

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Centro Desp. Universitario do Porto								
Ines Correia Martins, 2004 (22 years), Women								
200m Freestyle	Timed Final	EXH	2:23.27	456	2:25.00		102%	8
800m Freestyle	Timed Final	EXH	10:29.57	436	10:50.00		107%	2
Joao Andre Torres, 2004 (22 years), Men								
100m Freestyle	Timed Final	EXH	1:01.68	384	1:02.20	15/11/2025	102%	1
200m Freestyle	Timed Final	EXH	2:38.06	248	2:30.00		90%	
Jose Pedro Lemos, 1999 (27 years), Men								
100m Breaststroke	Timed Final	EXH	1:13.77	420	1:10.56	25/01/2026	91%	-
Maria Teresa Amaral, 2006 (20 years), Women								
100m Freestyle	Timed Final	EXH	1:13.16	324	1:07.00		84%	-
50m Butterfly	Timed Final	EXH	35.10	335	35.00		99%	
Rodrigo Manuel Monteiro, 2007 (19 years), Men								
100m Freestyle	Timed Final	EXH	1:02.43	370	1:05.00		108%	2
200m Freestyle	Timed Final	EXH	2:22.78	337	2:25.00		103%	
Tiago Novais Magalhaes, 2001 (25 years), Men								
100m Freestyle	Timed Final	EXH	1:06.68	304	1:08.00		104%	1
800m Freestyle	Timed Final	EXH	13:37.34	156	12:00.00		78%	
Vasco Manuel Vicente, 2006 (20 years), Men								
100m Freestyle	Timed Final	EXH	1:01.34	390	1:05.00		112%	2
50m Butterfly	Timed Final	EXH	29.43	403	29.74	09/03/2025	102%	
CMN Peso da Regua								
Ana Rita Teixeira, Ana Rita, 2013 (13 years), Girls								
50m Freestyle	Timed Final	4.	33.17	330	33.09	22/11/2025	100%	78
200m Freestyle	Timed Final	3.	2:38.18	339	2:39.74	10/06/2025	102%	3
400m Freestyle	Timed Final	3.	5:39.06	317	5:38.50	23/11/2025	100%	
100m Backstroke	Timed Final	4.	1:21.53	305	1:23.56	18/10/2025	105%	
200m Backstroke	Timed Final	3.	3:02.52	276	2:58.37	08/11/2025	96%	
200m Breaststroke	Timed Final	2.	3:23.31	289	3:39.28	19/10/2024	116%	
200m Medley	Timed Final	2.	2:58.73	316	2:58.40	17/01/2026	100%	
Camila Mesquita Severino, Camila Mesquita, 2014 (12 years), Girls								
100m Freestyle	Timed Final	7.	1:28.90	180	1:28.86	20/12/2025	100%	3
400m Freestyle	Timed Final	7.	6:38.42	195	6:48.41	06/07/2025	105%	
100m Backstroke	Timed Final	7.	1:42.13	155	1:40.86	20/12/2025	98%	
100m Breaststroke	Timed Final	6.	1:51.18	176	1:54.64	23/11/2025	106%	
100m Butterfly	Timed Final	5.	1:50.75	116	1:49.37	22/11/2025	98%	
200m Medley	Timed Final	6.	3:34.40	183	3:43.50	05/07/2025	109%	
Carlota Nogueira Cigarro, Carlota Nogueira, 2014 (12 years), Girls								
100m Freestyle	Timed Final	6.	1:22.53	225	1:30.59	20/12/2025	120%	4
400m Freestyle	Timed Final	6.	6:30.48	207	7:24.75	10/05/2025	130%	
100m Backstroke	Timed Final	5.	1:38.45	173	1:47.73	20/12/2025	120%	
100m Breaststroke	Timed Final	4.	1:45.54	206	1:45.47	26/10/2025	100%	
200m Medley	Timed Final	5.	3:34.33	183	3:49.69	05/07/2025	115%	
Eva Alexandra Coutinho, 2009 (17 years), Girls								
100m Freestyle	Timed Final	1.	56.84	690	57.56	29/11/2025	103%	2
100m Breaststroke	Timed Final	1.	1:12.06	648	1:11.41	14/12/2025	98%	
200m Breaststroke	Timed Final	1.	2:36.28	638	2:40.13	29/11/2025	105%	
50m Butterfly	Timed Final	2.	30.34	518	29.54	10/05/2025	95%	
Francisca Moreira Fonseca, 2009 (17 years), Girls								
100m Freestyle	Timed Final	4.	1:11.28	350	1:11.69	10/06/2025	101%	3
200m Freestyle	Timed Final	1.	2:38.81	335	2:37.95	22/11/2025	99%	
400m Freestyle	Timed Final	2.	5:32.92	335	5:32.87		100%	
800m Freestyle	Timed Final	1.	11:26.84	335	11:29.48	06/07/2025	101%	
1500m Freestyle	Timed Final	1.	21:52.20	331	22:10.84	08/03/2025	103%	
50m Backstroke	Timed Final	2.	36.31	336	35.93	15/11/2025	98%	
100m Backstroke	Timed Final	3.	1:17.43	356	1:15.39	29/11/2025	95%	
Joao Miguel Rocha, 2009 (17 years), Boys								
50m Freestyle	Timed Final	2.	25.03	522	25.47	26/04/2025	104%	5
100m Freestyle	Timed Final	2.	55.16	537	57.03	22/11/2025	107%	
200m Freestyle	Timed Final	1.	2:02.03	539	2:05.98	23/11/2025	107%	
50m Backstroke	Timed Final	1.	29.92	403	30.88	23/11/2025	107%	
50m Breaststroke	Timed Final	2.	33.83	401	34.39	22/11/2025	103%	
Jose Miguel Coelho, Jose Miguel, 2013 (13 years), Boys								
50m Freestyle	Timed Final	1.	29.53	318	29.01	20/02/2026	97%	3
100m Freestyle	Timed Final	1.	1:04.42	337	1:03.65	22/02/2026	98%	
400m Freestyle	Timed Final	1.	5:08.28	326	5:04.51	21/02/2026	98%	
1500m Freestyle	Timed Final	1.	21:05.59	299	21:39.43	15/11/2025	105%	
100m Breaststroke	Timed Final	1.	1:25.06	274	1:26.91	18/10/2025	104%	
200m Breaststroke	Timed Final	1.	3:06.92	265	3:14.18	18/10/2025	108%	
100m Butterfly	Timed Final	2.	1:30.45	147	1:17.83	08/11/2025	74%	

Leonor Vaz Osorio, Leonor Vaz, 2013 (13 years), Girls								6
50m Freestyle	Timed Final	9.	35.19	276	34.17	07/02/2026	94%	
100m Freestyle	Timed Final	5.	1:16.74	280	1:17.45	07/02/2026	102%	
400m Freestyle	Timed Final	7.	5:59.71	265	6:09.44	14/12/2025	105%	
100m Backstroke	Timed Final	11.	1:31.66	214	1:37.78	24/11/2024	114%	
100m Breaststroke	Timed Final	1.	1:30.84	323	1:33.30	17/01/2026	105%	
200m Breaststroke	Timed Final	1.	3:14.95	328	3:24.17	18/10/2025	110%	
200m Medley	Timed Final	5.	3:06.75	277	3:14.56	13/12/2025	109%	
Mara Daniela Rocha, Mara Daniela, 2013 (13 years), Girls								5
