

Sundgrein 22
7.3.2026 - 18:23

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Mótsmet	9:04.93	Inga Elín Cryer	ÍA	Hafnarfjörður	1.4.2012
Íslandsmet	8:53.76	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	11.3.2012
Íslandsmet Unglinga	9:08.33	Freyja Birkisdóttir	UBK	London (GBR)	27.5.2024
Íslandsmet Aldursflokka	9:09.32	Freyja Birkisdóttir	UBK	Reykjavík	24.4.2021

EM : 8:57.31 / EMU 16 - 18: 9:09.45 / NÆM 14 - 16: 9:32.12 / ÍM Opinn: 10:55.36; - 18: 11:06.86

Stig: AQUA 2025

Sæti	F.ár		Tími		Stig	
1. Katja Lilja Andriysoðóttir	06	SH	9:17.11	658	ÍM	
100m: 1:05.94 1:05.94	300m: 3:26.96 1:10.73	500m: 5:46.25 1:09.09	700m: 8:07.42 1:10.82	800m: 9:17.11 1:09.69		
200m: 2:16.23 1:10.29	400m: 4:37.16 1:10.20	600m: 6:56.60 1:10.35				
2. Karen Sif Helgadoðóttir	10	Ármann	9:51.00	551	ÍM ÍM	
100m: 1:07.97 1:07.97	300m: 3:37.36 1:14.86	500m: 6:07.99 1:15.60	700m: 8:38.50 1:14.53	800m: 9:51.00 1:12.50		
200m: 2:22.50 1:14.53	400m: 4:52.39 1:15.03	600m: 7:23.97 1:15.98				
3. Guðrún Ísold Harðardóttir	11	ÍRB	9:56.40	537	ÍM ÍM	
100m: 1:09.61 1:09.61	300m: 3:39.85 1:15.36	500m: 6:11.28 1:15.56	700m: 8:42.45 1:14.93	800m: 9:56.40 1:13.95		
200m: 2:24.49 1:14.88	400m: 4:55.72 1:15.87	600m: 7:27.52 1:16.24				
4. Þorgerður Freyja Helgadoðóttir	11	Sunddeild Breiðabliks	9:59.17	529	ÍM ÍM	
100m: 1:10.31 1:10.31	300m: 3:41.73 1:16.18	500m: 6:13.67 1:15.87	700m: 8:45.36 1:15.45	800m: 9:59.17 1:13.81		
200m: 2:25.55 1:15.24	400m: 4:57.80 1:16.07	600m: 7:29.91 1:16.24				
5. Eydís Jóhannesdóttir	11	ÍRB	10:13.23	494	ÍM ÍM	
100m: 1:11.25 1:11.25	300m: 3:45.30 1:17.18	500m: 6:21.80 1:17.68	700m: 8:57.83 1:17.92	800m: 10:13.23 1:15.40		
200m: 2:28.12 1:16.87	400m: 5:04.12 1:18.82	600m: 7:39.91 1:18.11				
6. Eva Goda Pratusyté	12	SH	10:20.06	477	ÍM ÍM	
100m: 1:15.56 1:15.56	300m: 3:54.21 1:18.66	500m: 6:31.37 1:17.92	700m: 9:06.75 1:17.04	800m: 10:20.06 1:13.31		
200m: 2:35.55 1:19.99	400m: 5:13.45 1:19.24	600m: 7:49.71 1:18.34				
7. Viktoria Emilia Orlita	09	ÍA	10:28.12	459	ÍM ÍM	
100m: 1:11.39 1:11.39	300m: 3:45.28 1:17.63	500m: 6:24.11 1:19.90	700m: 9:07.65 1:21.77	800m: 10:28.12 1:20.47		
200m: 2:27.65 1:16.26	400m: 5:04.21 1:18.93	600m: 7:45.88 1:21.77				
8. Rannveig Perla Pétursdóttir	10	Ármann	10:31.04	453	ÍM ÍM	
100m: 1:13.05 1:13.05	300m: 3:55.43 1:21.24	500m: 6:35.46 1:19.90	700m: 9:13.97 1:18.70	800m: 10:31.04 1:17.07		
200m: 2:34.19 1:21.14	400m: 5:15.56 1:20.13	600m: 7:55.27 1:19.81				
9. Hanna Steinunn Guðnadóttir	11	ÍRB	10:46.92	420	ÍM ÍM	
100m: 1:14.02 1:14.02	300m: 3:55.70 1:21.63	500m: 6:37.26 1:21.19	700m: 9:24.85 1:23.48	800m: 10:46.92 1:22.07		
200m: 2:34.07 1:20.05	400m: 5:16.07 1:20.37	600m: 8:01.37 1:24.11				
10. Hildur Eldey Guðjónsdóttir	11	Sunddeild Breiðabliks	10:50.77	413	ÍM ÍM	
100m: 1:16.05 1:16.05	300m: 3:59.88 1:22.40	500m: 6:46.57 1:23.35	700m: 9:30.90 1:21.89	800m: 10:50.77 1:19.87		
200m: 2:37.48 1:21.43	400m: 5:23.22 1:23.34	600m: 8:09.01 1:22.44				
11. Kamilla Ýr Ísaksoðóttir Guðmann	11	Sunddeild Breiðabliks	11:03.12	390	ÍM	
100m: 1:16.81 1:16.81	300m: 4:02.46 1:23.11	500m: 6:51.69 1:25.32	700m: 9:41.08 1:24.47	800m: 11:03.12 1:22.04		
200m: 2:39.35 1:22.54	400m: 5:26.37 1:23.91	600m: 8:16.61 1:24.92				
12. Elsa Karen Karadóttir	14	Sunddeild Breiðabliks	11:07.12	383		
100m: 1:15.55 1:15.55	300m: 4:07.08 1:26.92	500m: 6:59.38 1:25.71	700m: 9:49.77 1:24.81	800m: 11:07.12 1:17.35		
200m: 2:40.16 1:24.61	400m: 5:33.67 1:26.59	600m: 8:24.96 1:25.58				
13. Friðrika Sif Ágústsoðóttir	10	Óðinn	11:07.60	382		
100m: 1:18.18 1:18.18	300m: 4:08.94 1:25.07	500m: 6:59.46 1:24.52	700m: 9:47.43 1:24.57	800m: 11:07.60 1:20.17		
200m: 2:43.87 1:25.69	400m: 5:34.94 1:26.00	600m: 8:22.86 1:23.40				
14. Viktoría Rós Guseva	12	Óðinn	11:24.78	354		
100m: 1:20.90 1:20.90	300m: 4:16.64 1:28.25	500m: 7:11.56 1:27.58	700m: 10:05.28 1:26.23	800m: 11:24.78 1:19.50		
200m: 2:48.39 1:27.49	400m: 5:43.98 1:27.34	600m: 8:39.05 1:27.49				

