

RSR: Championnats Romands Eté
Grand-Lancy, 26 - 28/6/2026

Epreuve 4 Dames, 400m 4 nages Open
26/06/2026 - 16:00 Liste résultats Finales

Swiss National Records 4:45.12 VAN BERKEL Martina Eva LIMM Rio (BRA) 06/08/2016
Records régionaux de la Romandie 4:56.68 HAUER Lilla GEN Uster 09/04/2026

Points: AQUA 2025

Rang			AN							Temps	Pts	
Finale A												
1.	RICHARD Loane		09	Red-Fish Neuchâtel						5:02.97	664	
	50m:	30.57	30.57	150m:	1:45.10	39.83	250m:	3:09.12	45.22	350m:	4:29.60	35.21
	100m:	1:05.27	34.70	200m:	2:23.90	38.80	300m:	3:54.39	45.27	400m:	5:02.97	33.37
2.	NOVY Mathilde		10	Vevey-Natation						5:26.34	531	
	50m:	34.86	34.86	150m:	1:58.05	41.44	250m:	3:25.40	47.28	350m:	4:50.18	36.94
	100m:	1:16.61	41.75	200m:	2:38.12	40.07	300m:	4:13.24	47.84	400m:	5:26.34	36.16
3.	LA GROTTERIA Alyssia		10	CN La Chaux-de-Fonds						5:31.57	506	
	50m:	32.90	32.90	150m:	1:58.54	44.56	250m:	3:28.44	46.59	350m:	4:53.75	39.00
	100m:	1:13.98	41.08	200m:	2:41.85	43.31	300m:	4:14.75	46.31	400m:	5:31.57	37.82
4.	CHARBONNIER Kira		08	Lancy Natation						5:39.37	472	
	50m:	34.44	34.44	150m:	2:01.04	44.83	250m:	3:31.73	46.87	350m:	5:00.44	41.09
	100m:	1:16.21	41.77	200m:	2:44.86	43.82	300m:	4:19.35	47.62	400m:	5:39.37	38.93
5.	ROCCHI Camilla		13	Natation Sportive Genève						5:42.99	457	
	50m:	34.91	34.91	150m:	2:02.04	45.22	250m:	3:35.16	48.67	350m:	5:04.20	40.26
	100m:	1:16.82	41.91	200m:	2:46.49	44.45	300m:	4:23.94	48.78	400m:	5:42.99	38.79
6.	STETTLER Inès		12	Lancy Natation						5:47.43	440	
	50m:	33.93	33.93	150m:	2:06.70	46.47	250m:	3:41.03	50.51	350m:	5:10.71	40.04
	100m:	1:20.23	46.30	200m:	2:50.52	43.82	300m:	4:30.67	49.64	400m:	5:47.43	36.72
7.	MCLAUGHLIN Francesca		11	Natation Sportive Genève						5:49.17	434	
	50m:	36.98	36.98	150m:	2:06.69	44.35	250m:	3:40.77	50.63	350m:	5:10.41	39.18
	100m:	1:22.34	45.36	200m:	2:50.14	43.45	300m:	4:31.23	50.46	400m:	5:49.17	38.76
8.	CARROZZO Audrey		13	Genève Natation 1885						5:50.99	427	
	50m:	36.43	36.43	150m:	2:05.58	44.07	250m:	3:40.30	51.50	350m:	5:13.22	40.94
	100m:	1:21.51	45.08	200m:	2:48.80	43.22	300m:	4:32.28	51.98	400m:	5:50.99	37.77
Finale B												
9.	ERARD Nina		12	CN La Chaux-de-Fonds						5:44.63	451	
	50m:	36.47	36.47	150m:	2:04.54	44.82	250m:	3:37.99	48.32	350m:	5:06.94	39.12
	100m:	1:19.72	43.25	200m:	2:49.67	45.13	300m:	4:27.82	49.83	400m:	5:44.63	37.69
10.	BONDA Mélissa		13	Lausanne Aquatique						6:00.23	395	
	50m:	38.19	38.19	150m:	2:10.91	46.40	250m:	3:45.95	50.65	350m:	5:20.02	42.99
	100m:	1:24.51	46.32	200m:	2:55.30	44.39	300m:	4:37.03	51.08	400m:	6:00.23	40.21
11.	SCHMIDT Laura		13	Lausanne Aquatique						6:08.73	368	
	50m:	40.13	40.13	150m:	2:15.62	46.53	250m:	3:55.25	54.43	350m:	5:28.95	41.97
	100m:	1:29.09	48.96	200m:	3:00.82	45.20	300m:	4:46.98	51.73	400m:	6:08.73	39.78
12.	PEZZULO Louise		13	Genève Natation 1885						6:12.17	358	
	50m:	43.15	43.15	150m:	2:17.21	49.07	250m:	4:00.75	56.86	350m:	5:33.29	39.35
	100m:	1:28.14	44.99	200m:	3:03.89	46.68	300m:	4:53.94	53.19	400m:	6:12.17	38.88
13.	PELKA Emma		14	CN Sion						6:22.22	330	
	50m:	39.51	39.51	150m:	2:17.29	49.33	250m:	3:59.15	54.24	350m:	5:39.69	43.91
	100m:	1:27.96	48.45	200m:	3:04.91	47.62	300m:	4:55.78	56.63	400m:	6:22.22	42.53
disq.	ERARD Lola		14	CN La Chaux-de-Fonds						6:05.57		
	<i>403 - Pas touché le mur simultanément avec les deux mains (arrivée)</i>											
	50m:	39.86	39.86	150m:	2:17.11	46.67	250m:	3:53.77	50.42	350m:	5:25.53	40.52
	100m:	1:30.44	50.58	200m:	3:03.35	46.24	300m:	4:45.01	51.24	400m:	6:05.57	40.04