

lange afstand - longues distances
Blankenberge, 18/1/2026

Epreuve 3
18/1/26 - 13:43

800m Libre

2015 et plus agés
Liste résultats

open gén. Dames: 16:00.00; gén. Messieurs: 16:00.00

Rang	AN		Temps		insch. tijd							
veteranen 30, Dames												
1.	Goegebeur Sarah		96	BZV	12:59.86		12:53.52					
	100m:	1:26.85	1:26.85	300m:	4:41.66	1:39.10	500m:	8:01.79	1:40.37	700m:	11:21.89	1:39.95
	200m:	3:02.56	1:35.71	400m:	6:21.42	1:39.76	600m:	9:41.94	1:40.15	800m:	12:59.86	1:37.97
senioren, Dames												
1.	Cocquyt Ashley		07	VZG	11:49.66		11:58.62					
	100m:	1:19.58	1:19.58	300m:	4:14.93	1:28.10	500m:	7:16.43	1:31.75	700m:	10:22.23	1:33.74
	200m:	2:46.83	1:27.25	400m:	5:44.68	1:29.75	600m:	8:48.49	1:32.06	800m:	11:49.66	1:27.43
pupillen, Filles												
1.	Thijs Diede		08	DELF	10:46.50		11:30.00					
	100m:	1:15.34	1:15.34	300m:	3:59.06	1:21.97	500m:	6:44.15	1:22.69	700m:	9:28.90	1:22.09
	200m:	2:37.09	1:21.75	400m:	5:21.46	1:22.40	600m:	8:06.81	1:22.66	800m:	10:46.50	1:17.60
2.	Vermote Noor		09	VZN	12:43.48		NT					
	100m:	1:28.36	1:28.36	300m:	4:42.50	1:38.07	500m:	7:58.53	1:38.21	700m:	11:14.03	1:37.75
	200m:	3:04.43	1:36.07	400m:	6:20.32	1:37.82	600m:	9:36.28	1:37.75	800m:	12:43.48	1:29.45
3.	Vergauwe Yanaika		09	VZN	13:11.51		14:19.32					
	100m:	1:27.07	1:27.07	300m:	4:46.33	1:42.59	500m:	8:10.41	1:41.89	700m:	11:37.98	1:44.10
	200m:	3:03.74	1:36.67	400m:	6:28.52	1:42.19	600m:	9:53.88	1:43.47	800m:	13:11.51	1:33.53
kadetten, Filles												
1.	Van Hecke Amber		10	VZO	11:01.36		12:40.07					
	100m:	1:14.69	1:14.69	300m:	3:58.36	1:21.84	500m:	6:45.59	1:25.53	700m:	9:39.04	1:27.24
	200m:	2:36.52	1:21.83	400m:	5:20.06	1:21.70	600m:	8:11.80	1:26.21	800m:	11:01.36	1:22.32
2.	Proot Annabelle		11	BZV	11:45.92		12:51.74					
	100m:	1:21.25	1:21.25	300m:	4:20.53	1:30.02	500m:	7:24.70	1:32.21	700m:	10:24.25	1:28.50
	200m:	2:50.51	1:29.26	400m:	5:52.49	1:31.96	600m:	8:55.75	1:31.05	800m:	11:45.92	1:21.67
3.	Vangheluwe Mare		11	BZV	12:15.41		NT					
	100m:	1:24.18	1:24.18	300m:	4:36.10	1:37.40	500m:	7:43.43	1:32.40	700m:	10:47.84	1:30.70
	200m:	2:58.70	1:34.52	400m:	6:11.03	1:34.93	600m:	9:17.14	1:33.71	800m:	12:15.41	1:27.57
miniemen, Filles												
1.	Cattoor Pauline		12	BZV	11:08.41		12:00.41					
	100m:	1:11.74	1:11.74	300m:	3:58.68	1:24.52	500m:	6:52.91	1:27.81	700m:	9:46.80	1:26.20
	200m:	2:34.16	1:22.42	400m:	5:25.10	1:26.42	600m:	8:20.60	1:27.69	800m:	11:08.41	1:21.61
2.	Schelfaut Evy		13	VZG	12:18.27		14:13.33					
	100m:	1:26.09	1:26.09	300m:	4:34.58	1:34.71	500m:	7:49.31	1:38.13	700m:	11:01.44	1:35.47
	200m:	2:59.87	1:33.78	400m:	6:11.18	1:36.60	600m:	9:25.97	1:36.66	800m:	12:18.27	1:16.83
3.	Bultinck Inte		13	BZV	12:57.54		NT					
	100m:	1:24.95	1:24.95	300m:	4:41.71	1:38.64	500m:	8:00.13	1:38.94	700m:	11:22.13	1:40.04
	200m:	3:03.07	1:38.12	400m:	6:21.19	1:39.48	600m:	9:42.09	1:41.96	800m:	12:57.54	1:35.41
4.	Cnockaert Ella		12	VZN	12:59.00		14:39.66					
	100m:	1:22.37	1:22.37	300m:	4:41.05	1:40.96	500m:	8:05.02	1:42.72	700m:	11:31.52	1:42.25
	200m:	3:00.09	1:37.72	400m:	6:22.30	1:41.25	600m:	9:49.27	1:44.25	800m:	12:59.00	1:27.48
5.	Demeester Decordier Liesel		13	VZN	14:13.93		NT					
	100m:	1:36.85	1:36.85	300m:	5:12.96	1:49.12	500m:	8:54.52	1:49.15	700m:	12:29.52	1:45.59
	200m:	3:23.84	1:46.99	400m:	7:05.37	1:52.41	600m:	10:43.93	1:49.41	800m:	14:13.93	1:44.41

lange afstand - longues distances
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Epreuve 3, Filles, 800m Libre, miniemen

