

RSR: Championnats Romand Masters OPEN
Cossonay, 25/4/2026

Epreuve 8 Messieurs, 400m Libre 19 ans et plus
25/04/2026 - 10:10 Liste résultats

Swiss Master Records 95 - 99	20:44.35	KELLER, Werner	BA	Nyon	02/11/2019
Swiss Master Records 90 - 94	59:59.99	,			
Swiss Master Records 85 - 89	59:59.99	,			
Swiss Master Records 80 - 84	8:30.63	DIEZI, René	STL	Nyon	02/11/2019
Swiss Master Records 75 - 79	6:02.41	FREI, Kurt	BA	Innsbruck (AUT)	02/10/2021
Swiss Master Records 70 - 74	5:25.85	RUSCH, Benedikt	SCFG	Villingen (GER)	27/10/2024
Swiss Master Records 65 - 69	4:57.92	MCMAHON, Kenneth	AMT	Prilly	03/11/2024
Swiss Master Records 60 - 64	4:55.20	ALLEGRINI, Philippe	RFN	Cossonay	25/04/2026
Swiss Master Records 55 - 59	4:37.87	ALLEGRINI, Philippe	RFN	Neuchatel	07/11/2021
Swiss Master Records 50 - 54	4:41.89	ALLEGRINI, Philippe	RFN	Nyon	03/11/2019
Swiss Master Records 45 - 49	4:36.05	BAILLOD, Julien	RFN	Plan-les-Ouates	22/03/2025
Swiss Master Records 40 - 44	4:32.08	MARANÒ, Stefano	LMM	Chur	02/11/2025
Swiss Master Records 35 - 39	4:24.94	BAILLOD, Julien	NYON	Nyon	03/11/2019
Swiss Master Records 30 - 34	4:48.43	PAGANI, Ivan	TURR	Brugg	06/11/2022
Swiss Master Records 25 - 29	4:09.99	BERGER, Cédric	VN	Bulle	08/02/2020

Points: AQUA Master 2025

Rank			AG			Temps			Pts
70 - 74 ans									
1.	SESTER, Alain		56	CN La Chaux-de-Fonds		6:18.10			436M
	50m:	44.88 44.88	150m:	2:20.57 48.37	250m:	3:57.42 48.33	350m:	5:32.47 47.44	
	100m:	1:32.20 47.32	200m:	3:09.09 48.52	300m:	4:45.03 47.61	400m:	6:18.10 45.63	
60 - 64 ans									
1.	ALLEGRINI, Philippe		66	Red-Fish Neuchâtel		4:55.20			744M
	50m:	33.27 33.27	150m:	1:47.14 37.36	250m:	3:03.05 38.12	350m:	4:18.77 38.01	
	100m:	1:09.78 36.51	200m:	2:24.93 37.79	300m:	3:40.76 37.71	400m:	4:55.20 36.43	
35 - 39 ans									
1.	DESQUINES, Valentin		88	CN Plan-les-Ouates		5:20.59			407M
	50m:	35.46 35.46	150m:	1:54.53 40.53	250m:	3:17.22 41.61	350m:	4:41.22 42.20	
	100m:	1:14.00 38.54	200m:	2:35.61 41.08	300m:	3:59.02 41.80	400m:	5:20.59 39.37	
25 - 29 ans									
1.	JAUSSI, Adrien		99	Meyrin-Natation		4:37.19			570M
	50m:	28.92 28.92	150m:	1:38.77 35.86	250m:	2:52.43 36.82	350m:	4:03.66 34.29	
	100m:	1:02.91 33.99	200m:	2:15.61 36.84	300m:	3:29.37 36.94	400m:	4:37.19 33.53	