50m Freestyle	Timed Final	10.	35.43	271	35.78	22/11/2025	102%	
100m Freestyle	Timed Final	7.	1:20.03	247	1:18.56	23/11/2025	96%	
400m Freestyle	Timed Final	11.	6:11.34	241	6:23.08	07/02/2026	106%	
100m Backstroke	Timed Final	15.	1:36.93	181	1:45.13	08/06/2025	118%	
100m Breaststroke	Timed Final	3.	1:38.46	254	1:38.34	08/02/2026	100%	
200m Breaststroke	Timed Final	6.	3:33.99	248	3:40.31	06/07/2025	106%	
200m Medley	Timed Final	13.	3:23.44	214	3:29.59	13/12/2025	106%	
Margarida Gorgulho Ribeiro, Margarida Gorgulho, 2014 (12 years), Girls								3
100m Freestyle	Timed Final	4.	1:20.58	242	1:23.69	20/12/2025	108%	
400m Freestyle	Timed Final	5.	6:28.99	210	6:45.86	06/07/2025	109%	
100m Backstroke	Timed Final	6.	1:39.50	167	1:35.55	13/12/2025	92%	
100m Breaststroke	Timed Final	7.	1:52.43	170	1:47.17	13/12/2025	91%	
100m Butterfly	Timed Final	4.	1:49.79	119	1:51.34	22/11/2025	103%	
200m Medley	Timed Final	7.	3:40.56	168	3:37.09	25/10/2025	97%	
Maria Ines Salgado, Maria Ines, 2014 (12 years), Girls								6
100m Freestyle	Timed Final	1.	1:13.72	316	1:18.02	26/04/2025	112%	
400m Freestyle	Timed Final	1.	5:42.33	308	6:06.34	06/07/2025	115%	
100m Backstroke	Timed Final	1.	1:20.98	311	1:26.12	13/12/2025	113%	
100m Breaststroke	Timed Final	1.	1:32.12	310	1:32.77	13/12/2025	101%	
100m Butterfly	Timed Final	1.	1:33.75	191	1:35.53	22/11/2025	104%	
200m Medley	Timed Final	1.	3:01.89	300	3:04.87	20/12/2025	103%	
Martim Pinheiro Cardoso, 2010 (16 years), Boys								6
50m Freestyle	Timed Final	5.	28.20	365	28.28	18/10/2025	101%	
100m Freestyle	Timed Final	4.	1:02.56	368	1:04.53	22/11/2025	106%	
200m Freestyle	Timed Final	4.	2:24.16	327	2:25.19	23/11/2025	101%	
50m Backstroke	Timed Final	1.	33.37	290	33.00	18/10/2025	98%	
100m Backstroke	Timed Final	2.	1:13.07	289	1:13.21	08/11/2025	100%	
50m Breaststroke	Timed Final	1.	33.75	404	34.78	22/11/2025	106%	
100m Breaststroke	Timed Final	2.	1:16.87	371	1:18.75	15/11/2025	105%	
Matilde Gorgulho Ribeiro, Matilde Gorgulho, 2014 (12 years), Girls								4
100m Freestyle	Timed Final	3.	1:16.95	278	1:17.34	20/12/2025	101%	
400m Freestyle	Timed Final	3.	5:56.81	272	6:03.95	06/07/2025	104%	
100m Backstroke	Timed Final	4.	1:30.97	219	1:29.07	20/12/2025	96%	
100m Breaststroke	Timed Final	3.	1:40.78	236	1:41.41	13/12/2025	101%	
100m Butterfly	Timed Final	3.	1:40.15	157	1:39.73	07/06/2025	99%	
200m Medley	Timed Final	3.	3:12.76	252	3:32.68	10/05/2025	122%	
Matilde Ribeiro Sales, Matilde Ribeiro, 2013 (13 years), Girls								7
50m Freestyle	Timed Final	7.	34.98	281	35.09	15/11/2025	101%	
100m Freestyle	Timed Final	6.	1:17.00	277	1:18.25	23/11/2025	103%	
200m Freestyle	Timed Final	6.	2:49.50	275	2:56.44	08/06/2025	108%	
400m Freestyle	Timed Final	9.	6:05.81	252	6:09.46	14/12/2025	102%	
100m Backstroke	Timed Final	10.	1:30.94	219	1:32.00	23/11/2025	102%	
200m Backstroke	Timed Final	5.	3:20.80	207	3:34.20	09/03/2025	114%	
200m Medley	Timed Final	11.	3:17.97	233	3:24.85	07/06/2025	107%	
Matilde Vieira Carvalho, Matilde Vieira, 2014 (12 years), Girls								1
100m Freestyle	Timed Final	2.	1:14.60	305	1:14.45	05/07/2025	100%	
400m Freestyle	Timed Final	2.	5:45.85	299	5:50.88	10/05/2025	103%	
100m Backstroke	Timed Final	3.	1:30.69	221	1:28.80	08/03/2025	96%	
100m Breaststroke	Timed Final	2.	1:37.63	260	1:34.61	23/11/2025	94%	
200m Medley	Timed Final	2.	3:12.46	253	3:03.22	07/06/2025	91%	
Rodrigo Araujo Sousa, Rodrigo Araujo, 2012 (14 years), Boys								4
50m Freestyle	Timed Final	3.	31.29	267	30.96	15/11/2025	98%	
100m Freestyle	Timed Final	4.	1:12.84	233	1:14.05	08/02/2026	103%	
100m Backstroke	Timed Final	2.	1:23.37	194	1:25.03	07/02/2026	104%	
100m Breaststroke	Timed Final	3.	1:29.81	233	1:29.32	17/01/2026	99%	
200m Breaststroke	Timed Final	2.	3:12.24	244	3:16.09	08/02/2026	104%	
200m Medley	Timed Final	2.	3:04.03	211	3:13.49	08/06/2025	111%	
Rodrigo Leal Neto, 2013 (13 years), Boys								6
50m Freestyle	Timed Final	5.	32.95	229	34.06	07/02/2026	107%	
100m Freestyle	Timed Final	6.	1:16.80	199	1:22.18	14/12/2025	115%	
400m Freestyle	Timed Final	7.	6:24.86	167	7:17.43	15/11/2025	129%	
100m Breaststroke	Timed Final	5.	1:38.96	174	1:37.90	07/02/2026	98%	
200m Breaststroke	Timed Final	4.	3:36.58	170	3:38.30	08/02/2026	102%	
100m Butterfly	Timed Final	6.	1:42.86	100	1:47.35	13/12/2025	109%	
200m Medley	Timed Final	7.	3:18.44	168	3:20.43	08/02/2026	102%	
Vicente Magalhaes Nobrega, 2013 (13 years), Boys								6
50m Freestyle	Timed Final	8.	33.53	217	35.54	18/10/2025	112%	
100m Freestyle	Timed Final	5.	1:15.00	213	1:19.75	22/11/2025	113%	
200m Freestyle	Timed Final	6.	2:46.75	211	2:57.51	07/02/2026	113%	
400m Freestyle	Timed Final	4.	6:02.17	201	6:11.99	07/02/2026	105%	

200m Backstroke	Timed Final	5.	3:21.41	144	NT		-	
100m Butterfly	Timed Final	5.	1:36.42	121	1:41.66	13/12/2025	111%	
200m Medley	Timed Final	5.	3:08.70	196	3:25.91	18/10/2025	119%	
Vitoria Cortinhas Pinto, 2010 (16 years), Girls								1
100m Freestyle	Timed Final	6.	1:13.00	326	1:11.34	26/04/2025	96%	
