

Lac Deel 3
Hengelo, 16-1-2026

Programmanr. 10
16-1-2026 - 20:55

Heren, 1500m vrije slag

14 jaar en ouder
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Bjorn Scholten	WS Twente		18:44.73		200801143		17:31.07	
	100m:	1:06.57	1:06.57	500m:	5:50.21	1:11.22	900m:	10:34.78	1:11.20
	200m:	2:16.90	1:10.33	600m:	7:01.51	1:11.30	1000m:	11:45.27	1:10.49
	300m:	3:27.96	1:11.06	700m:	8:12.29	1:10.78	1100m:	12:55.33	1:10.06
	400m:	4:38.99	1:11.03	800m:	9:23.58	1:11.29	1200m:	14:05.40	1:10.07
2.	Pieter Pickhardt	ZPC De Hof		18:07.45		198301657		18:22.45	
	100m:	1:10.41	1:10.41	500m:	6:04.31	1:13.90	900m:	10:58.86	1:13.97
	200m:	2:24.27	1:13.86	600m:	7:17.81	1:13.50	1000m:	12:12.65	1:13.79
	300m:	3:37.19	1:12.92	700m:	8:31.44	1:13.63	1100m:	13:26.61	1:13.96
	400m:	4:50.41	1:13.22	800m:	9:44.89	1:13.45	1200m:	14:40.63	1:14.02
3.	Robbin Eijkelkamp	ZPC De Hof		19:22.33		200900031		19:01.40	
	100m:	1:09.84	1:09.84	500m:	6:17.09	1:17.33	900m:	11:25.49	1:16.93
	200m:	2:25.13	1:15.29	600m:	7:34.26	1:17.17	1000m:	12:42.10	1:16.61
	300m:	3:42.79	1:17.66	700m:	8:50.54	1:16.28	1100m:	13:58.56	1:16.46
	400m:	4:59.76	1:16.97	800m:	10:08.56	1:18.02	1200m:	15:14.08	1:15.52
4.	Rinse de Jonge	De Grunte		19:01.18		200900705		19:12.67	
	100m:	1:10.18	1:10.18	500m:	6:17.10	1:17.45	900m:	11:28.32	1:17.94
	200m:	2:26.44	1:16.26	600m:	7:35.48	1:18.38	1000m:	12:46.82	1:18.50
	300m:	3:42.76	1:16.32	700m:	8:53.25	1:17.77	1100m:	14:04.68	1:17.86
	400m:	4:59.65	1:16.89	800m:	10:10.38	1:17.13	1200m:	15:22.95	1:18.27
5.	Mattijn Thijert	WS Twente		17:17.19		200501921		19:52.68	
	100m:	1:08.48	1:08.48	500m:	5:59.98	1:14.79	900m:	11:38.70	1:22.99
	200m:	2:22.14	1:13.66	600m:	7:25.72	1:25.74	1000m:	13:05.20	1:26.50
	300m:	3:32.71	1:10.57	700m:	8:52.18	1:26.46	1100m:	14:29.02	1:23.82
	400m:	4:45.19	1:12.48	800m:	10:15.71	1:23.53	1200m:	15:52.38	1:23.36
6.	Thijmen Holterman	ZPC De Hof		19:15.26		201000005		19:54.31	
	100m:	1:10.51	1:10.51	500m:	6:34.01	1:21.99	900m:	11:59.39	1:21.95
	200m:	2:30.27	1:19.76	600m:	7:55.58	1:21.57	1000m:	13:20.49	1:21.10
	300m:	3:51.44	1:21.17	700m:	9:16.78	1:21.20	1100m:	14:41.18	1:20.69
	400m:	5:12.02	1:20.58	800m:	10:37.44	1:20.66	1200m:	16:02.77	1:21.59
7.	Michel Schoneveld	De Berkelduikers		21:54.07		197101797		21:56.15	
	100m:	1:19.83	1:19.83	500m:	7:10.75	1:28.60	900m:	13:07.63	1:29.00
	200m:	2:45.80	1:25.97	600m:	8:39.75	1:29.00	1000m:	14:36.74	1:29.11
	300m:	4:12.89	1:27.09	700m:	10:09.16	1:29.41	1100m:	16:06.38	1:29.64
	400m:	5:42.15	1:29.26	800m:	11:38.63	1:29.47	1200m:	17:34.40	1:28.02
8.	Eric Hoekman	WS Twente		22:21.05		197401531		22:02.27	
	100m:	1:18.40	1:18.40	500m:	7:09.10	1:27.41	900m:	13:06.13	1:28.55
	200m:	2:43.77	1:25.37	600m:	8:37.74	1:28.64	1000m:	14:36.12	1:29.99
	300m:	4:12.50	1:28.73	700m:	10:07.95	1:30.21	1100m:	16:05.63	1:29.51
	400m:	5:41.69	1:29.19	800m:	11:37.58	1:29.63	1200m:	17:34.01	1:28.38
9.	Hans Westerhof	WS Twente		23:03.59		196200743		22:10.40	
	100m:	1:24.06	1:24.06	500m:	7:21.86	1:28.85	900m:	13:16.53	1:29.44
	200m:	2:54.31	1:30.25	600m:	8:49.85	1:27.99	1000m:	14:47.04	1:30.51
	300m:	4:24.22	1:29.91	700m:	10:18.28	1:28.43	1100m:	16:15.62	1:28.58
	400m:	5:53.01	1:28.79	800m:	11:47.09	1:28.81	1200m:	17:46.36	1:30.74
10.	Thijs Boswinkel	ZPC De Hof		21:55.49		200900559		22:23.17	
	100m:	1:19.94	1:19.94	500m:	7:23.42	1:31.98	900m:	13:28.55	1:32.72
	200m:	2:49.25	1:29.31	600m:	8:53.53	1:30.11	1000m:	15:00.52	1:31.97
	300m:	4:21.10	1:31.85	700m:	10:23.79	1:30.26	1100m:	16:30.91	1:30.39
	400m:	5:51.44	1:30.34	800m:	11:55.83	1:32.04	1200m:	18:00.44	1:29.53
11.	Wesley Budde	WS Twente		25:23.02		201001991		24:03.97	
	100m:	1:22.03	1:22.03	500m:	7:32.35	1:32.61	900m:	13:54.59	1:36.90
	200m:	2:50.91	1:28.88	600m:	9:05.95	1:33.60	1000m:	15:34.30	1:39.71
	300m:	4:23.14	1:32.23	700m:	10:39.20	1:33.25	1100m:	17:15.38	1:41.08
	400m:	5:59.74	1:36.60	800m:	12:17.69	1:38.49	1200m:	18:57.48	1:42.10
AFGEM	Dylan van Doeselaar	Sg - E Z C L		23:17.76		200700477			