

Campeonato Interdistrital Infantis Piscina Longa
Coimbra, 3 - 5/7/2026

Prova 10 Masc., 400m Livres 13 - 14 anos
04/07/2026 - 9:35 Resultados

TA INFA-MASC Inf A: 2:46.74 / TA INFB-MASC Inf B: 6:12.27

Pontos: AQUA 2025

Lugar	Ano										Tempo final	Pts
Infantis A												
1.	Tomas Pereira, FERREIRA				12	Galitos / Bresimar					4:38.30	494
	FTL											
	50m:	30.85	30.85	150m:	1:40.78	35.44	250m:	2:52.46	35.79	350m:	4:04.30	35.60
	100m:	1:05.34	34.49	200m:	2:16.67	35.89	300m:	3:28.70	36.24	400m:	4:38.30	34.00
2.	Afonso Manuel, FERNANDES				12	Academica de Coimbra					4:46.89	451
	FTL											
	50m:	32.95	32.95	150m:	1:44.77	36.51	250m:	2:58.27	36.94	350m:	4:11.23	36.80
	100m:	1:08.26	35.31	200m:	2:21.33	36.56	300m:	3:34.43	36.16	400m:	4:46.89	35.66
3.	Rodrigo Silva, ALMEIDA				12	Sporting de Espinho					4:48.00	446
	FTL											
	50m:	30.90	30.90	150m:	1:43.29	37.43	250m:	2:58.13	37.01	350m:	4:13.83	38.05
	100m:	1:05.86	34.96	200m:	2:21.12	37.83	300m:	3:35.78	37.65	400m:	4:48.00	34.17
4.	Joao Daniel, SANTOS				12	Alcobaca					4:48.45	444
	FTL											
	50m:	31.09	31.09	150m:	1:44.71	37.49	250m:	2:59.48	37.06	350m:	4:13.57	36.57
	100m:	1:07.22	36.13	200m:	2:22.42	37.71	300m:	3:37.00	37.52	400m:	4:48.45	34.88
5.	Danilo, MOVCHAN				12	UD Oliveirense/FERSILVA					4:51.18	431
	FTL											
	50m:	31.24	31.24	150m:	1:44.64	37.27	250m:	3:00.21	37.70	350m:	4:15.26	36.95
	100m:	1:07.37	36.13	200m:	2:22.51	37.87	300m:	3:38.31	38.10	400m:	4:51.18	35.92
6.	Miguel Simoes, DIAS				12	Louzan Natacao/EFAPEL					4:53.44	421
	FTL											
	50m:	34.01	34.01	150m:	1:48.71	37.66	250m:	3:02.86	37.44	350m:	4:17.35	37.22
	100m:	1:11.05	37.04	200m:	2:25.42	36.71	300m:	3:40.13	37.27	400m:	4:53.44	36.09
7.	Sebastian, PACHECO				12	Naval de Peniche					4:53.63	420
	FTL											
	50m:	31.77	31.77	150m:	1:45.47	36.86	250m:	3:00.10	37.35	350m:	4:15.95	37.54
	100m:	1:08.61	36.84	200m:	2:22.75	37.28	300m:	3:38.41	38.31	400m:	4:53.63	37.68
8.	Xavier Curto, COSTA				12	Sporting de Espinho					5:00.75	391
	FTL											
	50m:	31.97	31.97	150m:	1:48.27	38.09	250m:	3:06.44	38.63	350m:	4:23.79	37.58
	100m:	1:10.18	38.21	200m:	2:27.81	39.54	300m:	3:46.21	39.77	400m:	5:00.75	36.96
9.	Rodrigo Miguel, CORDEIRO				12	Condeixa Clube					5:01.15	390
	FTL											
	50m:	33.60	33.60	150m:	1:47.74	37.57	250m:	3:04.34	37.95	350m:	4:22.65	38.58
	100m:	1:10.17	36.57	200m:	2:26.39	38.65	300m:	3:44.07	39.73	400m:	5:01.15	38.50
10.	Eduardo Manuel, FERREIRA				12	Nucleo de Pombal					5:02.53	384
	FTL											
	50m:	32.98	32.98	150m:	1:49.48	38.63	250m:	3:07.47	39.27	350m:	4:24.89	38.67
	100m:	1:10.85	37.87	200m:	2:28.20	38.72	300m:	3:46.22	38.75	400m:	5:02.53	37.64
11.	Tomas Barata, ALVES				12	Nautico Marinha Grande					5:05.61	373
	FTL											
	50m:	33.27	33.27	150m:	1:49.39	39.03	250m:	3:08.52	40.12	350m:	4:27.03	39.04
	100m:	1:10.36	37.09	200m:	2:28.40	39.01	300m:	3:47.99	39.47	400m:	5:05.61	38.58

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Prova 10, Masc., 400m Livres, Infantis A