50m Breaststroke	Timed Final	3.	40.22	350	NT		-	
50m Butterfly	Timed Final	1.	33.12	398	33.84	18/10/2025	104%	
100m Butterfly	Timed Final	2.	1:21.48	291	1:18.25	08/11/2025	92%	
200m Butterfly	Timed Final	2.	3:12.33	240	3:08.61	06/07/2025	96%	
Durius Atletico Clube Da Pesqueira								39
Afonso Alexandre Paiga, 2010 (16 years), Boys								2
50m Freestyle	Timed Final	9.	30.89	277	30.48	18/10/2025	97%	
100m Freestyle	Timed Final	6.	1:06.86	301	1:08.08	29/11/2025	104%	
400m Freestyle	Timed Final	6.	5:44.90	233	5:42.07	22/11/2025	98%	
1500m Freestyle	Timed Final	3.	23:30.37	216	22:50.61	15/11/2025	94%	
50m Butterfly	Timed Final	8.	33.75	267	34.23	18/10/2025	103%	
Afonso Mendonca Tolda, 2014 (12 years), Boys								-
100m Freestyle	Timed Final	WDR	-	-	NT		-	
400m Freestyle	Timed Final	WDR	-	-	NT		-	
100m Backstroke	Timed Final	WDR	-	-	NT		-	
200m Medley	Timed Final	WDR	-	-	NT		-	
Ariana Goncalves Cruz, 2014 (12 years), Girls								2
100m Freestyle	Timed Final	WDR	-	-	1:43.12	23/11/2025	-	
400m Freestyle	Timed Final	8.	7:20.53	144	8:35.09	10/05/2025	137%	
100m Backstroke	Timed Final	WDR	-	-	1:57.93	22/11/2025	-	
100m Breaststroke	Timed Final	9.	2:13.18	102	NT		-	
100m Butterfly	Timed Final	6.	1:56.81	99	2:16.72	22/11/2025	137%	
200m Medley	Timed Final	WDR	-	-	4:42.63	10/05/2025	-	
Carolina Pereira Vila, 2012 (14 years), Girls								3
50m Freestyle	Timed Final	14.	37.87	221	38.43	22/11/2025	103%	
200m Freestyle	Timed Final	WDR	-	-	2:59.33	08/02/2026	-	
400m Freestyle	Timed Final	14.	6:37.68	196	6:32.90	07/02/2026	98%	
800m Freestyle	Timed Final	WDR	-	-	13:16.10	07/02/2026	-	
100m Backstroke	Timed Final	14.	1:36.07	186	1:39.65	15/11/2025	108%	
200m Medley	Timed Final	15.	3:43.25	162	3:45.43	15/11/2025	102%	
Catarina Alexandra Tralhao, 2012 (14 years), Girls								2
50m Freestyle	Timed Final	12.	36.46	248	40.36	24/11/2024	123%	
400m Freestyle	Timed Final	12.	6:16.09	232	6:11.48	07/02/2026	98%	
100m Breaststroke	Timed Final	7.	1:47.28	196	1:46.34	18/01/2026	98%	
200m Breaststroke	Timed Final	8.	3:50.10	200	3:51.32	07/02/2026	101%	
David Sequeira Sobral, 2012 (14 years), Boys								3
50m Freestyle	Timed Final	7.	33.48	218	35.30	18/10/2025	111%	
200m Freestyle	Timed Final	4.	2:43.05	226	2:48.68	07/02/2026	107%	
400m Freestyle	Timed Final	6.	6:04.23	197	6:06.21	07/02/2026	101%	
1500m Freestyle	Timed Final	3.	24:31.81	190	24:16.24	08/02/2026	98%	
200m Breaststroke	Timed Final	3.	3:33.46	178	NT		-	
Diogo Frederico Santos, 2014 (12 years), Boys								2
100m Freestyle	Timed Final	2.	1:22.42	161	1:42.05	24/11/2024	153%	
400m Freestyle	Timed Final	2.	6:35.90	154	NT		-	
100m Breaststroke	Timed Final	3.	2:01.16	94	NT		-	
100m Butterfly	Timed Final	2.	1:43.53	98	1:50.78	22/11/2025	114%	
Francisco Dinis Pinto, 2009 (17 years), Boys								5
50m Freestyle	Timed Final	5.	28.65	348	27.45	18/10/2025	92%	
100m Freestyle	Timed Final	3.	1:01.29	391	1:03.81	18/10/2025	108%	
400m Freestyle	Timed Final	3.	5:21.59	287	5:41.39	09/03/2025	113%	
50m Backstroke	Timed Final	3.	33.08	298	34.28	19/10/2024	107%	
100m Breaststroke	Timed Final	3.	1:23.53	289	1:25.47	26/04/2025	105%	
50m Butterfly	Timed Final	5.	34.37	253	34.46	15/11/2025	101%	
Ines Frederico Santos, 2010 (16 years), Girls								1
800m Freestyle	Timed Final	3.	12:11.00	278	12:10.59	18/10/2025	100%	
100m Backstroke	Timed Final	4.	1:27.92	243	1:28.96	10/05/2025	102%	
100m Breaststroke	Timed Final	3.	1:39.49	246	1:39.46	18/10/2025	100%	
Iris Pereira Santos, 2012 (14 years), Girls								5
50m Freestyle	Timed Final	16.	38.86	205	39.10	18/01/2026	101%	
200m Freestyle	Timed Final	8.	3:15.90	178	3:18.03	22/11/2025	102%	
400m Freestyle	Timed Final	15.	7:04.42	161	7:00.63	07/02/2026	98%	
800m Freestyle	Timed Final	3.	14:53.74	152	14:42.42	07/02/2026	97%	
100m Backstroke	Timed Final	13.	1:35.45	190	1:41.31	10/06/2025	113%	
100m Breaststroke	Timed Final	9.	2:00.78	137	2:03.93	05/07/2025	105%	
200m Medley	Timed Final	16.	3:45.51	157	4:00.50	23/11/2025	114%	
Joana Veiga Freixo, 2009 (17 years), Girls								-
50m Freestyle	Timed Final	4.	35.34	273	35.03	24/11/2024	98%	
100m Freestyle	Timed Final	WDR	-	-	1:17.75	08/03/2025	-	
200m Freestyle	Timed Final	WDR	-	-	2:59.18	24/11/2024	-	
400m Freestyle	Timed Final	4.	6:50.10	179	6:39.38	23/11/2024	95%	

Maria Julia Cardoso, 2009 (17 years), Girls								4
100m Freestyle	Timed Final	5.	1:17.80	269	1:20.19	06/07/2025	106%	
400m Freestyle	Timed Final	3.	6:08.45	247	6:28.14	06/07/2025	111%	
50m Butterfly	Timed Final	3.	41.63	200	43.11	15/11/2025	107%	
200m Butterfly	Timed Final	1.	3:38.30	164	NT		-	
200m Medley	Timed Final	2.	3:15.16	243	3:18.72	05/07/2025	104%	
Maria Martins Oliveira, 2012 (14 years), Girls								3
50m Freestyle	Timed Final	2.	32.77	342	34.45	18/10/2025	111%	
400m Freestyle	Timed Final	5.	5:56.83	272	6:04.69	07/02/2026	104%	
800m Freestyle	Timed Final	2.	12:33.74	254	12:51.75	07/02/2026	105%	
Ricardo Carlos Mesquita, 2014 (12 years), Boys								2
100m Freestyle	Timed Final	4.	1:42.10	84	1:59.66	18/10/2025	137%	
