

Prova 29 Juvenis  
08/03/2026 - 9:30 Resultados

Masc., 800m Livres

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) Juv A	9:13.27	Goncalo Andre Ferreira	GCVR	Estarreja	17/12/2022
Recorde Regional (25m) Juv B	9:15.89	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	08/07/2018

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Duarte Ferreira Rosa	209831	15	Fnc	<b>9:51.00</b>	413
	50m: 33.21 33.21	300m: 3:10.03 44.85	600m: 7:23.78 1:14.44			
	100m: 1:09.62 36.41	400m: 4:54.87 1:44.84	700m: 8:39.00 1:15.22			
	200m: 2:25.18 1:15.56	500m: 6:09.34 1:14.47	800m: 9:51.00 1:12.00			
2.	Guilherme Alves Horta	222427	15	Fnc	<b>10:40.41</b>	325
	50m: 35.28 35.28	300m: 3:53.91 1:20.35	600m: 7:59.26 1:22.13			
	100m: 1:13.76 38.48	400m: 5:15.02 1:21.11	700m: 9:20.33 1:21.07			
	200m: 2:33.56 1:19.80	500m: 6:37.13 1:22.11	800m: 10:40.41 1:20.08			
3.	Pedro Martins Valente	222429	15	Fnc	<b>11:25.83</b>	264
	50m: 36.54 36.54	300m: 4:10.70 1:28.06	600m: 8:35.02 1:27.22			
	100m: 1:17.67 41.13	400m: 5:39.02 1:28.32	700m: 10:02.77 1:27.75			
	200m: 2:42.64 1:24.97	500m: 7:07.80 1:28.78	800m: 11:25.83 1:23.06			
WDR	Rui Pedro Lopes	216387	16	Durius Ac Pesqueira		

Prova 29 Juniors  
08/03/2026 - 9:30 Resultados

Masc., 800m Livres

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) 18	9:16.29	Rodrigo Matos Salcedas	GCVR	Guarda	01/12/2017
Recorde Regional (25m) 17	9:28.52	Luis Carlos Pires	GCVR	Mirandela	28/02/2016

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
WDR	Tiago Miguel Costa	220502	17	Durius Ac Pesqueira		

Prova 29 Absolutos  
08/03/2026 - 9:30 Resultados

Masc., 800m Livres

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) Sen	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) 18	9:16.29	Rodrigo Matos Salcedas	GCVR	Guarda	01/12/2017
Recorde Regional (25m) 17	9:28.52	Luis Carlos Pires	GCVR	Mirandela	28/02/2016
Recorde Regional (25m) Juv A	9:13.27	Goncalo Andre Ferreira	GCVR	Estarreja	17/12/2022
Recorde Regional (25m) Juv B	9:15.89	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	08/07/2018

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Duarte Ferreira Rosa	209831	15	Fnc	<b>9:51.00</b>	413
	50m: 33.21 33.21	300m: 3:10.03 44.85	600m: 7:23.78 1:14.44			
	100m: 1:09.62 36.41	400m: 4:54.87 1:44.84	700m: 8:39.00 1:15.22			
	200m: 2:25.18 1:15.56	500m: 6:09.34 1:14.47	800m: 9:51.00 1:12.00			
2.	Guilherme Alves Horta	222427	15	Fnc	<b>10:40.41</b>	325
	50m: 35.28 35.28	300m: 3:53.91 1:20.35	600m: 7:59.26 1:22.13			
	100m: 1:13.76 38.48	400m: 5:15.02 1:21.11	700m: 9:20.33 1:21.07			
	200m: 2:33.56 1:19.80	500m: 6:37.13 1:22.11	800m: 10:40.41 1:20.08			
3.	Pedro Martins Valente	222429	15	Fnc	<b>11:25.83</b>	264
	50m: 36.54 36.54	300m: 4:10.70 1:28.06	600m: 8:35.02 1:27.22			
	100m: 1:17.67 41.13	400m: 5:39.02 1:28.32	700m: 10:02.77 1:27.75			
	200m: 2:42.64 1:24.97	500m: 7:07.80 1:28.78	800m: 11:25.83 1:23.06			
WDR	Tiago Miguel Costa	220502	17	Durius Ac Pesqueira		
WDR	Rui Pedro Lopes	216387	16	Durius Ac Pesqueira		
EXH	Tiago Novais Magalhães	205628	25	Centro Desp. Universitario do Porto	<b>13:37.34</b>	156
	50m: 38.50 38.50	300m: 4:36.46 1:41.31	600m: 10:04.40 1:49.59			
	100m: 1:19.75 41.25	400m: 6:24.00 1:47.54	700m: 11:52.40 1:48.00			
	200m: 2:55.15 1:35.40	500m: 8:14.81 1:50.81	800m: 13:37.34 1:44.94			