

101st Latvian Championships
Riga, 20. - 22.2.2026

Event 24
21.02.2026 - 18:17

Men, 400m Medley

Open
Results

Latvian Records 4:22.60 KALNINS Uvis LAT Gwangju (KOR) 10.07.2015

Points: AQUA 2025

Rank	Name	YOB	Team	Time	Points	RTLevel
1.	KNASAS Jonas	06	LTU Aquatics 19+	4:36.22	676	+0.69
	50m: 28.04 28.04	150m: 1:38.10	37.28	250m: 2:53.15	38.97	350m: 4:05.45 32.44
	100m: 1:00.82 32.78	200m: 2:14.18	36.08	300m: 3:33.01	39.86	400m: 4:36.22 30.77
2.	KIRGIZOVS Timurs	08	Rezeknes BJSS	4:48.62	593	+0.71
	50m: 29.03 29.03	150m: 1:43.03	39.93	250m: 3:03.78	41.63	350m: 4:17.16 31.63
	100m: 1:03.10 34.07	200m: 2:22.15	39.12	300m: 3:45.53	41.75	400m: 4:48.62 31.46
3.	PRIKS Robin	10	Ujumise SK	4:49.69	586	+0.72
	50m: 29.35 29.35	150m: 1:41.76	38.13	250m: 3:01.57	42.57	350m: 4:17.92 33.25
	100m: 1:03.63 34.28	200m: 2:19.00	37.24	300m: 3:44.67	43.10	400m: 4:49.69 31.77
4.	SYNIUHIN Mykhailo	11	Kohtla-Jarve VSK	5:03.20	511	+0.68
	50m: 30.78 30.78	150m: 1:45.87	39.28	250m: 3:09.60	45.33	350m: 4:30.08 33.76
	100m: 1:06.59 35.81	200m: 2:24.27	38.40	300m: 3:56.32	46.72	400m: 5:03.20 33.12
5.	VIDZUPS Alens	09	Rezeknes BJSS	5:13.51	462	+0.76
	50m: 29.94 29.94	150m: 1:48.01	40.81	250m: 3:13.66	45.22	350m: 4:36.71 36.82
	100m: 1:07.20 37.26	200m: 2:28.44	40.43	300m: 3:59.89	46.23	400m: 5:13.51 36.80
6.	DEICMANS Edvards	11	Jelgavas SPS	5:14.70	457	+0.68
	50m: 32.23 32.23	150m: 1:53.87	41.62	250m: 3:18.08	44.36	350m: 4:39.33 36.61
	100m: 1:12.25 40.02	200m: 2:33.72	39.85	300m: 4:02.72	44.64	400m: 5:14.70 35.37
7.	BARKEVICS Damirs	12	Daugavpils SS	5:17.73	444	+0.67
	50m: 31.20 31.20	150m: 1:52.64	41.78	250m: 3:19.18	44.19	350m: 4:41.26 38.00
	100m: 1:10.86 39.66	200m: 2:34.99	42.35	300m: 4:03.26	44.08	400m: 5:17.73 36.47
8.	BENSONS Ralfs	13	Dobeles SS	5:26.20	410	+0.64
	50m: 33.44 33.44	150m: 1:53.95	41.04	250m: 3:22.20	44.98	350m: 4:48.46 38.94
	100m: 1:12.91 39.47	200m: 2:37.22	43.27	300m: 4:09.52	47.32	400m: 5:26.20 37.74
9.	SILINS Mikus	07	Valmieras SS	5:26.56	409	+0.74
	50m: 32.22 32.22	150m: 1:51.85	41.40	250m: 3:19.60	45.54	350m: 4:48.15 40.33
	100m: 1:10.45 38.23	200m: 2:34.06	42.21	300m: 4:07.82	48.22	400m: 5:26.56 38.41
10.	KORKACS Jegors	13	Kipsalas peldbaseins GJ	5:35.46	377	+0.85
	50m: 35.41 35.41	150m: 2:03.33	45.32	250m: 3:34.14	48.28	350m: 4:59.44 38.60
	100m: 1:18.01 42.60	200m: 2:45.86	42.53	300m: 4:20.84	46.70	400m: 5:35.46 36.02
11.	SIDLOVSKIS Renars	12	Daugavpils SS	5:35.86	376	+0.80
	50m: 37.04 37.04	150m: 2:09.05	44.19	250m: 3:33.49	42.90	350m: 4:57.74 38.99
	100m: 1:24.86 47.82	200m: 2:50.59	41.54	300m: 4:18.75	45.26	400m: 5:35.86 38.12
12.	KOZIREVS Akims	12	Daugavpils SS	5:41.37	358	+0.73
	50m: 33.44 33.44	150m: 2:03.18	46.38	250m: 3:34.68	45.95	350m: 5:03.75 41.20
	100m: 1:16.80 43.36	200m: 2:48.73	45.55	300m: 4:22.55	47.87	400m: 5:41.37 37.62

NOSAC TIE APZ M JUMI:

Event - distance;

Points - punkti;

DSQ - diskvalifikacija;

DNS - nestartaja;

WDR - atteicis no starta;

Women - sievietes; Men - vrieši; Mixed - jaukt;

Butterfly - tauristils; Backstroke - mugura;

Breastroke - brass; Freestyle - brvais stils;

Medley - kompleksis;

Best Performance by Points - augstvirgtgkie rezulttipc punktiem;

Open - atklatgrupas;

Results - rezultiti;

Prelim - priekšpeldjumi;

Finals - finali