400m Freestyle	Timed Final	4.	8:00.36	86	NT		-	
100m Backstroke	Timed Final	2.	2:00.00	65	2:20.05	22/11/2025	136%	
200m Medley	Timed Final	3.	4:42.62	58	NT		-	
Robert Daniel Puiac, 2009 (17 years), Boys								3
50m Freestyle	Timed Final	8.	30.90	277	30.64	18/10/2025	98%	
400m Freestyle	Timed Final	4.	5:48.92	225	6:25.33	26/04/2025	122%	
50m Breaststroke	Timed Final	4.	40.37	236	39.99	18/10/2025	98%	
100m Breaststroke	Timed Final	4.	1:31.48	220	1:31.64	29/11/2025	100%	
200m Breaststroke	Timed Final	2.	3:26.03	198	3:35.34	26/04/2025	109%	
Rui Pedro Lopes, 2010 (16 years), Boys								2
50m Freestyle	Timed Final	11.	31.95	251	32.45	22/11/2025	103%	
100m Freestyle	Timed Final	WDR	-	-	1:11.92	22/11/2025	-	
400m Freestyle	Timed Final	7.	6:06.59	194	6:01.54	23/11/2024	97%	
800m Freestyle	Timed Final	WDR	-	-	13:09.10	24/11/2024	-	
50m Backstroke	Timed Final	5.	38.66	187	38.78	08/03/2025	101%	
50m Breaststroke	Timed Final	4.	50.89	117	50.87	09/03/2025	100%	
Tiago Miguel Costa, 2009 (17 years), Boys								-
50m Freestyle	Timed Final	7.	30.76	281	30.18	22/11/2025	96%	
100m Freestyle	Timed Final	WDR	-	-	1:12.59	10/06/2025	-	
400m Freestyle	Timed Final	5.	5:58.13	208	5:56.70	18/10/2025	99%	
800m Freestyle	Timed Final	WDR	-	-	12:44.06	06/07/2025	-	
50m Backstroke	Timed Final	6.	39.65	173	39.03	18/10/2025	97%	
Emnv/Fcv								13
Filipe Miguel Pires, 2011 (15 years), Boys								6
50m Freestyle	Timed Final	1.	25.36	502	25.96	15/11/2025	105%	
100m Freestyle	Timed Final	1.	54.68	551	56.56	22/11/2025	107%	
200m Freestyle	Timed Final	1.	2:02.66	531	2:05.98	23/11/2025	105%	
400m Freestyle	Timed Final	1.	4:21.50	534	4:30.50	17/01/2026	107%	
50m Butterfly	Timed Final	1.	27.25	508	28.04	22/11/2025	106%	
100m Butterfly	Timed Final	1.	1:00.61	489	1:02.26	07/12/2025	106%	
Lourenco Gomes Silva, 2014 (12 years), Boys								2
100m Freestyle	Timed Final	3.	1:33.90	108	1:46.39		128%	
400m Freestyle	Timed Final	3.	7:32.43	103	NT		-	
100m Breaststroke	Timed Final	2.	1:58.42	101	2:10.09		121%	
200m Medley	Timed Final	2.	4:11.43	82	NT		-	
Luis Magno Fontes, 2007 (19 years), Men								-
50m Breaststroke	Timed Final	2.	33.66	407	33.41	22/11/2025	99%	
Maeva ferro Almendra, 2014 (12 years), Girls								1
100m Backstroke	Timed Final	8.	2:04.55	85	NT		-	
100m Breaststroke	Timed Final	8.	2:06.48	119	2:33.12		147%	
Martim Beato Guedes, 2012 (14 years), Boys								4
50m Freestyle	Timed Final	2.	30.41	291	30.16	07/02/2026	98%	
100m Freestyle	Timed Final	2.	1:06.92	300	1:08.98	08/02/2026	106%	
200m Freestyle	Timed Final	1.	2:29.56	293	2:28.73	07/02/2026	99%	
400m Freestyle	Timed Final	3.	5:27.45	272	5:38.27	26/04/2025	107%	
1500m Freestyle	Timed Final	2.	21:46.21	272	22:19.36	10/05/2025	105%	
100m Breaststroke	Timed Final	2.	1:28.09	247	1:30.73	07/02/2026	106%	
200m Medley	Timed Final	1.	2:58.64	231	2:54.55	17/01/2026	95%	
EN Braganca								17
Ana Miguel Tuna, 2010 (16 years), Girls								1
50m Freestyle	Timed Final	7.	34.56	292	33.35	15/11/2025	93%	
100m Freestyle	Timed Final	8.	1:16.75	280	1:15.03	23/11/2025	96%	
1500m Freestyle	Timed Final	1.	25:16.45	214	NT		-	
50m Breaststroke	Timed Final	4.	46.26	230	44.40	18/10/2025	92%	
100m Breaststroke	Timed Final	4.	1:40.18	241	1:38.83	22/11/2025	97%	
50m Butterfly	Timed Final	7.	42.68	186	43.72	15/11/2025	105%	
100m Butterfly	Timed Final	5.	1:41.54	150	1:40.97	15/11/2025	99%	
Anita Santos Goncalves, 2010 (16 years), Girls								-
50m Freestyle	Timed Final	1.	29.61	464	29.35	15/11/2025	98%	
100m Freestyle	Timed Final	1.	1:05.31	455	1:04.50	20/04/2024	98%	
200m Freestyle	Timed Final	2.	2:25.09	439	2:25.09	10/06/2025	100%	
50m Backstroke	Timed Final	2.	36.37	334	34.35	05/07/2025	89%	
50m Butterfly	Timed Final	2.	33.39	389	32.65	22/11/2025	96%	

Iara Beatriz Matela, 2009 (17 years), Girls								-
50m Freestyle	Timed Final	3.	31.87	372	30.51	22/11/2025	92%	
100m Backstroke	Timed Final	4.	1:25.23	267	1:21.31	10/06/2025	91%	
50m Breaststroke	Timed Final	2.	39.75	363	38.00	22/11/2025	91%	
200m Medley	Timed Final	1.	3:12.69	252	3:06.04	25/04/2023	93%	
Leonor Afonso Matela, 2012 (14 years), Girls								5
50m Freestyle	Timed Final	1.	31.59	382	33.13	18/10/2025	110%	
100m Freestyle	Timed Final	1.	1:10.10	368	1:13.80	07/02/2026	111%	
200m Freestyle	Timed Final	1.	2:35.15	359	2:35.66	10/06/2025	101%	
400m Freestyle	Timed Final	2.	5:24.91	360	5:34.09	06/07/2026	106%	
100m Backstroke	Timed Final	5.	1:25.46	264	1:28.09	23/11/2025	106%	
100m Breaststroke	Timed Final	6.	1:43.90	216	1:38.16	08/02/2026	89%	
200m Medley	Timed Final	8.	3:15.23	243	2:58.09	10/06/2025	83%	
Mariana Jose Martins, 2006 (20 years), Women								1
50m Freestyle	Timed Final	3.	31.29	393	30.52	22/11/2025	95%	
100m Freestyle	Timed Final	2.	1:09.80	373	1:09.14	23/11/2025	98%	
50m Breaststroke	Timed Final	1.	38.00	416	36.67	22/11/2025	93%	
200m Breaststroke	Timed Final	1.	3:00.26	416	3:02.92	23/11/2026	103%	
50m Butterfly	Timed Final	3.	32.34	428	31.22	22/11/2025	93%	
100m Butterfly	Timed Final	3.	1:19.65	312	1:16.59	23/11/2025	92%	
