

Campeonato Regional Juvenis, Juniores e Seniores
Ponte da Barca, 6 - 8/3/2026

Prova 2 Masc., 400m Livres Juvenis B
06/03/2026 - 18:20 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015

Pontos: AQUA 2025

Lugar	Ano		Tempo final				Pts
1. Jose Pedro Martins	11	Viana Natacao	4:35.88				455
50m: 31.24 31.24	200m: 2:15.97 1:10.52	400m: 4:35.88 1:09.20					
100m: 1:05.45 34.21	300m: 3:26.68 1:10.71						
2. Antonio Barbosa Nogueira	11	Braga	4:42.48				424
50m: 31.46 31.46	200m: 2:16.08 1:10.76	400m: 4:42.48 1:13.86					
100m: 1:05.32 33.86	300m: 3:28.62 1:12.54						
3. Diogo Miranda Castro	11	Desportiva de Viana	4:50.62				389
50m: 32.33 32.33	200m: 2:22.50 1:13.92	400m: 4:50.62 1:13.26					
100m: 1:08.58 36.25	300m: 3:37.36 1:14.86						
4. Matias Fernandes Goncalves	11	Clube Atlanticos do Ancora	4:55.11				372
50m: 31.96 31.96	200m: 2:22.62 1:14.59	400m: 4:55.11 1:16.15					
100m: 1:08.03 36.07	300m: 3:38.96 1:16.34						
5. Pedro Bueso Cristino	11	Braga	5:08.09				326
50m: 33.94 33.94	200m: 2:28.39 1:17.11	400m: 5:08.09 1:19.91					
100m: 1:11.28 37.34	300m: 3:48.18 1:19.79						

Prova 2 Masc., 400m Livres Juvenis A
06/03/2026 - 18:20 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016

Pontos: AQUA 2025

Lugar	Ano		Tempo final				Pts
1. Arseniy Vedkal	10	Braga	4:21.71				533
50m: 30.40 30.40	200m: 2:09.68 1:06.32	400m: 4:21.71 1:06.17					
100m: 1:03.36 32.96	300m: 3:15.54 1:05.86						
2. Tiago Filipe Salgueiro	10	Viana Natacao	4:25.49				510
50m: 30.72 30.72	200m: 2:10.58 1:07.02	400m: 4:25.49 1:06.78					
100m: 1:03.56 32.84	300m: 3:18.71 1:08.13						
3. Rodrigo Almeida Marques	10	Braga	4:25.84				508
50m: 30.34 30.34	200m: 2:11.84 1:07.92	400m: 4:25.84 1:06.10					
100m: 1:03.92 33.58	300m: 3:19.74 1:07.90						
4. Rafael Almeida Machado	10	Braga	4:27.48				499
50m: 35.23 35.23	200m: 2:11.36 1:07.99	400m: 4:27.48 1:07.59					
100m: 1:03.37 28.14	300m: 3:19.89 1:08.53						

Prova 2 Masc., 400m Livres Juniores
06/03/2026 - 18:20 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:57.56	Filipe Manso Laranjo	EDV	Porto	21/07/2024

Pontos: AQUA 2025

Lugar	Ano		Tempo final				Pts
1. Manuel Manso Goncalves	09	Viana Natacao	4:35.70				456
50m: 31.68 31.68	200m: 2:16.51 1:10.55	400m: 4:35.70 1:08.89					
100m: 1:05.96 34.28	300m: 3:26.81 1:10.30						

