

RSR: Championnats Romands Eté
Grand-Lancy, 26 - 28/6/2026

Epreuve 3 Messieurs, 400m 4 nages Open
26/06/2026 - 9:45 Liste résultats Eliminatoires

Swiss National Records 4:12.86 DESPLANCHES Jérémy GEN Rennes (FRA) 16/04/2019
Records régionaux de la Romandie 4:12.86 DESPLANCHES Jérémy GEN Rennes (FRA) 16/04/2019

Time standard Futura - 13: 6:13.00 / Time standard Youth 14 - 15: 5:47.00 / Time standard Open 16 +: 5:22.50

Points: AQUA 2025

Rang			AN					Temps	Pts	
1.	GUIDOTTI Lorenzo		08	Genève Natation 1885				4:47.52	599	A
	50m: 28.19	28.19	150m: 1:42.99	40.59	250m: 3:01.86	38.12	350m: 4:18.75	35.02		
	100m: 1:02.40	34.21	200m: 2:23.74	40.75	300m: 3:43.73	41.87	400m: 4:47.52	28.77		
2.	MOSCONI Pietro		09	Genève Natation 1885				4:59.54	530	A
	50m: 28.98	28.98	150m: 1:44.18	40.35	250m: 3:06.52	44.07	350m: 4:26.08	34.86		
	100m: 1:03.83	34.85	200m: 2:22.45	38.27	300m: 3:51.22	44.70	400m: 4:59.54	33.46		
3.	DONATI Ernesto		11	Lausanne Aquatique				4:59.76	529	A
	50m: 30.81	30.81	150m: 1:48.09	40.89	250m: 3:10.07	42.99	350m: 4:27.13	34.27		
	100m: 1:07.20	36.39	200m: 2:27.08	38.99	300m: 3:52.86	42.79	400m: 4:59.76	32.63		
4.	TOMSA Callum		11	Renens-Natation				5:02.66	514	A
	50m: 31.79	31.79	150m: 1:48.96	39.97	250m: 3:09.98	42.45	350m: 4:28.78	36.00		
	100m: 1:08.99	37.20	200m: 2:27.53	38.57	300m: 3:52.78	42.80	400m: 5:02.66	33.88		
5.	DOS SANTOS Fabio		10	Sporting Bulle Natation				5:04.79	503	A
	50m: 30.79	30.79	150m: 1:51.91	42.80	250m: 3:13.93	41.30	350m: 4:31.75	36.37		
	100m: 1:09.11	38.32	200m: 2:32.63	40.72	300m: 3:55.38	41.45	400m: 5:04.79	33.04		
6.	ZWEIACKER Charly		10	Red-Fish Neuchâtel				5:05.86	498	A
	50m: 31.34	31.34	150m: 1:49.23	39.40	250m: 3:11.60	44.45	350m: 4:32.42	35.47		
	100m: 1:09.83	38.49	200m: 2:27.15	37.92	300m: 3:56.95	45.35	400m: 5:05.86	33.44		
7.	TRUREO Patrick		12	CN Sion				5:06.51	495	A
	50m: 31.14	31.14	150m: 1:49.16	41.21	250m: 3:13.74	44.35	350m: 4:33.96	35.11		
	100m: 1:07.95	36.81	200m: 2:29.39	40.23	300m: 3:58.85	45.11	400m: 5:06.51	32.55		
8.	DI LORENZO Luca		09	CN Yverdon				5:11.47	471	A
	50m: 32.82	32.82	150m: 1:49.71	39.84	250m: 3:15.61	46.18	350m: 4:37.71	35.44		
	100m: 1:09.87	37.05	200m: 2:29.43	39.72	300m: 4:02.27	46.66	400m: 5:11.47	33.76		
9.	KOHLENER Sacha		11	Red-Fish Neuchâtel				5:12.64	466	B
	50m: 31.74	31.74	150m: 1:46.37	36.89	250m: 3:11.20	47.07	350m: 4:36.45	35.44		
	100m: 1:09.48	37.74	200m: 2:24.13	37.76	300m: 4:01.01	49.81	400m: 5:12.64	36.19		
10.	VOLET Nathan		11	Vevey-Natation				5:14.27	459	B
	50m: 30.80	30.80	150m: 1:49.16	42.42	250m: 3:16.36	47.29	350m: 4:39.93	36.07		
	100m: 1:06.74	35.94	200m: 2:29.07	39.91	300m: 4:03.86	47.50	400m: 5:14.27	34.34		
11.	PETERS Stijn		11	Genève Natation 1885				5:14.62	457	B
	50m: 32.80	32.80	150m: 1:54.03	41.12	250m: 3:17.42	43.32	350m: 4:38.92	36.73		
	100m: 1:12.91	40.11	200m: 2:34.10	40.07	300m: 4:02.19	44.77	400m: 5:14.62	35.70		
12.	MABILLARD Guillaume		09	Genève Natation 1885				5:19.70	436	B
	50m: 34.36	34.36	150m: 1:57.63	43.05	250m: 3:24.05	45.89	350m: 4:45.79	35.58		
	100m: 1:14.58	40.22	200m: 2:38.16	40.53	300m: 4:10.21	46.16	400m: 5:19.70	33.91		
13.	BAILLOD Julien		80	Red-Fish Neuchâtel				5:29.08	400	B *
	50m: 34.98	34.98	150m: 2:00.52	45.27	250m: 3:29.11	45.49	350m: 4:53.43	38.65		
	100m: 1:15.25	40.27	200m: 2:43.62	43.10	300m: 4:14.78	45.67	400m: 5:29.08	35.65		
14.	CUJEAN Hugo		12	Renens-Natation				5:30.18	396	B
	50m: 32.34	32.34	150m: 1:54.95	42.77	250m: 3:25.61	49.33	350m: 4:53.64	39.13		
	100m: 1:12.18	39.84	200m: 2:36.28	41.33	300m: 4:14.51	48.90	400m: 5:30.18	36.54		
15.	FREI Luca		12	Morges-Natation				5:30.31	395	B
	50m: 33.48	33.48	150m: 1:56.73	43.77	250m: 3:25.82	46.59	350m: 4:51.91	39.08		
	100m: 1:12.96	39.48	200m: 2:39.23	42.50	300m: 4:12.83	47.01	400m: 5:30.31	38.40		
16.	WEBER Julien		12	Lausanne Aquatique				5:40.12	362	B
	50m: 35.59	35.59	150m: 2:00.74	42.80	250m: 3:32.63	49.70	350m: 5:01.94	40.29		
	100m: 1:17.94	42.35	200m: 2:42.93	42.19	300m: 4:21.65	49.02	400m: 5:40.12	38.18		