Martim Barros Pereira, 2011 (15 years), Boys								5
50m Freestyle	Timed Final	2.	26.09	461	26.67	22/11/2025	104%	
50m Breaststroke	Timed Final	1.	33.75	404	34.47	22/11/2026	104%	
100m Breaststroke	Timed Final	1.	1:13.25	429	1:14.68	17/01/2026	104%	
50m Butterfly	Timed Final	3.	28.84	428	30.54	17/01/2026	112%	
200m Medley	Timed Final	2.	2:19.70	483	2:22.85	17/01/2026	105%	
400m Medley	Timed Final	2.	4:59.16	483	4:59.12	06/12/2025	100%	
Matilde Pinto Teixeira, 2011 (15 years), Girls								-
100m Freestyle	Timed Final	7.	1:14.54	306	1:12.32	26/04/2025	94%	
200m Freestyle	Timed Final	5.	2:44.58	301	2:35.70	05/07/2025	90%	
400m Freestyle	Timed Final	3.	5:50.20	288	5:29.18	23/11/2025	88%	
800m Freestyle	Timed Final	2.	11:58.02	293	11:38.66	05/03/2025	95%	
50m Butterfly	Timed Final	6.	35.96	311	35.48	22/11/2025	97%	
100m Butterfly	Timed Final	4.	1:23.57	270	1:21.16	06/07/2025	94%	
200m Butterfly	Timed Final	3.	3:21.62	208	2:08.51	06/07/2025	41%	
Naima Francisco Ferreira, 2013 (13 years), Girls								5
50m Freestyle	Timed Final	3.	32.86	339	33.12	20/02/2026	102%	
100m Freestyle	Timed Final	3.	1:13.69	317	1:15.18	07/02/2026	104%	
200m Freestyle	Timed Final	4.	2:42.03	315	2:54.06	08/02/2026	115%	
800m Freestyle	Timed Final	1.	11:25.77	337	12:05.96	22/11/2025	112%	
100m Butterfly	Timed Final	1.	1:22.46	281	1:25.16	23/11/2025	107%	
Famalicao								-
Leonardo Freitas Fernandes, 2006 (20 years), Men								-
100m Breaststroke	Timed Final	EXH	1:03.90	647	1:03.62		99%	
Flavitus Natacao Clube								35
Duarte Ferreira Rosa, 2011 (15 years), Boys								6
50m Freestyle	Timed Final	3.	26.89	421	27.71		106%	
100m Freestyle	Timed Final	2.	1:00.12	414	1:05.60		119%	
400m Freestyle	Timed Final	3.	4:48.64	397	4:49.30		100%	
800m Freestyle	Timed Final	1.	9:51.00	413	9:47.72		99%	
1500m Freestyle	Timed Final	1.	18:51.76	418	18:57.58		101%	
50m Butterfly	Timed Final	4.	29.68	393	36.44		151%	
200m Medley	Timed Final	3.	2:34.70	355	2:52.98		125%	
Goncalo Goncalves Ferreira, 2012 (14 years), Boys								2
100m Freestyle	Timed Final	7.	1:17.74	191	1:25.50		121%	
200m Freestyle	Timed Final	8.	2:49.78	200	2:59.36		112%	
400m Freestyle	Timed Final	5.	6:02.50	200	NT		-	
Guilherme Alves Horta, 2011 (15 years), Boys								6
50m Freestyle	Timed Final	8.	30.62	285	30.59		100%	
200m Freestyle	Timed Final	5.	2:24.84	322	2:28.97		106%	
400m Freestyle	Timed Final	5.	5:15.91	303	5:16.87		101%	
800m Freestyle	Timed Final	2.	10:40.41	325	10:47.78		102%	
1500m Freestyle	Timed Final	2.	20:36.64	321	20:49.41		102%	
200m Backstroke	Timed Final	3.	2:46.93	253	2:56.92	22/11/2025	112%	
200m Medley	Timed Final	5.	2:57.99	233	3:04.47		107%	
Guilherme Sarmento Borges, 2011 (15 years), Boys								7
50m Freestyle	Timed Final	7.	30.42	291	31.45		107%	
100m Freestyle	Timed Final	7.	1:07.56	292	1:09.77		107%	
50m Backstroke	Timed Final	2.	35.02	251	35.60		103%	
100m Backstroke	Timed Final	3.	1:16.26	254	1:18.15		105%	
200m Backstroke	Timed Final	4.	2:55.81	216	2:56.64		101%	
50m Butterfly	Timed Final	7.	33.26	279	36.13		118%	
400m Medley	Timed Final	3.	6:15.48	244	6:26.34		106%	
Ines Filipa Guerra, 2011 (15 years), Girls								3
50m Freestyle	Timed Final	3.	31.42	388	32.15		105%	
100m Freestyle	Timed Final	4.	1:09.62	376	1:15.32		117%	

50m Breaststroke	Timed Final	2.	38.36	404	37.73	97%	
100m Breaststroke	Timed Final	2.	1:30.02	332	1:26.66	93%	
200m Breaststroke	Timed Final	2.	3:22.84	292	3:19.34	97%	
50m Butterfly	Timed Final	4.	33.68	379	33.68	100%	
100m Butterfly	Timed Final	1.	1:18.98	320	1:20.84	105%	
Leonor Ferreira Sousa, 2012 (14 years), Girls							
100m Backstroke	Timed Final	3.	1:20.81	313	1:23.34	106%	4
200m Backstroke	Timed Final	2.	2:58.03	298	NT	-	
100m Breaststroke	Timed Final	4.	1:40.39	239	1:36.43	92%	
200m Breaststroke	Timed Final	3.	3:23.80	287	3:29.76	106%	
100m Butterfly	Timed Final	3.	1:25.83	249	1:29.55	109%	
200m Medley	Timed Final	3.	3:01.89	300	3:08.32	107%	
400m Medley	Timed Final	1.	6:33.06	285	6:27.94	97%	
Pedro Martins Valente, 2011 (15 years), Boys							
50m Freestyle	Timed Final	10.	31.84	253	33.39	110%	7
800m Freestyle	Timed Final	3.	11:25.83	264	12:31.25	120%	
50m Backstroke	Timed Final	4.	38.35	191	38.70	102%	
100m Backstroke	Timed Final	4.	1:19.13	227	1:33.34	139%	
50m Breaststroke	Timed Final	3.	38.83	265	39.60	104%	
100m Breaststroke	Timed Final	4.	1:28.10	247	1:28.60	101%	
200m Breaststroke	Timed Final	1.	3:02.20	286	3:12.71	112%	
Ginasio Clube de Vila Real							
Alice Silva Costa, 2012 (14 years), Girls							
50m Freestyle	Timed Final	WDR	-	-	37.56	07/02/2026	-
100m Freestyle	Timed Final	9.	1:24.40	211	1:24.21	07/02/2026	100%
200m Freestyle	Timed Final	7.	3:00.97	226	3:04.85	08/02/2026	104%
400m Freestyle	Timed Final	WDR	-	-	6:45.13	15/11/2025	-
100m Backstroke	Timed Final	WDR	-	-	1:45.39	-	-
200m Medley	Timed Final	WDR	-	-	3:22.54	07/02/2026	-
Amalia Jose Quintelas, 2013 (13 years), Girls							
50m Freestyle	Timed Final	WDR	-	-	38.68	07/02/2026	-
100m Freestyle	Timed Final	10.	1:30.57	170	1:27.31	07/02/2026	93%
