

Campeonato Regional Juvenis, Juniores e Seniores
Ponte da Barca, 6 - 8/3/2026

Prova 11 Masc., 1500m Livres Juvenis B
07/03/2026 - 9:30 Resultados

Rec. Reg. ANMinho Open	14:39.82	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	21/12/2021
Rec. Reg. ANMinho Juv B	16:10.07	Jose Paulo Lopes	SCB	Ponte da Barca	04/07/2015

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Dinis Vieira Pinto		11	Braga		17:22.12	536
	50m:	30.46 30.46	450m:	850m:	1250m:		
	100m:	1:04.08 33.62	500m:	900m:	1300m:	15:02.50	
	150m:		550m:	950m:	1350m:		
	200m:	2:13.32	600m:	1000m:	1400m:	16:13.46	
	250m:		650m:	1050m:	1450m:		
	300m:	3:21.94	700m:	1100m:	1500m:	17:22.12	
	350m:		750m:	1150m:			
	400m:	4:31.43	800m:	1200m:			

Prova 11 Masc., 1500m Livres Juvenis A
07/03/2026 - 9:30 Resultados

Rec. Reg. ANMinho Open	14:39.82	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	21/12/2021
Rec. Reg. ANMinho Juv A	15:46.14	Jose Paulo Lopes	SCB	Ponte da Barca	02/07/2016

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Rafael Almeida Machado		10	Braga		17:39.10	511
	50m:	30.44 30.44	450m:	850m:	1250m:		
	100m:	1:03.85 33.41	500m:	900m:	1300m:	15:14.27	
	150m:		550m:	950m:	1350m:		
	200m:	2:12.55	600m:	1000m:	1400m:	16:37.86	
	250m:		650m:	1050m:	1450m:		
	300m:	3:21.96	700m:	1100m:	1500m:	17:39.10	
	350m:		750m:	1150m:			
	400m:	4:30.77	800m:	1200m:			

Prova 11 Masc., 1500m Livres Juniores
07/03/2026 - 9:30 Resultados

Rec. Reg. ANMinho Open	14:39.82	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	21/12/2021
Rec. Reg. ANMinho Jun 2	15:19.81	Jose Paulo Lopes	SCB	Porto	10/12/2017
Rec. Reg. ANMinho Jun 1	15:21.79	Jose Paulo Lopes	SCB	Funchal	11/12/2016

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Raul Ventura Barros		09	Braga		17:38.84	511
	50m:	30.46 30.46	450m:	850m:	1250m:		
	100m:	1:03.93 33.47	500m:	900m:	1300m:	15:11.18	
	150m:		550m:	950m:	1350m:		
	200m:	2:11.14	600m:	1000m:	1400m:	16:26.31	
	250m:		650m:	1050m:	1450m:		
	300m:	3:18.85	700m:	1100m:	1500m:	17:38.84	
	350m:		750m:	1150m:			
	400m:	4:26.93	800m:	1200m:			
2.	Manuel Manso Goncalves		09	Viana Natacao		18:22.99	452
	50m:	32.56 32.56	450m:	850m:	1250m:		
	100m:	1:08.33 35.77	500m:	900m:	1300m:	15:56.83	
	150m:		550m:	950m:	1350m:		
	200m:	2:21.07	600m:	1000m:	1400m:	17:11.39	
	250m:		650m:	1050m:	1450m:		
	300m:	3:34.90	700m:	1100m:	1500m:	18:22.99	
	350m:		750m:	1150m:			
	400m:	4:49.20	800m:	1200m:			

Campeonato Regional Juvenis, Juniores e Seniores
 Ponte da Barca, 6 - 8/3/2026

Prova 11, Masc., 1500m Livres

Prova 11 Masc., 1500m Livres Seniores
 07/03/2026 - 9:30 Resultados

Rec. Reg. ANMinho Open	14:39.82	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	21/12/2021
Rec. Reg. ANMinho Sen	14:39.82	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	21/12/2021

Pontos: AQUA 2025

Lugar			Ano			Tempo final	Pts
1.	Diogo Alexandre Oliveira		05	Braga		16:12.39	660
	50m:	29.05 29.05	450m:	850m:	1250m:		
	100m:	1:01.33 32.28	500m:	900m:	1300m:	14:02.62	
	150m:		550m:	950m:	1350m:		
	200m:	2:06.59	600m:	1000m:	1400m:	15:08.15	
	250m:		650m:	1050m:	1450m:		
	300m:	3:12.36	700m:	1100m:	1500m:	16:12.39	
	350m:		750m:	1150m:			
	400m:	4:18.20	800m:	1200m:			