

Prova 2

Masc., 400m Livres

Infantis

07/03/2026 - 9:55

Resultados

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Inf A	4:39.76	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	01/07/2017
Recorde Regional (25m) Inf B	4:54.34	Lucas Pinto Ribeiro	GCVR	Peso da Régua	12/03/2023

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Jose Miguel Coelho	214606	13	Peso da Regua	5:08.28	326
	50m: 33.12 33.12	200m: 2:28.46 1:17.84		400m: 5:08.28 1:19.94		
	100m: 1:10.62 37.50	300m: 3:48.34 1:19.88				
2.	Bruno Miguel Morais	217387	13	Gcvr	5:15.98	303
	50m: 34.89 34.89	200m: 2:34.11 1:20.28		400m: 5:15.98 1:19.81		
	100m: 1:13.83 38.94	300m: 3:56.17 1:22.06				
3.	Martim Beato Guedes	219121	14	Emnv/Fcv	5:27.45	272
	50m: 32.95 32.95	200m: 2:37.31 1:24.78		400m: 5:27.45 1:25.09		
	100m: 1:12.53 39.58	300m: 4:02.36 1:25.05				
4.	Vicente Magalhaes Nobrega	226137	13	Peso da Regua	6:02.17	201
	50m: 35.41 35.41	200m: 3:01.45 1:41.08		400m: 6:02.17 1:26.86		
	100m: 1:20.37 44.96	300m: 4:35.31 1:33.86				
5.	Goncalo Goncalves Ferreira	222975	14	Fnc	6:02.50	200
	50m: 38.40 38.40	200m: 2:55.47 1:32.36		400m: 6:02.50 1:32.14		
	100m: 1:23.11 44.71	300m: 4:30.36 1:34.89				
6.	David Sequeira Sobral	222996	14	Durius Ac Pesqueira	6:04.23	197
	50m: 39.00 39.00	200m: 2:59.64 1:35.69		400m: 6:04.23 1:29.40		
	100m: 1:23.95 44.95	300m: 4:34.83 1:35.19				
7.	Rodrigo Leal Neto	226138	13	Peso da Regua	6:24.86	167
	50m: 41.76 41.76	200m: 3:08.00 1:38.49		400m: 6:24.86 1:36.57		
	100m: 1:29.51 47.75	300m: 4:48.29 1:40.29				
DNS	Afonso Magalhaes Resende	217389	13	Gcvr		

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Juvenis

07/03/2026 - 9:55

Resultados

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Juv A	4:22.51	João Carlos Ferreira	GCVR	Braga	18/03/2000
Recorde Regional (25m) Juv B	4:29.64	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Filipe Miguel Pires <i>Recorde Regional</i>	218010	15	Emnv/Fcv	4:21.50	534
	50m: 31.75 31.75	200m: 2:08.50 1:06.19		400m: 4:21.50 1:05.34		
	100m: 1:02.31 30.56	300m: 3:16.16 1:07.66				
2.	Tiago Daniel Penso	212425	15	Gcvr	4:30.14	485
	50m: 29.93 29.93	200m: 2:11.00 1:07.64		400m: 4:30.14 1:10.21		
	100m: 1:03.36 33.43	300m: 3:19.93 1:08.93				
3.	Duarte Ferreira Rosa	209831	15	Fnc	4:48.64	397
	50m: 31.31 31.31	200m: 2:18.81 1:14.03		400m: 4:48.64 1:13.33		
	100m: 1:04.78 33.47	300m: 3:35.31 1:16.50				
4.	Nuno Pinto Oliveira	219466	16	Gcvr	5:04.42	338
	50m: 32.74 32.74	200m: 2:27.27 1:17.18		400m: 5:04.42 1:17.40		
	100m: 1:10.09 37.35	300m: 3:47.02 1:19.75				
5.	Guilherme Alves Horta	222427	15	Fnc	5:15.91	303
	50m: 33.51 33.51	200m: 2:33.44 1:14.57		400m: 5:15.91 1:19.93		
	100m: 1:18.87 45.36	300m: 3:55.98 1:22.54				
6.	Afonso Alexandre Paiga	216385	16	Durius Ac Pesqueira	5:44.90	233
	50m: 35.75 35.75	200m: 2:41.22 1:25.10		400m: 5:44.90 1:28.00		
	100m: 1:16.12 40.37	300m: 4:16.90 1:35.68				
7.	Rui Pedro Lopes	216387	16	Durius Ac Pesqueira	6:06.59	194
	50m: 39.84 39.84	200m: 2:56.63 1:34.18		400m: 6:06.59 1:33.46		
	100m: 1:22.45 42.61	300m: 4:33.13 1:36.50				

Prova 2, Masc., 400m Livres

Prova 2 Masc., 400m Livres Juniiores Resultados
07/03/2026 - 9:55

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) 18	4:21.63	Daniel Filipe Lopes	CNIN	Coruche	16/11/2013
Recorde Regional (25m) 17	4:22.83	Daniel Filipe Lopes	CNIN	Mealhada	15/12/2012