Sundgrein 22, kvenna, 800m skriðsund, Opinn

Sæti			F.ár				Tími	Stig				
15.	Lilja Dogg Magnúsdóttir		13 Sunddeild Breiðabliks				11:31.50	344				
	100m:	1:20.62	1:20.62	300m:	4:16.73	1:28.18	500m:	7:11.74	1:27.71	700m:	10:06.65	1:27.60
	200m:	2:48.55	1:27.93	400m:	5:44.03	1:27.30	600m:	8:39.05	1:27.31	800m:	11:31.50	1:24.85
16.	Arndis Margret Magnúsdóttir		12 Óðinn				11:49.71	318				
	100m:	1:22.63	1:22.63	300m:	4:22.33	1:30.00	500m:	7:22.99	1:30.55	700m:	10:23.16	1:29.59
	200m:	2:52.33	1:29.70	400m:	5:52.44	1:30.11	600m:	8:53.57	1:30.58	800m:	11:49.71	1:26.55
17.	Freyja Mjoll Einarsdóttir		13 Sunddeild Breiðabliks				11:51.79	315				
	100m:	1:22.25	1:22.25	300m:	4:21.27	1:30.05	500m:	7:23.06	1:30.53	700m:	10:24.91	1:30.15
	200m:	2:51.22	1:28.97	400m:	5:52.53	1:31.26	600m:	8:54.76	1:31.70	800m:	11:51.79	1:26.88
18.	Arney Drofn Petrusdóttir		13 Sunddeild Breiðabliks				12:02.97	301				
	100m:	1:23.81	1:23.81	300m:	4:28.68	1:33.29	500m:	7:35.31	1:32.61	700m:	10:36.90	1:30.78
	200m:	2:55.39	1:31.58	400m:	6:02.70	1:34.02	600m:	9:06.12	1:30.81	800m:	12:02.97	1:26.07
óg.ífullri stærð	Natalía Eir Curtis		10 Ármann									
	<i>G3 - Vegalengd sunds verður að ljúka til að sund sé gilt (hætti) - DNF (SW 10.2)</i>											
	100m:	1:08.35	1:08.35	300m:	3:38.01	1:14.74	500m:			700m:		
	200m:	2:23.27	1:14.92	400m:	4:52.06	1:14.05	600m:			800m:		