



2º Torregri de Cadetes  
Pombal, 28 - 29/3/2026

Prova 12

28/03/2026 - 16:44

Masc., 400m Livres

Cadetes A  
Resultados

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
1. Mateus Matos, MORADO	14	<b>6:00.66</b>	203
50m: 38.68 38.68	150m: 2:12.14 47.93	250m: 3:45.29 46.76	350m: 5:16.99 45.46
100m: 1:24.21 45.53	200m: 2:58.53 46.39	300m: 4:31.53 46.24	400m: 6:00.66 43.67
2. Tomas Santos, MATIAS	14	<b>6:13.41</b>	183
50m: 42.30 42.30	150m: 2:19.30 48.51	250m: 3:57.62 49.00	350m: 5:31.51 45.07
100m: 1:30.79 48.49	200m: 3:08.62 49.32	300m: 4:46.44 48.82	400m: 6:13.41 41.90
3. Eduardo, TATARU	14	<b>6:26.17</b>	166
50m: 41.03 41.03	150m: 2:19.45 49.50	250m: 4:00.25 50.87	350m: 5:40.20 50.00
100m: 1:29.95 48.92	200m: 3:09.38 49.93	300m: 4:50.20 49.95	400m: 6:26.17 45.97
4. Tymofii Chikov, PORADYUK	14	<b>6:30.51</b>	160
50m: 43.31 43.31	150m: 2:25.02 51.11	250m: 4:06.63 51.00	350m: 5:46.41 49.97
100m: 1:33.91 50.60	200m: 3:15.63 50.61	300m: 4:56.44 49.81	400m: 6:30.51 44.10
5. Salvador Santos, VAZ	14	<b>6:32.99</b>	157
50m: 43.81 43.81	150m: 2:26.31 51.74	250m: 4:10.34 51.92	350m: 5:50.42 49.03
100m: 1:34.57 50.76	200m: 3:18.42 52.11	300m: 5:01.39 51.05	400m: 6:32.99 42.57
6. Matheus Silva, SANTOS	14	<b>6:34.88</b>	155
50m: 42.74 42.74	150m: 2:21.77 50.46	250m: 3:54.75 54.99	350m: 5:43.31 49.28
100m: 1:31.31 48.57	200m: 2:59.76 37.99	300m: 4:54.03 59.28	400m: 6:34.88 51.57
7. Afonso Daniel, BRITO	14	<b>6:39.09</b>	150
50m: 44.96 44.96	150m: 2:36.98 1:01.89	250m: 4:11.96 52.22	350m: 5:48.84 45.00
100m: 1:35.09 50.13	200m: 3:19.74 42.76	300m: 5:03.84 51.88	400m: 6:39.09 50.25
8. Miguel Pereira, ROQUE	14	<b>6:42.53</b>	146
50m: 47.11 47.11	150m: 2:32.86 53.00	250m: 4:19.06 52.13	350m: 5:58.56 48.53
100m: 1:39.86 52.75	200m: 3:26.93 54.07	300m: 5:10.03 50.97	400m: 6:42.53 43.97
9. Simao, VIEIRA	14	<b>6:49.25</b>	139
50m: 45.03 45.03	150m: 2:30.81 53.17	250m: 4:14.53 53.17	350m: 5:58.11 51.15
100m: 1:37.64 52.61	200m: 3:21.36 50.55	300m: 5:06.96 52.43	400m: 6:49.25 51.14
10. Tomas Cardoso, VIEIRA	14	<b>6:53.17</b>	135
50m: 44.46 44.46	150m: 2:28.46 52.43	250m: 4:14.57 53.29	350m: 5:58.92 51.43
100m: 1:36.03 51.57	200m: 3:21.28 52.82	300m: 5:07.49 52.92	400m: 6:53.17 54.25
11. Demian, DUDINOV	14	<b>6:55.06</b>	133
50m: 42.84 42.84	150m: 2:26.53 52.30	250m: 4:14.66 54.28	350m: 6:04.45 56.00
100m: 1:34.23 51.39	200m: 3:20.38 53.85	300m: 5:08.45 53.79	400m: 6:55.06 50.61
12. Martim Raminhos, SILVA	14	<b>7:00.14</b>	128
50m: 47.99 47.99	150m: 2:38.03 55.16	250m: 4:27.35 54.10	350m: 6:14.99 53.29
100m: 1:42.87 54.88	200m: 3:33.25 55.22	300m: 5:21.70 54.35	400m: 7:00.14 45.15
13. Simao Oliveira, FERNANDES	14	<b>7:19.17</b>	112
50m: 45.85 45.85	150m: 2:36.49 56.64	250m: 4:30.67 58.93	350m: 6:25.17 56.47
100m: 1:39.85 54.00	200m: 3:31.74 55.25	300m: 5:28.70 58.03	400m: 7:19.17 54.00
14. Bruno Miguel, POMBO	14	<b>7:24.74</b>	108
50m: 49.06 49.06	150m: 2:39.56 56.71	250m: 4:34.42 56.79	350m: 6:31.38 57.28
100m: 1:42.85 53.79	200m: 3:37.63 58.07	300m: 5:34.10 59.68	400m: 7:24.74 53.36
15. Guilherme Carvalho, FERREIRA	14	<b>7:27.51</b>	106
50m: 49.19 49.19	150m: 2:43.55 57.46	250m: 4:41.72 59.03	350m: 6:36.84 56.54
100m: 1:46.09 56.90	200m: 3:42.69 59.14	300m: 5:40.30 58.58	400m: 7:27.51 50.67