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Tiago Manuel Fernandes	205831	18	Gcvr	4:22.39	529
	50m: 29.54 29.54	200m: 2:08.57 1:06.50		400m: 4:22.39 1:06.59		
	100m: 1:02.07 32.53	300m: 3:15.80 1:07.23				
2.	Miguel Pereira Carvalho	204125	17	Gcvr	4:41.80	427
	50m: 29.39 29.39	200m: 2:12.89 1:10.19		400m: 4:41.80 1:14.91		
	100m: 1:02.70 33.31	300m: 3:26.89 1:14.00				
3.	Francisco Dinis Pinto	216380	17	Durius Ac Pesqueira	5:21.59	287
	50m: 33.53 33.53	200m: 2:34.12 1:22.06		400m: 5:21.59 1:24.34		
	100m: 1:12.06 38.53	300m: 3:57.25 1:23.13				
4.	Robert Daniel Puiaç	217398	17	Durius Ac Pesqueira	5:48.92	225
	50m: 37.34 37.34	200m: 2:49.93 1:29.59		400m: 5:48.92 1:29.40		
	100m: 1:20.34 43.00	300m: 4:19.52 1:29.59				
5.	Tiago Miguel Costa	220502	17	Durius Ac Pesqueira	5:58.13	208
	50m: 38.95 38.95	200m: 2:50.64 1:29.54		400m: 5:58.13 1:29.71		
	100m: 1:21.10 42.15	300m: 4:28.42 1:37.78				

Prova 2 Masc., 400m Livres Absolutos Resultados
07/03/2026 - 9:55

Recorde Regional (25m) Open	4:12.55	Ivo Emanuel Carneiro	CNVR	Mealhada	08/07/2018
Recorde Regional (25m) Sen	4:12.55	Ivo Emanuel Carneiro	CNVR	Chaves	23/11/2008
Recorde Regional (25m) 18	4:21.63	Daniel Filipe Lopes	CNIN	Coruche	16/11/2013
Recorde Regional (25m) 17	4:22.83	Daniel Filipe Lopes	CNIN	Mealhada	15/12/2012
Recorde Regional (25m) Juv A	4:22.51	João Carlos Ferreira	GCVR	Braga	18/03/2000
Recorde Regional (25m) Juv B	4:29.64	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018

Pontos: AQUA 2024

Lugar	Nome	Licença	Idade	Clube	Tempo Final	PtsObs
1.	Filipe Miguel Pires <i>Recorde Regional</i>	218010	15	Emnv/Fcv	4:21.50	534
	50m: 31.75 31.75	200m: 2:08.50 1:06.19		400m: 4:21.50 1:05.34		
	100m: 1:02.31 30.56	300m: 3:16.16 1:07.66				
2.	Tiago Manuel Fernandes	205831	18	Gcvr	4:22.39	529
	50m: 29.54 29.54	200m: 2:08.57 1:06.50		400m: 4:22.39 1:06.59		
	100m: 1:02.07 32.53	300m: 3:15.80 1:07.23				
3.	Tiago Daniel Penso	212425	15	Gcvr	4:30.14	485
	50m: 29.93 29.93	200m: 2:11.00 1:07.64		400m: 4:30.14 1:10.21		
	100m: 1:03.36 33.43	300m: 3:19.93 1:08.93				
4.	Miguel Pereira Carvalho	204125	17	Gcvr	4:41.80	427
	50m: 29.39 29.39	200m: 2:12.89 1:10.19		400m: 4:41.80 1:14.91		
	100m: 1:02.70 33.31	300m: 3:26.89 1:14.00				
5.	Duarte Ferreira Rosa	209831	15	Fnc	4:48.64	397
	50m: 31.31 31.31	200m: 2:18.81 1:14.03		400m: 4:48.64 1:13.33		
	100m: 1:04.78 33.47	300m: 3:35.31 1:16.50				
6.	Nuno Pinto Oliveira	219466	16	Gcvr	5:04.42	338
	50m: 32.74 32.74	200m: 2:27.27 1:17.18		400m: 5:04.42 1:17.40		
	100m: 1:10.09 37.35	300m: 3:47.02 1:19.75				
7.	Guilherme Alves Horta	222427	15	Fnc	5:15.91	303
	50m: 33.51 33.51	200m: 2:33.44 1:14.57		400m: 5:15.91 1:19.93		
	100m: 1:18.87 45.36	300m: 3:55.98 1:22.54				
8.	Francisco Dinis Pinto	216380	17	Durius Ac Pesqueira	5:21.59	287
	50m: 33.53 33.53	200m: 2:34.12 1:22.06		400m: 5:21.59 1:24.34		
	100m: 1:12.06 38.53	300m: 3:57.25 1:23.13				
9.	Afonso Alexandre Paiga	216385	16	Durius Ac Pesqueira	5:44.90	233
	50m: 35.75 35.75	200m: 2:41.22 1:25.10		400m: 5:44.90 1:28.00		
	100m: 1:16.12 40.37	300m: 4:16.90 1:35.68				
10.	Robert Daniel Puiaç	217398	17	Durius Ac Pesqueira	5:48.92	225
	50m: 37.34 37.34	200m: 2:49.93 1:29.59		400m: 5:48.92 1:29.40		
	100m: 1:20.34 43.00	300m: 4:19.52 1:29.59				
11.	Tiago Miguel Costa	220502	17	Durius Ac Pesqueira	5:58.13	208
	50m: 38.95 38.95	200m: 2:50.64 1:29.54		400m: 5:58.13 1:29.71		
	100m: 1:21.10 42.15	300m: 4:28.42 1:37.78				
12.	Rui Pedro Lopes	216387	16	Durius Ac Pesqueira	6:06.59	194
	50m: 39.84 39.84	200m: 2:56.63 1:34.18		400m: 6:06.59 1:33.46		
	100m: 1:22.45 42.61	300m: 4:33.13 1:36.50				