

RSR: Championnats Romand Masters OPEN
Cossonay, 25/4/2026

Epreuve 7		Dames, 400m Libre			19 ans et plus
25/04/2026 - 9:55					Liste des séries
Swiss Master Records 95 - 99	59:59.99	,			
Swiss Master Records 90 - 94	59:59.99	,			
Swiss Master Records 85 - 89	59:59.99	,			
Swiss Master Records 80 - 84	59:59.99	,			
Swiss Master Records 75 - 79	6:47.36	NESTOR, Irene	BA	Gau-Algesheim (GER)	18/01/2025
Swiss Master Records 70 - 74	6:35.40	NESTOR, Irene	BA	Gau-Algesheim (GER)	18/01/2020
Swiss Master Records 65 - 69	59:59.99	,			
Swiss Master Records 60 - 64	5:43.55	BOHNET, Rita	SCSH	Prilly	03/11/2024
Swiss Master Records 55 - 59	5:18.13	TANNÒ, Susanne	GLAR	Chur	02/11/2025
Swiss Master Records 50 - 54	5:11.30	TANNÒ, Susanne	GLAR	Brugg	05/11/2023
Swiss Master Records 45 - 49	5:22.08	MC LAUGHLIN, Melania	NSG	Nyon	03/11/2019
Swiss Master Records 40 - 44	5:11.21	MITTAZ, Monika	SPB	Prilly	03/11/2024
Swiss Master Records 35 - 39	5:14.52	GAFNER, Simone	GEN	Meyzieu (FRA)	26/01/2020
Swiss Master Records 30 - 34	4:54.91	MANZONI, Isabella	SKBE	Nyon	02/11/2019
Swiss Master Records 25 - 29	4:50.88	PERRUCHOUD, Sophie	VN	Bulle	08/02/2020

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Série 1 de 2

2	MARUCA, Rosalba	91	Renens-Natation	6:09.52
3	CAPATI, Giulia	99	Lausanne Aquatique	5:20.00
4	FITZ, Isabell	78	SC Delphin Uetendorf	5:25.00

Série 2 de 2

2	MITTAZ, Monika	83	Sporting Bulle Natation	5:12.00
3	MALMBERG, Aurelia	01	Natation Sportive Genève	5:00.10
4	DESIRE VALDOR, Paula	99	Natation Sportive Genève	5:12.00