

KNZB Regio Oost Circuit deel 4

Programmanr. 7  
7-3-2026 - 16:45

Dames, 100m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
<b>Gebjr 2012 - 2014</b>								
1.	Naomi Vorenkamp	ZPC De Hof	1:08.08	201301002	<b>1:08.84</b>		32.94	1:08.84
2.	Femke Keizer	Dedemsvaart-AC	1:07.08	201200272	<b>1:09.70</b>		33.06	1:09.70
3.	Lara Otten	De Mors	1:13.07	201200228	<b>1:11.07</b>		34.41	1:11.07
4.	Femke Grob	Waspo Nordhorn	1:08.27	448514	<b>1:11.90</b>		32.91	1:11.90
5.	Kaily Remmers	Dedemsvaart-AC	1:12.53	201301020	<b>1:12.23</b>		33.28	1:12.23
6.	Rieke Grob	Waspo Nordhorn	1:14.58	465566	<b>1:13.58</b>		35.00	1:13.58
7.	Linna-Marie Löcken	Waspo Nordhorn	1:16.52	456618	<b>1:15.49</b>		34.95	1:15.49
8.	Lois van der Vecht	Dedemsvaart-AC	1:18.24	201201300	<b>1:18.02</b>		36.45	1:18.02
9.	Lindsay van Veen	Dedemsvaart-AC	1:21.44	201301022	<b>1:20.54</b>		38.31	1:20.54
10.	Mende Pluimers	De Mors	1:34.20	201401562	<b>1:23.76</b>		39.45	1:23.76
11.	Silke Nijland	De Grunte	1:30.11	201303184	<b>1:24.08</b>		41.12	1:24.08
12.	Mirthe Mast	Dedemsvaart-AC	1:30.29	201301024	<b>1:24.80</b>		40.17	1:24.80
13.	Anna Satter	Waspo Nordhorn	1:28.90	493817	<b>1:26.90</b>		39.52	1:26.90
14.	Anni Evermann	Waspo Nordhorn	1:31.86	500617	<b>1:29.96</b>		43.55	1:29.96
15.	Sara Satter	Waspo Nordhorn	1:35.78	493819	<b>1:30.73</b>		43.01	1:30.73
16.	Marina Kronemeyer	Waspo Nordhorn	1:31.60	465734	<b>1:32.16</b>		43.43	1:32.16
17.	Fleur ten Tusscher	EZCL (SG)	1:36.51	201301886	<b>1:32.83</b>		44.87	1:32.83
18.	Marie Louise Richter	Waspo Nordhorn	1:32.19	465571	<b>1:35.90</b>		43.59	1:35.90
19.	P. Hendriks-Molatha	Waspo Nordhorn	1:36.07	465569	<b>1:37.67</b>		45.50	1:37.67
20.	Merle Temmink	EZCL (SG)	1:57.50	201402644	<b>1:45.43</b>		51.75	1:45.43
<b>Gebjr 2010 - 2011</b>								
1.	Lena Weihs	Waspo Nordhorn	1:20.00	518231	<b>1:03.80</b>		30.70	1:03.80
2.	Kayleigh van Doeselaar	WS Twente	1:05.29	201000478	<b>1:06.24</b>		32.36	1:06.24
3.	Meike Hultink	De Grunte	1:06.85	201001686	<b>1:06.68</b>		31.50	1:06.68
4.	Kaja Welzel	Waspo Nordhorn	1:07.65	448881	<b>1:07.40</b>		31.66	1:07.40
5.	Gwen Schuur	De Grunte	1:12.04	201000698	<b>1:10.77</b>		34.42	1:10.77
6.	Noor Boerman	De Mors	1:12.86	201102416	<b>1:12.23</b>		34.73	1:12.23
7.	Marlene Sabelhaus	Waspo Nordhorn	1:20.00	518882	<b>1:15.38</b>		35.01	1:15.38
8.	Donna Groen	EZCL (SG)	1:15.59	201101342	<b>1:15.52</b>		35.94	1:15.52
9.	Janne Ahlering	Waspo Nordhorn	1:20.00	518232	<b>1:17.81</b>		35.70	1:17.81
10.	Nadine van der Pligt	De Mors	1:24.81	201002560	<b>1:23.49</b>		40.25	1:23.49
11.	Renske Last	De Mors	1:21.14	201002974	<b>1:24.27</b>		39.59	1:24.27
<b>Gebjr 2008 - 2009</b>								
1.	Greta Esschendal	Waspo Nordhorn	1:09.00	518862	<b>1:04.17</b>		30.67	1:04.17
2.	Aukje Markerink	ZPC De Hof	1:05.60	200802196	<b>1:05.76</b>		31.35	1:05.76
3.	Mariella Koers	Waspo Nordhorn	1:05.48	416167	<b>1:05.78</b>		31.74	1:05.78
4.	Amber Lenters	De Grunte	1:06.13	200800700	<b>1:08.50</b>		32.93	1:08.50
5.	Hannah Weihs	Waspo Nordhorn	1:10.00	518230	<b>1:09.00</b>		32.41	1:09.00
6.	Bibi Weideman	Dedemsvaart-AC	1:10.87	200903652	<b>1:13.85</b>		34.22	1:13.85
7.	Tess Bokhove	De Grunte	1:15.57	200900890	<b>1:18.38</b>		36.85	1:18.38
<b>2007 en ouder</b>								
1.	Kaja Lohuis	Waspo Nordhorn	1:09.69	390640	<b>1:12.15</b>		33.55	1:12.15
2.	Marle Sewüster	De Grunte	1:14.22	199804104	<b>1:12.26</b>		34.09	1:12.26
3.	Lieke Kamphuis	EZCL (SG)	1:11.18	200701448	<b>1:18.66</b>		37.51	1:18.66