

Prova 28 Femin., 200m Livres Open
30/03/2026 - 10:41 Resultados Elimin

Recordes Nacionais 50m Open	1:57.85	MARTINS, Francisca Soares	POR	Berlin (GER)	22/07/2025
Recordes Nacionais 50m Sen	1:57.85	MARTINS, Francisca Soares	POR	Berlin (GER)	22/07/2025
Recordes Nacionais 50m Jun 18	2:02.68	CUNHA, Mariana Pacheco	CNCE	Porto	05/06/2022
Recordes Nacionais 50m Jun 17	2:03.11	MARTINS, Francisca Soares	POR	Loule	16/08/2020
Recordes Nacionais 50m 16	2:02.89	SOUSA, Ana Reis	POR	Helsinki (FIN)	06/07/2018
Recordes Nacionais 50m 15	2:05.85	MARTINS, Francisca Soares	FOCA	Oeiras	27/07/2018
Recordes Nacionais 50m 14	2:07.40	CABRAL, Maria Francisca	FCP	Oeiras	25/07/2014
Recordes Nacionais 50m 13	2:10.86	FRAZAO, Alexandra Couto	CNA	Oeiras	11/04/2015

Pontos: AQUA 2026

Lugar	Ano		Tempo final	Pts		50m	100m	150m	200m
Juniores									
1.	08	NEVES, Maria Gomes	2:07.19	687 A	Braga	29.49	31.98	32.92	32.80
2.	08	BOLEIXA, Carlota Costa	2:10.57	635 B	Sport Alges e Dafundo	30.13	32.33	33.66	34.45
3.	09	PINTO, Maria Carvalho	2:10.68	633 B	Viana Natacao	30.58	33.08	33.59	33.43
4.	09	ARAUJO, Catarina Soares	2:12.26	611 B	Aquatico Pacense	30.55	32.79	34.57	34.35
5.	08	PIRES, Ana Beatriz	2:13.94	588 C	Sport Alges e Dafundo	30.47	32.44	34.57	36.46
6.	09	MATIAS, Alana Costa	2:14.92	575 C	Cnac	30.28	34.66	34.63	35.35
7.	08	FREITAS, Diana Gomes	2:15.18	572 C	Amigos da Montanha	30.90	33.76	35.29	35.23
8.	09	UVA, Sofia Monteiro	2:15.24	571 C	Sport Alges e Dafundo	31.52	34.38	35.33	34.01
9.	09	MADEIRA, C.	2:15.67	566 C	Nacional de Nataçao	31.30	33.82	35.17	35.38
10.	08	NEVES, Ana Carolina	2:16.29	558 C	Fluvial Portuense	30.21	34.35	34.76	36.97
11.	09	MOREIRA, M.	2:21.23	501 R	Colegio Efanor	31.60	35.00	36.89	37.74

Seniores Sub21

1.	06	BARBEITO, Laura Espinol	2:07.25	686 A	Sporting	29.24	31.75	32.87	33.39
2.	07	VIEIRA, Ana Beatriz	2:09.59	649 B	FOCA Quinta Da Lixa - Cnf	30.19	32.07	34.16	33.17
3.	07	CABRAL, Carolina Vizinho	2:10.46	636 B	Galitos / Bresimar	30.24	32.34	33.06	34.82
4.	05	LOPES, Francisca Macedo	2:10.72	632 B	Fluvial Portuense	30.03	33.01	33.69	33.99
5.	07	LOURO, Beatriz Silva	2:12.60	606 B	Sporting	30.48	32.79	34.56	34.77
6.	06	SA, Maria Luis	2:15.27	571 C	Fluvial Portuense	31.23	33.92	35.38	34.74