100m Backstroke	Timed Final	WDR	-	-	1:43.11	23/11/2025	-
100m Breaststroke	Timed Final	8.	1:53.13	167	1:53.96	08/02/2026	101%
200m Medley	Timed Final	WDR	-	-	NT	-	-
Ana Margarida Guedes, 2001 (25 years), Women							
50m Freestyle	Timed Final	1.	26.75	629	26.14	13/12/2025	95%
100m Freestyle	Timed Final	1.	59.87	591	58.04	21/12/2024	94%
50m Backstroke	Timed Final	1.	29.16	649	28.36	13/12/2024	95%
100m Backstroke	Timed Final	1.	1:02.81	667	1:02.36	10/06/2025	99%
200m Backstroke	Timed Final	1.	2:21.77	590	2:16.30	21/12/2025	92%
100m Breaststroke	Timed Final	1.	1:13.90	600	1:14.42	-	101%
50m Butterfly	Timed Final	1.	27.12	726	26.76	20/12/2025	97%
100m Butterfly	Timed Final	1.	1:00.26	721	59.64	22/12/2024	98%
200m Medley	Timed Final	1.	2:22.71	622	2:21.59	10/06/2025	98%
Benedita Martins Fernandes, 2013 (13 years), Girls							
50m Freestyle	Timed Final	8.	35.12	278	33.93	07/02/2026	93%
100m Freestyle	Timed Final	4.	1:15.16	298	1:15.65	07/02/2026	101%
200m Freestyle	Timed Final	2.	2:37.37	344	2:46.94	08/02/2026	113%
400m Freestyle	Timed Final	4.	5:48.35	292	6:03.13	23/11/2025	109%
200m Breaststroke	Timed Final	5.	3:31.15	258	3:46.92	23/11/2025	115%
200m Medley	Timed Final	7.	3:10.91	260	3:15.74	18/10/2025	105%
Bruno Miguel Morais, 2013 (13 years), Boys							
50m Freestyle	Timed Final	4.	31.69	257	32.58	-	106%
100m Freestyle	Timed Final	3.	1:09.16	272	1:10.96	-	105%
200m Freestyle	Timed Final	2.	2:32.10	278	2:33.16	-	101%
400m Freestyle	Timed Final	2.	5:15.98	303	5:17.05	-	101%
200m Backstroke	Timed Final	1.	2:53.25	226	2:58.84	-	107%
100m Breaststroke	Timed Final	4.	1:35.28	195	1:33.84	-	97%
100m Butterfly	Timed Final	4.	1:35.25	126	1:53.84	-	143%
Carlota Teiga Cruz, 2013 (13 years), Girls							
50m Freestyle	Timed Final	13.	36.92	239	36.53	07/02/2026	98%
100m Freestyle	Timed Final	8.	1:24.07	213	1:22.20	23/11/2025	96%
400m Freestyle	Timed Final	10.	6:07.54	249	6:22.50	15/11/2025	108%
100m Backstroke	Timed Final	9.	1:29.67	229	1:33.67	22/11/2025	109%
100m Breaststroke	Timed Final	2.	1:37.37	262	1:40.13	08/02/2026	106%
200m Breaststroke	Timed Final	4.	3:25.84	279	3:29.62	07/02/2026	104%
200m Medley	Timed Final	9.	3:15.34	242	3:16.95	07/02/2026	102%
Diana Ribeiro Nogueira, 2012 (14 years), Girls							
50m Freestyle	Timed Final	15.	38.10	217	37.62	-	97%
400m Freestyle	Timed Final	8.	6:02.77	259	6:04.42	-	101%
100m Backstroke	Timed Final	12.	1:32.23	210	1:32.31	-	100%
200m Medley	Timed Final	14.	3:30.29	194	3:20.31	-	91%
Diogo Ribeiro Baptista, 2009 (17 years), Boys							
50m Freestyle	Timed Final	4.	27.89	377	27.93	22/11/2025	100%
100m Freestyle	Timed Final	4.	1:02.00	378	1:02.69	22/11/2025	102%
200m Freestyle	Timed Final	2.	2:20.16	356	2:20.44	09/03/2025	100%
50m Backstroke	Timed Final	4.	34.36	266	43.06	-	157%

50m Breaststroke	Timed Final	3.	34.89	365	38.82	08/03/2025	124%	
50m Butterfly	Timed Final	2.	28.89	426	30.68	22/11/2025	113%	
200m Medley	Timed Final	2.	2:36.78	341	2:38.57	26/04/2025	102%	
Gabriel Artilheiro Fraga, 2013 (13 years), Boys								
50m Freestyle	Timed Final	6.	33.46	218	36.25	22/11/2025	117%	6
200m Freestyle	Timed Final	3.	2:41.00	235	2:50.79	07/02/2026	113%	
100m Backstroke	Timed Final	1.	1:20.97	212	1:26.90	07/02/2026	115%	
200m Backstroke	Timed Final	2.	2:56.70	213	3:10.81	22/11/2025	117%	
100m Butterfly	Timed Final	3.	1:32.18	139	1:46.19	15/11/2025	133%	
200m Medley	Timed Final	4.	3:07.46	200	3:08.17	08/02/2026	101%	
Guilherme Lagoa Guerra, 2009 (17 years), Boys								
50m Freestyle	Timed Final	6.	29.00	335	29.89	22/11/2025	106%	8
100m Freestyle	Timed Final	6.	1:04.70	332	1:10.53	22/11/2025	119%	
200m Freestyle	Timed Final	3.	2:33.55	271	2:39.79	10/06/2025	108%	
50m Backstroke	Timed Final	5.	35.54	240	37.68	08/03/2025	112%	
100m Backstroke	Timed Final	1.	1:17.30	244	1:33.46		146%	
200m Backstroke	Timed Final	2.	2:48.51	246	3:21.62		143%	
50m Breaststroke	Timed Final	5.	42.51	202	45.45	09/03/2025	114%	
50m Butterfly	Timed Final	4.	33.48	274	38.60	22/11/2025	133%	
Herman Kovalchuk, 2006 (20 years), Men								
50m Freestyle	Timed Final	1.	25.26	508	24.52	13/04/2025	94%	2
50m Backstroke	Timed Final	1.	27.54	517	27.38	10/06/2025	99%	
100m Backstroke	Timed Final	1.	59.74	529	1:00.22	08/03/2025	102%	
200m Backstroke	Timed Final	1.	2:44.88	262	2:16.45	09/03/2025	68%	
50m Breaststroke	Timed Final	1.	32.98	432	34.81	19/10/2024	111%	
50m Butterfly	Timed Final	1.	27.56	491	27.56	23/11/2024	100%	
Ines Carnide Silva, 2014 (12 years), Girls								
100m Freestyle	Timed Final	5.	1:20.76	240	1:22.16	18/10/2025	103%	6
400m Freestyle	Timed Final	4.	6:00.26	264	6:23.42		113%	
100m Backstroke	Timed Final	2.	1:29.67	229	1:39.13		122%	
100m Breaststroke	Timed Final	5.	1:47.49	195	1:50.39	18/10/2025	105%	
100m Butterfly	Timed Final	2.	1:34.39	187	1:45.51		125%	
200m Medley	Timed Final	4.	3:13.72	248	3:32.57		120%	
Ines Rua Fernandes, 2011 (15 years), Girls								
50m Freestyle	Timed Final	5.	32.12	363	32.95	08/03/2025	105%	6
100m Freestyle	Timed Final	3.	1:08.87	388	1:07.87	08/03/2025	97%	
