

Campeonato Interdistrital Infantis Piscina Longa
Coimbra, 3 - 5/7/2026

Prova 24
04/07/2026 - 17:15

Masc., 400m Estilos

13 - 14 anos
Resultados

Pontos: AQUA 2025

Lugar	Ano										Tempo final	Pts
Infantis A												
1.	Xavier Curto, COSTA				12	Sporting de Espinho				5:31.34	392	
	50m:	34.32	34.32	150m:	2:00.19	44.26	250m:	3:30.11	47.47	350m:	4:56.34	38.13
	100m:	1:15.93	41.61	200m:	2:42.64	42.45	300m:	4:18.21	48.10	400m:	5:31.34	35.00
2.	Afonso Manuel, FERNANDES				12	Academica de Coimbra				5:37.79	369	
	50m:	35.88	35.88	150m:	2:03.44	44.52	250m:	3:34.86	48.35	350m:	5:01.82	36.62
	100m:	1:18.92	43.04	200m:	2:46.51	43.07	300m:	4:25.20	50.34	400m:	5:37.79	35.97
3.	Rodrigo Silva, ALMEIDA				12	Sporting de Espinho				5:40.73	360	
	50m:	32.69	32.69	150m:	2:03.22	48.33	250m:	3:38.40	49.39	350m:	5:05.78	36.97
	100m:	1:14.89	42.20	200m:	2:49.01	45.79	300m:	4:28.81	50.41	400m:	5:40.73	34.95
4.	Lourenco Serra, BARATA				12	Louzan Natacao/EFAPEL				5:51.24	329	
	50m:	36.81	36.81	150m:	2:09.57	47.93	250m:	3:43.66	46.52	350m:	5:11.48	38.84
	100m:	1:21.64	44.83	200m:	2:57.14	47.57	300m:	4:32.64	48.98	400m:	5:51.24	39.76
5.	Vasco Figueiredo, ALMEIDA				12	Estarreja				6:00.67	303	
	50m:	38.30	38.30	150m:	2:13.04	47.46	250m:	3:48.42	49.35	350m:	5:21.30	41.77
	100m:	1:25.58	47.28	200m:	2:59.07	46.03	300m:	4:39.53	51.11	400m:	6:00.67	39.37
6.	Duarte Baldaia, ASSUNCAO				12	Sporting de Espinho				6:15.55	269	
	50m:	37.00	37.00	150m:	2:17.75	49.35	250m:	3:56.46	52.01	350m:	5:33.24	43.41
	100m:	1:28.40	51.40	200m:	3:04.45	46.70	300m:	4:49.83	53.37	400m:	6:15.55	42.31
7.	Mario Martins, FERREIRA				12	Louzan Natacao/EFAPEL				6:50.35	206	
	50m:	43.80	43.80	150m:	2:35.33	53.70	250m:	4:21.88	57.51	350m:	6:05.65	46.72
	100m:	1:41.63	57.83	200m:	3:24.37	49.04	300m:	5:18.93	57.05	400m:	6:50.35	44.70

Infantis B

1. Martim Simoes, RODRIGUES	13	Louzan Natacao/EFAPEL				5:32.97	386		
50m: 33.94 33.94	150m: 1:59.26	43.87	250m: 3:28.55	46.88	350m: 4:55.09	39.76			
100m: 1:15.39 41.45	200m: 2:41.67	42.41	300m: 4:15.33	46.78	400m: 5:32.97	37.88			
2. Vladyslav, DVIRNYY	13	Nucleo de Pombal				5:56.40	315		
50m: 37.61 37.61	150m: 2:10.12	46.68	250m: 3:46.80	52.11	350m: 5:20.23	39.75			
100m: 1:23.44 45.83	200m: 2:54.69	44.57	300m: 4:40.48	53.68	400m: 5:56.40	36.17			
3. Guilherme Pereira, BAPTISTA	13	Algés e Águeda XXI				5:57.07	313		
50m: 39.17 39.17	150m: 2:10.05	46.29	250m: 3:46.33	50.88	350m: 5:18.43	40.57			
100m: 1:23.76 44.59	200m: 2:55.45	45.40	300m: 4:37.86	51.53	400m: 5:57.07	38.64			
4. Xavier Bagagem, CARVALHO	13	Miranda do Corvo				7:11.59	177		
50m: 46.95 46.95	150m: 2:42.75	55.35	250m: 4:37.59	1:00.93	350m: 6:27.57	44.87			
100m: 1:47.40 1:00.45	200m: 3:36.66	53.91	300m: 5:42.70	1:05.11	400m: 7:11.59	44.02			