Rang	AN	Temp	insch. tijd									
6. Bourez Tess	13	COK	14:23.74	14:22.54								
			100m: 1:30.71	1:30.71	300m: 5:12.89	1:54.46	500m: 9:03.42	1:52.20	700m: 12:47.69	1:49.64		
			200m: 3:18.43	1:47.72	400m: 7:11.22	1:58.33	600m: 10:58.05	1:54.63	800m: 14:23.74	1:36.05		
7. Van Haerenborgh Marieke	13	ZVM	14:25.46	NT								
			100m: 1:36.49	1:36.49	300m: 5:16.62	1:51.06	500m: 8:54.19	1:50.50	700m: 12:37.50	1:52.63		
			200m: 3:25.56	1:49.07	400m: 7:03.69	1:47.07	600m: 10:44.87	1:50.68	800m: 14:25.46	1:47.96		
8. Callebout Naevia	13	VZO	14:38.34	NT								
			100m: 1:38.16	1:38.16	300m: 5:22.02	1:52.50	500m: 9:09.92	1:55.21	700m: 12:53.94	1:50.06		
			200m: 3:29.52	1:51.36	400m: 7:14.71	1:52.69	600m: 11:03.88	1:53.96	800m: 14:38.34	1:44.40		
9. Van Overstraeten Fien	13	VZG	14:46.12	16:02.52								
			100m: 1:43.05	1:43.05	300m: 5:29.17	1:54.00	500m: 9:20.67	1:55.93	700m: 13:06.02	1:49.50		
			200m: 3:35.17	1:52.12	400m: 7:24.74	1:55.57	600m: 11:16.52	1:55.85	800m: 14:46.12	1:40.10		
10. Loncke Roos	12	VZO	15:27.19	15:39.20								
			100m: 1:42.47	1:42.47	300m: 5:35.27	1:57.21	500m: 9:35.39	2:00.23	700m: 13:33.05	1:59.50		
			200m: 3:38.06	1:55.59	400m: 7:35.16	1:59.89	600m: 11:33.55	1:58.16	800m: 15:27.19	1:54.14		

benjamins, Filles

1. Droissart Nette	15	BZV	11:57.15	NT								
			100m: 1:24.42	1:24.42	300m: 4:30.36	1:33.15	500m: 7:34.99	1:31.44	700m: 10:35.67	1:29.21		
			200m: 2:57.21	1:32.79	400m: 6:03.55	1:33.19	600m: 9:06.46	1:31.47	800m: 11:57.15	1:21.48		
2. Colenbier Pia	14	ZIB	12:19.64	14:07.20								
			100m: 1:22.74	1:22.74	300m: 4:26.96	1:33.72	500m: 7:40.81	1:37.57	700m: 10:52.71	1:34.68		
			200m: 2:53.24	1:30.50	400m: 6:03.24	1:36.28	600m: 9:18.03	1:37.22	800m: 12:19.64	1:26.93		
3. Lamaire Julie	14	VZN	12:28.79	13:13.06								
			100m: 1:26.01	1:26.01	300m: 4:35.97	1:36.04	500m: 7:49.00	1:36.22	700m: 11:02.77	1:36.30		
			200m: 2:59.93	1:33.92	400m: 6:12.78	1:36.81	600m: 9:26.47	1:37.47	800m: 12:28.79	1:26.02		
4. Govaerts Kaylee	15	BZV	13:01.05	NT								
			100m: 1:28.73	1:28.73	300m: 4:45.05	1:39.32	500m: 8:06.03	1:40.43	700m: 11:28.77	1:41.37		
			200m: 3:05.73	1:37.00	400m: 6:25.60	1:40.55	600m: 9:47.40	1:41.37	800m: 13:01.05	1:32.28		
5. Diallo Bintou	14	COK	13:26.39	14:09.58								
			100m: 1:28.77	1:28.77	300m: 4:48.07	1:39.92	500m: 8:18.19	1:45.64	700m: 11:50.56	1:45.48		
			200m: 3:08.15	1:39.38	400m: 6:32.55	1:44.48	600m: 10:05.08	1:46.89	800m: 13:26.39	1:35.83		
6. Van den Bergh Saige	15	ZVM	15:38.02	NT								
			100m: 1:46.03	1:46.03	300m: 5:47.08	2:03.20	500m: 9:49.27	2:00.38	700m: 13:47.63	1:56.85		
			200m: 3:43.88	1:57.85	400m: 7:48.89	2:01.81	600m: 11:50.78	2:01.51	800m: 15:38.02	1:50.39		
7. Moyaert Niene	15	VZO	15:46.81	NT								
			100m: 1:42.26	1:42.26	300m: 5:37.54	1:57.51	500m: 9:43.28	2:03.73	700m: 13:54.71	2:08.26		
			200m: 3:40.03	1:57.77	400m: 7:39.55	2:02.01	600m: 11:46.45	2:03.17	800m: 15:46.81	1:52.10		
8. Van Overstraeten Lotte	15	VZG	15:46.97	NT								
			100m: 1:50.20	1:50.20	300m: 5:48.09	1:58.46	500m: 9:52.23	2:02.07	700m: 13:54.14	2:00.37		
			200m: 3:49.63	1:59.43	400m: 7:50.16	2:02.07	600m: 11:53.77	2:01.54	800m: 15:46.97	1:52.83		
9. Verhoeven Mira	15	ZVM	17:23.84	NT								
			100m: 2:01.92	2:01.92	300m: 6:30.29	2:13.84	500m: 11:01.96	2:12.46	700m: 15:25.53	2:07.85		
			200m: 4:16.45	2:14.53	400m: 8:49.50	2:19.21	600m: 13:17.68	2:15.72	800m: 17:23.84	1:58.31		

