

Prova 28
22/03/2026 - 9:00

Masc., 1500m Livres

Juvenis
Resultados

| | | | | | |
|------------------------------|----------|------------------------|-----|---------------|------------|
| Recordes Nacionais 50m Open | 15:15.12 | Guilherme Filipe, PINA | SCP | Coimbra | 30/03/2017 |
| Recordes Nacionais 50m Juv A | 15:45.55 | Gustavo Manuel, SANTA | POR | Tampere (FIN) | 23/07/2009 |
| Recordes Nacionais 50m Juv B | 16:11.75 | Rui Silva, PEREIRA | POR | Coimbra | 27/05/2023 |

| Lugar | Nome | Ano | Licença | Clube | Tempo Final | TReac | Pts |
|------------------|----------------------------|-----------------------|-------------------------|-------------------------------|-----------------|--------------|-----|
| Juvenis A | | | | | | | |
| 1. | Afonso Carvalho, MONTEIRO | 10 | 208116 | Famalicão | 17:05.71 | +0,49 | |
| | 100m: 1:01.67 1:01.67 | 500m: 5:34.70 1:09.35 | 900m: 10:13.54 1:09.71 | 1300m: 14:52.82 1:08.76 | | | |
| | 200m: 2:08.45 1:06.78 | 600m: 6:44.20 1:09.50 | 1000m: 11:23.56 1:10.02 | 1400m: 16:01.75 1:08.93 | | | |
| | 300m: 3:16.59 1:08.14 | 700m: 7:53.86 1:09.66 | 1100m: 12:33.88 1:10.32 | 1500m: 17:05.71 1:03.96 | | | |
| | 400m: 4:25.35 1:08.76 | 800m: 9:03.83 1:09.97 | 1200m: 13:44.06 1:10.18 | | | | |
| 2. | Dinis Aresta, RIBEIRO | 10 | 214312 | Sporting | 17:06.31 | +0,71 | |
| | 100m: 1:02.44 1:02.44 | 500m: 5:37.82 1:09.21 | 900m: 10:15.90 1:09.50 | 1300m: 14:53.41 1:09.43 | | | |
| | 200m: 2:10.54 1:08.10 | 600m: 6:47.04 1:09.22 | 1000m: 11:25.49 1:09.59 | 1400m: 16:02.18 1:08.77 | | | |
| | 300m: 3:19.69 1:09.15 | 700m: 7:56.76 1:09.72 | 1100m: 12:34.79 1:09.30 | 1500m: 17:06.31 1:04.13 | | | |
| | 400m: 4:28.61 1:08.92 | 800m: 9:06.40 1:09.64 | 1200m: 13:43.98 1:09.19 | | | | |
| 3. | Dinis Goncalves, ARAUJO | 10 | 208409 | Cnac | 17:10.05 | +0,65 | |
| | 100m: 1:03.21 1:03.21 | 500m: 5:44.92 1:10.22 | 900m: 10:19.46 1:08.78 | 1300m: 14:56.06 1:09.17 | | | |
| | 200m: 2:13.11 1:09.90 | 600m: 6:54.38 1:09.46 | 1000m: 11:28.66 1:09.20 | 1400m: 16:05.29 1:09.23 | | | |
| | 300m: 3:23.92 1:10.81 | 700m: 8:02.46 1:08.08 | 1100m: 12:37.84 1:09.18 | 1500m: 17:10.05 1:04.76 | | | |
| | 400m: 4:34.70 1:10.78 | 800m: 9:10.68 1:08.22 | 1200m: 13:46.89 1:09.05 | | | | |
| 4. | Rodrigo Ferrao, DIAS | 10 | 214314 | Sporting | 17:13.80 | +0,72 | |
| | 100m: 1:02.44 1:02.44 | 500m: 5:37.47 1:09.33 | 900m: 10:17.87 1:10.61 | 1300m: 14:56.21 1:09.67 | | | |
| | 200m: 2:10.43 1:07.99 | 600m: 6:47.49 1:10.02 | 1000m: 11:27.34 1:09.47 | 1400m: 16:05.54 1:09.33 | | | |
| | 300m: 3:18.87 1:08.44 | 700m: 7:57.18 1:09.69 | 1100m: 12:36.86 1:09.52 | 1500m: 17:13.80 1:08.26 | | | |
| | 400m: 4:28.14 1:09.27 | 800m: 9:07.26 1:10.08 | 1200m: 13:46.54 1:09.68 | | | | |
| 5. | Andre Ferreira, SANTOS | 10 | 213542 | Academico Viseu Futebol Clube | 17:16.08 | | |
| | 100m: 1:04.68 1:04.68 | 500m: 5:42.08 1:09.70 | 900m: 10:18.90 1:09.20 | 1300m: 14:59.17 1:09.96 | | | |
