

3. Latvijas meistarsacikstes/3rd Latvian Para Championships
Riga, 20. - 21.2.2026



Event 14
20.02.2026 - 15:14

Men, 400m Medley

Open
Results

Latvian Records 4:22.60 KALNINS Uvis LAT Gwangju (KOR) 10.07.2015
SKSM : 4:20.51 / SM : 4:41.39 / SMK : 4:57.79 / I : 5:18.83 / II : 5:50.91 / III : 6:35.79 / IV : 7:58.70

Points: AQUA 2025

Rank	Name	YOB	Team	RT	Time	Points	Level	
1.	BERZS Martins	12	Valmieras SS	+0.82	5:36.28	375	II	
	50m: 34.20	34.20	150m: 1:57.89	44.49	250m: 3:28.59	47.03	350m: 4:57.66	40.65
	100m: 1:13.40	39.20	200m: 2:41.56	43.67	300m: 4:17.01	48.42	400m: 5:36.28	38.62
2.	BUKS Henrijs	13	Kekavas NSS	+0.66	5:41.07	359	II	
	50m: 36.10	36.10	150m: 2:04.50	46.26	250m: 3:35.94	46.27	350m: 5:02.06	40.52
	100m: 1:18.24	42.14	200m: 2:49.67	45.17	300m: 4:21.54	45.60	400m: 5:41.07	39.01
3.	MATUZKA Martins	12	Kekavas NSS	+0.86	5:56.79	313	III	
	50m: 35.12	35.12	150m: 2:04.71	46.38	250m: 3:42.78	53.24	350m: 5:18.11	40.79
	100m: 1:18.33	43.21	200m: 2:49.54	44.83	300m: 4:37.32	54.54	400m: 5:56.79	38.68
4.	TREIGUTS Manu	14	PS Riga	+0.63	5:59.23	307	III	
	50m: 38.27	38.27	150m: 2:12.56	47.09	250m: 3:48.96	50.41	350m: 5:19.82	40.70
	100m: 1:25.47	47.20	200m: 2:58.55	45.99	300m: 4:39.12	50.16	400m: 5:59.23	39.41
5.	LEGZDINS Rodrigo	13	Kekavas NSS	+0.62	6:12.15	276	III	
	50m: 41.94	41.94	150m: 2:13.54	45.01	250m: 3:52.30	53.86	350m: 5:30.05	43.38
	100m: 1:28.53	46.59	200m: 2:58.44	44.90	300m: 4:46.67	54.37	400m: 6:12.15	42.10
6.	VIGULIS Kristofers	13	Kekavas NSS	+0.74	6:13.92	272	III	
	50m: 40.51	40.51	150m: 2:17.26	47.49	250m: 3:58.22	55.09	350m: 5:34.31	41.01
	100m: 1:29.77	49.26	200m: 3:03.13	45.87	300m: 4:53.30	55.08	400m: 6:13.92	39.61
7.	ISAKOVS Maksims	13	Kekavas NSS	+0.68	6:15.77	268	III	
	50m: 40.74	40.74	150m: 2:20.67	48.93	250m: 3:59.93	51.96	350m: 5:34.84	42.24
	100m: 1:31.74	51.00	200m: 3:07.97	47.30	300m: 4:52.60	52.67	400m: 6:15.77	40.93
8.	EIHMANIS Ernests	12	Kekavas NSS	+0.49	6:22.07	255	III	
	50m: 40.65	40.65	150m: 2:18.92	49.00	250m: 4:00.40	53.06	350m: 5:39.72	43.47
	100m: 1:29.92	49.27	200m: 3:07.34	48.42	300m: 4:56.25	55.85	400m: 6:22.07	42.35
9.	AUSTRUMS Oskars	14	Kekavas NSS	+0.77	6:33.20	234	III	
	50m: 42.79	42.79	150m: 2:25.96	49.02	250m: 4:08.02	54.27	350m: 5:48.39	45.83
	100m: 1:36.94	54.15	200m: 3:13.75	47.79	300m: 5:02.56	54.54	400m: 6:33.20	44.81
10.	ZALCMANIS Henrijs	16	PK Ogre	+0.79	6:33.48	234	III	
	50m: 49.03	49.03	150m: 2:30.27	47.56	250m: 4:14.28	56.36	350m: 5:54.34	42.97
	100m: 1:42.71	53.68	200m: 3:17.92	47.65	300m: 5:11.37	57.09	400m: 6:33.48	39.14
11.	IVANOVS Sergejs	13	Kekavas NSS	+0.69	6:40.61	221	IV	
	50m: 41.53	41.53	150m: 2:23.63	49.61	250m: 4:10.31	59.11	350m: 5:54.94	47.69
	100m: 1:34.02	52.49	200m: 3:11.20	47.57	300m: 5:07.25	56.94	400m: 6:40.61	45.67
12.	KLIMOVS Aleksandrs	14	PK Ogre	+0.70	7:15.18	173	IV	
	50m: 49.01	49.01	150m: 2:46.51	54.15	250m: 4:38.65	58.38	350m: 6:27.26	47.89
	100m: 1:52.36	1:03.35	200m: 3:40.27	53.76	300m: 5:39.37	1:00.72	400m: 7:15.18	47.92

NOSAC TIE APZ M JUMI:

Event - distance;

Points - punkti;

DSQ - diskvalifikacija;

DNS - nestartēja;

WDR - atteicās no starta;

Women - sievietes; Men - vīrieši; Mixed - jaukt;

Butterfly - tauriņstils; Backstroke - mugura;

Breaststroke - brass; Freestyle - brīvstils;

Medley - komplekss;

Best Performance by Points - augstvērtīgākie rezultāti pēc punktiem;

Open - atklātā grupa;

Results - rezultāti;

Prelim - priekšpeldējumi;

Finals - fināli