algemeen, Dames

1. Thijs Diede	08	DELFF	10:46.50	11:30.00								
			100m: 1:15.34	1:15.34	300m: 3:59.06	1:21.97	500m: 6:44.15	1:22.69	700m: 9:28.90	1:22.09		
			200m: 2:37.09	1:21.75	400m: 5:21.46	1:22.40	600m: 8:06.81	1:22.66	800m: 10:46.50	1:17.60		
2. Van Hecke Amber	10	VZO	11:01.36	12:40.07								
			100m: 1:14.69	1:14.69	300m: 3:58.36	1:21.84	500m: 6:45.59	1:25.53	700m: 9:39.04	1:27.24		
			200m: 2:36.52	1:21.83	400m: 5:20.06	1:21.70	600m: 8:11.80	1:26.21	800m: 11:01.36	1:22.32		
3. Cattoor Pauline	12	BZV	11:08.41	12:00.41								
			100m: 1:11.74	1:11.74	300m: 3:58.68	1:24.52	500m: 6:52.91	1:27.81	700m: 9:46.80	1:26.20		
			200m: 2:34.16	1:22.42	400m: 5:25.10	1:26.42	600m: 8:20.60	1:27.69	800m: 11:08.41	1:21.61		

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Epreuve 3, Dames, 800m Libre, algemeen

Rang	AN	Temp	insch. tijd									
4. Proot Annabelle	11	BZV	11:45.92	12:51.74								
			100m: 1:21.25	1:21.25	300m: 4:20.53	1:30.02	500m: 7:24.70	1:32.21	700m: 10:24.25	1:28.50		
			200m: 2:50.51	1:29.26	400m: 5:52.49	1:31.96	600m: 8:55.75	1:31.05	800m: 11:45.92	1:21.67		
5. Cocquyt Ashley	07	VZG	11:49.66	11:58.62								
			100m: 1:19.58	1:19.58	300m: 4:14.93	1:28.10	500m: 7:16.43	1:31.75	700m: 10:22.23	1:33.74		
			200m: 2:46.83	1:27.25	400m: 5:44.68	1:29.75	600m: 8:48.49	1:32.06	800m: 11:49.66	1:27.43		
6. Droissart Nette	15	BZV	11:57.15	NT								
			100m: 1:24.42	1:24.42	300m: 4:30.36	1:33.15	500m: 7:34.99	1:31.44	700m: 10:35.67	1:29.21		
			200m: 2:57.21	1:32.79	400m: 6:03.55	1:33.19	600m: 9:06.46	1:31.47	800m: 11:57.15	1:21.48		
7. Vangheluwe Mare	11	BZV	12:15.41	NT								
			100m: 1:24.18	1:24.18	300m: 4:36.10	1:37.40	500m: 7:43.43	1:32.40	700m: 10:47.84	1:30.70		
			200m: 2:58.70	1:34.52	400m: 6:11.03	1:34.93	600m: 9:17.14	1:33.71	800m: 12:15.41	1:27.57		
8. Schelfaut Evy	13	VZG	12:18.27	14:13.33								
			100m: 1:26.09	1:26.09	300m: 4:34.58	1:34.71	500m: 7:49.31	1:38.13	700m: 11:01.44	1:35.47		
			200m: 2:59.87	1:33.78	400m: 6:11.18	1:36.60	600m: 9:25.97	1:36.66	800m: 12:18.27	1:16.83		
9. Colenbier Pia	14	ZIB	12:19.64	14:07.20								
			100m: 1:22.74	1:22.74	300m: 4:26.96	1:33.72	500m: 7:40.81	1:37.57	700m: 10:52.71	1:34.68		
			200m: 2:53.24	1:30.50	400m: 6:03.24	1:36.28	600m: 9:18.03	1:37.22	800m: 12:19.64	1:26.93		
10. Lamaire Julie	14	VZN	12:28.79	13:13.06								
			100m: 1:26.01	1:26.01	300m: 4:35.97	1:36.04	500m: 7:49.00	1:36.22	700m: 11:02.77	1:36.30		
			200m: 2:59.93	1:33.92	400m: 6:12.78	1:36.81	600m: 9:26.47	1:37.47	800m: 12:28.79	1:26.02		
11. Vermote Noor	09	VZN	12:43.48	NT								
			100m: 1:28.36	1:28.36	300m: 4:42.50	1:38.07	500m: 7:58.53	1:38.21	700m: 11:14.03	1:37.75		
			200m: 3:04.43	1:36.07	400m: 6:20.32	1:37.82	600m: 9:36.28	1:37.75	800m: 12:43.48	1:29.45		
12. Bultinck Inte	13	BZV	12:57.54	NT								
			100m: 1:24.95	1:24.95	300m: 4:41.71	1:38.64	500m: 8:00.13	1:38.94	700m: 11:22.13	1:40.04		
			200m: 3:03.07	1:38.12	400m: 6:21.19	1:39.48	600m: 9:42.09	1:41.96	800m: 12:57.54	1:35.41		
13. Cnockaert Ella	12	VZN	12:59.00	14:39.66								
			100m: 1:22.37	1:22.37	300m: 4:41.05	1:40.96	500m: 8:05.02	1:42.72	700m: 11:31.52	1:42.25		
			200m: 3:00.09	1:37.72	400m: 6:22.30	1:41.25	600m: 9:49.27	1:44.25	800m: 12:59.00	1:27.48		
14. Goegebeur Sarah	96	BZV	12:59.86	12:53.52								
			100m: 1:26.85	1:26.85	300m: 4:41.66	1:39.10	500m: 8:01.79	1:40.37	700m: 11:21.89	1:39.95		
			200m: 3:02.56	1:35.71	400m: 6:21.42	1:39.76	600m: 9:41.94	1:40.15	800m: 12:59.86	1:37.97		
15. Govaerts Kaylee	15	BZV	13:01.05	NT								
			100m: 1:28.73	1:28.73	300m: 4:45.05	1:39.32	500m: 8:06.03	1:40.43	700m: 11:28.77	1:41.37		
			200m: 3:05.73	1:37.00	400m: 6:25.60	1:40.55	600m: 9:47.40	1:41.37	800m: 13:01.05	1:32.28		
16. Vergauwe Yanaika	09	VZN	13:11.51	14:19.32								
			100m: 1:27.07	1:27.07	300m: 4:46.33	1:42.59	500m: 8:10.41	1:41.89	700m: 11:37.98	1:44.10		
			200m: 3:03.74	1:36.67	400m: 6:28.52	1:42.19	600m: 9:53.88	1:43.47	800m: 13:11.51	1:33.53		
17. Diallo Bintou	14	COK	13:26.39	14:09.58								
			100m: 1:28.77	1:28.77	300m: 4:48.07	1:39.92	500m: 8:18.19	1:45.64	700m: 11:50.56	1:45.48		
			200m: 3:08.15	1:39.38	400m: 6:32.55	1:44.48	600m: 10:05.08	1:46.89	800m: 13:26.39	1:35.83		
18. Demeester Decordier Liesel	13	VZN	14:13.93	NT								
			100m: 1:36.85	1:36.85	300m: 5:12.96	1:49.12	500m: 8:54.52	1:49.15	700m: 12:29.52	1:45.59		
			200m: 3:23.84	1:46.99	400m: 7:05.37	1:52.41	600m: 10:43.93	1:49.41	800m: 14:13.93	1:44.41		
19. Bourez Tess	13	COK	14:23.74	14:22.54								
			100m: 1:30.71	1:30.71	300m: 5:12.89	1:54.46	500m: 9:03.42	1:52.20	700m: 12:47.69	1:49.64		
			200m: 3:18.43	1:47.72	400m: 7:11.22	1:58.33	600m: 10:58.05	1:54.63	800m: 14:23.74	1:36.05		
20. Van Haerenborgh Marieke	13	ZVM	14:25.46	NT								
			100m: 1:36.49	1:36.49	300m: 5:16.62	1:51.06	500m: 8:54.19	1:50.50	700m: 12:37.50	1:52.63		
			200m: 3:25.56	1:49.07	400m: 7:03.69	1:47.07	600m: 10:44.87	1:50.68	800m: 14:25.46	1:47.96		
21. Callebout Naevia	13	VZO	14:38.34	NT								
			100m: 1:38.16	1:38.16	300m: 5:22.02	1:52.50	500m: 9:09.92	1:55.21	700m: 12:53.94	1:50.06		
			200m: 3:29.52	1:51.36	400m: 7:14.71	1:52.69	600m: 11:03.88	1:53.96	800m: 14:38.34	1:44.40		
22. Van Overstraeten Fien	13	VZG	14:46.12	16:02.52								
			100m: 1:43.05	1:43.05	300m: 5:29.17	1:54.00	500m: 9:20.67	1:55.93	700m: 13:06.02	1:49.50		
			200m: 3:35.17	1:52.12	400m: 7:24.74	1:55.57	600m: 11:16.52	1:55.85	800m: 14:46.12	1:40.10		

