

**Campeonato Interdistrital Infantis Piscina Longa
Coimbra, 3 - 5/7/2026**

Prova 28 05/07/2026 - 9:45	Femin., 800m Livres	Infantis A/B Resultados
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Pontos: AQUA 2025

Lugar	Ano										Tempo final	Pts
Infantis A												
1.	Maria Luisa, NOGUEIRA				12	Academica de Coimbra				10:05.67	512	
	100m:	1:11.01	1:11.01	300m:	3:42.72	1:15.91	500m:	6:14.64	1:15.97	700m:	8:49.94	1:18.11
	200m:	2:26.81	1:15.80	400m:	4:58.67	1:15.95	600m:	7:31.83	1:17.19	800m:	10:05.67	1:15.73
2.	Constanca Sousa, FONTINHA				12	O Crasto				10:24.17	468	
	100m:	1:14.27	1:14.27	300m:	3:50.94	1:18.43	500m:	6:29.38	1:19.73	700m:	9:09.55	1:19.04
	200m:	2:32.51	1:18.24	400m:	5:09.65	1:18.71	600m:	7:50.51	1:21.13	800m:	10:24.17	1:14.62
3.	Carolina Melo, HOMEM				12	Galitos / Bresimar				10:30.02	455	
	100m:	1:14.69	1:14.69	300m:	3:53.51	1:19.34	500m:	6:34.03	1:20.12	700m:	9:13.62	1:20.19
	200m:	2:34.17	1:19.48	400m:	5:13.91	1:20.40	600m:	7:53.43	1:19.40	800m:	10:30.02	1:16.40
4.	Ines Pinto, MARTINS				12	Pimpoes/Cimai				10:33.46	448	
	100m:	1:12.34	1:12.34	300m:	3:49.87	1:18.98	500m:	6:32.36	1:21.57	700m:	9:15.69	1:22.24
	200m:	2:30.89	1:18.55	400m:	5:10.79	1:20.92	600m:	7:53.45	1:21.09	800m:	10:33.46	1:17.77
5.	Sofia Apalyonova, MONTEIRO				12	Natação de Vagos				10:40.97	432	
	100m:	1:16.57	1:16.57	300m:	3:59.35	1:21.13	500m:	6:42.23	1:21.30	700m:	9:22.99	1:20.05
	200m:	2:38.22	1:21.65	400m:	5:20.93	1:21.58	600m:	8:02.94	1:20.71	800m:	10:40.97	1:17.98
6.	Maria Leonor, LOBO				12	Condeixa Clube				10:45.64	423	
	100m:	1:14.35	1:14.35	300m:	3:55.88	1:21.65	500m:	6:40.17	1:22.20	700m:	9:25.50	1:22.10
	200m:	2:34.23	1:19.88	400m:	5:17.97	1:22.09	600m:	8:03.40	1:23.23	800m:	10:45.64	1:20.14
7.	Luna Francisco, PEREIRA				12	Nucleo de Pombal				10:49.98	414	
	100m:	1:16.43	1:16.43	300m:	4:01.93	1:23.27	500m:	6:48.09	1:23.04	700m:	9:31.86	1:21.75
	200m:	2:38.66	1:22.23	400m:	5:25.05	1:23.12	600m:	8:10.11	1:22.02	800m:	10:49.98	1:18.12
8.	Leonor Martins, SILVA				12	Estamos Juntos				10:50.31	414	
	100m:	1:15.53	1:15.53	300m:	3:58.42	1:21.87	500m:	6:42.85	1:22.89	700m:	9:27.72	1:22.78
	200m:	2:36.55	1:21.02	400m:	5:19.96	1:21.54	600m:	8:04.94	1:22.09	800m:	10:50.31	1:22.59
9.	Julia Pinto, PINHEIRO				12	Pimpoes/Cimai				10:55.15	405	
	100m:	1:15.35	1:15.35	300m:	3:59.04	1:22.52	500m:	6:44.74	1:24.24	700m:	9:34.47	1:24.48
	200m:	2:36.52	1:21.17	400m:	5:20.50	1:21.46	600m:	8:09.99	1:25.25	800m:	10:55.15	1:20.68
10.	Alice Silva, SENNA				12	Condeixa Clube				11:00.62	395	
	100m:	1:16.71	1:16.71	300m:	4:03.85	1:24.20	500m:	6:51.55	1:23.50	700m:	9:38.83	1:23.41
	200m:	2:39.65	1:22.94	400m:	5:28.05	1:24.20	600m:	8:15.42	1:23.87	800m:	11:00.62	1:21.79
11.	Benedita Nunes, FELIX				12	Pimpoes/Cimai				11:15.75	369	
	100m:	1:17.27	1:17.27	300m:	4:08.80	1:27.21	500m:	7:02.94	1:28.23	700m:	9:56.17	1:26.38
	200m:	2:41.59	1:24.32	400m:	5:34.71	1:25.91	600m:	8:29.79	1:26.85	800m:	11:15.75	1:19.58
12.	Laura Krempel, VARELA				12	Pimpoes/Cimai				11:16.12	368	
	100m:	1:16.07	1:16.07	300m:	4:04.15	1:24.87	500m:	6:57.01	1:26.99	700m:	9:53.77	1:27.18
	200m:	2:39.28	1:23.21	400m:	5:30.02	1:25.87	600m:	8:26.59	1:29.58	800m:	11:16.12	1:22.35
13.	Barbara Serrano, LOMBA				12	Bairro dos Anjos / Sk Coffee				11:20.51	361	
	100m:	1:19.05	1:19.05	300m:	4:11.37	1:26.77	500m:	7:04.38	1:26.86	700m:	9:56.99	1:25.93
	200m:	2:44.60	1:25.55	400m:	5:37.52	1:26.15	600m:	8:31.06	1:26.68	800m:	11:20.51	1:23.52
14.	Emiliana Arruda, SARAIVA				12	Vieirense				11:28.36	349	
	100m:	1:17.25	1:17.25	300m:	4:08.52	1:26.68	500m:	7:06.18	1:30.03	700m:	10:02.67	1:29.08
	200m:	2:41.84	1:24.59	400m:	5:36.15	1:27.63	600m:	8:33.59	1:27.41	800m:	11:28.36	1:25.69
15.	Maria Leonor, ASSUNCAO				12	Pimpoes/Cimai				11:38.08	334	
	100m:	1:22.51	1:22.51	300m:	4:18.04	1:27.39	500m:	7:13.89	1:28.72	700m:	10:12.36	1:29.10
	200m:	2:50.65	1:28.14	400m:	5:45.17	1:27.13	600m:	8:43.26	1:29.37	800m:	11:38.08	1:25.72
16.	Jessica Garcia, FERREIRA				12	Óbidos Criativa				12:41.22	258	
	100m:	1:29.93	1:29.93	300m:	4:45.56	1:37.31	500m:	7:59.55	1:36.90	700m:	11:10.29	1:34.66
	200m:	3:08.25	1:38.32	400m:	6:22.65	1:37.09	600m:	9:35.63	1:36.08	800m:	12:41.22	1:30.93

