

Epreuve 213
2026-01-31 - 20:13

400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	Age						Temps						Pts
11 ans et plus, Dames													
1.	LELIÈVRE, Karelle				18	Club de Natation SAMAK				4:32.49	644		
	50m:	31.14	31.14	150m:	1:40.48	34.87	250m:	2:49.33	33.42	350m:	3:58.46	34.20	
	100m:	1:05.61	34.47	200m:	2:15.91	35.43	300m:	3:24.26	34.93	400m:	4:32.49	34.03	
2.	MARCON, Isabella				19	C.N. Dollard-des-Ormeaux				4:36.80	614		
	50m:	32.06	32.06	150m:	1:41.75	35.09	250m:	2:51.82	34.92	350m:	4:02.44	35.23	
	100m:	1:06.66	34.60	200m:	2:16.90	35.15	300m:	3:27.21	35.39	400m:	4:36.80	34.36	
3.	OUATTARA ROUSSEAU, Zahia				16	Elite				4:47.69	547		
	50m:	32.51	32.51	150m:	1:45.23	36.54	250m:	2:58.96	36.48	350m:	4:12.81	36.75	
	100m:	1:08.69	36.18	200m:	2:22.48	37.25	300m:	3:36.06	37.10	400m:	4:47.69	34.88	
4.	MARCHAND, Gabrielle				14	Velox Natation				4:51.05	528		
	50m:	33.32	33.32	150m:	1:46.80	36.81	250m:	3:01.69	37.51	350m:	4:15.73	36.80	
	100m:	1:09.99	36.67	200m:	2:24.18	37.38	300m:	3:38.93	37.24	400m:	4:51.05	35.32	
5.	PAYANT, Léa				18	Dorval Swim Club				4:53.21	517		
	50m:	34.67	34.67	150m:	1:48.42	37.46	250m:	3:01.44	36.94	350m:	4:16.12	37.52	
	100m:	1:10.96	36.29	200m:	2:24.50	36.08	300m:	3:38.60	37.16	400m:	4:53.21	37.09	
6.	MARIN, Elizabeth				13	Groupe aquatique Mille-Îles No				4:54.31	511		
	50m:	33.07	33.07	150m:	1:47.61	37.69	250m:	3:02.98	37.79	350m:	4:18.30	37.68	
	100m:	1:09.92	36.85	200m:	2:25.19	37.58	300m:	3:40.62	37.64	400m:	4:54.31	36.01	
7.	DION, Chloe				15	C.N. Dollard-des-Ormeaux				4:57.41	495		
	50m:	34.55	34.55	150m:	1:48.83	36.97	250m:	3:04.04	37.63	350m:	4:19.89	38.18	
	100m:	1:11.86	37.31	200m:	2:26.41	37.58	300m:	3:41.71	37.67	400m:	4:57.41	37.52	
8.	MUSSELY, Olivia				13	Club aquatique Montréal				4:59.23	486		
	50m:	32.35	32.35	150m:	1:47.31	38.36	250m:	3:04.52	38.39	350m:	4:20.80	38.35	
	100m:	1:08.95	36.60	200m:	2:26.13	38.82	300m:	3:42.45	37.93	400m:	4:59.23	38.43	
9.	GINGRAS, Flavie				16	Velox Natation				5:01.59	475		
	50m:	34.64	34.64	150m:	1:49.62	37.72	250m:	3:05.85	38.38	350m:	4:23.99	39.29	
	100m:	1:11.90	37.26	200m:	2:27.47	37.85	300m:	3:44.70	38.85	400m:	5:01.59	37.60	
10.	TRUDEL, Marjorie				17	Elite				5:02.13	472		
	50m:	33.20	33.20	150m:	1:47.09	37.49	250m:	3:04.33	39.00	350m:	4:23.49	40.09	
	100m:	1:09.60	36.40	200m:	2:25.33	38.24	300m:	3:43.40	39.07	400m:	5:02.13	38.64	