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Epreuve 3, Dames, 800m Libre, algemeen

Rang	AN	Temp	insch. tijd
23. Loncke Roos	12 VZO	15:27.19	15:39.20
100m: 1:42.47	1:42.47	300m: 5:35.27	1:57.21
200m: 3:38.06	1:55.59	400m: 7:35.16	1:59.89
		500m: 9:35.39	2:00.23
		600m: 11:33.55	1:58.16
		700m: 13:33.05	1:59.50
		800m: 15:27.19	1:54.14
24. Van den Bergh Saige	15 ZVM	15:38.02	NT
100m: 1:46.03	1:46.03	300m: 5:47.08	2:03.20
200m: 3:43.88	1:57.85	400m: 7:48.89	2:01.81
		500m: 9:49.27	2:00.38
		600m: 11:50.78	2:01.51
		700m: 13:47.63	1:56.85
		800m: 15:38.02	1:50.39
25. Moyaert Niene	15 VZO	15:46.81	NT
100m: 1:42.26	1:42.26	300m: 5:37.54	1:57.51
200m: 3:40.03	1:57.77	400m: 7:39.55	2:02.01
		500m: 9:43.28	2:03.73
		600m: 11:46.45	2:03.17
		700m: 13:54.71	2:08.26
		800m: 15:46.81	1:52.10
26. Van Overstraeten Lotte	15 VZG	15:46.97	NT
100m: 1:50.20	1:50.20	300m: 5:48.09	1:58.46
200m: 3:49.63	1:59.43	400m: 7:50.16	2:02.07
		500m: 9:52.23	2:02.07
		600m: 11:53.77	2:01.54
		700m: 13:54.14	2:00.37
		800m: 15:46.97	1:52.83
27. Verhoeven Mira	15 ZVM	17:23.84	NT
100m: 2:01.92	2:01.92	300m: 6:30.29	2:13.84
200m: 4:16.45	2:14.53	400m: 8:49.50	2:19.21
		500m: 11:01.96	2:12.46
		600m: 13:17.68	2:15.72
		700m: 15:25.53	2:07.85
		800m: 17:23.84	1:58.31

