



limmatsharkszürich

44. Internationales Hi-Point Meeting
Zürich, 20. - 22.3.2026

Event 34
22.03.2026 - 17:00

Women, 400m Freestyle

Open
Results

Schweizerrekord	4:09.29	RIGAMONTI, Flavia	AST	Austin (USA)	06.06.2008
Meetingrekord	4:12.04	KÖHLER, Sarah	GER	Zürich	28.02.2016
Sieger 2025	4:25.21	DJAKOVIC, Vanna	SUI	Zürich	23.03.2025

HiPoint Limite : 5:06.00

Points: AQUA 2025

Rank				YB				Time	Pts
Junioren									
1.	LAZZARINI, Giorgia			08	Nuotatori Milanesi			4:36.58	616
	50m:	31.06	31.06	150m:	1:38.92	34.55	250m:	2:49.60	35.66
	100m:	1:04.37	33.31	200m:	2:13.94	35.02	300m:	3:25.12	35.52
				350m:			400m:	4:01.15	36.03
								4:36.58	35.43
2.	GIGLIO, Lara			10	Schwimmverein Baar			4:40.12	593
	50m:	32.24	32.24	150m:	1:42.31	35.22	250m:	2:53.79	35.55
	100m:	1:07.09	34.85	200m:	2:18.24	35.93	300m:	3:29.95	36.16
				350m:			400m:	4:05.55	35.60
								4:40.12	34.57
3.	SCHNELLMANN, Aline			11	Schwimmverein St.Gallen-Witten			4:40.26	592
	50m:	32.32	32.32	150m:	1:43.33	35.62	250m:	2:55.33	35.59
	100m:	1:07.71	35.39	200m:	2:19.74	36.41	300m:	3:31.73	36.40
				350m:			400m:	4:06.37	34.64
								4:40.26	33.89
4.	GIAIMO, Leona			08	Swim Team Lucerne			4:42.64	577
	50m:	32.80	32.80	150m:	1:44.50	36.01	250m:	2:57.11	36.05
	100m:	1:08.49	35.69	200m:	2:21.06	36.56	300m:	3:33.68	36.57
				350m:			400m:	4:09.18	35.50
								4:42.64	33.46
5.	MUELLER, Mia			12	Schwimmverein St.Gallen-Witten			4:44.17	568
	50m:	32.37	32.37	150m:	1:44.01	35.76	250m:	2:56.01	35.34
	100m:	1:08.25	35.88	200m:	2:20.67	36.66	300m:	3:32.92	36.91
				350m:			400m:	4:08.92	36.00
								4:44.17	35.25
6.	HIRSCH, Frida			11	Schwimmclub Kreuzlingen			4:44.92	563
	50m:	32.50	32.50	150m:	1:43.87	35.72	250m:	2:57.47	36.51
	100m:	1:08.15	35.65	200m:	2:20.96	37.09	300m:	3:33.91	36.44
				350m:			400m:	4:09.76	35.85
								4:44.92	35.16
7.	VON BURG, Alicia			08	Swim Regio Solothurn			4:45.87	558
	50m:	32.97	32.97	150m:	1:44.88	36.26	250m:	2:58.00	36.12
	100m:	1:08.62	35.65	200m:	2:21.88	37.00	300m:	3:34.54	36.54
				350m:			400m:	4:10.92	36.38
								4:45.87	34.95
8.	GRAF, Giordana			08	Schwimmclub Liestal			4:46.59	554
	50m:	32.39	32.39	150m:	1:43.37	35.93	250m:	2:56.71	36.97
	100m:	1:07.44	35.05	200m:	2:19.74	36.37	300m:	3:34.34	37.63
				350m:			400m:	4:11.41	37.07
								4:46.59	35.18
9.	DUERLER, Selina			11	Limmat Sharks Zuerich			4:46.60	553
	50m:	32.69	32.69	150m:	1:44.66	35.97	250m:	2:58.40	37.07
	100m:	1:08.69	36.00	200m:	2:21.33	36.67	300m:	3:35.20	36.80
				350m:			400m:	4:11.64	36.44
								4:46.60	34.96
10.	LUKAC, Emily			12	Schwimmclub Uster			4:47.13	550
	50m:	32.80	32.80	150m:	1:43.79	35.88	250m:	2:57.21	36.89
	100m:	1:07.91	35.11	200m:	2:20.32	36.53	300m:	3:34.31	37.10
				350m:			400m:	4:11.21	36.90
								4:47.13	35.92
11.	NIEMEYER, Lia			09	Schwimmclub Uster			4:51.69	525
	50m:	33.25	33.25	150m:	1:45.98	36.65	250m:	2:59.33	36.80
	100m:	1:09.33	36.08	200m:	2:22.53	36.55	300m:	3:37.17	37.84
				350m:			400m:	4:15.20	38.03
								4:51.69	36.49
12.	SCHALLMEINER-TOBIN, Emma			11	Basel Aquatics			4:55.87	503
	50m:	32.66	32.66	150m:	1:46.56	37.30	250m:	3:02.41	37.90
	100m:	1:09.26	36.60	200m:	2:24.51	37.95	300m:	3:41.07	38.66
				350m:			400m:	4:19.24	38.17
								4:55.87	36.63
13.	PORTULEZ, Beatriz Oliveira			11	Schwimmclub Chur			4:55.94	503
	50m:	32.15	32.15	150m:	1:45.36	36.75	250m:	3:01.20	37.90
	100m:	1:08.61	36.46	200m:	2:23.30	37.94	300m:	3:39.86	38.66
				350m:			400m:	4:18.26	38.40
								4:55.94	37.68
14.	ALBERTS, Tara			13	Schwimmverein Waedenswil			4:57.45	495
	50m:	33.22	33.22	150m:	1:49.20	38.41	250m:	3:05.67	38.13
	100m:	1:10.79	37.57	200m:	2:27.54	38.34	300m:	3:43.77	38.10
				350m:			400m:	4:21.98	38.21
								4:57.45	35.47