| | 200m: 2:13.37 1:08.69 | 600m: 6:50.99 1:08.91 | 1000m: 11:28.92 1:10.02 | 1400m: 16:09.82 1:10.65 | | | |
| | 300m: 3:22.72 1:09.35 | 700m: 8:00.01 1:09.02 | 1100m: 12:39.00 1:10.08 | 1500m: 17:16.08 1:06.26 | | | |
| | 400m: 4:32.38 1:09.66 | 800m: 9:09.70 1:09.69 | 1200m: 13:49.21 1:10.21 | | | | |
| 6. | David Filipe, PACHECO | 10 | 205810 | BUZIOS - Coruche | 17:26.63 | +0,69 | |
| | 100m: 1:01.32 1:01.32 | 500m: 5:35.95 1:09.83 | 900m: 10:20.82 1:11.77 | 1300m: 15:06.23 1:10.90 | | | |
| | 200m: 2:08.18 1:06.86 | 600m: 6:46.69 1:10.74 | 1000m: 11:32.58 1:11.76 | 1400m: 16:17.43 1:11.20 | | | |
| | 300m: 3:16.98 1:08.80 | 700m: 7:57.97 1:11.28 | 1100m: 12:43.56 1:10.98 | 1500m: 17:26.63 1:09.20 | | | |
| | 400m: 4:26.12 1:09.14 | 800m: 9:09.05 1:11.08 | 1200m: 13:55.33 1:11.77 | | | | |
| 7. | Rodrigo Cardoso, TOMAS | 10 | 208273 | Alcobaca | 17:47.89 | +0,65 | |
| | 100m: 1:05.65 1:05.65 | 500m: 5:52.17 1:12.15 | 900m: 10:40.88 1:12.70 | 1300m: 15:28.94 1:11.37 | | | |
| | 200m: 2:16.05 1:10.40 | 600m: 7:04.10 1:11.93 | 1000m: 11:53.66 1:12.78 | 1400m: 16:39.71 1:10.77 | | | |
| | 300m: 3:27.85 1:11.80 | 700m: 8:15.69 1:11.59 | 1100m: 13:05.75 1:12.09 | 1500m: 17:47.89 1:08.18 | | | |
| | 400m: 4:40.02 1:12.17 | 800m: 9:28.18 1:12.49 | 1200m: 14:17.57 1:11.82 | | | | |
| 8. | Guilherme Valente, PEREIRA | 10 | 212288 | ADRCCI Monte Maior | 17:48.75 | +0,69 | |
| | 100m: 1:04.03 1:04.03 | 500m: 5:42.29 1:10.25 | 900m: 10:27.48 1:12.79 | 1300m: 15:23.74 1:14.64 | | | |
| | 200m: 2:12.26 1:08.23 | 600m: 6:52.65 1:10.36 | 1000m: 11:40.98 1:13.50 | 1400m: 16:37.95 1:14.21 | | | |
| | 300m: 3:21.99 1:09.73 | 700m: 8:03.43 1:10.78 | 1100m: 12:54.69 1:13.71 | 1500m: 17:48.75 1:10.80 | | | |
| | 400m: 4:32.04 1:10.05 | 800m: 9:14.69 1:11.26 | 1200m: 14:09.10 1:14.41 | | | | |
| 9. | Mateus Medeiros, RAPOSO | 10 | 211338 | Clube Desportivo Nacional | 17:53.15 | +0,65 | |
| | 100m: 1:06.45 1:06.45 | 500m: 5:49.41 1:11.76 | 900m: 10:40.59 1:12.52 | 1300m: 15:32.12 1:13.27 | | | |
| | 200m: 2:16.85 1:10.40 | 600m: 7:02.49 1:13.08 | 1000m: 11:53.43 1:12.84 | 1400m: 16:43.74 1:11.62 | | | |
| | 300m: 3:27.55 1:10.70 | 700m: 8:15.26 1:12.77 | 1100m: 13:06.38 1:12.95 | 1500m: 17:53.15 1:09.41 | | | |
| | 400m: 4:37.65 1:10.10 | 800m: 9:28.07 1:12.81 | 1200m: 14:18.85 1:12.47 | | | | |
| 10. | Tomas Domingues, REIS | 10 | 206315 | Fluvial Portuense | 17:58.78 | +0,78 | |
| | 100m: 1:05.89 1:05.89 | 500m: 5:52.43 1:12.34 | 900m: 10:42.77 1:12.79 | 1300m: 15:34.11 1:12.62 | | | |
| | 200m: 2:16.65 1:10.76 | 600m: 7:04.93 1:12.50 | 1000m: 11:55.58 1:12.81 | 1400m: 16:47.14 1:13.03 | | | |
| | 300m: 3:28.13 1:11.48 | 700m: 8:17.28 1:12.35 | 1100m: 13:08.84 1:13.26 | 1500m: 17:58.78 1:11.64 | | | |
| | 400m: 4:40.09 1:11.96 | 800m: 9:29.98 1:12.70 | 1200m: 14:21.49 1:12.65 | | | | |