veteranen 65, Messieurs

1. Caestecker Wilfried	61 VZSA	14:26.21	14:14.49
100m: 1:32.08	1:32.08	300m: 5:04.61	1:48.46
200m: 3:16.15	1:44.07	400m: 6:55.48	1:50.87
		500m: 8:48.31	1:52.83
		600m: 10:41.97	1:53.66
		700m: 12:34.14	1:52.17
		800m: 14:26.21	1:52.07

veteranen 45, Messieurs

1. Callebout Ringo	80 VZO	12:53.11	NT
100m: 1:16.12	1:16.12	300m: 4:11.88	1:31.88
200m: 2:40.00	1:23.88	400m: 5:49.41	1:37.53
		500m: 7:33.02	1:43.61
		600m: 9:22.07	1:49.05
		700m: 11:09.02	1:46.95
		800m: 12:53.11	1:44.09
2. Schissler Thierry	78 VZO	13:45.89	NT
100m: 1:31.11	1:31.11	300m: 5:02.05	1:47.00
200m: 3:15.05	1:43.94	400m: 5:54.36	52.31
		500m: 7:40.61	1:46.25
		600m: 9:27.67	1:47.06
		700m: 11:14.99	1:47.32
		800m: 13:45.89	2:30.90

veteranen 40, Messieurs

1. Metais Raphaël	85 CNMR	15:15.07	14:39.99
100m: 1:26.18	1:26.18	300m: 5:15.97	1:57.43
200m: 3:18.54	1:52.36	400m: 7:16.19	2:00.22
		500m: 9:15.20	1:59.01
		600m: 11:16.48	2:01.28
		700m: 13:16.68	2:00.20
		800m: 15:15.07	1:58.39

senioren, Messieurs

1. Vandaele Hannes	02 VZO	10:10.79	10:40.44
100m: 1:08.78	1:08.78	300m: 3:41.54	1:16.72
200m: 2:24.82	1:16.04	400m: 4:59.35	1:17.81
		500m: 6:17.28	1:17.93
		600m: 7:36.30	1:19.02
		700m: 8:55.87	1:19.57
		800m: 10:10.79	1:14.92

pupillen, Garçons

1. Dumon Tiebert	08 ZIB	9:46.57	9:41.85
100m: 1:07.24	1:07.24	300m: 3:36.79	1:14.55
200m: 2:22.24	1:15.00	400m: 4:51.85	1:15.06
		500m: 6:06.49	1:14.64
		600m: 7:21.05	1:14.56
		700m: 8:35.85	1:14.80
		800m: 9:46.57	1:10.72
2. Van Hecke Mathis	09 VZO	10:19.63	10:53.37
100m: 1:10.96	1:10.96	300m: 3:45.71	1:17.79
200m: 2:27.92	1:16.96	400m: 5:05.74	1:20.03
		500m: 6:25.03	1:19.29
		600m: 7:44.66	1:19.63
		700m: 9:04.59	1:19.93
		800m: 10:19.63	1:15.04
3. Eeckhout Ward	08 DELF	10:33.80	10:17.75
100m: 1:10.87	1:10.87	300m: 3:49.82	1:20.74
200m: 2:29.08	1:18.21	400m: 5:11.27	1:21.45
		500m: 6:31.90	1:20.63
		600m: 7:53.27	1:21.37
		700m: 9:14.82	1:21.55
		800m: 10:33.80	1:18.98
4. Bauwens Maxime	09 ZIB	11:14.37	11:29.76
100m: 1:15.35	1:15.35	300m: 4:01.86	1:24.42
200m: 2:37.44	1:22.09	400m: 5:27.54	1:25.68
		500m: 6:54.70	1:27.16
		600m: 8:22.68	1:27.98
		700m: 9:50.47	1:27.79
		800m: 11:14.37	1:23.90

lange afstand - longues distances
Blankenberge, 18/1/2026

Epreuve 3, Garçons, 800m Libre, pupillen

Rang	AN		BZV		Temps	insch. tijd					
5. Bultinck Tibbe	08		BZV		11:36.20	11:38.81					
100m:	1:12.39	1:12.39	300m:	4:05.58	1:28.01	500m:	7:03.75	1:29.24	700m:	10:10.00	1:31.68
200m:	2:37.57	1:25.18	400m:	5:34.51	1:28.93	600m:	8:38.32	1:34.57	800m:	11:36.20	1:26.20