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Zürich, 20. - 22.3.2026

Event 34, Girls, 400m Freestyle, Junioren

Rank				YB				Time	Pts			
15.	ST-PIERRE, Alena			08	Schwimmclub Kreuzlingen			4:59.84	483			
	50m:	34.15	34.15	150m:	1:50.12	38.66	250m:	3:06.39	38.17	350m:	4:22.80	38.38
	100m:	1:11.46	37.31	200m:	2:28.22	38.10	300m:	3:44.42	38.03	400m:	4:59.84	37.04
16.	MAURI, Aisha			10	Limmat Sharks Zuerich			5:01.67	475			
	50m:	33.92	33.92	150m:	1:48.69	37.80	250m:	3:06.29	38.57	350m:	4:24.53	39.02
	100m:	1:10.89	36.97	200m:	2:27.72	39.03	300m:	3:45.51	39.22	400m:	5:01.67	37.14
17.	SCHWARZER, Ylenia			08	Schwimmclub Winterthur			5:01.79	474			
	50m:	32.27	32.27	150m:	1:45.56	37.23	250m:	3:04.08	39.42	350m:	4:23.11	39.07
	100m:	1:08.33	36.06	200m:	2:24.66	39.10	300m:	3:44.04	39.96	400m:	5:01.79	38.68
18.	SANDBERG, Emilie			11	Schwimmclub Aarefisch			5:02.51	471			
	50m:	33.70	33.70	150m:	1:49.27	38.28	250m:	3:07.93	39.87	350m:	4:25.77	39.08
	100m:	1:10.99	37.29	200m:	2:28.06	38.79	300m:	3:46.69	38.76	400m:	5:02.51	36.74
19.	COLZANI, Miriam			09	Basel Aquatics			5:03.00	468			
	50m:	34.04	34.04	150m:	1:48.60	37.61	250m:	3:05.72	38.52	350m:	4:24.00	38.85
	100m:	1:10.99	36.95	200m:	2:27.20	38.60	300m:	3:45.15	39.43	400m:	5:03.00	39.00
20.	LAKHDHER, Aliya			12	Schwimmclub Winterthur			5:03.04	468			
	50m:	34.29	34.29	150m:	1:52.30	39.05	250m:	3:10.58	39.36	350m:	4:27.02	37.17
	100m:	1:13.25	38.96	200m:	2:31.22	38.92	300m:	3:49.85	39.27	400m:	5:03.04	36.02
21.	MILJANOVIC, Josephina			13	Schwimmverein St.Gallen-Witten			5:04.17	463			
	50m:	33.55	33.55	150m:	1:49.73	38.60	250m:	3:09.30	39.73	350m:	4:27.11	39.32
	100m:	1:11.13	37.58	200m:	2:29.57	39.84	300m:	3:47.79	38.49	400m:	5:04.17	37.06
22.	FISCHER, Jacqueline			11	Basel Aquatics			5:04.97	459			
	50m:	34.26	34.26	150m:	1:51.27	39.10	250m:	3:09.48	38.82	350m:	4:27.59	38.79
	100m:	1:12.17	37.91	200m:	2:30.66	39.39	300m:	3:48.80	39.32	400m:	5:04.97	37.38
23.	LOCHER, Lynn			12	Schwimmclub Uster			5:05.06	459			
	50m:	35.06	35.06	150m:	1:51.98	38.10	250m:	3:09.80	38.73	350m:	4:27.67	38.38
	100m:	1:13.88	38.82	200m:	2:31.07	39.09	300m:	3:49.29	39.49	400m:	5:05.06	37.39
24.	BAUR, Ann-Sophie			09	Basel Aquatics			5:06.12	454			
	50m:	35.09	35.09	150m:	1:51.60	38.32	250m:	3:09.41	38.62	350m:	4:28.11	39.12
	100m:	1:13.28	38.19	200m:	2:30.79	39.19	300m:	3:48.99	39.58	400m:	5:06.12	38.01
	WDR SENDUR, Elin Julia			09	Schwimmverein Baar							
	WDR GUELEC, Aylin			11	Schwimmclub Herisau							
	WDR FRISK, Christina			10	Schwimmverein St.Gallen-Witten							
	WDR MUELLER, Jael			10	Schwimmverein St.Gallen-Witten							
	WDR DE FEZZA, Yara			10	Limmat Sharks Zuerich							
	WDR HUBER, Melia			11	Swim Team Lucerne							

