

Prueba 36
10/01/2026

Masc., 400m Libre

Abs.
Resultados

		AN			Tiempo	100m	200m	300m	400m			
608	JALLE BENITO, Luis	08	C.N. Iregua-Villamediana	4:19.64	1:02.08	1:06.80	1:07.41	1:03.35				
	50m:	29.79	29.79	150m:	1:34.92	32.84	250m:	2:42.11	33.23	350m:	3:49.16	32.87
	100m:	1:02.08	32.29	200m:	2:08.88	33.96	300m:	3:16.29	34.18	400m:	4:19.64	30.48
608	GARCIA GARNIKA, Unai	09	C.N. Logroño	4:19.77	1:02.40	1:06.89	1:06.82	1:03.66				
	50m:	29.70	29.70	150m:	1:35.61	33.21	250m:	2:42.62	33.33	350m:	3:48.85	32.74
	100m:	1:02.40	32.70	200m:	2:09.29	33.68	300m:	3:16.11	33.49	400m:	4:19.77	30.92
573	VILLAMIZAR SIERRA, J.	10	C.N. Logroño	4:24.85			350m:	3:53.12		400m:	4:24.85	31.73
	50m:	30.13	30.13	150m:	1:37.13		250m:	2:45.26		300m:		
	100m:			200m:			350m:			400m:		
572	HERNANDEZ MAZO, V.	07	C.N. Logroño	4:25.09	1:03.58	1:08.01	1:07.37	1:06.13				
	50m:	30.05	30.05	150m:	1:37.12	33.54	250m:	2:44.99	33.40	350m:	3:52.87	33.91
	100m:	1:03.58	33.53	200m:	2:11.59	34.47	300m:	3:18.96	33.97	400m:	4:25.09	32.22
453	GARCIA GARNIKA, Asier	12	C.N. Logroño	4:46.52	1:08.09	1:13.50	1:13.82	1:11.11				
	50m:	32.40	32.40	150m:	1:44.72	36.63	250m:	2:58.75	37.16	350m:	4:12.07	36.66
	100m:	1:08.09	35.69	200m:	2:21.59	36.87	300m:	3:35.41	36.66	400m:	4:46.52	34.45
398	CUSTARDOY CABAÑAS, E12		C.N. Logroño	4:58.94	1:12.36	1:17.02	1:16.09	1:13.47				
	50m:	34.14	34.14	150m:	1:51.39	39.03	250m:	3:07.54	38.16	350m:	4:23.74	38.27
	100m:	1:12.36	38.22	200m:	2:29.38	37.99	300m:	3:45.47	37.93	400m:	4:58.94	35.20
396	DAMIAN DAMIAN, Ander	10	Galdakao I.T.	4:59.64			350m:	4:21.54		400m:	4:59.64	38.10
	50m:	32.46	32.46	150m:	1:47.05		250m:	3:04.22		300m:		
	100m:			200m:			350m:			400m:		
343	GONZALEZ CAMPOS, S.	11	C.N. Barakaldo	5:14.34			350m:	4:36.97		400m:	5:14.34	37.37
	50m:	34.81	34.81	150m:	1:54.54		250m:	3:15.95		300m:		
	100m:			200m:			350m:			400m:		
309	OUTEIRAL SAIZAR, Ion	12	Ondarru Igeri Taldea	5:25.33	1:15.60	1:24.33	1:22.79	1:22.61				
	50m:	35.41	35.41	150m:	1:57.36	41.76	250m:	3:21.38	41.45	350m:	4:45.49	42.77
	100m:	1:15.60	40.19	200m:	2:39.93	42.57	300m:	4:02.72	41.34	400m:	5:25.33	39.84
305	BASARAS ARISTONDO, A.11		Ondarru Igeri Taldea	5:26.66	1:15.49	1:24.28	1:24.60	1:22.29				
	50m:	35.00	35.00	150m:	1:57.14	41.65	250m:	3:21.82	42.05	350m:	4:46.85	42.48
	100m:	1:15.49	40.49	200m:	2:39.77	42.63	300m:	4:04.37	42.55	400m:	5:26.66	39.81
247	VIDALES VILLAR, Pablo	12	Galdakao I.T.	5:50.52	1:20.83	1:30.13	1:31.58	1:27.98				
	50m:	38.11	38.11	150m:	2:05.70	44.87	250m:	3:36.56	45.60	350m:	5:07.91	45.37
	100m:	1:20.83	42.72	200m:	2:50.96	45.26	300m:	4:22.54	45.98	400m:	5:50.52	42.61
-	MAYORDOMO SANCHEZ,	10	A.D.N. Maristas									