200m Freestyle	Timed Final	3.	2:29.81	399	2:29.09	10/06/2025	99%	
50m Backstroke	Timed Final	1.	34.89	379	36.19	23/11/2025	108%	
100m Backstroke	Timed Final	2.	1:13.20	421	1:16.07	06/07/2025	108%	
200m Backstroke	Timed Final	2.	2:38.26	424	2:39.37	05/07/2025	101%	
200m Medley	Timed Final	2.	2:45.62	398	2:46.37	05/07/2025	101%	
400m Medley	Timed Final	2.	5:58.21	377	6:05.91	10/05/2025	104%	
Laura Jorge Alves, 2013 (13 years), Girls								
100m Backstroke	Timed Final	2.	1:19.22	332	1:22.36		108%	3
100m Butterfly	Timed Final	2.	1:22.88	277	1:23.93		103%	
200m Medley	Timed Final	1.	2:57.77	322	2:59.91		102%	
Leonor Carnide Silva, 2009 (17 years), Girls								
50m Freestyle	Timed Final	1.	27.86	557	27.16	13/12/2025	95%	5
100m Freestyle	Timed Final	2.	1:01.14	555	1:01.25	21/12/2025	100%	
400m Freestyle	Timed Final	1.	4:53.15	491	5:04.23		108%	
100m Backstroke	Timed Final	1.	1:07.45	538	1:10.58	18/10/2025	109%	
200m Backstroke	Timed Final	1.	2:34.89	452	2:37.15	23/11/2024	103%	
100m Breaststroke	Timed Final	3.	1:18.32	504	1:21.13	23/11/2024	107%	
50m Butterfly	Timed Final	1.	29.18	583	28.19	15/12/2024	93%	
100m Butterfly	Timed Final	1.	1:06.27	542	1:05.45	14/12/2024	98%	
Leonor Santos Silva, 2003 (23 years), Women								
400m Freestyle	Timed Final	1.	5:04.28	439	4:56.89		95%	-
800m Freestyle	Timed Final	1.	10:47.27	401	10:13.47		90%	
50m Butterfly	Timed Final	2.	30.89	491	30.79	23/11/2025	99%	
100m Butterfly	Timed Final	2.	1:11.13	438	1:07.81		91%	
200m Butterfly	Timed Final	1.	2:46.29	372	2:42.22	20/12/2025	95%	
Lorena Sofia Ribeiro, 2012 (14 years), Girls								
50m Freestyle	Timed Final	5.	33.29	326	33.07	07/02/2026	99%	3
100m Freestyle	Timed Final	2.	1:13.30	322	1:16.47	07/02/2026	109%	
200m Freestyle	Timed Final	5.	2:47.31	286	2:55.53	08/02/2026	110%	
400m Freestyle	Timed Final	13.	6:17.10	230	6:16.65	18/10/2025	100%	
100m Backstroke	Timed Final	8.	1:29.00	234	1:32.87	22/11/2025	109%	
200m Medley	Timed Final	10.	3:17.31	235	3:15.82	07/02/2026	98%	
Margarida Nunes Maio, 2011 (15 years), Girls								
100m Freestyle	Timed Final	5.	1:12.03	339	1:14.97	18/10/2025	108%	6
100m Backstroke	Timed Final	3.	1:20.23	320	1:28.68	06/07/2025	122%	
50m Breaststroke	Timed Final	1.	37.16	444	38.48	23/11/2025	107%	
100m Breaststroke	Timed Final	1.	1:22.03	439	1:29.34	18/10/2025	119%	
200m Breaststroke	Timed Final	1.	3:04.92	385	3:25.34	23/11/2025	123%	
200m Medley	Timed Final	4.	2:51.91	356	3:07.50	05/07/2025	119%	
Maria Carolina Eira, 2005 (21 years), Women								
50m Freestyle	Timed Final	2.	28.81	504	29.53	19/10/2024	105%	1
50m Backstroke	Timed Final	2.	30.88	546	29.79	21/12/2025	93%	
100m Backstroke	Timed Final	2.	1:06.10	572	1:03.90	20/12/2025	93%	

Maria Ines Mesquita, 2010 (16 years), Girls								2
50m Freestyle	Timed Final	6.	32.52	350	31.87		96%	
200m Freestyle	Timed Final	4.	2:39.02	333	2:26.06	10/06/2025	84%	
400m Freestyle	Timed Final	2.	5:05.18	435	5:01.49	18/01/2025	98%	
800m Freestyle	Timed Final	1.	10:47.21	401	10:23.81	08/03/2025	93%	
200m Backstroke	Timed Final	3.	2:50.25	340	2:53.56	05/07/2025	104%	
50m Butterfly	Timed Final	3.	33.51	385	35.08		110%	
200m Butterfly	Timed Final	1.	3:03.95	274	NT		-	
200m Medley	Timed Final	3.	2:45.74	397	2:41.30	08/03/2025	95%	
Maria Joao Gomes, 2013 (13 years), Girls								3
50m Freestyle	Timed Final	11.	36.31	251	34.71	07/02/2026	91%	
400m Freestyle	Timed Final	6.	5:57.51	270	6:20.14	18/10/2025	113%	
100m Backstroke	Timed Final	7.	1:27.28	248	1:29.16	23/11/2025	104%	
200m Medley	Timed Final	6.	3:09.64	265	3:11.93	07/02/2026	102%	
Maria Manuel Braz, 2009 (17 years), Girls								5
50m Freestyle	Timed Final	2.	28.39	526	28.81	20/12/2025	103%	
100m Freestyle	Timed Final	3.	1:01.48	546	1:00.58	20/12/2025	97%	
50m Backstroke	Timed Final	1.	33.96	411	35.95		112%	
100m Backstroke	Timed Final	2.	1:10.62	469	1:15.20		113%	
50m Breaststroke	Timed Final	1.	32.76	649	33.18	13/12/2025	103%	
100m Breaststroke	Timed Final	2.	1:14.16	594	1:12.41	20/12/2025	95%	
200m Breaststroke	Timed Final	2.	2:41.33	580	2:39.58	15/12/2025	98%	
400m Medley	Timed Final	1.	5:21.20	523	5:40.34		112%	
Maria Silva Poeta, 2010 (16 years), Girls								6
50m Freestyle	Timed Final	2.	30.74	415	31.50	24/11/2024	105%	
100m Freestyle	Timed Final	2.	1:08.03	403	1:07.43	16/11/2024	98%	
200m Freestyle	Timed Final	1.	2:24.14	448	2:27.58	09/03/2025	105%	
400m Freestyle	Timed Final	1.	5:00.57	455	5:13.19	09/03/2025	109%	
100m Backstroke	Timed Final	1.	1:09.69	488	1:11.32	17/01/2026	105%	
200m Backstroke	Timed Final	1.	2:33.21	467	2:28.81	08/12/2025	94%	
200m Medley	Timed Final	1.	2:38.42	455	2:39.54	18/01/2025	101%	
400m Medley	Timed Final	1.	5:28.15	491	5:31.64	21/12/2025	102%	
Martim Costa Goncalves, 2013 (13 years), Boys								5
200m Freestyle	Timed Final	5.	2:45.51	216	2:55.82	23/11/2025	113%	
100m Backstroke	Timed Final	3.	1:23.90	191	1:24.77	07/02/2026	102%	
200m Backstroke	Timed Final	3.	2:57.84	209	3:04.35	07/02/2026	107%	
100m Butterfly	Timed Final	1.	1:29.67	151	1:30.31	23/11/2025	101%	
200m Medley	Timed Final	3.	3:05.59	206	3:07.46	08/02/2026	102%	