Lugar					Ano					Tempo final	Pts	
12.	Diogo Cunha, CORTE-REAL				12	Columbofila Cantanhedense				5:07.56	366	
	FTL											
	50m:	34.01	34.01	150m:	1:50.97	39.14	250m:	3:10.80	39.95	350m:	4:30.31	39.11
	100m:	1:11.83	37.82	200m:	2:30.85	39.88	300m:	3:51.20	40.40	400m:	5:07.56	37.25
13.	Goncalo Nunes, MORAIS				12	Bairro dos Anjos / Sk Coffee				5:08.21	364	
	FTL											
	50m:	35.44	35.44	150m:	1:54.89	39.99	250m:	3:14.65	39.42	350m:	4:32.17	38.14
	100m:	1:14.90	39.46	200m:	2:35.23	40.34	300m:	3:54.03	39.38	400m:	5:08.21	36.04
14.	Duarte Baldaia, ASSUNCAO				12	Sporting de Espinho				5:09.81	358	
	FTL											
	50m:	32.95	32.95	150m:	1:51.24	40.32	250m:	3:12.32	40.32	350m:	4:31.76	39.60
	100m:	1:10.92	37.97	200m:	2:32.00	40.76	300m:	3:52.16	39.84	400m:	5:09.81	38.05
15.	Tomas Vieira, FIGUEIREDO				12	Alcobaca				5:14.28	343	
	FTL											
	50m:	32.99	32.99	150m:	1:50.38	40.20	250m:	3:11.77	40.01	350m:	4:34.51	40.96
	100m:	1:10.18	37.19	200m:	2:31.76	41.38	300m:	3:53.55	41.78	400m:	5:14.28	39.77
16.	Afonso Simoes, COSTA				12	Louzan Natacao/EFAPEL				5:18.38	330	
	FTL											
	50m:	35.42	35.42	150m:	1:56.34	41.37	250m:	3:18.96	41.15	350m:	4:40.04	40.61
	100m:	1:14.97	39.55	200m:	2:37.81	41.47	300m:	3:59.43	40.47	400m:	5:18.38	38.34
17.	Santiago Teixeira, GARCIA				12	Academico Viseu				5:19.70	326	
	FTL											
	50m:	35.18	35.18	150m:	1:56.72	41.56	250m:	3:20.02	41.41	350m:	4:41.57	40.64
	100m:	1:15.16	39.98	200m:	2:38.61	41.89	300m:	4:00.93	40.91	400m:	5:19.70	38.13
18.	Vasco Figueiredo, ALMEIDA				12	Estarreja				5:19.89	325	
	FTL											
	50m:	35.14	35.14	150m:	1:56.82	41.54	250m:	3:18.69	40.68	350m:	4:40.83	40.67
	100m:	1:15.28	40.14	200m:	2:38.01	41.19	300m:	4:00.16	41.47	400m:	5:19.89	39.06
19.	Salvador Tavares, TERRA				12	Estarreja				5:29.03	299	
	FTL											
	50m:	34.64	34.64	150m:	1:56.56	42.10	250m:	3:24.24	45.98	350m:	4:49.01	42.61
	100m:	1:14.46	39.82	200m:	2:38.26	41.70	300m:	4:06.40	42.16	400m:	5:29.03	40.02
20.	Mihail, ONCIU				12	Bairro dos Anjos / Sk Coffee				5:34.60	284	
	FTL											
	50m:	34.04	34.04	150m:	1:55.57	42.05	250m:	3:23.00	44.80	350m:	4:51.59	44.19
	100m:	1:13.52	39.48	200m:	2:38.20	42.63	300m:	4:07.40	44.40	400m:	5:34.60	43.01
21.	Afonso Mourao, MIRANDA				12	Bairro dos Anjos / Sk Coffee				6:06.00	217	
	FTL											
	50m:	37.82	37.82	150m:	2:11.47	48.69	250m:	3:45.77	47.84	350m:	5:22.99	49.23
	100m:	1:22.78	44.96	200m:	2:57.93	46.46	300m:	4:33.76	47.99	400m:	6:06.00	43.01

Infantis B

1.	Joao Filipe, SANTOS				13	Louzan Natacao/EFAPEL				4:55.51	413	
	50m:	33.46	33.46	150m:	1:47.69	37.65	250m:	3:03.08	38.31	350m:	4:19.44	38.18
	100m:	1:10.04	36.58	200m:	2:24.77	37.08	300m:	3:41.26	38.18	400m:	4:55.51	36.07
2.	Martim Simoes, RODRIGUES				13	Louzan Natacao/EFAPEL				5:01.53	388	
	50m:	33.15	33.15	150m:	1:48.17	38.15	250m:	3:05.65	38.96	350m:	4:24.25	39.00
	100m:	1:10.02	36.87	200m:	2:26.69	38.52	300m:	3:45.25	39.60	400m:	5:01.53	37.28
3.	Afonso Duarte, FONSECA				13	Columbofila Cantanhedense				5:01.75	387	
	50m:	34.29	34.29	150m:	1:49.68	38.50	250m:	3:07.50	39.21	350m:	4:25.06	38.91
	100m:	1:11.18	36.89	200m:	2:28.29	38.61	300m:	3:46.15	38.65	400m:	5:01.75	36.69

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Prova 10, Masc., 400m Livres, Infantis B

