

Prova 51

Femin., 200m Costas

Infantis

08/03/2026 - 17:15

Resultados

Recorde Regional (25m) Open	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025
Recorde Regional (25m) Inf A	2:22.79	Ana Margarida Guedes	GCVR	Estarreja	14/12/2014
Recorde Regional (25m) Inf B	2:27.37	Ana Margarida Guedes	GCVR	Cantanhede	30/03/2014

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Susana Pedro Carvalhinha	214488	13	Gcvr	2:53.57	321
	50m: 40.75 40.75	100m: 1:29.61 48.86		150m: 200m: 2:53.57		
2.	Leonor Ferreira Sousa	222428	14	Fnc	2:58.03	298
	50m: 41.63 41.63	100m: 1:27.38 45.75		150m: 200m: 2:58.03		
3.	Ana Rita Teixeira	216143	13	Peso da Regua	3:02.52	276
	50m: 40.99 40.99	100m: 1:27.06 46.07		150m: 200m: 3:02.52		
4.	Vitoria Almeida Saraiva	220909	13	Gcvr	3:06.18	260
	50m: 42.40 42.40	100m: 1:29.46 47.06		150m: 200m: 3:06.18		
5.	Matilde Ribeiro Sales	220142	13	Peso da Regua	3:20.80	207
	50m: 44.67 44.67	100m: 1:35.20 50.53		150m: 200m: 3:20.80		
DNS	Leonor Afonso Matela	220723	14	EN Braganca		

Prova 51

Femin., 200m Costas

Juvenis

08/03/2026 - 17:15

Resultados

Recorde Regional (25m) Open	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025
Recorde Regional (25m) Juv A	2:21.94	Ana Sofia Leite	GCVR	Sines	21/12/2008
Recorde Regional (25m) Juv B	2:18.78	Ana Margarida Guedes	GCVR	Cantanhede	06/12/2015

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Maria Silva Poeta	212032	16	Gcvr	2:33.21	467
	50m: 36.84 36.84	100m: 1:15.71 38.87		150m: 200m: 2:33.21		
2.	Ines Rua Fernandes	213137	15	Gcvr	2:38.26	424
	50m: 38.16 38.16	100m: 1:18.23 40.07		150m: 200m: 2:38.26		
3.	Maria Ines Mesquita	214677	16	Gcvr	2:50.25	340
	50m: 40.55 40.55	100m: 1:24.19 43.64		150m: 200m: 2:50.25		

Prova 51

Femin., 200m Costas

Juniores

08/03/2026 - 17:15

Resultados

Recorde Regional (25m) Open	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025
Recorde Regional (25m) 18 +	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025
Recorde Regional (25m) 17	2:19.15	Maria Carolina Eira	GCVR	Leiria	26/11/2021

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Leonor Carnide Silva	151721	17	Gcvr	2:34.89	452
	50m: 36.95 36.95	100m: 1:17.08 40.13		150m: 200m: 2:34.89		

Prova 51

Femin., 200m Costas

Seniores

08/03/2026 - 17:15

Resultados

Recorde Regional (25m) Open	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025
Recorde Regional (25m) 18 +	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Ana Margarida Guedes	109087	25	Gcvr	2:21.77	590
	50m: 31.13 31.13	100m: 1:06.38 35.25		150m: 200m: 2:21.77		

Prova 51, Femin., 200m Costas

Prova 51		Femin., 200m Costas				Absolutos
08/03/2026 - 17:15						Resultados
Recorde Regional (25m) Open	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025	
Recorde Regional (25m) 18 +	2:16.30	Ana Margarida Guedes	GCVR	Quarteira	21/12/2025	
Recorde Regional (25m) 17	2:19.15	Maria Carolina Eira	GCVR	Leiria	26/11/2021	
Recorde Regional (25m) Juv A	2:21.94	Ana Sofia Leite	GCVR	Sines	21/12/2008	
Recorde Regional (25m) Juv B	2:18.78	Ana Margarida Guedes	GCVR	Cantanhede	06/12/2015	

Pontos: AQUA 2024

Lugar	Nome		Licença	Idade	Clube		Tempo Final	PtsObs
1.	Ana Margarida Guedes		109087	25	Gcvr		2:21.77	590
	50m: 31.13	31.13	100m: 1:06.38	35.25	150m:	200m:	2:21.77	
2.	Maria Silva Poeta		212032	16	Gcvr		2:33.21	467
	50m: 36.84	36.84	100m: 1:15.71	38.87	150m:	200m:	2:33.21	
3.	Leonor Camide Silva		151721	17	Gcvr		2:34.89	452
	50m: 36.95	36.95	100m: 1:17.08	40.13	150m:	200m:	2:34.89	
4.	Ines Rua Fernandes		213137	15	Gcvr		2:38.26	424
	50m: 38.16	38.16	100m: 1:18.23	40.07	150m:	200m:	2:38.26	
5.	Maria Ines Mesquita		214677	16	Gcvr		2:50.25	340
	50m: 40.55	40.55	100m: 1:24.19	43.64	150m:	200m:	2:50.25	