

RSR: Championnats Romands Eté
Grand-Lancy, 26 - 28/6/2026

Epreuve 25
27/06/2026 - 16:40

Messieurs, 400m Libre

Open
Liste résultats Finales

Swiss National Records	3:43.93	DJAKOVIC Antonio	SCU	Rome (ITA)	17/08/2022
Records régionaux de la Romandie	3:52.32	LIESS Nils	GEN	Geneva	18/01/2020

Points: AQUA 2025

Rang			AN					Temps	Pts			
Finale A												
1.	GUIDOTTI Lorenzo		08	Genève Natation 1885				4:09.86	683			
	50m:	27.57	27.57	150m:	1:30.34	31.91	250m:	2:35.41	32.06	350m:	3:39.62	31.21
	100m:	58.43	30.86	200m:	2:03.35	33.01	300m:	3:08.41	33.00	400m:	4:09.86	30.24
2.	REYNAUD Guillaume		11	Renens-Natation				4:15.76	637			
	50m:	28.63	28.63	150m:	1:32.15	32.02	250m:	2:37.04	32.42	350m:	3:43.25	32.88
	100m:	1:00.13	31.50	200m:	2:04.62	32.47	300m:	3:10.37	33.33	400m:	4:15.76	32.51
3.	ZWEIACKER Charly		10	Red-Fish Neuchâtel				4:22.54	588			
	50m:	28.58	28.58	150m:	1:33.10	32.56	250m:	2:40.96	34.24	350m:	3:49.52	34.06
	100m:	1:00.54	31.96	200m:	2:06.72	33.62	300m:	3:15.46	34.50	400m:	4:22.54	33.02
4.	DOS SANTOS Fabio		10	Sporting Bulle Natation				4:27.41	557			
	50m:	28.97	28.97	150m:	1:36.20	33.56	250m:	2:44.85	34.28	350m:	3:54.00	34.15
	100m:	1:02.64	33.67	200m:	2:10.57	34.37	300m:	3:19.85	35.00	400m:	4:27.41	33.41
5.	INAN Danny		08	Lancy Natation				4:27.56	556			
	50m:	30.01	30.01	150m:	1:38.55	34.46	250m:	2:47.24	33.96	350m:	3:55.53	33.83
	100m:	1:04.09	34.08	200m:	2:13.28	34.73	300m:	3:21.70	34.46	400m:	4:27.56	32.03
6.	KELEHER Luke		10	Red-Fish Neuchâtel				4:28.68	549			
	50m:	29.92	29.92	150m:	1:35.87	33.47	250m:	2:44.83	34.70	350m:	3:54.51	34.94
	100m:	1:02.40	32.48	200m:	2:10.13	34.26	300m:	3:19.57	34.74	400m:	4:28.68	34.17
7.	MORAGUEZ Pascal		10	Genève Natation 1885				4:29.62	543			
	50m:	30.56	30.56	150m:	1:38.66	34.15	250m:	2:47.46	34.27	350m:	3:56.43	34.46
	100m:	1:04.51	33.95	200m:	2:13.19	34.53	300m:	3:21.97	34.51	400m:	4:29.62	33.19
8.	MICHALIS Leo		11	Genève Natation 1885				4:31.26	533			
	50m:	30.64	30.64	150m:	1:40.32	35.10	250m:	2:50.59	35.13	350m:	3:59.83	33.87
	100m:	1:05.22	34.58	200m:	2:15.46	35.14	300m:	3:25.96	35.37	400m:	4:31.26	31.43
Finale B												
9.	DONATI Ernesto		11	Lausanne Aquatique				4:29.00	547			
	50m:	29.55	29.55	150m:	1:38.71	35.32	250m:	2:48.05	34.69	350m:	3:56.61	33.72
	100m:	1:03.39	33.84	200m:	2:13.36	34.65	300m:	3:22.89	34.84	400m:	4:29.00	32.39
10.	FETAHI Enis		10	CN Nyon				4:34.60	514			
	50m:	29.24	29.24	150m:	1:37.44	34.68	250m:	2:49.06	35.43	350m:	4:01.05	36.09
	100m:	1:02.76	33.52	200m:	2:13.63	36.19	300m:	3:24.96	35.90	400m:	4:34.60	33.55
11.	DZIUBA Valerii		08	CN Delémont				4:35.04	512			
	50m:	30.76	30.76	150m:	1:39.06	34.30	250m:	2:49.51	34.72	350m:	4:01.17	35.48
	100m:	1:04.76	34.00	200m:	2:14.79	35.73	300m:	3:25.69	36.18	400m:	4:35.04	33.87
12.	BOULLY Calixte		13	Renens-Natation				4:35.17	511			
	50m:	31.24	31.24	150m:	1:40.04	34.92	250m:	2:50.96	35.49	350m:	4:02.43	36.22
	100m:	1:05.12	33.88	200m:	2:15.47	35.43	300m:	3:26.21	35.25	400m:	4:35.17	32.74
13.	MOUNIR Jonas		07	CN Sion				4:39.59	487			
	50m:	30.35	30.35	150m:	1:40.59	36.16	250m:	2:54.29	36.74	350m:	4:06.15	35.14
	100m:	1:04.43	34.08	200m:	2:17.55	36.96	300m:	3:31.01	36.72	400m:	4:39.59	33.44
14.	PETERS Stijn		11	Genève Natation 1885				4:40.40	483			
	50m:	31.08	31.08	150m:	1:41.42	35.95	250m:	2:54.18	36.67	350m:	4:05.76	35.76
	100m:	1:05.47	34.39	200m:	2:17.51	36.09	300m:	3:30.00	35.82	400m:	4:40.40	34.64
15.	FANKHAUSER Norick		12	CN Plan-les-Ouates				4:59.22	397			
	50m:	31.95	31.95	150m:	1:47.86	38.45	250m:	3:06.93	38.88	350m:	4:23.12	37.53
	100m:	1:09.41	37.46	200m:	2:28.05	40.19	300m:	3:45.59	38.66	400m:	4:59.22	36.10

