:	20:09.84	1:32.58	1400m:	21:41.46	1:31.62	1500m:	23:09.67	1:28.21
13 - 14 ans, Filles								
1.	14		Club Citadins de Vaudreuil		20:44.90 388			
	100m: 1:15.06	1:15.06	500m: 6:44.31	1:22.93	900m: 12:19.49	1:24.56		
	200m: 2:36.83	1:21.77	600m: 8:07.03	1:22.72	1000m: 13:43.35	1:23.86		
	300m: 3:59.04	1:22.21	700m: 9:31.26	1:24.23	1100m: 15:07.79	1:24.44		
	400m: 5:21.38	1:22.34	800m: 10:54.93	1:23.67	1200m: 16:33.11	1:25.32		
1300m:	17:57.37	1:24.26	1400m:	19:22.31	1:24.94	1500m:	20:44.90	1:22.59

INVITATION DU PRINTEMPS CNMT 2026
Mont-Tremblant, 21- - 22-3-2026

Epreuve 16, Filles, 1500m Libre, 13 - 14 ans

Rang			Age					Temps	Pts			
2.	GARES, Sarra		14	Eau Laval				22:45.05	294			
	100m:	1:23.01	1:23.01	500m:	7:25.03	1:31.43	900m:	13:36.53	1:32.96	1300m:	19:45.62	1:31.47
	200m:	2:52.65	1:29.64	600m:	8:56.79	1:31.76	1000m:	15:10.33	1:33.80	1400m:	21:16.11	1:30.49
	300m:	4:22.64	1:29.99	700m:	10:29.35	1:32.56	1100m:	16:42.50	1:32.17	1500m:	22:45.05	1:28.94
	400m:	5:53.60	1:30.96	800m:	12:03.57	1:34.22	1200m:	18:14.15	1:31.65			

13 - 14 ans, Garçons

1.	JUBINVILLE, Arthur		13	É.N. St Lambert				19:19.58	389			
	100m:	1:12.83	1:12.83	500m:	6:26.11	1:18.46	900m:	11:38.81	1:18.30	1300m:	16:48.59	1:17.33
	200m:	2:30.81	1:17.98	600m:	7:44.55	1:18.44	1000m:	12:56.21	1:17.40	1400m:	18:05.60	1:17.01
	300m:	3:49.41	1:18.60	700m:	9:02.32	1:17.77	1100m:	14:13.64	1:17.43	1500m:	19:19.58	1:13.98
	400m:	5:07.65	1:18.24	800m:	10:20.51	1:18.19	1200m:	15:31.26	1:17.62			
2.	TIZIOUALOU, Walid		13	Eau Laval				19:59.73	351			
	100m:	1:14.82	1:14.82	500m:	6:35.19	1:20.72	900m:	12:00.01	1:21.76	1300m:	17:20.99	1:20.05
	200m:	2:34.38	1:19.56	600m:	7:55.23	1:20.04	1000m:	13:19.85	1:19.84	1400m:	18:42.55	1:21.56
	300m:	3:53.94	1:19.56	700m:	9:16.97	1:21.74	1100m:	14:40.87	1:21.02	1500m:	19:59.73	1:17.18
	400m:	5:14.47	1:20.53	800m:	10:38.25	1:21.28	1200m:	16:00.94	1:20.07			
3.	BEAUMONT, Samuel		13	É.N. St Lambert				20:05.14	347			
	100m:	1:14.72	1:14.72	500m:	6:39.87	1:21.78	900m:	12:06.83	1:21.12	1300m:	17:27.63	1:19.23
	200m:	2:35.68	1:20.96	600m:	8:01.79	1:21.92	1000m:	13:27.74	1:20.91	1400m:	18:48.58	1:20.95
	300m:	3:57.18	1:21.50	700m:	9:23.85	1:22.06	1100m:	14:48.08	1:20.34	1500m:	20:05.14	1:16.56
	400m:	5:18.09	1:20.91	800m:	10:45.71	1:21.86	1200m:	16:08.40	1:20.32			
4.	TREMBLAY, Patrick		13	Club de Natation Mont-Tremblan				21:43.34	274			
	100m:	1:19.15	1:19.15	500m:	7:07.37	1:27.70	900m:	12:59.08	1:28.73	1300m:	18:51.58	1:27.57
	200m:	2:45.85	1:26.70	600m:	8:35.66	1:28.29	1000m:	14:26.69	1:27.61	1400m:	20:19.10	1:27.52
	300m:	4:12.72	1:26.87	700m:	10:02.60	1:26.94	1100m:	15:55.31	1:28.62	1500m:	21:43.34	1:24.24
	400m:	5:39.67	1:26.95	800m:	11:30.35	1:27.75	1200m:	17:24.01	1:28.70			

