



Campeonato Inter-Distrital de Infantis
Entroncamento, 31/1 - 1/2/2026

Prova 9 Masc., 400m Livres Infantil
31/01/2026 - 15:30 Resultados

Rec Nac 25m Open	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29/03/2014
Rec Nac 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04/04/2003

INFANTIL A Inf A: 5:52.00 / INFANTIL B Inf B: 6:12.00

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
Infantil A								
1.	Diogo Leote Pedrosa	M	218504	12	Zona Azul	4:53.92	376	
	50m: 31.71				150m: 1:45.26	37.40	250m: 3:00.98	38.47
	100m: 1:07.86				200m: 2:22.92	37.66	300m: 3:39.16	36.29
2.	Salvador Henrique Vieira	M	211387	12	Torres Novas	4:56.00	368	
	50m: 32.95				150m: 1:47.40	37.81	250m: 3:03.85	37.85
	100m: 1:09.59				200m: 2:25.59	38.19	300m: 3:41.61	36.54
3.	Martim Rocha Silva	M	213503	12	Gualdim Pais	5:01.73	348	
	50m: 35.03				150m: 1:52.44	39.28	250m: 3:08.62	38.13
	100m: 1:13.16				200m: 2:31.01	38.57	300m: 3:46.97	36.63
4.	Francisco Grave Reis	M	214570	12	Rio Maior	5:07.17	329	
	50m: 32.67				150m: 1:47.23	38.39	250m: 3:05.67	40.42
	100m: 1:08.84				200m: 2:26.23	39.00	300m: 3:46.19	40.56
5.	Matias Rafael Pacheco	M	211312	12	BUZIOS-Coruche	5:13.09	311	
	50m: 35.48				150m: 1:54.72	39.72	250m: 3:14.98	39.90
	100m: 1:15.00				200m: 2:35.08	40.36	300m: 3:54.84	38.35
6.	Bernardo Margarido Miranda	M	221310	12	Nautico Abrantes	5:15.43	304	
	50m: 34.85				150m: 1:54.50	40.73	250m: 3:16.51	40.47
	100m: 1:13.77				200m: 2:35.54	41.04	300m: 3:57.22	37.74
7.	Santiago Raposo Fernandes	M	217617	12	20Km de Almeirim	5:15.52	304	
	50m: 33.56				150m: 1:52.92	41.03	250m: 3:16.42	41.20
	100m: 1:11.89				200m: 2:35.14	42.22	300m: 3:56.98	37.34
8.	Rafael Duarte Bico	M	226677	12	Aminata	5:29.38	267	
	50m: 39.08				150m: 2:03.86	43.63	250m: 3:30.91	38.88
	100m: 1:20.23				200m: 2:47.28	43.42	300m: 4:13.21	37.29
9.	Goncalo Maria Costa	M	207317	12	Elvense	5:34.41	255	
	50m: 30.29				150m: 1:52.82	48.01	250m: 3:23.43	44.03
	100m: 1:04.81				200m: 2:39.08	46.26	300m: 4:07.42	42.96
10.	Miguel Ataíde Gomes	M	201354	12	Litoral Alentejano	5:38.03	247	
	50m: 37.73				150m: 2:02.70	43.03	250m: 3:29.79	43.20
	100m: 1:19.67				200m: 2:45.92	43.22	300m: 4:13.37	41.46
11.	Lourenço Filipe Costa	M	218656	12	20Km de Almeirim	5:48.46	225	
	50m: 37.53				150m: 2:07.19	45.92	250m: 3:35.48	44.90
	100m: 1:21.27				200m: 2:50.59	43.40	300m: 4:20.05	43.51
12.	Sandro Jose Tomas FTL	M	219244	12	BUZIOS-Coruche	5:52.50	218	
	50m: 36.99				150m: 2:05.47	45.36	250m: 3:37.22	45.40
	100m: 1:20.11				200m: 2:52.12	46.65	300m: 4:23.98	43.12
13.	Dinis Alexandre Santos FTL	M	223365	12	Torres Novas	6:10.03	188	
	50m: 41.79				150m: 2:17.29	48.60	250m: 3:51.66	47.44
	100m: 1:28.69				200m: 3:05.39	48.10	300m: 4:38.94	43.65
14.	João Francisco Monteiro FTL	M	225545	12	BUZIOS-Coruche	6:32.06	158	
	50m: 44.43				150m: 2:23.34	50.99	250m: 4:02.88	48.39
	100m: 1:32.35				200m: 3:11.83	48.49	300m: 4:53.58	50.09

