

VSI - Swimming Cup '26
Plovdiv, 27.2. - 1.3.2026

Event 18
28.2.2026 . - 11:40

Women, 400m Freestyle

13 years and older
Results

Points: AQUA 2025

Rank			YB					Time	Pts	
18 years and older										
1.	Yanitsa KARLOVA		07	Sprint Sofia				4:38.72	602	
	50m:	30.99 30.99	150m:	1:40.60	34.82	250m:	2:51.68	35.65	350m:	4:03.37 35.81
	100m:	1:05.78 34.79	200m:	2:16.03	35.43	300m:	3:27.56	35.88	400m:	4:38.72 35.35
2.	Mihaela PULEVA		08	Levent SC				5:18.52	403	
	50m:	34.48 34.48	150m:	1:52.72	40.15	250m:	3:15.43	41.82	350m:	4:38.30 41.45
	100m:	1:12.57 38.09	200m:	2:33.61	40.89	300m:	3:56.85	41.42	400m:	5:18.52 40.22
3.	Desislava LAZAROVA		07	Vihren				5:26.86	373	
	50m:	33.31 33.31	150m:	1:51.96	40.41	250m:	3:17.55	43.03	350m:	4:44.83 43.30
	100m:	1:11.55 38.24	200m:	2:34.52	42.56	300m:	4:01.53	43.98	400m:	5:26.86 42.03
15 - 17 years										
1.	Ema DIMITROVA		11	Vsi				4:34.81	628	
	50m:	31.89 31.89	150m:	1:40.35	34.22	250m:	2:49.59	34.72	350m:	4:00.23 35.27
	100m:	1:06.13 34.24	200m:	2:14.87	34.52	300m:	3:24.96	35.37	400m:	4:34.81 34.58
2.	Stefani KREMENLIEVA		09	Levski				4:37.37	611	
	50m:	30.48 30.48	150m:	1:39.07	35.23	250m:	2:50.32	35.25	350m:	4:02.38 36.12
	100m:	1:03.84 33.36	200m:	2:15.07	36.00	300m:	3:26.26	35.94	400m:	4:37.37 34.99
3.	Andrea GEORGIEVA		11	Vsi				4:49.07	539	
	50m:	31.77 31.77	150m:	1:43.07	36.31	250m:	2:57.78	37.66	350m:	4:12.35 37.07
	100m:	1:06.76 34.99	200m:	2:20.12	37.05	300m:	3:35.28	37.50	400m:	4:49.07 36.72
4.	Vanesa GOSHEVA		11	G.D.S				4:52.27	522	
	50m:	33.22 33.22	150m:	1:47.62	37.55	250m:	3:03.57	37.61	350m:	4:17.97 37.00
	100m:	1:10.07 36.85	200m:	2:25.96	38.34	300m:	3:40.97	37.40	400m:	4:52.27 34.30
5.	Dariya MIHAILOVA		10	Trayana				5:00.80	479	
	50m:	33.38 33.38	150m:	1:47.74	37.89	250m:	3:05.20	38.78	350m:	4:23.26 39.26
	100m:	1:09.85 36.47	200m:	2:26.42	38.68	300m:	3:44.00	38.80	400m:	5:00.80 37.54
6.	Gabriela BOBEVA		11	Lokomotiv				5:06.68	452	
	50m:	33.67 33.67	150m:	1:50.33	38.94	250m:	3:10.14	39.92	350m:	4:29.59 39.26
	100m:	1:11.39 37.72	200m:	2:30.22	39.89	300m:	3:50.33	40.19	400m:	5:06.68 37.09
7.	Daria TUNCHEVA		11	Nsa				5:07.58	448	
	50m:	34.89 34.89	150m:	1:52.62	39.45	250m:	3:11.48	39.48	350m:	4:30.41 38.84
	100m:	1:13.17 38.28	200m:	2:32.00	39.38	300m:	3:51.57	40.09	400m:	5:07.58 37.17
8.	Kristina HADZHIEVA		11	Levski				5:08.61	443	
	50m:	34.44 34.44	150m:	1:51.76	39.26	250m:	3:11.30	39.95	350m:	4:32.22 40.58
	100m:	1:12.50 38.06	200m:	2:31.35	39.59	300m:	3:51.64	40.34	400m:	5:08.61 36.39
9.	Klavdia YANAKIEVA		09	Nsa				5:09.51	439	
	50m:	33.60 33.60	150m:	1:50.32	39.03	250m:	3:10.58	40.52	350m:	4:31.07 39.98
	100m:	1:11.29 37.69	200m:	2:30.06	39.74	300m:	3:51.09	40.51	400m:	5:09.51 38.44
10.	Iva-Mariya MITEVA		10	Aquazard				5:10.01	437	
	50m:	32.67 32.67	150m:	1:50.12	39.75	250m:	3:11.46	41.14	350m:	4:32.60 40.54
	100m:	1:10.37 37.70	200m:	2:30.32	40.20	300m:	3:52.06	40.60	400m:	5:10.01 37.41
11.	Kalina SMILKOVA		11	Phoenix				5:15.77	414	
	50m:	34.10 34.10	150m:	1:53.26	40.53	250m:	3:15.33	40.98	350m:	4:37.12 40.69
	100m:	1:12.73 38.63	200m:	2:34.35	41.09	300m:	3:56.43	41.10	400m:	5:15.77 38.65
12.	Devora LIEL ILIEVA		10	Levski				5:18.35	404	
	50m:	34.48 34.48	150m:	1:54.03	40.71	250m:	3:15.90	41.16	350m:	4:38.30 40.50
	100m:	1:13.32 38.84	200m:	2:34.74	40.71	300m:	3:57.80	41.90	400m:	5:18.35 40.05