Lugar				Ano					Tempo final	Pts
4.	Andre Silva, MARQUES			13	Sporting de Espinho				5:09.07	361
	50m:	33.93	33.93	150m:	1:52.99	40.19	250m:	3:13.37	39.34	350m: 4:31.28 39.01
	100m:	1:12.80	38.87	200m:	2:34.03	41.04	300m:	3:52.27	38.90	400m: 5:09.07 37.79
5.	Ricardo Pereira, LOPES			13	Nautico Marinha Grande				5:12.96	347
	50m:	34.05	34.05	150m:	1:53.52	40.05	250m:	3:14.30	39.96	350m: 4:34.80 40.27
	100m:	1:13.47	39.42	200m:	2:34.34	40.82	300m:	3:54.53	40.23	400m: 5:12.96 38.16
6.	Miguel, CAINAC			13	Benedita				5:13.15	347
	50m:	33.98	33.98	150m:	1:52.74	39.71	250m:	3:13.33	40.29	350m: 4:35.37 40.62
	100m:	1:13.03	39.05	200m:	2:33.04	40.30	300m:	3:54.75	41.42	400m: 5:13.15 37.78
7.	Guilherme Pereira, BAPTISTA			13	Algés e Águeda XXI				5:15.29	340
	50m:	35.30	35.30	150m:	1:53.71	39.46	250m:	3:14.58	40.49	350m: 4:35.71 40.04
	100m:	1:14.25	38.95	200m:	2:34.09	40.38	300m:	3:55.67	41.09	400m: 5:15.29 39.58
8.	Estevao Esperanco, MOTA			13	Bairro dos Anjos / Sk Coffee				5:28.07	301
	50m:	33.82	33.82	150m:	1:54.54	41.25	250m:	3:18.82	41.95	350m: 4:46.34 44.06
	100m:	1:13.29	39.47	200m:	2:36.87	42.33	300m:	4:02.28	43.46	400m: 5:28.07 41.73
9.	Marco Ferrador, PEREIRA			13	Nucleo de Pombal				5:31.26	293
	50m:	35.69	35.69	150m:	1:59.72	43.21	250m:	3:27.28	43.87	350m: 4:51.80 40.84
	100m:	1:16.51	40.82	200m:	2:43.41	43.69	300m:	4:10.96	43.68	400m: 5:31.26 39.46
10.	Diogo Sardinha, BRITO			13	Alpha Infiniti Athlete				5:46.23	256
	50m:	37.69	37.69	150m:	2:04.69	44.46	250m:	3:34.21	44.92	350m: 5:04.73 45.01
	100m:	1:20.23	42.54	200m:	2:49.29	44.60	300m:	4:19.72	45.51	400m: 5:46.23 41.50
11.	Daniel Teixeira, MARTINS			13	Naval de Peniche				5:46.28	256
	50m:	38.02	38.02	150m:	2:05.43	44.04	250m:	3:36.41	45.02	350m: 5:05.36 44.24
	100m:	1:21.39	43.37	200m:	2:51.39	45.96	300m:	4:21.12	44.71	400m: 5:46.28 40.92
12.	Joao Pedro, PINHEIRO			13	Alpha Infiniti Athlete				5:55.50	237
	50m:	37.21	37.21	150m:	2:07.90	46.76	250m:	3:40.12	46.68	350m: 5:11.30 45.34
	100m:	1:21.14	43.93	200m:	2:53.44	45.54	300m:	4:25.96	45.84	400m: 5:55.50 44.20
13.	Guilherme Cunha, FERREIRA			13	Algés e Águeda XXI				5:55.51	237
	50m:	39.82	39.82	150m:	2:08.72	45.44	250m:	3:40.96	46.64	350m: 5:12.98 46.08
	100m:	1:23.28	43.46	200m:	2:54.32	45.60	300m:	4:26.90	45.94	400m: 5:55.51 42.53
14.	Xavier Bagagem, CARVALHO			13	Miranda do Corvo				5:56.75	234
	50m:	37.24	37.24	150m:	2:06.42	45.41	250m:	3:38.70	45.36	350m: 5:12.42 46.55
	100m:	1:21.01	43.77	200m:	2:53.34	46.92	300m:	4:25.87	47.17	400m: 5:56.75 44.33
15.	Alexandre Botas, RIBEIRO			13	CNLeiria - VOID				6:12.18	206
	50m:	39.93	39.93	150m:	2:14.85	47.70	250m:	3:53.61	48.58	350m: 5:29.01 46.89
	100m:	1:27.15	47.22	200m:	3:05.03	50.18	300m:	4:42.12	48.51	400m: 6:12.18 43.17
16.	Ivan, VESNYANKA			13	Bairro dos Anjos / Sk Coffee				6:12.95	205
	FTL									
	50m:	39.75	39.75	150m:	2:12.36	47.42	250m:	3:48.33	48.89	350m: 5:26.88 49.63
	100m:	1:24.94	45.19	200m:	2:59.44	47.08	300m:	4:37.25	48.92	400m: 6:12.95 46.07