15 - 16 ans, Filles

1.	PARADIS, Jolianne		15	Natation Gatineau				18:18.73	564			
	100m:	1:10.15	1:10.15	500m:	6:07.13	1:14.20	900m:	11:02.93	1:13.41	1300m:	15:55.07	1:12.67
	200m:	2:24.39	1:14.24	600m:	7:21.28	1:14.15	1000m:	12:16.39	1:13.46	1400m:	17:08.16	1:13.09
	300m:	3:38.62	1:14.23	700m:	8:35.84	1:14.56	1100m:	13:28.87	1:12.48	1500m:	18:18.73	1:10.57
	400m:	4:52.93	1:14.31	800m:	9:49.52	1:13.68	1200m:	14:42.40	1:13.53			
2.	MARCOUX, Livia		15	Natation Gatineau				18:35.04	540			
	100m:	1:08.86	1:08.86	500m:	6:08.78	1:14.41	900m:	11:06.55	1:14.42	1300m:	16:06.10	1:15.35
	200m:	2:24.53	1:15.67	600m:	7:23.30	1:14.52	1000m:	12:20.75	1:14.20	1400m:	17:21.89	1:15.79
	300m:	3:39.18	1:14.65	700m:	8:36.78	1:13.48	1100m:	13:35.72	1:14.97	1500m:	18:35.04	1:13.15
	400m:	4:54.37	1:15.19	800m:	9:52.13	1:15.35	1200m:	14:50.75	1:15.03			
3.	HACHEY, Laurianne		16	É.N. St Lambert				20:51.67	382			
	100m:	1:17.71	1:17.71	500m:	6:48.62	1:23.17	900m:	12:26.61	1:24.62	1300m:	18:05.33	1:24.44
	200m:	2:39.11	1:21.40	600m:	8:12.78	1:24.16	1000m:	13:50.69	1:24.08	1400m:	19:29.22	1:23.89
	300m:	4:02.12	1:23.01	700m:	9:37.13	1:24.35	1100m:	15:15.31	1:24.62	1500m:	20:51.67	1:22.45
	400m:	5:25.45	1:23.33	800m:	11:01.99	1:24.86	1200m:	16:40.89	1:25.58			

15 - 16 ans, Garçons

1.	JUBINVILLE, Laurier		15	É.N. St Lambert				17:10.31	555			
	100m:	1:05.57	1:05.57	500m:	5:43.23	1:08.61	900m:	10:19.05	1:09.11	1300m:	14:53.79	1:08.93
	200m:	2:15.16	1:09.59	600m:	6:52.73	1:09.50	1000m:	11:28.01	1:08.96	1400m:	16:02.66	1:08.87
	300m:	3:25.03	1:09.87	700m:	8:01.58	1:08.85	1100m:	12:36.56	1:08.55	1500m:	17:10.31	1:07.65
	400m:	4:34.62	1:09.59	800m:	9:09.94	1:08.36	1200m:	13:44.86	1:08.30			

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Epreuve 16, Garçons, 1500m Libre, 15 - 16 ans

Rang			Age					Temps	Pts			
2.	FOREST, Garik		15	Natation Gatineau				17:36.48	515			
	100m:	1:04.45	1:04.45	500m:	5:49.33	1:13.38	900m:	10:35.82	1:11.70	1300m:	15:19.46	1:09.84
	200m:	2:13.74	1:09.29	600m:	7:00.43	1:11.10	1000m:	11:46.69	1:10.87	1400m:	16:30.02	1:10.56
	300m:	3:24.04	1:10.30	700m:	8:12.63	1:12.20	1100m:	12:58.64	1:11.95	1500m:	17:36.48	1:06.46
	400m:	4:35.95	1:11.91	800m:	9:24.12	1:11.49	1200m:	14:09.62	1:10.98			
3.	REZVANI, Artin		15	Natation Gatineau				17:59.28	483			
	100m:	1:07.21	1:07.21	500m:	5:54.01	1:12.49	900m:	10:45.89	1:13.18	1300m:	15:36.10	1:12.72
	200m:	2:18.18	1:10.97	600m:	7:06.97	1:12.96	1000m:	11:58.47	1:12.58	1400m:	16:48.94	1:12.84
	300m:	3:29.55	1:11.37	700m:	8:20.03	1:13.06	1100m:	13:10.91	1:12.44	1500m:	17:59.28	1:10.34
	400m:	4:41.52	1:11.97	800m:	9:32.71	1:12.68	1200m:	14:23.38	1:12.47			

17 ans et plus, Dames

1.	BERGERON, Marie-Laurence		17	É.N. St Lambert				19:46.60	448			
	100m:	1:11.47	1:11.47	500m:	6:24.14	1:18.86	900m:	11:43.30	1:19.56	1300m:	17:05.58	1:21.42
	200m:	2:29.02	1:17.55	600m:	7:44.27	1:20.13	1000m:	13:03.69	1:20.39	1400m:	18:26.81	1:21.23
	300m:	3:46.38	1:17.36	700m:	9:03.47	1:19.20	1100m:	14:24.29	1:20.60	1500m:	19:46.60	1:19.79
	400m:	5:05.28	1:18.90	800m:	10:23.74	1:20.27	1200m:	15:44.16	1:19.87			
2.	HUPPÉ, Mathilde		19	É.N. St Lambert				21:42.59	338			
	100m:	1:19.76	1:19.76	500m:	7:06.09	1:27.22	900m:	12:57.23	1:27.45	1300m:	18:48.62	1:27.91
	200m:	2:45.70	1:25.94	600m:	8:33.86	1:27.77	1000m:	14:24.53	1:27.30	1400m:	20:16.87	1:28.25
	300m:	4:12.05	1:26.35	700m:	10:01.77	1:27.91	1100m:	15:52.57	1:28.04	1500m:	21:42.59	1:25.72
	400m:	5:38.87	1:26.82	800m:	11:29.78	1:28.01	1200m:	17:20.71	1:28.14			