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Epreuve 25, Messieurs, 400m Libre, Finale, Open

Rang				AN				Temps	Pts			
16.	ROSSIER Andréa			09	CN Plan-les-Ouates			5:07.54	366			
	50m:	31.64	31.64	150m:	1:47.10	39.23	250m:	3:02.01	35.75	350m:	4:30.22	46.56
	100m:	1:07.87	36.23	200m:	2:26.26	39.16	300m:	3:43.66	41.65	400m:	5:07.54	37.32
Finale C												
17.	WAGNER Malone			12	CN La Chaux-de-Fonds			4:43.39	468			
	50m:	32.18	32.18	150m:	1:44.38	36.81	250m:	2:58.15	37.14	350m:	4:10.61	35.92
	100m:	1:07.57	35.39	200m:	2:21.01	36.63	300m:	3:34.69	36.54	400m:	4:43.39	32.78
18.	VIONNET Simon			12	Genève Natation 1885			4:44.43	463			
	50m:	32.87	32.87	150m:	1:46.40	37.08	250m:	3:00.68	36.35	350m:	4:12.67	35.08
	100m:	1:09.32	36.45	200m:	2:24.33	37.93	300m:	3:37.59	36.91	400m:	4:44.43	31.76
19.	HAMILTON-SMITH Samuel			12	Rolle Natation			4:46.13	454			
	50m:	31.37	31.37	150m:	1:43.10	36.05	250m:	2:57.01	36.78	350m:	4:11.20	37.48
	100m:	1:07.05	35.68	200m:	2:20.23	37.13	300m:	3:33.72	36.71	400m:	4:46.13	34.93
20.	BLASIUS Lukas			12	Rolle Natation			4:50.42	435			
	50m:	32.51	32.51	150m:	1:44.70	36.49	250m:	2:58.51	36.92	350m:	4:13.90	37.38
	100m:	1:08.21	35.70	200m:	2:21.59	36.89	300m:	3:36.52	38.01	400m:	4:50.42	36.52
21.	DARBELLAY Thomas			12	Renens-Natation			4:58.13	402			
	50m:	34.04	34.04	150m:	1:49.94	39.01	250m:	3:06.66	37.97	350m:	4:22.45	37.85
	100m:	1:10.93	36.89	200m:	2:28.69	38.75	300m:	3:44.60	37.94	400m:	4:58.13	35.68
22.	YILDIZ Kaan			13	Red-Fish Neuchâtel			4:58.79	399			
	50m:	33.45	33.45	150m:	1:49.82	38.63	250m:	3:05.98	37.68	350m:	4:22.37	38.20
	100m:	1:11.19	37.74	200m:	2:28.30	38.48	300m:	3:44.17	38.19	400m:	4:58.79	36.42
23.	TE-HERITIER Lenny			11	CN Nyon			5:02.07	386			
	50m:	33.06	33.06	150m:	1:49.36	38.91	250m:	3:07.08	38.74	350m:	4:24.29	38.62
	100m:	1:10.45	37.39	200m:	2:28.34	38.98	300m:	3:45.67	38.59	400m:	5:02.07	37.78
24.	STRUNILIN Nikolai			11	Natation Sportive Genève			5:14.17	343			
	50m:	37.58	37.58	150m:	1:57.43	39.71	250m:	3:17.18	40.16	350m:	4:35.60	39.07
	100m:	1:17.72	40.14	200m:	2:37.02	39.59	300m:	3:56.53	39.35	400m:	5:14.17	38.57