Absolutos

1.	03	MARTINS, F.	2:01.35	791 A	FOCA Quinta Da Lixa - Cnf	28.32	30.02	31.57	31.44
2.	03	CONCEICAO, E.	2:02.65	766 A	Sport Alges e Dafundo	28.62	30.87	31.23	31.93
3.	02	FOMINA, Anna	2:03.24	755 A	Sporting	28.05	30.48	32.38	32.33
4.	02	CARDEAL, Joana Nunes	2:03.74	746 A	Condeixa Aqua Clube	29.02	30.98	31.90	31.84
5.	03	REBELO, Camila Rodrigu	2:03.78	745 A	Louzan Natacao/EFAPEL	28.93	31.16	31.97	31.72
6.	04	CUNHA, Mariana Pacheco	2:04.36	734 A	Colegio Efanor	28.73	30.92	32.32	32.39
7.	04	MOURA, Maria Ferreira	2:05.00	723 A	Sporting	29.27	31.29	32.21	32.23
8.	98	FRISCHKNECHT, R.	2:06.04	705 A	Benfica	28.83	31.10	32.75	33.36
9.	08	NEVES, Maria Gomes	2:07.19	687 A	Braga	29.49	31.98	32.92	32.80
10.	06	BARBEITO, Laura Espinol	2:07.25	686 A	Sporting	29.24	31.75	32.87	33.39
11.	10	TAVEIRA, Carolina Ratola	2:08.68	663 B	Galitos / Bresimar	29.66	32.26	33.59	33.17
12.	07	VIEIRA, Ana Beatriz	2:09.59	649 B	FOCA Quinta Da Lixa - Cnf	30.19	32.07	34.16	33.17
13.	07	CABRAL, Carolina Vizinho	2:10.46	636 B	Galitos / Bresimar	30.24	32.34	33.06	34.82
14.	08	BOLEIXA, Carlota Costa	2:10.57	635 B	Sport Alges e Dafundo	30.13	32.33	33.66	34.45
15.	09	PINTO, Maria Carvalho	2:10.68	633 B	Viana Natacao	30.58	33.08	33.59	33.43
16.	05	LOPES, Francisca Macedo	2:10.72	632 B	Fluvial Portuense	30.03	33.01	33.69	33.99
17.	10	CARDEAL, Leonor Nunes	2:11.19	626 B	Condeixa Aqua Clube	29.32	32.91	34.40	34.56
18.	09	ARAUJO, Catarina Soares	2:12.26	611 B	Aquatico Pacense	30.55	32.79	34.57	34.35

Prova 28, Femin., 200m Livres, Elimin, Absolutos

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
19.	LOURO, Beatriz Silva	07	Sporting	2:12.60	606 B	30.48	32.79	34.56	34.77
20.	HOLUB, Sofia Hryhorivna	11	Vitória Sport Clube	2:12.88	602 C	30.16	34.31	33.83	34.58
21.	RODRIGUES, H.	03	Condeixa Aqua Clube	2:13.51	593 C	30.40	33.45	34.75	34.91
22.	PIRES, Ana Beatriz	08	Sport Alges e Dafundo	2:13.94	588 C	30.47	32.44	34.57	36.46
23.	MATIAS, Alana Costa	09	Cnac	2:14.92	575 C	30.28	34.66	34.63	35.35
24.	FREITAS, Diana Gomes	08	Amigos da Montanha	2:15.18	572 C	30.90	33.76	35.29	35.23
25.	ARMAS, Maria Ornelas	98	ADRCCI Monte Maior	2:15.21	571 C	30.86	33.56	35.38	35.41
26.	UVA, Sofia Monteiro	09	Sport Alges e Dafundo	2:15.24	571 C	31.52	34.38	35.33	34.01
27.	SA, Maria Luis	06	Fluvial Portuense	2:15.27	571 C	31.23	33.92	35.38	34.74
28.	MADEIRA, C.	09	Nacional de Natação	2:15.67	566 C	31.30	33.82	35.17	35.38
29.	NEVES, Ana Carolina	08	Fluvial Portuense	2:16.29	558 C	30.21	34.35	34.76	36.97
30.	MOREIRA, M.	09	Colegio Efanor	2:21.23	501 R	31.60	35.00	36.89	37.74

