

Garodistancumaratons2026400m
Sigulda, 3.2.2026

Event 1
03.02.2026

Women, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank	YB										Time	Pts
2012 and older												
1.	STRASSERE, Enija			11	Siguldas Sporta skola					5:28.88	343	
	50m:	35.51	35.51	150m:	1:58.10	42.07	250m:	3:23.92	43.01	350m:	4:49.39	42.41
	100m:	1:16.03	40.52	200m:	2:40.91	42.81	300m:	4:06.98	43.06	400m:	5:28.88	39.49
2.	BERZINA, Undine			11	Siguldas Sporta skola					5:49.25	286	
	50m:	37.36	37.36	150m:	2:04.75	44.53	250m:	3:35.09	44.28	350m:	5:06.22	44.85
	100m:	1:20.22	42.86	200m:	2:50.81	46.06	300m:	4:21.37	46.28	400m:	5:49.25	43.03
3.	ANDERSONE, Kate			11	Siguldas Sporta skola					5:54.14	274	
	50m:	37.87	37.87	150m:	2:07.02	45.82	250m:	3:39.12	46.07	350m:	5:11.76	45.98
	100m:	1:21.20	43.33	200m:	2:53.05	46.03	300m:	4:25.78	46.66	400m:	5:54.14	42.38
4.	GRINBERGA, Elza			11	Siguldas Sporta skola					6:05.46	250	
	50m:	38.08	38.08	150m:	2:09.24	46.84	250m:	3:45.31	48.34	350m:	5:20.64	47.15
	100m:	1:22.40	44.32	200m:	2:56.97	47.73	300m:	4:33.49	48.18	400m:	6:05.46	44.82
5.	BERTINA, Asnate			11	Siguldas Sporta skola					6:28.60	208	
	50m:	40.22	40.22	150m:	2:16.57	49.17	250m:	3:57.88	50.41	350m:	5:40.07	51.04
	100m:	1:27.40	47.18	200m:	3:07.47	50.90	300m:	4:49.03	51.15	400m:	6:28.60	48.53
6.	ZVAIGZNE, Rota			11	Siguldas Sporta skola					6:35.90	196	
	50m:	39.47	39.47	150m:	2:17.59	50.07	250m:	4:01.71	52.47	350m:	5:46.50	51.68
	100m:	1:27.52	48.05	200m:	3:09.24	51.65	300m:	4:54.82	53.11	400m:	6:35.90	49.40
7.	MAZITE, Monta			12	Siguldas Sporta skola					6:49.06	178	
	50m:	43.31	43.31	150m:	2:23.15	51.35	250m:	4:09.24	53.77	350m:	5:56.88	53.07
	100m:	1:31.80	48.49	200m:	3:15.47	52.32	300m:	5:03.81	54.57	400m:	6:49.06	52.18
8.	PATASA, Elizabete			12	Siguldas Sporta skola					7:01.88	162	
	50m:	41.96	41.96	150m:	2:25.62	53.77	250m:	4:17.37	56.14	350m:	6:08.28	54.52
	100m:	1:31.85	49.89	200m:	3:21.23	55.61	300m:	5:13.76	56.39	400m:	7:01.88	53.60

YOB 2013 - 2014

1.	FOGELE, Anna Aleksandra			14	Siguldas Sporta skola			5:15.25	389
	50m:	35.35	35.35	150m:	1:55.05	40.29	250m:	3:16.09	40.36
	100m:	1:14.76	39.41	200m:	2:35.59	40.54	300m:	3:56.16	38.73
2.	PAVLOVA, Margarita			13	Siguldas Sporta skola			5:31.33	335
	50m:	36.97	36.97	150m:	2:02.55	43.57	250m:	3:29.08	40.97
	100m:	1:18.98	42.01	200m:	2:46.12	43.57	300m:	4:12.45	37.91
3.	JANKEVICA, Darta			13	Siguldas Sporta skola			6:18.51	225
	50m:	41.08	41.08	150m:	2:15.40	47.97	250m:	3:52.89	50.23
	100m:	1:27.43	46.35	200m:	3:03.27	47.87	300m:	4:43.55	44.73
4.	RUKKALNE, Evita			14	Siguldas Sporta skola			6:26.86	210
	50m:	42.83	42.83	150m:	2:19.49	48.76	250m:	3:59.44	50.44
	100m:	1:30.73	47.90	200m:	3:09.55	50.06	300m:	4:49.02	49.58
5.	TILGASE, Helena			14	Siguldas Sporta skola			6:52.94	173
	50m:	43.65	43.65	150m:	2:24.53	51.25	250m:	4:10.68	54.36
	100m:	1:33.28	49.63	200m:	3:16.43	51.90	300m:	5:05.40	54.72
6.	ZELNINA, Lizbete			13	Siguldas Sporta skola			6:55.72	169
	50m:	43.50	43.50	150m:	2:26.26	53.38	250m:	4:14.94	55.33
	100m:	1:32.88	49.38	200m:	3:20.11	53.85	300m:	5:08.69	53.75

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Event 1, Girls, 400m Freestyle, YOB 2013 - 2014

Rank					YB					Time	Pts
7.	CAUNE, Marta				14	Siguldas Sporta skola				7:28.28	135
	50m:	46.81	46.81	150m:	2:41.77	58.83	250m:	4:38.48	57.99	350m:	6:38.39 1:00.12
	100m:	1:42.94	56.13	200m:	3:40.49	58.72	300m:	5:38.27	59.79	400m:	7:28.28 49.89
8.	LAGZDINA, Lelde				14	Siguldas Sporta skola				7:56.56	112
	50m:	49.92	49.92	150m:	2:51.38	1:02.17	250m:	4:56.16	1:02.93	350m:	7:00.28 1:01.54
	100m:	1:49.21	59.29	200m:	3:53.23	1:01.85	300m:	5:58.74	1:02.58	400m:	7:56.56 56.28
9.	PASIECHNA, Mariia				14	Siguldas Sporta skola				9:06.97	74
	50m:	56.54	56.54	150m:	3:11.19	1:08.98	250m:	5:33.19	1:11.74	350m:	7:57.51 1:12.21
	100m:	2:02.21	1:05.67	200m:	4:21.45	1:10.26	300m:	6:45.30	1:12.11	400m:	9:06.97 1:09.46

2015 and younger

1.	VIGANTE, Leticija				16	Siguldas Sporta skola				7:21.23	142
	50m:	48.18	48.18	150m:	2:40.92	57.03	250m:	4:35.74	57.85	350m:	6:31.96 57.46
	100m:	1:43.89	55.71	200m:	3:37.89	56.97	300m:	5:34.50	58.76	400m:	7:21.23 49.27
2.	MELKERE, Emilija				15	Siguldas Sporta skola				7:31.87	132
	50m:	45.06	45.06	150m:	2:38.54	57.90	250m:	4:37.63	59.82	350m:	6:38.60 1:00.51
	100m:	1:40.64	55.58	200m:	3:37.81	59.27	300m:	5:38.09	1:00.46	400m:	7:31.87 53.27