

Limietwedstrijd deel 1
Hengelo, 28/2/2026

Programmanr. 1
28/2/2026 - 13:45

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

rang	naam	vereniging	intijd		tijd		RT
1.	Michelle Zomerdijk	Dedemsvaart-AC	5:23.99	200003196	5:32.70		
	50m: 33.59	33.59 150m: 1:57.62	43.61	250m: 3:26.17	45.40	350m: 4:53.93	40.62
	100m: 1:14.01	40.42 200m: 2:40.77	43.15	300m: 4:13.31	47.14	400m: 5:32.70	38.77
2.	Renske Oude Egbrink *50m	O Z & P C	5:27.73	200600040	5:46.82		
	50m: 36.88	36.88 150m: 2:08.04	45.26	250m: 3:39.14	46.87	350m: 5:06.71	41.59
	100m: 1:22.78	45.90 200m: 2:52.27	44.23	300m: 4:25.12	45.98	400m: 5:46.82	40.11
3.	Jesmé Haytink *100m	WS Twente	5:43.04	201000382	5:58.11 *		
	50m: 36.54	36.54 150m: 2:09.67	48.44	250m: 3:45.87	50.11	350m: 5:18.96	41.00
	100m: 1:21.23	44.69 200m: 2:55.76	46.09	300m: 4:37.96	52.09	400m: 5:58.11	39.15
4.	Veerle Westenbroek	O Z & P C	6:07.64	200800128	6:14.62		
	50m: 38.69	38.69 150m: 2:14.42	47.14	250m: 3:54.32	54.19	350m: 5:33.30	42.87
	100m: 1:27.28	48.59 200m: 3:00.13	45.71	300m: 4:50.43	56.11	400m: 6:14.62	41.32
5.	Anna Withag	O Z & P C	6:28.29	201300070	6:21.74		
	50m: 40.24	40.24 150m: 2:22.44	49.76	250m: 4:02.04	52.29	350m: 5:38.91	43.83
	100m: 1:32.68	52.44 200m: 3:09.75	47.31	300m: 4:55.08	53.04	400m: 6:21.74	42.83
6.	Imke Oude Engberink	De Dinkel	6:14.13	201100818	6:30.74		
	50m: 39.55	39.55 150m: 2:20.71	54.36	250m: 4:11.20	1:00.18	350m: 5:51.65	42.03
	100m: 1:26.35	46.80 200m: 3:11.02	50.31	300m: 5:09.62	58.42	400m: 6:30.74	39.09
7.	Renske Van Ommen	ZC Polaris	NT	201200948	6:40.19		
	50m: 42.26	42.26 150m: 2:26.37	51.10	250m: 4:10.18	52.52	350m: 5:54.09	49.49
	100m: 1:35.27	53.01 200m: 3:17.66	51.29	300m: 5:04.60	54.42	400m: 6:40.19	46.10
8.	Marjolein Roes *50m	de IJsel	7:36.83	201203048	7:06.09		
	50m: 43.96	43.96 150m: 2:39.27	54.09	250m: 4:34.74	1:03.08	350m: 6:21.70	46.71
	100m: 1:45.18	1:01.22 200m: 3:31.66	52.39	300m: 5:34.99	1:00.25	400m: 7:06.09	44.39
9.	Marloes Rebel *100m	WS Twente	7:59.86	198403474	8:02.96		
	50m: 52.52	52.52 150m: 2:59.31	1:02.29	250m: 5:10.53	1:10.44	350m: 7:13.86	53.07
	100m: 1:57.02	1:04.50 200m: 4:00.09	1:00.78	300m: 6:20.79	1:10.26	400m: 8:02.96	49.10