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Infantis B

1.	Maria Luis, DUARTE	13	Galitos / Bresimar	9:53.91	543
	100m: 1:10.78 1:10.78	300m: 3:41.64 1:15.53	500m: 6:11.57 1:14.99	700m: 8:41.38 1:14.89	
	200m: 2:26.11 1:15.33	400m: 4:56.58 1:14.94	600m: 7:26.49 1:14.92	800m: 9:53.91 1:12.53	
2.	Rita Veiga, MARTINS	13	Algés e Águeda XXI	10:44.06	426
	100m: 1:16.12 1:16.12	300m: 3:59.57 1:21.70	500m: 6:42.26 1:21.58	700m: 9:25.18 1:21.44	
	200m: 2:37.87 1:21.75	400m: 5:20.68 1:21.11	600m: 8:03.74 1:21.48	800m: 10:44.06 1:18.88	
3.	Maria Joao, BERNARDO	13	Algés e Águeda XXI	10:45.35	423
	100m: 1:17.00 1:17.00	300m: 4:00.40 1:21.62	500m: 6:43.11 1:21.33	700m: 9:26.37 1:21.43	
	200m: 2:38.78 1:21.78	400m: 5:21.78 1:21.38	600m: 8:04.94 1:21.83	800m: 10:45.35 1:18.98	
4.	Matilde Goncalves, SILVA	13	Condeixa Clube	10:58.80	398
	100m: 1:13.71 1:13.71	300m: 3:58.85 1:22.82	500m: 6:45.69 1:23.92	700m: 9:36.38 1:25.10	
	200m: 2:36.03 1:22.32	400m: 5:21.77 1:22.92	600m: 8:11.28 1:25.59	800m: 10:58.80 1:22.42	
5.	Maria Joao, OLIVEIRA	13	Alcobaca	11:05.71	386
	100m: 1:18.23 1:18.23	300m: 4:07.55 1:24.78	500m: 6:56.92 1:24.86	700m: 9:44.86 1:23.94	
	200m: 2:42.77 1:24.54	400m: 5:32.06 1:24.51	600m: 8:20.92 1:24.00	800m: 11:05.71 1:20.85	
6.	Alicia Ferreira, OLIVEIRA	13	Bairro dos Anjos / Sk Coffee	11:09.35	379
	100m: 1:17.57 1:17.57	300m: 4:06.27 1:25.13	500m: 6:56.53 1:25.41	700m: 9:47.21 1:24.89	
	200m: 2:41.14 1:23.57	400m: 5:31.12 1:24.85	600m: 8:22.32 1:25.79	800m: 11:09.35 1:22.14	
7.	Sofia Pereira, COSTA	13	Feirense	11:19.35	363
	100m: 1:18.35 1:18.35	300m: 4:08.08 1:25.25	500m: 6:59.76 1:25.86	700m: 9:54.61 1:27.41	
	200m: 2:42.83 1:24.48	400m: 5:33.90 1:25.82	600m: 8:27.20 1:27.44	800m: 11:19.35 1:24.74	
8.	Elisa Rodrigues, SIMOES	13	Benedita	11:20.74	361
	100m: 1:18.24 1:18.24	300m: 4:10.76 1:27.63	500m: 7:04.33 1:27.15	700m: 9:56.77 1:26.05	
	200m: 2:43.13 1:24.89	400m: 5:37.18 1:26.42	600m: 8:30.72 1:26.39	800m: 11:20.74 1:23.97	
9.	Mafalda Assuncao, ALMEIDA	13	Estamos Juntos	12:26.76	273
	100m: 1:21.74 1:21.74	300m: 4:31.73 1:36.13	500m: 7:45.29 1:36.12	700m: 11:00.40 1:35.50	
	200m: 2:55.60 1:33.86	400m: 6:09.17 1:37.44	600m: 9:24.90 1:39.61	800m: 12:26.76 1:26.36	
EXH	Sofia Cioga, MOREIRA	13	Condeixa Clube	10:59.92	396
	100m: 1:19.19 1:19.19	300m: 4:08.25 1:24.26	500m: 6:55.76 1:23.83	700m: 9:40.95 1:22.46	
	200m: 2:43.99 1:24.80	400m: 5:31.93 1:23.68	600m: 8:18.49 1:22.73	800m: 10:59.92 1:18.97	