kadetten, Garçons

1. Denecker Viktor	10		VZG		10:42.37	11:32.86					
100m:	1:10.74	1:10.74	300m:	3:52.52	1:20.75	500m:	6:39.25	1:23.80	700m:	9:26.35	1:22.72
200m:	2:31.77	1:21.03	400m:	5:15.45	1:22.93	600m:	8:03.63	1:24.38	800m:	10:42.37	1:16.02
2. Degreef Lex	11		BZV		11:03.57	12:41.85					
100m:	1:13.73	1:13.73	300m:	4:00.05	1:23.94	500m:	6:50.92	1:25.56	700m:	9:46.43	1:27.26
200m:	2:36.11	1:22.38	400m:	5:25.36	1:25.31	600m:	8:19.17	1:28.25	800m:	11:03.57	1:17.14
3. verbruggen Liam	11		ZVM		11:23.85	12:39.84					
100m:	1:19.41	1:19.41	300m:	4:12.97	1:27.58	500m:	7:07.87	1:25.86	700m:	10:04.81	1:28.28
200m:	2:45.39	1:25.98	400m:	5:42.01	1:29.04	600m:	8:36.53	1:28.66	800m:	11:23.85	1:19.04
4. Bertrem Leon	11		BZV		11:41.59	12:45.68					
100m:	1:22.47	1:22.47	300m:	4:22.55	1:30.41	500m:	7:23.73	1:30.45	700m:	10:21.00	1:28.14
200m:	2:52.14	1:29.67	400m:	5:53.28	1:30.73	600m:	8:52.86	1:29.13	800m:	11:41.59	1:20.59
5. Tessier Guillaume	11		BZV		12:24.52	14:40.59					
100m:	1:20.22	1:20.22	300m:	4:27.01	1:35.63	500m:	7:39.85	1:36.25	700m:	10:56.88	1:37.71
200m:	2:51.38	1:31.16	400m:	6:03.60	1:36.59	600m:	9:19.17	1:39.32	800m:	12:24.52	1:27.64
6. Cattoor Thibault	11		BZV		13:32.77	14:19.86					
100m:	1:26.29	1:26.29	300m:	4:47.87	1:42.22	500m:	8:23.83	1:48.32	700m:	11:56.93	1:46.20
200m:	3:05.65	1:39.36	400m:	6:35.51	1:47.64	600m:	10:10.73	1:46.90	800m:	13:32.77	1:35.84

miniemen, Garçons

1. Turek Louis	13		ZVM		12:10.48	NT					
100m:	1:24.36	1:24.36	300m:	4:26.53	1:31.90	500m:	7:33.57	1:32.59	700m:	10:43.24	1:35.18
200m:	2:54.63	1:30.27	400m:	6:00.98	1:34.45	600m:	9:08.06	1:34.49	800m:	12:10.48	1:27.24
2. Vervaecke Mathis	13		VZO		15:35.21	16:26.19					
100m:	1:45.14	1:45.14	300m:	5:43.64	2:00.61	500m:	9:44.71	2:00.60	700m:	13:43.43	1:56.22
200m:	3:43.03	1:57.89	400m:	7:44.11	2:00.47	600m:	11:47.21	2:02.50	800m:	15:35.21	1:51.78

benjamins, Garçons

1. Pollet Wannes	14		BZV		12:38.66	14:36.27					
100m:	1:30.05	1:30.05	300m:	4:39.49	1:35.57	500m:	7:54.33	1:38.45	700m:	11:11.14	1:36.93
200m:	3:03.92	1:33.87	400m:	6:15.88	1:36.39	600m:	9:34.21	1:39.88	800m:	12:38.66	1:27.52
2. Vanmaeckelberghe Bas	14		VZO		13:26.47	13:47.77					
100m:	1:35.00	1:35.00	300m:	5:05.96	1:45.48	500m:	8:32.32	1:41.63	700m:	11:53.70	1:40.87
200m:	3:20.48	1:45.48	400m:	6:50.69	1:44.73	600m:	10:12.83	1:40.51	800m:	13:26.47	1:32.77
3. Schissler Mathis	15		VZO		14:07.61	NT					
100m:	1:35.40	1:35.40	300m:	5:07.57	1:46.50	500m:	8:45.72	1:48.77	700m:	12:27.67	1:50.61
200m:	3:21.07	1:45.67	400m:	6:56.95	1:49.38	600m:	10:37.06	1:51.34	800m:	14:07.61	1:39.94
4. Proot Jerome	14		BZV		14:21.23	15:00.22					
100m:	1:37.04	1:37.04	300m:	5:13.36	1:48.97	500m:	8:54.20	1:50.74	700m:	12:37.41	1:51.97
200m:	3:24.39	1:47.35	400m:	7:03.46	1:50.10	600m:	10:45.44	1:51.24	800m:	14:21.23	1:43.82
5. Van Haerenborgh Klaas	15		ZVM		14:48.40	NT					
100m:	1:35.05	1:35.05	300m:	5:14.95	1:53.02	500m:	9:07.37	1:56.50	700m:	12:56.69	1:55.63
200m:	3:21.93	1:46.88	400m:	7:10.87	1:55.92	600m:	11:01.06	1:53.69	800m:	14:48.40	1:51.71
6. Dhainaut Tristan	15		COK		14:59.27	15:45.67					
100m:	1:46.54	1:46.54	300m:	5:34.69	1:55.35	500m:	9:24.21	1:54.96	700m:	13:13.84	1:53.06
200m:	3:39.34	1:52.80	400m:	7:29.25	1:54.56	600m:	11:20.78	1:56.57	800m:	14:59.27	1:45.43
7. Verbesselt Louis	15		VZN		15:47.97	NT					
100m:	1:54.06	1:54.06	300m:	6:05.62	2:06.05	500m:	10:12.57	2:03.98	700m:	14:07.46	1:57.60
200m:	3:59.57	2:05.51	400m:	8:08.59	2:02.97	600m:	12:09.86	1:57.29	800m:	15:47.97	1:40.51

lange afstand - longues distances
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Epreuve 3, Garçons, 800m Libre, benjamins