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Rang			AN					Temps	Pts
17.	TISSOT-DIT-SANFIN Nils		12	Rolle Natation				5:41.29	358 C
	50m:	37.61 37.61	150m:	2:07.99	44.90	250m:	3:36.73 47.11	350m:	5:03.70 39.05
	100m:	1:23.09 45.48	200m:	2:49.62	41.63	300m:	4:24.65 47.92	400m:	5:41.29 37.59
18.	WEBER Ayden		13	Renens-Natation				5:47.78	339 C
	50m:	37.72 37.72	150m:	2:06.97	44.65	250m:	3:39.49 49.11	350m:	5:09.50 38.25
	100m:	1:22.32 44.60	200m:	2:50.38	43.41	300m:	4:31.25 51.76	400m:	5:47.78 38.28
19.	RAMIREZ Ismaïl		13	Natation Sportive Genève				5:51.44	328 C
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	5:51.44
20.	FOUCART Lois		13	Vevey-Natation				5:55.80	316 C
	50m:	38.08 38.08	150m:	2:09.57	42.89	250m:	3:45.06 52.57	350m:	5:16.61 40.59
	100m:	1:26.68 48.60	200m:	2:52.49	42.92	300m:	4:36.02 50.96	400m:	5:55.80 39.19
21.	POULOS Frankiskos		14	Natation Sportive Genève				6:01.27	302 C
	50m:	38.24 38.24	150m:	2:10.69	45.77	250m:	3:48.77 53.02	350m:	5:21.92 40.82
	100m:	1:24.92 46.68	200m:	2:55.75	45.06	300m:	4:41.10 52.33	400m:	6:01.27 39.35
disq.	GILLIÉRON William		15	Lausanne Aquatique				5:42.74	
	<i>303 - Pas touché le mur simultanément avec les deux mains (virage ...)</i>								
	50m:	37.53 37.53	150m:	2:03.90	42.69	250m:	3:36.99 50.85	350m:	5:06.12 38.29
	100m:	1:21.21 43.68	200m:	2:46.14	42.24	300m:	4:27.83 50.84	400m:	5:42.74 36.62