

RSR: Championnats Romands Eté
Grand-Lancy, 26 - 28/6/2026

Epreuve 26
27/06/2026 - 17:00

Dames, 400m Libre

Open
Liste résultats Finales

Swiss National Records	4:09.29	RIGAMONTI Flavia	AST	Austin (USA)	06/06/2008
Records régionaux de la Romandie	4:15.94	OBERSON Swann Gabrielle	NSG	Zurich	10/05/2007

Points: AQUA 2025

Rang			AN							Temps	Pts	
Finale A												
1.	RICHARD Loane		09	Red-Fish Neuchâtel						4:37.57	609	
	50m:	32.97	32.97	150m:	1:44.88	36.00	250m:	2:56.29	35.56	350m:	4:06.09	34.52
	100m:	1:08.88	35.91	200m:	2:20.73	35.85	300m:	3:31.57	35.28	400m:	4:37.57	31.48
2.	PICCIRILLI Lisa		06	Red-Fish Neuchâtel						4:41.02	587	
	50m:	32.61	32.61	150m:	1:44.48	35.91	250m:	2:55.94	35.19	350m:	4:06.52	34.75
	100m:	1:08.57	35.96	200m:	2:20.75	36.27	300m:	3:31.77	35.83	400m:	4:41.02	34.50
3.	NOVY Mathilde		10	Vevey-Natation						4:48.13	545	
	50m:	32.29	32.29	150m:	1:44.85	36.74	250m:	2:58.01	36.70	350m:	4:11.97	36.93
	100m:	1:08.11	35.82	200m:	2:21.31	36.46	300m:	3:35.04	37.03	400m:	4:48.13	36.16
4.	KAMPHUIS Lisa		12	Lancy Natation						4:52.15	522	
	50m:	34.01	34.01	150m:	1:48.77	37.67	250m:	3:04.06	37.69	350m:	4:17.85	36.31
	100m:	1:11.10	37.09	200m:	2:26.37	37.60	300m:	3:41.54	37.48	400m:	4:52.15	34.30
5.	ERARD Nina		12	CN La Chaux-de-Fonds						4:55.67	504	
	50m:	33.34	33.34	150m:	1:48.30	37.83	250m:	3:04.27	38.07	350m:	4:19.58	37.57
	100m:	1:10.47	37.13	200m:	2:26.20	37.90	300m:	3:42.01	37.74	400m:	4:55.67	36.09
6.	MUNGOVEN Esther		10	Natation Sportive Genève						4:58.68	489	
	50m:	33.46	33.46	150m:	1:48.94	38.21	250m:	3:06.05	38.61	350m:	4:22.37	37.93
	100m:	1:10.73	37.27	200m:	2:27.44	38.50	300m:	3:44.44	38.39	400m:	4:58.68	36.31
7.	CHANSON Yaël		12	Renens-Natation						4:59.95	483	
	50m:	33.44	33.44	150m:	1:46.55	37.50	250m:	3:03.73	39.60	350m:	4:22.38	39.93
	100m:	1:09.05	35.61	200m:	2:24.13	37.58	300m:	3:42.45	38.72	400m:	4:59.95	37.57
8.	STETTLER Inès		12	Lancy Natation						5:00.15	482	
	50m:	34.21	34.21	150m:	1:50.13	38.19	250m:	3:06.86	38.24	350m:	4:23.12	37.96
	100m:	1:11.94	37.73	200m:	2:28.62	38.49	300m:	3:45.16	38.30	400m:	5:00.15	37.03
Finale B												
9.	RADU-LOGHIN Miruna		09	Genève Natation 1885						4:52.97	518	
	50m:	32.64	32.64	150m:	1:46.71	37.22	250m:	3:01.62	37.58	350m:	4:16.92	37.21
	100m:	1:09.49	36.85	200m:	2:24.04	37.33	300m:	3:39.71	38.09	400m:	4:52.97	36.05
10.	VIDAKOVIC Téa		11	Natation Sportive Genève						5:00.06	482	
	50m:	34.54	34.54	150m:	1:50.49	38.81	250m:	3:07.48	38.46	350m:	4:24.26	38.18
	100m:	1:11.68	37.14	200m:	2:29.02	38.53	300m:	3:46.08	38.60	400m:	5:00.06	35.80
11.	MOR Alessia		12	Rolle Natation						5:02.57	470	
	50m:	33.48	33.48	150m:	1:49.92	38.69	250m:	3:07.74	38.94	350m:	4:25.48	39.01
	100m:	1:11.23	37.75	200m:	2:28.80	38.88	300m:	3:46.47	38.73	400m:	5:02.57	37.09
12.	BLATTER Nives		11	SR Murten						5:03.02	468	
	50m:	33.42	33.42	150m:	1:49.76	38.65	250m:	3:07.86	39.30	350m:	4:26.69	39.43
	100m:	1:11.11	37.69	200m:	2:28.56	38.80	300m:	3:47.26	39.40	400m:	5:03.02	36.33
13.	NOËL Héloïse		13	CN La Chaux-de-Fonds						5:04.69	461	
	50m:	35.60	35.60	150m:	1:53.04	38.91	250m:	3:10.67	38.76	350m:	4:28.32	38.50
	100m:	1:14.13	38.53	200m:	2:31.91	38.87	300m:	3:49.82	39.15	400m:	5:04.69	36.37
14.	VUICHARD Amandine		10	Sporting Bulle Natation						5:05.81	455	
	50m:	33.31	33.31	150m:	1:50.56	39.08	250m:	3:09.17	39.05	350m:	4:27.49	39.01
	100m:	1:11.48	38.17	200m:	2:30.12	39.56	300m:	3:48.48	39.31	400m:	5:05.81	38.32
15.	ADOUANI Emilia		10	CN Nyon						5:05.82	455	
	50m:	32.97	32.97	150m:	1:49.30	38.82	250m:	3:07.64	39.56	350m:	4:26.55	39.66
	100m:	1:10.48	37.51	200m:	2:28.08	38.78	300m:	3:46.89	39.25	400m:	5:05.82	39.27