Rang	AN	VZG	Temp	insch. tijd									
8.	Van Overstraeten Bram	14	VZG	16:12.94	18:08.14								
	100m: 1:46.74	1:46.74	300m: 5:51.07	2:03.59	500m: 10:05.90	2:07.96	700m: 14:12.46	2:01.57					
	200m: 3:47.48	2:00.74	400m: 7:57.94	2:06.87	600m: 12:10.89	2:04.99	800m: 16:12.94	2:00.48					
9.	Gestels Merlijn	15	BZV	16:24.50	NT								
	100m: 1:46.43	1:46.43	300m: 5:54.71	2:05.53	500m: 10:09.14	2:07.83	700m: 14:24.28	2:04.75					
	200m: 3:49.18	2:02.75	400m: 8:01.31	2:06.60	600m: 12:19.53	2:10.39	800m: 16:24.50	2:00.22					
algemeen, Messieurs													
1.	Dumon Tiebert	08	ZIB	9:46.57	9:41.85								
	100m: 1:07.24	1:07.24	300m: 3:36.79	1:14.55	500m: 6:06.49	1:14.64	700m: 8:35.85	1:14.80					
	200m: 2:22.24	1:15.00	400m: 4:51.85	1:15.06	600m: 7:21.05	1:14.56	800m: 9:46.57	1:10.72					
2.	Vandaele Hannes	02	VZO	10:10.79	10:40.44								
	100m: 1:08.78	1:08.78	300m: 3:41.54	1:16.72	500m: 6:17.28	1:17.93	700m: 8:55.87	1:19.57					
	200m: 2:24.82	1:16.04	400m: 4:59.35	1:17.81	600m: 7:36.30	1:19.02	800m: 10:10.79	1:14.92					
3.	Van Hecke Mathis	09	VZO	10:19.63	10:53.37								
	100m: 1:10.96	1:10.96	300m: 3:45.71	1:17.79	500m: 6:25.03	1:19.29	700m: 9:04.59	1:19.93					
	200m: 2:27.92	1:16.96	400m: 5:05.74	1:20.03	600m: 7:44.66	1:19.63	800m: 10:19.63	1:15.04					
4.	Eeckhout Ward	08	DELFI	10:33.80	10:17.75								
	100m: 1:10.87	1:10.87	300m: 3:49.82	1:20.74	500m: 6:31.90	1:20.63	700m: 9:14.82	1:21.55					
	200m: 2:29.08	1:18.21	400m: 5:11.27	1:21.45	600m: 7:53.27	1:21.37	800m: 10:33.80	1:18.98					
5.	Denecker Viktor	10	VZG	10:42.37	11:32.86								
	100m: 1:10.74	1:10.74	300m: 3:52.52	1:20.75	500m: 6:39.25	1:23.80	700m: 9:26.35	1:22.72					
	200m: 2:31.77	1:21.03	400m: 5:15.45	1:22.93	600m: 8:03.63	1:24.38	800m: 10:42.37	1:16.02					
6.	Degreef Lex	11	BZV	11:03.57	12:41.85								
	100m: 1:13.73	1:13.73	300m: 4:00.05	1:23.94	500m: 6:50.92	1:25.56	700m: 9:46.43	1:27.26					
	200m: 2:36.11	1:22.38	400m: 5:25.36	1:25.31	600m: 8:19.17	1:28.25	800m: 11:03.57	1:17.14					
7.	Bauwens Maxime	09	ZIB	11:14.37	11:29.76								
	100m: 1:15.35	1:15.35	300m: 4:01.86	1:24.42	500m: 6:54.70	1:27.16	700m: 9:50.47	1:27.79					
	200m: 2:37.44	1:22.09	400m: 5:27.54	1:25.68	600m: 8:22.68	1:27.98	800m: 11:14.37	1:23.90					
8.	verbruggen Liam	11	ZVM	11:23.85	12:39.84								
	100m: 1:19.41	1:19.41	300m: 4:12.97	1:27.58	500m: 7:07.87	1:25.86	700m: 10:04.81	1:28.28					
	200m: 2:45.39	1:25.98	400m: 5:42.01	1:29.04	600m: 8:36.53	1:28.66	800m: 11:23.85	1:19.04					
9.	Bultinck Tibbe	08	BZV	11:36.20	11:38.81								
	100m: 1:12.39	1:12.39	300m: 4:05.58	1:28.01	500m: 7:03.75	1:29.24	700m: 10:10.00	1:31.68					
	200m: 2:37.57	1:25.18	400m: 5:34.51	1:28.93	600m: 8:38.32	1:34.57	800m: 11:36.20	1:26.20					
10.	Bertrem Leon	11	BZV	11:41.59	12:45.68								
	100m: 1:22.47	1:22.47	300m: 4:22.55	1:30.41	500m: 7:23.73	1:30.45	700m: 10:21.00	1:28.14					
	200m: 2:52.14	1:29.67	400m: 5:53.28	1:30.73	600m: 8:52.86	1:29.13	800m: 11:41.59	1:20.59					
11.	Turek Louis	13	ZVM	12:10.48	NT								
	100m: 1:24.36	1:24.36	300m: 4:26.53	1:31.90	500m: 7:33.57	1:32.59	700m: 10:43.24	1:35.18					
	200m: 2:54.63	1:30.27	400m: 6:00.98	1:34.45	600m: 9:08.06	1:34.49	800m: 12:10.48	1:27.24					
12.	Tessier Guillaume	11	BZV	12:24.52	14:40.59								
	100m: 1:20.22	1:20.22	300m: 4:27.01	1:35.63	500m: 7:39.85	1:36.25	700m: 10:56.88	1:37.71					
	200m: 2:51.38	1:31.16	400m: 6:03.60	1:36.59	600m: 9:19.17	1:39.32	800m: 12:24.52	1:27.64					
13.	Pollet Wannas	14	BZV	12:38.66	14:36.27								
	100m: 1:30.05	1:30.05	300m: 4:39.49	1:35.57	500m: 7:54.33	1:38.45	700m: 11:11.14	1:36.93					
	200m: 3:03.92	1:33.87	400m: 6:15.88	1:36.39	600m: 9:34.21	1:39.88	800m: 12:38.66	1:27.52					
14.	Callebout Ringo	80	VZO	12:53.11	NT								
	100m: 1:16.12	1:16.12	300m: 4:11.88	1:31.88	500m: 7:33.02	1:43.61	700m: 11:09.02	1:46.95					
	200m: 2:40.00	1:23.88	400m: 5:49.41	1:37.53	600m: 9:22.07	1:49.05	800m: 12:53.11	1:44.09					
15.	Vanmaeckelberghe Bas	14	VZO	13:26.47	13:47.77								
	100m: 1:35.00	1:35.00	300m: 5:05.96	1:45.48	500m: 8:32.32	1:41.63	700m: 11:53.70	1:40.87					
	200m: 3:20.48	1:45.48	400m: 6:50.69	1:44.73	600m: 10:12.83	1:40.51	800m: 13:26.47	1:32.77					
16.	Cattoor Thibault	11	BZV	13:32.77	14:19.86								
	100m: 1:26.29	1:26.29	300m: 4:47.87	1:42.22	500m: 8:23.83	1:48.32	700m: 11:56.93	1:46.20					
	200m: 3:05.65	1:39.36	400m: 6:35.51	1:47.64	600m: 10:10.73	1:46.90	800m: 13:32.77	1:35.84					

