

Prova 9 Femin., 4 x 200m Livres Juvenis  
20/03/2026 - 18:19 Resultados

Recordes Nacionais 50m Open	8:18.33	Sport Lisboa e Benfica	SLB	Coimbra	04/04/2024
Recordes Nacionais 50m Juv A	8:54.69	tempo limite			01/01/1800
Recordes Nacionais 50m Juv	8:54.69	tempo limite			01/01/1800
Recordes Nacionais 50m Juv B	8:54.69	Condeixa Aqua Clube	CAQC	Oeiras	03/04/2025

Lugar Licença Clube Tempo Final TReac Pts

Juvenis A

<b>1. Condeixa Aqua Clube 1</b>	<b>Condeixa Aqua Clube</b>				<b>8:59.19</b>	
Leonor Nunes, CARDEAL	10	29.86	32.60	34.94	34.35	2:11.75
Maria Neto, SIMOES	10	+0,46	30.77	35.35	36.77	2:19.45
Rita Lucas, SANTOS	10	+0,07	31.75	35.21	36.52	2:18.90
Camila Duarte, MARCELO	10	+0,18	30.35	33.03	33.34	2:09.09
<b>2. Galitos / Bresimar 1</b>	<b>Galitos / Bresimar</b>				<b>9:00.65 +0,65</b>	
Carolina Ratola, TAVEIRA	10	+0,65	29.80	32.20	33.83	2:08.98
Leonor Silva, JESUS	10	+0,70	31.73	35.16	35.70	2:17.57
Raquel Domingues, RE	10		31.34	35.13	36.66	2:19.42
Sofia Rodrigues, VASCONCELOS	10	+0,45	30.38	34.04	35.25	2:14.68
<b>3. Porto 1</b>	<b>Porto</b>				<b>9:28.53 +0,72</b>	
Eduarda Dias, PIMENTEL	10	+0,72	31.19	34.66	36.09	2:18.86
Marta Silva, FERNANDES	10	+0,30	31.90	35.74	37.05	2:22.09
Francisca Sousa, BRANCO	10	+0,47	31.75	35.78	35.42	2:18.17
Sofia Santa, BARBARA	10	+0,48	33.63	38.21	38.83	2:29.41
<b>4. Ba Leiria / Sk Coffee 1</b>	<b>Ba Leiria / Sk Coffee</b>				<b>9:33.68 +0,75</b>	
Constanca Rolim, PEDRO	10	+0,75	33.50	36.62	39.02	2:27.04
Maria Carolina, ALVES	10	+0,28	30.94	35.78	38.03	2:22.66
Matilde Santos, VIEIRA	10	+0,34	32.30	36.40	37.98	2:23.41
Vida Sofia, VELEZ	10	+0,21	32.23	36.12	37.51	2:20.57
<b>5. Colegio Efanor 1</b>	<b>Colegio Efanor</b>				<b>9:35.83</b>	
Sofia Rodrigues, COSTA	10		32.30	35.52	37.17	2:22.27
Rita Sousa, OLIVEIRA	10		32.98	38.19	38.96	2:29.65
Catarina Sousa, OLIVEIRA	10	+0,45	32.18	36.86	39.16	2:26.20
Maria Rita, CUNHA	10	+0,34	32.31	34.80	35.62	2:17.71

Juvenis B

<b>1. Sporting 1</b>	<b>Sporting</b>				<b>9:11.20 +0,73</b>	
Margarida Almeida, FERREIRA	11	+0,73	30.98	33.02	34.38	2:12.27
Ana, MAO DE FERRO	11	+0,35	33.02	36.20	38.02	2:24.62
Carolina Melo, CAMEJO	11	+0,58	31.57	35.57	37.58	2:21.43
Margarida Ferreira, MOURA	11	+0,26	29.97	33.64	35.05	2:12.88
<b>2. ADRCCI Monte Maior 1</b>	<b>ADRCCI Monte Maior</b>				<b>9:29.91 +0,75</b>	
Ana Filipa, SERRA	11	+0,75	32.53	34.78	36.27	2:18.33
Leonor Maria, GOMES	11	+0,47	32.72	36.70	39.38	2:27.47
Madalena Correia, GOMES	11	+0,41	34.29	34.47	36.43	2:22.88
Ines Silva, PAIVA	11	+0,16	32.12	36.02	36.39	2:21.23
<b>3. Fluvial Portuense 1</b>	<b>Fluvial Portuense</b>				<b>9:33.72 +0,69</b>	
Matilde Esteves, LIMA	11	+0,69	33.68	38.19	40.52	2:31.78
Benedita Gomes, PRATA	11	+0,41	32.75	36.54	37.89	2:23.92
Violeta Bernardo, FERREIRA	11	+0,24	30.68	35.25	37.64	2:19.50
Matilde Paiva, CARDOSO	11	+0,15	30.61	35.50	36.72	2:18.52
<b>4. Condeixa Aqua Clube 2</b>	<b>Condeixa Aqua Clube</b>				<b>9:34.84</b>	
Joana Cura, NEVES	11		34.30	38.22	39.49	2:30.62
Matilde Conde, FIGUEIREDO	11		32.86	36.11	36.82	2:22.50
Matilde Sofia, PEREIRA	11		32.70	37.21	37.25	2:23.38
Leonor Cioga, MOREIRA	11		31.26	34.62	36.70	2:18.34

Prova 9, Femin., 4 x 200m Livres, Juvenis B

Lugar	Licença	Clube	Tempo Final	TReac	Pts
<b>5.</b>		<b>FOCA Quinta Da Lixa - Cnf 1</b>	<b>9:46.22</b>	<b>+0,49</b>	
	11	+0,49 30.96 34.01 36.17	36.88	2:18.02	
	11	+0,31 34.23 38.53 39.47	38.91	2:31.14	
	11	+0,40 35.05 40.41 43.61	43.55	2:42.62	
	11	+0,44 30.29 33.48 35.50	35.17	2:14.44	
<b>6.</b>		<b>Lagoa Academico Clube 1</b>	<b>9:53.56</b>	<b>+0,73</b>	
	11	+0,73 33.58 36.23 38.36	36.87	2:25.04	
	11	+0,51 32.77 38.54 40.83	39.41	2:31.55	
	11	+0,42 33.86 37.99 39.55	39.11	2:30.51	
	11	+0,50 34.20 37.13 38.23	36.90	2:26.46	
<b>EXH</b>		<b>Lagoa Academico Clube 2</b>	<b>9:46.22</b>	<b>+0,80</b>	
	10	+0,80 31.62 34.19 35.44	34.77	2:16.02	
	10	+0,48 32.29 36.42 39.12	39.46	2:27.29	
	11	+0,61 35.25 38.56 40.79	39.38	2:33.98	
	10	+0,25 32.78 37.97 39.28	38.90	2:28.93	