Infantil B

1.	Pedro Antonio Marcelino	M	217753	13	CCDSerta	5:38.88	245	
	50m: 37.66				150m: 2:03.73	43.79	250m: 3:31.32	43.83
	100m: 1:19.94				200m: 2:47.94	44.21	300m: 4:14.66	40.39
2.	Lourenço Costa Fortes	M	215856	13	Aljustrelense	5:44.47	233	
	50m: 38.62				150m: 2:04.51	43.41	250m: 3:33.79	44.97
	100m: 1:21.10				200m: 2:48.97	44.46	300m: 4:18.34	41.16
3.	Miguel Maria Alves	M	214701	13	Aminata	5:47.46	227	
	50m: 38.98				150m: 2:06.01	44.10	250m: 3:34.71	44.60
	100m: 1:21.91				200m: 2:50.32	44.31	300m: 4:19.40	43.46
4.	Diogo Salvador Santos	M	224855	13	Grandola Sports	5:50.50	222	
	50m: 35.42				150m: 2:01.79	44.37	250m: 3:33.26	47.44
	100m: 1:17.42				200m: 2:48.06	46.27	300m: 4:19.77	43.29
5.	Rafael Jose Isidoro	M	220239	13	Rio Maior	5:50.77	221	
	50m: 38.57				150m: 2:08.97	45.70	250m: 3:40.90	43.91
	100m: 1:23.27				200m: 2:55.03	46.06	300m: 4:26.22	40.64
6.	Hugo Santos Carapeto	M	217361	13	Nautico Abrantes	5:51.04	221	
	50m: 37.50				150m: 2:04.43	44.16	250m: 3:34.89	46.39
	100m: 1:20.27				200m: 2:49.14	44.71	300m: 4:21.04	43.61



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Prova 9, Masc., 400m Livres, Infantil B

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	Pts	Obs
7.	Vicente Manuel Nunes	M	214975	13	Nautico Salvaterra Magos	5:51.46	220	
	50m: 40.08 40.08	150m: 2:07.86	44.15	250m: 3:37.37	45.25	350m: 5:07.70	44.89	
	100m: 1:23.71 43.63	200m: 2:52.12	44.26	300m: 4:22.81	45.44	400m: 5:51.46	43.76	
8.	Carlos Silvestre Lourenco	M	217549	13	BUZIOS-Coruche	6:03.32	199	
	50m: 39.50 39.50	150m: 2:13.34	47.69	250m: 3:47.10	47.35	350m: 5:19.85	46.15	
	100m: 1:25.65 46.15	200m: 2:59.75	46.41	300m: 4:33.70	46.60	400m: 6:03.32	43.47	
9.	Tomas Usta Melo	M	223556	13	Electrico Futebol Clube	6:20.69	173	
	<i>FTL</i>							
	50m: 43.13 43.13	150m: 2:17.75	47.51	250m: 3:56.38	49.67	350m: 5:35.60	49.37	
	100m: 1:30.24 47.11	200m: 3:06.71	48.96	300m: 4:46.23	49.85	400m: 6:20.69	45.09	
10.	Manuel Maria Pereira	M	219343	13	Electrico Futebol Clube	6:22.75	170	
	<i>FTL</i>							
	50m: 40.63 40.63	150m: 2:15.93	48.77	250m: 3:54.82	49.71	350m: 5:36.71	50.06	
	100m: 1:27.16 46.53	200m: 3:05.11	49.18	300m: 4:46.65	51.83	400m: 6:22.75	46.04	
11.	Afonso Gil Campos	M	217620	13	CLAC-Entroncamento	6:25.69	166	
	<i>FTL</i>							
	50m: 43.48 43.48	150m: 2:20.85	48.99	250m: 4:00.94	50.51	350m: 5:41.40	50.58	
	100m: 1:31.86 48.38	200m: 3:10.43	49.58	300m: 4:50.82	49.88	400m: 6:25.69	44.29	