lange afstand - longues distances
Blankenberge, 18/1/2026

Epreuve 3, Messieurs, 800m Libre, algemeen

Rang	AN		Temps		insch. tijd						
17. Schissler Thierry	78	VZO	13:45.89	NT							
100m:	1:31.11	1:31.11	300m:	5:02.05	1:47.00	500m:	7:40.61	1:46.25	700m:	11:14.99	1:47.32
200m:	3:15.05	1:43.94	400m:	5:54.36	52.31	600m:	9:27.67	1:47.06	800m:	13:45.89	2:30.90
18. Schissler Mathis	15	VZO	14:07.61	NT							
100m:	1:35.40	1:35.40	300m:	5:07.57	1:46.50	500m:	8:45.72	1:48.77	700m:	12:27.67	1:50.61
200m:	3:21.07	1:45.67	400m:	6:56.95	1:49.38	600m:	10:37.06	1:51.34	800m:	14:07.61	1:39.94
19. Proot Jerome	14	BZV	14:21.23	15:00.22							
100m:	1:37.04	1:37.04	300m:	5:13.36	1:48.97	500m:	8:54.20	1:50.74	700m:	12:37.41	1:51.97
200m:	3:24.39	1:47.35	400m:	7:03.46	1:50.10	600m:	10:45.44	1:51.24	800m:	14:21.23	1:43.82
20. Caestecker Wilfried	61	VZSA	14:26.21	14:14.49							
100m:	1:32.08	1:32.08	300m:	5:04.61	1:48.46	500m:	8:48.31	1:52.83	700m:	12:34.14	1:52.17
200m:	3:16.15	1:44.07	400m:	6:55.48	1:50.87	600m:	10:41.97	1:53.66	800m:	14:26.21	1:52.07
21. Van Haerenborgh Klaas	15	ZVM	14:48.40	NT							
100m:	1:35.05	1:35.05	300m:	5:14.95	1:53.02	500m:	9:07.37	1:56.50	700m:	12:56.69	1:55.63
200m:	3:21.93	1:46.88	400m:	7:10.87	1:55.92	600m:	11:01.06	1:53.69	800m:	14:48.40	1:51.71
22. Dhainaut Tristan	15	COK	14:59.27	15:45.67							
100m:	1:46.54	1:46.54	300m:	5:34.69	1:55.35	500m:	9:24.21	1:54.96	700m:	13:13.84	1:53.06
200m:	3:39.34	1:52.80	400m:	7:29.25	1:54.56	600m:	11:20.78	1:56.57	800m:	14:59.27	1:45.43
23. Metais Raphaël	85	CNMR	15:15.07	14:39.99							
100m:	1:26.18	1:26.18	300m:	5:15.97	1:57.43	500m:	9:15.20	1:59.01	700m:	13:16.68	2:00.20
200m:	3:18.54	1:52.36	400m:	7:16.19	2:00.22	600m:	11:16.48	2:01.28	800m:	15:15.07	1:58.39
24. Vervaecke Mathis	13	VZO	15:35.21	16:26.19							
100m:	1:45.14	1:45.14	300m:	5:43.64	2:00.61	500m:	9:44.71	2:00.60	700m:	13:43.43	1:56.22
200m:	3:43.03	1:57.89	400m:	7:44.11	2:00.47	600m:	11:47.21	2:02.50	800m:	15:35.21	1:51.78
25. Verbesselt Louis	15	VZN	15:47.97	NT							
100m:	1:54.06	1:54.06	300m:	6:05.62	2:06.05	500m:	10:12.57	2:03.98	700m:	14:07.46	1:57.60
200m:	3:59.57	2:05.51	400m:	8:08.59	2:02.97	600m:	12:09.86	1:57.29	800m:	15:47.97	1:40.51
26. Van Overstraeten Bram	14	VZG	16:12.94	18:08.14							
100m:	1:46.74	1:46.74	300m:	5:51.07	2:03.59	500m:	10:05.90	2:07.96	700m:	14:12.46	2:01.57
200m:	3:47.48	2:00.74	400m:	7:57.94	2:06.87	600m:	12:10.89	2:04.99	800m:	16:12.94	2:00.48
27. Gestels Merlijn	15	BZV	16:24.50	NT							
100m:	1:46.43	1:46.43	300m:	5:54.71	2:05.53	500m:	10:09.14	2:07.83	700m:	14:24.28	2:04.75
200m:	3:49.18	2:02.75	400m:	8:01.31	2:06.60	600m:	12:19.53	2:10.39	800m:	16:24.50	2:00.22