Prova 28, Masc., 1500m Livres, Juvenis A

| Lugar | Nome | Ano | Licença | Clube | Tempo Final | TReac | Pts |
|-------|-----------------------|-----------------------|-------------------------|-------------------------------|-----------------|--------------|-----|
| 11. | Tiago Frazao, BARRA | 10 | 214568 | Rio Maior | 18:06.07 | +0,64 | |
| | 100m: 1:06.77 1:06.77 | 500m: 5:58.92 1:13.39 | 900m: 10:49.91 1:13.29 | 1300m: 15:41.17 1:13.09 | | | |
| | 200m: 2:19.12 1:12.35 | 600m: 7:11.76 1:12.84 | 1000m: 12:02.18 1:12.27 | 1400m: 16:54.55 1:13.38 | | | |
| | 300m: 3:32.38 1:13.26 | 700m: 8:23.84 1:12.08 | 1100m: 13:14.79 1:12.61 | 1500m: 18:06.07 1:11.52 | | | |
| | 400m: 4:45.53 1:13.15 | 800m: 9:36.62 1:12.78 | 1200m: 14:28.08 1:13.29 | | | | |
| 12. | Tiago Joao, OLAS | 10 | 215503 | Academico Viseu Futebol Clube | 18:10.13 | +0,81 | |
| | 100m: 1:06.66 1:06.66 | 500m: 5:58.57 1:13.87 | 900m: 10:52.89 1:13.57 | 1300m: 15:46.85 1:14.07 | | | |
| | 200m: 2:18.57 1:11.91 | 600m: 7:12.48 1:13.91 | 1000m: 12:06.44 1:13.55 | 1400m: 17:00.57 1:13.72 | | | |
| | 300m: 3:31.43 1:12.86 | 700m: 8:26.02 1:13.54 | 1100m: 13:19.71 1:13.27 | 1500m: 18:10.13 1:09.56 | | | |
| | 400m: 4:44.70 1:13.27 | 800m: 9:39.32 1:13.30 | 1200m: 14:32.78 1:13.07 | | | | |

