



limmatsharkszürich

44. Internationales Hi-Point Meeting
Zürich, 20. - 22.3.2026

| Event 3 | Men, 400m Medley | | | | Open Results |
|--------------------|------------------|---------------------|-----|--------------|--------------|
| 20.03.2026 - 17:57 | | | | | |
| Schweizerrekord | 4:12.86 | DESPLANCHES, Jérémy | GEN | Rennes (FRA) | 16.04.2019 |
| Meetingrekord | 4:21.96 | LEBHERZ, Yannick | GER | Zürich | 05.03.2011 |
| Sieger 2025 | 4:44.84 | GARTMANN, Gian-Luca | SUI | Zürich | 22.03.2025 |

HiPoint Limite : 5:30.50

Points: AQUA 2025

| Rank | | | YB | | | | | Time | Pts | | | |
|-----------------|---------------------|---------|-------|--------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| Junioren | | | | | | | | | | | | |
| 1. | RYKOV, Vladyslav | | 08 | SC Buelach | | | | 4:44.05 | 622 | | | |
| | 50m: | 30.13 | 30.13 | 150m: | 1:41.68 | 37.20 | 250m: | 2:59.93 | 41.05 | 350m: | 4:13.14 | 31.85 |
| | 100m: | 1:04.48 | 34.35 | 200m: | 2:18.88 | 37.20 | 300m: | 3:41.29 | 41.36 | 400m: | 4:44.05 | 30.91 |
| 2. | YOTSUMOTO, Yuuki | | 10 | Limmat Sharks Zuerich | | | | 4:46.67 | 605 | | | |
| | 50m: | 30.06 | 30.06 | 150m: | 1:44.07 | 39.03 | 250m: | 3:00.52 | 38.59 | 350m: | 4:14.61 | 33.79 |
| | 100m: | 1:05.04 | 34.98 | 200m: | 2:21.93 | 37.86 | 300m: | 3:40.82 | 40.30 | 400m: | 4:46.67 | 32.06 |
| 3. | GENTINA, Vico | | 09 | Schwimmverein St.Gallen-Witten | | | | 4:55.61 | 552 | | | |
| | 50m: | 29.42 | 29.42 | 150m: | 1:43.84 | 39.70 | 250m: | 3:05.16 | | 350m: | 4:21.97 | 33.64 |
| | 100m: | 1:04.14 | 34.72 | 200m: | | | 300m: | 3:48.33 | 43.17 | 400m: | 4:55.61 | 33.64 |
| 4. | LUKAC, Nicola | | 10 | Schwimmclub Uster | | | | 5:00.58 | 525 | | | |
| | 50m: | 30.10 | 30.10 | 150m: | 1:45.15 | 39.09 | 250m: | 3:06.11 | 43.74 | 350m: | 4:26.49 | 35.83 |
| | 100m: | 1:06.06 | 35.96 | 200m: | 2:22.37 | 37.22 | 300m: | 3:50.66 | 44.55 | 400m: | 5:00.58 | 34.09 |
| 5. | LI, Christian | | 11 | Limmat Sharks Zuerich | | | | 5:02.97 | 512 | | | |
| | 50m: | 32.41 | 32.41 | 150m: | 1:46.85 | 36.79 | 250m: | 3:08.16 | 43.80 | 350m: | 4:28.30 | 36.00 |
| | 100m: | 1:10.06 | 37.65 | 200m: | 2:24.36 | 37.51 | 300m: | 3:52.30 | 44.14 | 400m: | 5:02.97 | 34.67 |
| 6. | BAUMANN, Matteo | | 10 | Limmat Sharks Zuerich | | | | 5:03.40 | 510 | | | |
| | 50m: | 29.50 | 29.50 | 150m: | 1:45.64 | 40.92 | 250m: | 3:09.01 | 44.04 | 350m: | 4:30.51 | 36.03 |
| | 100m: | 1:04.72 | 35.22 | 200m: | 2:24.97 | 39.33 | 300m: | 3:54.48 | 45.47 | 400m: | 5:03.40 | 32.89 |
| 7. | FELD, Alessandro | | 08 | Schwimmclub Thalwil | | | | 5:05.25 | 501 | | | |
| | 50m: | 29.95 | 29.95 | 150m: | 1:46.27 | 40.17 | 250m: | 3:10.85 | 44.59 | 350m: | 4:31.02 | 35.59 |