Miguel Braz Alves, 2011 (15 years), Boys								5
50m Freestyle	Timed Final	4.	28.10	369	30.02	22/11/2025	114%	
100m Freestyle	Timed Final	3.	1:02.23	374	1:06.97	22/11/2025	116%	
50m Backstroke	Timed Final	3.	35.47	242	41.93	10/06/2025	140%	
100m Breaststroke	Timed Final	3.	1:25.20	273	1:36.74	05/07/2025	129%	
50m Butterfly	Timed Final	6.	30.87	349	34.42	22/11/2025	124%	
Miguel Ferreira Eira, 2013 (13 years), Boys								4
50m Freestyle	Timed Final	9.	37.40	156	38.68	08/02/2026	107%	
100m Freestyle	Timed Final	8.	1:18.87	183	1:20.65	08/02/2026	105%	
200m Freestyle	Timed Final	7.	2:48.59	204	2:52.11	07/02/2026	104%	
100m Backstroke	Timed Final	4.	1:27.70	167	1:30.90	07/02/2026	107%	
200m Backstroke	Timed Final	4.	3:12.07	166	NT		-	
200m Medley	Timed Final	6.	3:09.12	194	NT		-	
Miguel Pereira Carvalho, 2009 (17 years), Boys								6
50m Freestyle	Timed Final	3.	26.50	440	26.51	22/11/2025	100%	
100m Freestyle	Timed Final	5.	1:02.52	368	58.85	18/01/2025	89%	
400m Freestyle	Timed Final	2.	4:41.80	427	4:42.12	29/11/2025	100%	
50m Breaststroke	Timed Final	1.	30.48	548	31.80	29/11/2025	109%	
100m Breaststroke	Timed Final	1.	1:08.18	533	1:08.98	29/11/2025	102%	
200m Breaststroke	Timed Final	1.	2:35.86	458	2:37.78	23/11/2024	102%	
50m Butterfly	Timed Final	3.	30.00	381	29.54	09/03/2025	97%	
200m Medley	Timed Final	1.	2:22.03	459	2:33.67		117%	
Nuno Pinto Oliveira, 2010 (16 years), Boys								9
50m Freestyle	Timed Final	6.	29.09	332	29.52	18/10/2025	103%	
100m Freestyle	Timed Final	5.	1:04.70	332	1:07.94	22/11/2025	110%	
200m Freestyle	Timed Final	3.	2:24.09	327	2:36.06	29/11/2025	117%	
400m Freestyle	Timed Final	4.	5:04.42	338	5:23.80	09/03/2025	113%	
100m Backstroke	Timed Final	1.	1:12.13	300	1:15.57	18/10/2025	110%	
200m Backstroke	Timed Final	2.	2:35.42	313	2:45.35	05/07/2025	113%	
50m Butterfly	Timed Final	5.	30.32	369	31.72	17/01/2026	109%	
100m Butterfly	Timed Final	3.	1:10.43	312	1:10.59	17/01/2026	100%	
200m Medley	Timed Final	4.	2:37.87	334	2:44.68	10/06/2025	109%	
Renata Daniela Rangel, 2011 (15 years), Girls								3
50m Freestyle	Timed Final	4.	31.50	385	31.54	24/11/2024	100%	
100m Freestyle	Timed Final	9.	1:16.81	279	1:09.85	08/03/2025	83%	
200m Freestyle	Timed Final	6.	2:48.15	282	2:35.71	05/07/2025	86%	
50m Butterfly	Timed Final	5.	33.71	378	34.66	05/07/2025	106%	
100m Butterfly	Timed Final	3.	1:22.69	279	1:25.03	06/07/2025	106%	
Rodrigo Sousa Xavier, 2014 (12 years), Boys								4
100m Freestyle	Timed Final	1.	1:13.19	229	1:17.87	18/10/2025	113%	
400m Freestyle	Timed Final	1.	6:02.92	200	NT		-	

100m Backstroke	Timed Final	1.	1:25.10	183	1:29.53	22/11/2025	111%	
100m Breaststroke	Timed Final	1.	1:39.28	172	1:39.36	23/11/2025	100%	
100m Butterfly	Timed Final	1.	1:32.18	139	1:35.31	22/11/2025	107%	
200m Medley	Timed Final	1.	3:05.23	207	NT		-	
Susana Pedro Carvalhinha, 2013 (13 years), Girls								
50m Freestyle	Timed Final	6.	34.09	304	35.08	22/11/2025	106%	3
400m Freestyle	Timed Final	1.	5:23.71	364	5:36.00	07/02/2026	108%	
100m Backstroke	Timed Final	1.	1:19.10	334	1:20.88	20/02/2026	105%	
200m Backstroke	Timed Final	1.	2:53.57	321	2:51.18	22/02/2026	97%	
200m Medley	Timed Final	4.	3:01.95	300	2:57.76	07/02/2026	95%	
Tiago Daniel Penso, 2011 (15 years), Boys								
200m Freestyle	Timed Final	2.	2:06.90	480	2:15.12	09/03/2025	113%	8
400m Freestyle	Timed Final	2.	4:30.14	485	4:43.16	01/12/2025	110%	
200m Backstroke	Timed Final	1.	2:20.50	424	2:31.64	08/03/2025	116%	
50m Butterfly	Timed Final	2.	27.94	471	29.58	23/11/2025	112%	
100m Butterfly	Timed Final	2.	1:02.71	442	1:03.12	23/11/2025	101%	
200m Butterfly	Timed Final	1.	2:31.43	351	2:40.82	18/07/2025	113%	
200m Medley	Timed Final	1.	2:19.47	485	2:22.58	23/11/2025	105%	
400m Medley	Timed Final	1.	4:54.21	508	5:36.60		131%	
Tiago Manuel Fernandes, 2008 (18 years), Boys								
50m Freestyle	Timed Final	1.	24.40	564	23.94	13/12/2025	96%	3
100m Freestyle	Timed Final	1.	53.27	596	53.53	29/11/2025	101%	
400m Freestyle	Timed Final	1.	4:22.39	529	4:45.31		118%	
50m Backstroke	Timed Final	2.	29.94	402	28.57	13/12/2025	91%	
200m Backstroke	Timed Final	1.	2:25.80	380	2:45.10		128%	
100m Breaststroke	Timed Final	2.	1:09.18	510	1:08.19	23/11/2024	97%	
50m Butterfly	Timed Final	1.	26.56	549	25.96	14/12/2025	96%	
100m Butterfly	Timed Final	1.	59.39	520	58.68	09/03/2025	98%	
Vitoria Almeida Saraiva, 2013 (13 years), Girls								
50m Freestyle	Timed Final	17.	40.02	188	43.16	18/10/2025	116%	4
100m Backstroke	Timed Final	6.	1:26.54	255	1:25.25	07/02/2026	97%	
200m Backstroke	Timed Final	4.	3:06.18	260	3:06.11	08/02/2026	100%	
100m Breaststroke	Timed Final	5.	1:41.28	233	1:44.06	07/02/2026	106%	
200m Breaststroke	Timed Final	7.	3:36.20	241	3:37.68	07/02/2026	101%	
200m Medley	Timed Final	12.	3:21.06	222	3:34.12	18/10/2025	113%	
Individual								
Ines Esteves Carvalho, 2013 (13 years), Girls								
400m Freestyle	Timed Final	EXH	4:46.42	526	4:53.68	07/02/2026	105%	1
100m Backstroke	Timed Final	EXH	1:11.07	460	1:10.86	30/01/2026	99%	1