Juvenis B

| | | | | | | | |
|----|---------------------------|-----------------------|-------------------------|--------------------------|-----------------|--------------|--|
| 1. | Diogo Corte-Real, ALPOIM | 11 | 215247 | Viana Natacao | 17:08.28 | | |
| | 100m: 1:05.43 1:05.43 | 500m: 5:42.94 1:08.99 | 900m: 10:16.18 1:08.27 | 1300m: 14:51.02 1:09.12 | | | |
| | 200m: 2:15.15 1:09.72 | 600m: 6:51.76 1:08.82 | 1000m: 11:24.78 1:08.60 | 1400m: 16:00.84 1:09.82 | | | |
| | 300m: 3:24.64 1:09.49 | 700m: 7:59.99 1:08.23 | 1100m: 12:33.01 1:08.23 | 1500m: 17:08.28 1:07.44 | | | |
| | 400m: 4:33.95 1:09.31 | 800m: 9:07.91 1:07.92 | 1200m: 13:41.90 1:08.89 | | | | |
| 2. | Hugo Ferreira, SILVA | 11 | 213944 | Academica de Coimbra | 17:19.71 | +0,51 | |
| | 100m: 1:06.07 1:06.07 | 500m: 5:46.32 1:09.75 | 900m: 10:24.15 1:09.63 | 1300m: 15:03.13 1:10.10 | | | |
| | 200m: 2:16.27 1:10.20 | 600m: 6:56.12 1:09.80 | 1000m: 11:33.16 1:09.01 | 1400m: 16:13.06 1:09.93 | | | |
| | 300m: 3:26.46 1:10.19 | 700m: 8:05.39 1:09.27 | 1100m: 12:42.69 1:09.53 | 1500m: 17:19.71 1:06.65 | | | |
| | 400m: 4:36.57 1:10.11 | 800m: 9:14.52 1:09.13 | 1200m: 13:53.03 1:10.34 | | | | |
| 3. | Bernardo Goncalves, PAULO | 11 | 216285 | União Piedense | 17:20.14 | +0,69 | |
| | 100m: 1:02.47 1:02.47 | 500m: 5:41.88 1:10.76 | 900m: 10:21.64 1:09.55 | 1300m: 15:01.13 1:10.15 | | | |
| | 200m: 2:10.88 1:08.41 | 600m: 6:52.64 1:10.76 | 1000m: 11:31.15 1:09.51 | 1400m: 16:10.90 1:09.77 | | | |
| | 300m: 3:20.94 1:10.06 | 700m: 8:02.79 1:10.15 | 1100m: 12:40.83 1:09.68 | 1500m: 17:20.14 1:09.24 | | | |
| | 400m: 4:31.12 1:10.18 | 800m: 9:12.09 1:09.30 | 1200m: 13:50.98 1:10.15 | | | | |
| 4. | Ryan Lukas, DESOUSA | 11 | 217269 | ACSintra | 17:45.81 | +0,61 | |
| | 100m: 1:05.77 1:05.77 | 500m: 5:54.94 1:12.79 | 900m: 10:43.70 1:11.45 | 1300m: 15:28.90 1:10.40 | | | |
| | 200m: 2:17.28 1:11.51 | 600m: 7:07.57 1:12.63 | 1000m: 11:55.35 1:11.65 | 1400m: 16:38.25 1:09.35 | | | |
| | 300m: 3:29.43 1:12.15 | 700m: 8:20.13 1:12.56 | 1100m: 13:07.23 1:11.88 | 1500m: 17:45.81 1:07.56 | | | |
| | 400m: 4:42.15 1:12.72 | 800m: 9:32.25 1:12.12 | 1200m: 14:18.50 1:11.27 | | | | |
| 5. | Joao Nascimento, SILVA | 11 | 201825 | Porto | 17:47.60 | | |
| | 100m: 1:05.64 1:05.64 | 500m: 5:46.42 1:10.38 | 900m: 10:31.71 1:11.62 | 1300m: 15:23.68 1:13.06 | | | |