11 ans et plus, Messieurs

1.	QUEVEDO, Zergio				20	Elite					4:02.84	744
	50m:	28.29	28.29	150m:	1:30.43	31.27	250m:	2:32.41	30.71	350m:	3:33.03	30.09
	100m:	59.16	30.87	200m:	2:01.70	31.27	300m:	3:02.94	30.53	400m:	4:02.84	29.81
2.	RUSU, Eduard-Daniel				19	Club aquatique Montréal					4:04.26	731
	50m:	28.46	28.46	150m:	1:30.55	31.59	250m:	2:32.78	30.85	350m:	3:34.73	30.83
	100m:	58.96	30.50	200m:	2:01.93	31.38	300m:	3:03.90	31.12	400m:	4:04.26	29.53
3.	CORTEZ, David				19	Club aquatique Montréal					4:17.65	623
	50m:	29.80	29.80	150m:	1:35.42	32.99	250m:	2:41.71	32.98	350m:	3:46.97	32.38
	100m:	1:02.43	32.63	200m:	2:08.73	33.31	300m:	3:14.59	32.88	400m:	4:17.65	30.68
4.	QIAN, Hui En				16	C.N. Dollard-des-Ormeaux					4:18.31	618
	50m:	28.45	28.45	150m:	1:32.22	32.52	250m:	2:40.16	34.45	350m:	3:47.13	33.22
	100m:	59.70	31.25	200m:	2:05.71	33.49	300m:	3:13.91	33.75	400m:	4:18.31	31.18

Epreuve 213, Messieurs, 400m Libre, 11 ans et plus

Rang					Age					Temps	Pts	
5.	PARR, Finnegan				19	Club aquatique Montréal				4:19.47	610	
	50m:	30.00	30.00	150m:	1:35.82	33.43	250m:	2:42.32	33.34	350m:	3:48.45	32.99
	100m:	1:02.39	32.39	200m:	2:08.98	33.16	300m:	3:15.46	33.14	400m:	4:19.47	31.02
6.	CASTONGUAY, Clovis				18	Elite				4:20.90	600	
	50m:	30.27	30.27	150m:	1:35.32	32.81	250m:	2:42.14	33.32	350m:	3:49.25	33.33
	100m:	1:02.51	32.24	200m:	2:08.82	33.50	300m:	3:15.92	33.78	400m:	4:20.90	31.65
7.	PARENT, Nicolas				18	Groupe aquatique Mille-Îles No				4:21.05	599	
	50m:	30.58	30.58	150m:	1:36.75	33.30	250m:	2:43.55	33.51	350m:	3:49.40	32.86
	100m:	1:03.45	32.87	200m:	2:10.04	33.29	300m:	3:16.54	32.99	400m:	4:21.05	31.65
8.	EZZINA, Skander				16	club aquatique st-eustache				4:24.83	573	
	50m:	30.41	30.41	150m:	1:37.15	33.78	250m:	2:43.89	33.41	350m:	3:51.25	33.72
	100m:	1:03.37	32.96	200m:	2:10.48	33.33	300m:	3:17.53	33.64	400m:	4:24.83	33.58
9.	SMITH, Ben				17	Club de Natation SAMAK				4:28.71	549	
	50m:	30.41	30.41	150m:	1:36.51	33.59	250m:	2:44.16	34.41	350m:	3:54.00	35.65
	100m:	1:02.92	32.51	200m:	2:09.75	33.24	300m:	3:18.35	34.19	400m:	4:28.71	34.71
10.	DZHAMAEV, Timur				19	Dorval Swim Club				4:32.94	524	
	50m:	30.55	30.55	150m:	1:37.61	34.25	250m:	2:46.27	34.76	350m:	3:57.90	35.91
	100m:	1:03.36	32.81	200m:	2:11.51	33.90	300m:	3:21.99	35.72	400m:	4:32.94	35.04