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Epreuve 26, Dames, 400m Libre, Finale, Open

Rang				AN					Temps	Pts		
Finale C												
17.	CARROZZO Audrey			13	Genève Natation 1885				4:57.23	496		
	50m:	33.10	33.10	150m:	1:47.77	37.95	250m:	3:04.81	38.85	350m:	4:21.02	38.05
	100m:	1:09.82	36.72	200m:	2:25.96	38.19	300m:	3:42.97	38.16	400m:	4:57.23	36.21
18.	ADOUANI Elin			13	CN Nyon				5:06.36	453		
	50m:	33.72	33.72	150m:	1:50.04	38.31	250m:	3:08.41	38.64	350m:	4:27.47	39.51
	100m:	1:11.73	38.01	200m:	2:29.77	39.73	300m:	3:47.96	39.55	400m:	5:06.36	38.89
19.	CAUME GONÇALVES Louise			13	Renens-Natation				5:07.07	450		
	50m:	35.26	35.26	150m:	1:52.92	39.10	250m:	3:11.13	38.57	350m:	4:29.20	38.75
	100m:	1:13.82	38.56	200m:	2:32.56	39.64	300m:	3:50.45	39.32	400m:	5:07.07	37.87
20.	PEZZULO Louise			13	Genève Natation 1885				5:07.51	448		
	50m:	34.10	34.10	150m:	1:51.16	39.08	250m:	3:09.40	39.47	350m:	4:29.04	40.19
	100m:	1:12.08	37.98	200m:	2:29.93	38.77	300m:	3:48.85	39.45	400m:	5:07.51	38.47
21.	DUBUIS Kessy			11	CN Sion				5:09.57	439		
	50m:	34.14	34.14	150m:	1:51.78	39.49	250m:	3:11.31	39.69	350m:	4:31.44	39.88
	100m:	1:12.29	38.15	200m:	2:31.62	39.84	300m:	3:51.56	40.25	400m:	5:09.57	38.13
22.	KOCHER Malin			12	SR Murten				5:09.85	438		
	50m:	34.12	34.12	150m:	1:51.99	39.11	250m:	3:11.07	39.43	350m:	4:31.75	40.34
	100m:	1:12.88	38.76	200m:	2:31.64	39.65	300m:	3:51.41	40.34	400m:	5:09.85	38.10
23.	BONDA Mélissa			13	Lausanne Aquatique				5:26.46	374		
	50m:	37.28	37.28	150m:	1:59.60	41.17	250m:	3:22.76	41.76	350m:	4:46.03	40.81
	100m:	1:18.43	41.15	200m:	2:41.00	41.40	300m:	4:05.22	42.46	400m:	5:26.46	40.43
24.	SADIKI Ema			12	Lausanne Aquatique				5:30.84	360		
	50m:	34.06	34.06	150m:	1:55.40	41.03	250m:	3:22.52	44.42	350m:	4:48.77	42.43
	100m:	1:14.37	40.31	200m:	2:38.10	42.70	300m:	4:06.34	43.82	400m:	5:30.84	42.07