| | 200m: 2:15.91 1:10.27 | 600m: 6:57.42 1:11.00 | 1000m: 11:44.65 1:12.94 | 1400m: 16:36.79 1:13.11 | | | |
| | 300m: 3:26.13 1:10.22 | 700m: 8:08.57 1:11.15 | 1100m: 12:57.50 1:12.85 | 1500m: 17:47.60 1:10.81 | | | |
| | 400m: 4:36.04 1:09.91 | 800m: 9:20.09 1:11.52 | 1200m: 14:10.62 1:13.12 | | | | |
| 6. | Pedro Pereira, OLIVEIRA | 11 | 216993 | Nautico Marinha Grande | 17:49.97 | +0,62 | |
| | 100m: 1:05.29 1:05.29 | 500m: 5:52.18 1:12.84 | 900m: 10:42.08 1:11.84 | 1300m: 15:29.15 1:10.73 | | | |
| | 200m: 2:16.07 1:10.78 | 600m: 7:04.81 1:12.63 | 1000m: 11:54.62 1:12.54 | 1400m: 16:40.56 1:11.41 | | | |
| | 300m: 3:27.44 1:11.37 | 700m: 8:17.56 1:12.75 | 1100m: 13:06.55 1:11.93 | 1500m: 17:49.97 1:09.41 | | | |
| | 400m: 4:39.34 1:11.90 | 800m: 9:30.24 1:12.68 | 1200m: 14:18.42 1:11.87 | | | | |
| 7. | Martim Duarte, ROQUE | 11 | 214272 | CNLeiria - VOID | 18:07.14 | +0,77 | |
| | 100m: 1:06.29 1:06.29 | 500m: 5:54.47 1:12.88 | 900m: 10:46.54 1:13.47 | 1300m: 15:41.82 1:13.88 | | | |
| | 200m: 2:18.25 1:11.96 | 600m: 7:06.97 1:12.50 | 1000m: 11:59.95 1:13.41 | 1400m: 16:53.91 1:12.09 | | | |
| | 300m: 3:30.40 1:12.15 | 700m: 8:19.95 1:12.98 | 1100m: 13:14.06 1:14.11 | 1500m: 18:07.14 1:13.23 | | | |
| | 400m: 4:41.59 1:11.19 | 800m: 9:33.07 1:13.12 | 1200m: 14:27.94 1:13.88 | | | | |
| 8. | Dinis Vieira, PINTO | 11 | 214170 | Braga | 18:09.34 | +0,72 | |
| | 100m: 1:06.32 1:06.32 | 500m: 5:55.17 1:12.99 | 900m: 10:49.59 1:13.93 | 1300m: 15:44.45 1:13.89 | | | |
| | 200m: 2:17.61 1:11.29 | 600m: 7:08.46 1:13.29 | 1000m: 12:03.10 1:13.51 | 1400m: 16:57.73 1:13.28 | | | |
| | 300m: 3:29.41 1:11.80 | 700m: 8:22.23 1:13.77 | 1100m: 13:16.47 1:13.37 | 1500m: 18:09.34 1:11.61 | | | |
| | 400m: 4:42.18 1:12.77 | 800m: 9:35.66 1:13.43 | 1200m: 14:30.56 1:14.09 | | | | |
| 9. | Vicente Abrantes, DIOGO | 11 | 214495 | Columbofia Cantanhedense | 18:12.56 | | |
| | 100m: 1:06.92 1:06.92 | 500m: 5:58.68 1:13.68 | 900m: 10:52.58 1:13.41 | 1300m: 15:47.49 1:14.10 | | | |
| | 200m: 2:19.11 1:12.19 | 600m: 7:12.32 1:13.64 | 1000m: 12:06.33 1:13.75 | 1400m: 17:01.71 1:14.22 | | | |
| | 300m: 3:31.90 1:12.79 | 700m: 8:25.94 1:13.62 | 1100m: 13:19.82 1:13.49 | 1500m: 18:12.56 1:10.85 | | | |
| | 400m: 4:45.00 1:13.10 | 800m: 9:39.17 1:13.23 | 1200m: 14:33.39 1:13.57 | | | | |