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Event 18, Women, 400m Freestyle

13 - 14 years

1.	Eliya DASKALOVA	12	Vsi	4:52.38	521
	50m: 32.25 32.25	150m: 1:47.24	38.07	250m: 3:02.59	38.13
	100m: 1:09.17 36.92	200m: 2:24.46	37.22	300m: 3:40.60	38.01
				350m: 4:18.01	37.41
				400m: 4:52.38	34.37
2.	Mihaela UZUNOVA	12	Smolian	5:02.04	473
	50m: 33.57 33.57	150m: 1:49.99	38.97	250m: 3:07.98	39.45
	100m: 1:11.02 37.45	200m: 2:28.53	38.54	300m: 3:46.91	38.93
				350m: 4:25.52	38.61
				400m: 5:02.04	36.52
3.	Bozhidara GERZILOVA	12	Smolian	5:04.23	463
	50m: 33.35 33.35	150m: 1:48.98	38.20	250m: 3:07.39	39.28
	100m: 1:10.78 37.43	200m: 2:28.11	39.13	300m: 3:47.45	40.06
				350m: 4:26.82	39.37
				400m: 5:04.23	37.41
4.	Mariya SHOPOVA	12	Smolian	5:06.19	454
	50m: 33.12 33.12	150m: 1:49.37	39.31	250m: 3:09.45	40.10
	100m: 1:10.06 36.94	200m: 2:29.35	39.98	300m: 3:48.86	39.41
				350m: 4:28.25	39.39
				400m: 5:06.19	37.94
5.	Marchela TOTEVA	12	Trayana	5:07.26	449
	50m: 33.26 33.26	150m: 1:49.54	38.92	250m: 3:09.36	40.13
	100m: 1:10.62 37.36	200m: 2:29.23	39.69	300m: 3:49.43	40.07
				350m: 4:29.12	39.69
				400m: 5:07.26	38.14
6.	Aleksandra IVANOVA	13	Trayana	5:07.49	448
	50m: 32.97 32.97	150m: 1:48.36	38.87	250m: 3:09.01	40.47
	100m: 1:09.49 36.52	200m: 2:28.54	40.18	300m: 3:49.11	40.10
				350m: 4:29.20	40.09
				400m: 5:07.49	38.29
7.	Antoniya GERZILOVA	12	Smolian	5:07.59	448
	50m: 33.57 33.57	150m: 1:49.96	39.23	250m: 3:09.72	39.78
	100m: 1:10.73 37.16	200m: 2:29.94	39.98	300m: 3:49.70	39.98
				350m: 4:29.21	39.51
				400m: 5:07.59	38.38
8.	Laura DIMITROVA	12	Vihren	5:07.83	447
	50m: 33.15 33.15	150m: 1:50.76	39.02	250m: 3:10.54	39.45
	100m: 1:11.74 38.59	200m: 2:31.09	40.33	300m: 3:50.42	39.88
				350m: 4:29.53	39.11
				400m: 5:07.83	38.30
9.	Alisha DIMITROVA	12	Lokomotiv	5:10.78	434
	50m: 32.34 32.34	150m: 1:50.15	39.76	250m: 3:11.75	40.61
	100m: 1:10.39 38.05	200m: 2:31.14	40.99	300m: 3:52.74	40.99
				350m: 4:33.15	40.41
				400m: 5:10.78	37.63
10.	Yana DOBREVA	13	Smolian	5:13.95	421
	50m: 34.55 34.55	150m: 1:53.68	40.33	250m: 3:15.71	41.50
	100m: 1:13.35 38.80	200m: 2:34.21	40.53	300m: 3:56.35	40.64
				350m: 4:37.19	40.84
				400m: 5:13.95	36.76
11.	Eleonora STOEVA	12	Trayana	5:16.75	410
	50m: 34.10 34.10	150m: 1:52.49	39.99	250m: 3:14.66	41.19
	100m: 1:12.50 38.40	200m: 2:33.47	40.98	300m: 3:55.86	41.20
				350m: 4:36.77	40.91
				400m: 5:16.75	39.98
12.	Yordanka GADZHEVA	13	Smolian	5:19.57	399
	50m: 34.94 34.94	150m: 1:53.86	40.33	250m: 3:16.34	41.70
	100m: 1:13.53 38.59	200m: 2:34.64	40.78	300m: 3:57.29	40.95
				350m: 4:38.83	41.54
				400m: 5:19.57	40.74
13.	Alina ALIEVA	12	Lokomotiv Gorna Oryahovitsa	5:20.60	395
	50m: 35.58 35.58	150m: 1:56.20	40.89	250m: 3:19.47	41.55
	100m: 1:15.31 39.73	200m: 2:37.92	41.72	300m: 4:00.82	41.35
				350m: 4:41.57	40.75
				400m: 5:20.60	39.03
14.	Mariya VATAHOVA	12	Sandanski	5:31.01	359
	50m: 34.76 34.76	150m: 1:53.46	40.29	250m: 3:21.11	44.72
	100m: 1:13.17 38.41	200m: 2:36.39	42.93	300m: 4:05.21	44.10
				350m: 4:50.39	45.18
				400m: 5:31.01	40.62