OPEN

1.	MARTINS, F.	03	FOCA Quinta Da Lixa - Cnf	2:01.35	791 A	28.32	30.02	31.57	31.44
2.	CONCEICAO, E.	03	Sport Alges e Dafundo	2:02.65	766 A	28.62	30.87	31.23	31.93
3.	FOMINA, Anna	02	Sporting	2:03.24	755 A	28.05	30.48	32.38	32.33
4.	CARDEAL, Joana Nunes	02	Condeixa Aqua Clube	2:03.74	746 A	29.02	30.98	31.90	31.84
5.	REBELO, Camila Rodrigu	03	Louzan Natacao/EFAPEL	2:03.78	745 A	28.93	31.16	31.97	31.72
6.	CUNHA, Mariana Pachec	04	Colegio Efanor	2:04.36	734 A	28.73	30.92	32.32	32.39
7.	MOURA, Maria Ferreira	04	Sporting	2:05.00	723 A	29.27	31.29	32.21	32.23
8.	FRISCHKNECHT, R.	98	Benfica	2:06.04	705 A	28.83	31.10	32.75	33.36
9.	NEVES, Maria Gomes	08	Braga	2:07.19	687 A	29.49	31.98	32.92	32.80
10.	BARBEITO, Laura Espino	06	Sporting	2:07.25	686 A	29.24	31.75	32.87	33.39
11.	TAVEIRA, Carolina Ratola	10	Galitos / Bresimar	2:08.68	663 B	29.66	32.26	33.59	33.17
12.	IBANEZ, Nerea Hernandez	99	CNLeiria - VOID	2:09.40	652 B	30.17	31.63	33.23	34.37
13.	VIEIRA, Ana Beatriz	07	FOCA Quinta Da Lixa - Cnf	2:09.59	649 B	30.19	32.07	34.16	33.17
14.	CABRAL, Carolina Vizinho	07	Galitos / Bresimar	2:10.46	636 B	30.24	32.34	33.06	34.82
15.	BOLEIXA, Carlota Costa	08	Sport Alges e Dafundo	2:10.57	635 B	30.13	32.33	33.66	34.45
16.	PINTO, Maria Carvalho	09	Viana Natacao	2:10.68	633 B	30.58	33.08	33.59	33.43
17.	LOPES, Francisca Macedo	05	Fluvial Portuense	2:10.72	632 B	30.03	33.01	33.69	33.99
18.	CARDEAL, Leonor Nunes	10	Condeixa Aqua Clube	2:11.19	626 B	29.32	32.91	34.40	34.56
19.	ARAUJO, Catarina Soares	09	Aquatico Pacense	2:12.26	611 B	30.55	32.79	34.57	34.35
20.	LOURO, Beatriz Silva	07	Sporting	2:12.60	606 B	30.48	32.79	34.56	34.77
21.	HOLUB, Sofia Hryhorivna	11	Vitória Sport Clube	2:12.88	602 C	30.16	34.31	33.83	34.58
22.	RODRIGUES, H.	03	Condeixa Aqua Clube	2:13.51	593 C	30.40	33.45	34.75	34.91
23.	PIRES, Ana Beatriz	08	Sport Alges e Dafundo	2:13.94	588 C	30.47	32.44	34.57	36.46
24.	MATIAS, Alana Costa	09	Cnac	2:14.92	575 C	30.28	34.66	34.63	35.35
25.	FREITAS, Diana Gomes	08	Amigos da Montanha	2:15.18	572 C	30.90	33.76	35.29	35.23
26.	ARMAS, Maria Ornelas	98	ADRCCI Monte Maior	2:15.21	571 C	30.86	33.56	35.38	35.41
27.	UVA, Sofia Monteiro	09	Sport Alges e Dafundo	2:15.24	571 C	31.52	34.38	35.33	34.01
28.	SA, Maria Luis	06	Fluvial Portuense	2:15.27	571 C	31.23	33.92	35.38	34.74
29.	MADEIRA, C.	09	Nacional de Natação	2:15.67	566 C	31.30	33.82	35.17	35.38
30.	NEVES, Ana Carolina	08	Fluvial Portuense	2:16.29	558 C	30.21	34.35	34.76	36.97
31.	MOREIRA, M.	09	Colegio Efanor	2:21.23	501 R	31.60	35.00	36.89	37.74