Prova 28, Masc., 1500m Livres, Juvenis B

| Lugar | Nome | Ano | Licença | Clube | Tempo Final | TReac | Pts | |
|-------|---------------------------|---------|---------------|---------------------------|-----------------|--------------|-----------------|---------|
| 10. | Joao Marcelino, RODRIGUES | 11 | 142093 | Sporting | 18:17.80 | +0,77 | | |
| | 100m: 1:09.39 | 1:09.39 | 500m: 6:01.55 | 1:12.50 | 900m: 10:57.88 | 1:14.77 | 1300m: 15:52.78 | 1:13.69 |
| | 200m: 2:22.34 | 1:12.95 | 600m: 7:15.05 | 1:13.50 | 1000m: 12:12.35 | 1:14.47 | 1400m: 17:06.16 | 1:13.38 |
| | 300m: 3:35.74 | 1:13.40 | 700m: 8:28.85 | 1:13.80 | 1100m: 13:25.37 | 1:13.02 | 1500m: 18:17.80 | 1:11.64 |
| | 400m: 4:49.05 | 1:13.31 | 800m: 9:43.11 | 1:14.26 | 1200m: 14:39.09 | 1:13.72 | | |
| 11. | Gustavo Rolim, FERNANDES | 11 | 216984 | Colegio Efanor | 18:18.76 | +0,53 | | |
| | 100m: 1:06.31 | 1:06.31 | 500m: 5:57.29 | 1:14.18 | 900m: 10:55.09 | 1:14.37 | 1300m: 15:54.31 | 1:14.41 |
| | 200m: 2:17.63 | 1:11.32 | 600m: 7:11.56 | 1:14.27 | 1000m: 12:09.90 | 1:14.81 | 1400m: 17:08.37 | 1:14.06 |
| | 300m: 3:30.23 | 1:12.60 | 700m: 8:26.09 | 1:14.53 | 1100m: 13:24.59 | 1:14.69 | 1500m: 18:18.76 | 1:10.39 |
| | 400m: 4:43.11 | 1:12.88 | 800m: 9:40.72 | 1:14.63 | 1200m: 14:39.90 | 1:15.31 | | |
| 12. | Pedro Nuno, PINHO | 11 | 214672 | Porto | 18:20.14 | | | |
| | 100m: 1:06.55 | 1:06.55 | 500m: 6:03.00 | 1:14.45 | 900m: 10:55.22 | 1:13.53 | 1300m: 15:53.29 | 1:14.21 |
| | 200m: 2:20.10 | 1:13.55 | 600m: 7:15.39 | 1:12.39 | 1000m: 12:09.57 | 1:14.35 | 1400m: 17:08.31 | 1:15.02 |
| | 300m: 3:34.63 | 1:14.53 | 700m: 8:28.18 | 1:12.79 | 1100m: 13:24.16 | 1:14.59 | 1500m: 18:20.14 | 1:11.83 |
| | 400m: 4:48.55 | 1:13.92 | 800m: 9:41.69 | 1:13.51 | 1200m: 14:39.08 | 1:14.92 | | |
| 13. | Bernardo Bento, DINIS | 11 | 213215 | Condeixa Aqua Clube | 18:38.04 | +0,71 | | |
| | 100m: 1:07.67 | 1:07.67 | 500m: 6:02.91 | 1:14.79 | 900m: 11:04.34 | 1:15.55 | 1300m: 16:08.97 | 1:15.83 |
| | 200m: 2:19.94 | 1:12.27 | 600m: 7:18.13 | 1:15.22 | 1000m: 12:20.13 | 1:15.79 | 1400m: 17:24.49 | 1:15.52 |
| | 300m: 3:33.65 | 1:13.71 | 700m: 8:33.67 | 1:15.54 | 1100m: 13:36.15 | 1:16.02 | 1500m: 18:38.04 | 1:13.55 |
| | 400m: 4:48.12 | 1:14.47 | 800m: 9:48.79 | 1:15.12 | 1200m: 14:53.14 | 1:16.99 | | |
| 14. | Duarte Santos, MATEUS | 11 | 217605 | Condeixa Aqua Clube | 18:40.36 | +0,78 | | |
| | 100m: 1:08.39 | 1:08.39 | 500m: 6:09.90 | 1:15.63 | 900m: 11:11.91 | 1:15.62 | 1300m: 16:13.06 | 1:14.71 |
| | 200m: 2:23.75 | 1:15.36 | 600m: 7:24.93 | 1:15.03 | 1000m: 12:27.39 | 1:15.48 | 1400m: 17:28.34 | 1:15.28 |
| | 300m: 3:38.70 | 1:14.95 | 700m: 8:40.27 | 1:15.34 | 1100m: 13:43.37 | 1:15.98 | 1500m: 18:40.36 | 1:12.02 |
| | 400m: 4:54.27 | 1:15.57 | 800m: 9:56.29 | 1:16.02 | 1200m: 14:58.35 | 1:14.98 | | |
| 15. | Daniel Nunes, FREITAS | 11 | 214496 | Columbofila Cantanhedense | 18:40.55 | | | |
| | 100m: 1:07.16 | 1:07.16 | 500m: 6:09.93 | 1:16.91 | 900m: 11:11.84 | 1:15.64 | 1300m: 16:14.41 | 1:15.33 |
| | 200m: 2:21.68 | 1:14.52 | 600m: 7:24.78 | 1:14.85 | 1000m: 12:27.34 | 1:15.50 | 1400m: 17:29.15 | 1:14.74 |
| | 300m: 3:37.07 | 1:15.39 | 700m: 8:40.19 | 1:15.41 | 1100m: 13:43.51 | 1:16.17 | 1500m: 18:40.55 | 1:11.40 |
| | 400m: 4:53.02 | 1:15.95 | 800m: 9:56.20 | 1:16.01 | 1200m: 14:59.08 | 1:15.57 | | |