| | 100m: | 1:06.10 | 36.15 | 200m: | 2:26.26 | 39.99 | 300m: | 3:55.43 | 44.58 | 400m: | 5:05.25 | 34.23 |
| 8. | HORIN, Arsenii | | 10 | Schwimmverein St.Gallen-Witten | | | | 5:07.44 | 490 | | | |
| | 50m: | 31.93 | 31.93 | 150m: | 1:50.74 | 41.00 | 250m: | 3:13.72 | 43.01 | 350m: | 4:33.12 | 35.35 |
| | 100m: | 1:09.74 | 37.81 | 200m: | 2:30.71 | 39.97 | 300m: | 3:57.77 | 44.05 | 400m: | 5:07.44 | 34.32 |
| 9. | WUEST, Julius | | 11 | Limmat Sharks Zuerich | | | | 5:10.85 | 474 | | | |
| | 50m: | 31.78 | 31.78 | 150m: | 1:51.84 | 41.66 | 250m: | 3:14.90 | 41.36 | 350m: | 4:34.73 | 36.00 |
| | 100m: | 1:10.18 | 38.40 | 200m: | 2:33.54 | 41.70 | 300m: | 3:58.73 | 43.83 | 400m: | 5:10.85 | 36.12 |
| 10. | CENNI, Alessandro | | 12 | Limmat Sharks Zuerich | | | | 5:21.35 | 429 | | | |
| | 50m: | 34.22 | 34.22 | 150m: | 1:57.29 | 42.13 | 250m: | 3:25.87 | 48.19 | 350m: | 4:48.52 | 35.66 |
| | 100m: | 1:15.16 | 40.94 | 200m: | 2:37.68 | 40.39 | 300m: | 4:12.86 | 46.99 | 400m: | 5:21.35 | 32.83 |
| 11. | TSCHARNER, Livio | | 13 | Schwimmclub Chur | | | | 5:21.97 | 427 | | | |
| | 50m: | 33.75 | 33.75 | 150m: | 1:55.70 | 41.60 | 250m: | 3:23.51 | 46.38 | 350m: | 4:46.67 | 36.24 |
| | 100m: | 1:14.10 | 40.35 | 200m: | 2:37.13 | 41.43 | 300m: | 4:10.43 | 46.92 | 400m: | 5:21.97 | 35.30 |
| 12. | THURN, Henri | | 13 | Limmat Sharks Zuerich | | | | 5:30.50 | 395 | | | |
| | 50m: | 35.19 | 35.19 | 150m: | 2:02.26 | 44.92 | 250m: | 3:30.09 | | 350m: | 4:54.51 | 38.91 |
| | 100m: | 1:17.34 | 42.15 | 200m: | | | 300m: | 4:15.60 | 45.51 | 400m: | 5:30.50 | 35.99 |
| 13. | HOFSTAETTER, Lionel | | 12 | Limmat Sharks Zuerich | | | | 5:31.50 | 391 | | | |
| | 50m: | 34.52 | 34.52 | 150m: | 1:57.75 | 43.44 | 250m: | 3:28.12 | 47.95 | 350m: | 4:55.34 | 37.84 |
| | 100m: | 1:14.31 | 39.79 | 200m: | 2:40.17 | 42.42 | 300m: | 4:17.50 | 49.38 | 400m: | 5:31.50 | 36.16 |
| WDR | LIF, Lukas Walter | | 11 | Schwimmverein Baar | | | | | | | | |



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Event 3, Men, 400m Medley

Erwachsene

| | | | | | | | | | | | |
|------------------|---------|-------|-------|---------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. NOLLI, Davide | | | 03 | Nuotatori Milanesi | | | | 4:34.63 | 688 | | |
| 50m: | 27.54 | 27.54 | 150m: | 1:36.58 | 37.12 | 250m: | 2:53.04 | 39.39 | 350m: | 4:04.18 | 30.93 |
| 100m: | 59.46 | 31.92 | 200m: | 2:13.65 | 37.07 | 300m: | 3:33.25 | 40.21 | 400m: | 4:34.63 | 30.45 |
| 2. KNAB, Yannick | | | 06 | Schwimmclub Liestal | | | | 4:46.82 | 604 | | |
| 50m: | 29.08 | 29.08 | 150m: | 1:40.14 | 36.96 | 250m: | 2:58.67 | 41.64 | 350m: | 4:15.79 | 35.02 |
| 100m: | 1:03.18 | 34.10 | 200m: | 2:17.03 | 36.89 | 300m: | 3:40.77 | 42.10 | 400m: | 4:46.82 | 31.03 |