Erwachsene

1.	FREDERSDORF, Emma			05	Basel Aquatics			4:29.17	668			
	50m:	31.33	31.33	150m:	1:39.43	34.10	250m:	2:47.40	33.74	350m:	3:55.76	34.24
	100m:	1:05.33	34.00	200m:	2:13.66	34.23	300m:	3:21.52	34.12	400m:	4:29.17	33.41
2.	PITZER, Julia			07	Basel Aquatics			4:40.46	591			
	50m:	32.74	32.74	150m:	1:43.86	35.86	250m:	2:55.45	35.79	350m:	4:06.30	35.47
	100m:	1:08.00	35.26	200m:	2:19.66	35.80	300m:	3:30.83	35.38	400m:	4:40.46	34.16
3.	PITZER, Anna			05	Basel Aquatics			4:43.21	574			
	50m:	32.77	32.77	150m:	1:45.04	36.20	250m:	2:57.03	36.08	350m:	4:08.52	35.82
	100m:	1:08.84	36.07	200m:	2:20.95	35.91	300m:	3:32.70	35.67	400m:	4:43.21	34.69



limmatsharkszürich

44. Internationales Hi-Point Meeting
Zürich, 20. - 22.3.2026

Event 34, Women, 400m Freestyle, Erwachsene

Rank				YB						Time	Pts	
4.	ARMANDI, Michelle			06	Schwimmclub Aarefisch					4:43.24	573	
	50m:	31.55	31.55	150m:	1:41.87	35.47	250m:	2:53.88	36.08	350m:	4:06.96	36.53
	100m:	1:06.40	34.85	200m:	2:17.80	35.93	300m:	3:30.43	36.55	400m:	4:43.24	36.28
5.	ERCOLI, Vanessa			07	Nuotatori Milanesi					4:52.09	523	
	50m:	32.57	32.57	150m:	1:44.83	36.46	250m:	2:59.80	37.62	350m:	4:14.78	37.13
	100m:	1:08.37	35.80	200m:	2:22.18	37.35	300m:	3:37.65	37.85	400m:	4:52.09	37.31
6.	SCHAFFNER, Nina			06	Schwimmclub Winterthur					4:59.64	484	
	50m:	34.02	34.02	150m:	1:49.59	37.99	250m:	3:05.33	37.54	350m:	4:22.62	39.03
	100m:	1:11.60	37.58	200m:	2:27.79	38.20	300m:	3:43.59	38.26	400m:	4:59.64	37.02
7.	BARNEZET, Elisa			07	Schwimmclub Uster					5:09.20	441	
	*											
	50m:	33.94	33.94	150m:	1:49.73	38.90	250m:	3:09.09	40.34	350m:	4:29.90	40.71
	100m:	1:10.83	36.89	200m:	2:28.75	39.02	300m:	3:49.19	40.10	400m:	5:09.20	39.30
WDR	FREIMANN, Jessica			99	A-Club Swimming Team Savosa							
WDR	BAETTIG, Juliana			07	Schwimmclub Frauenfeld							
WDR	GIUDICI, Maelle			06	Swim Team Lucerne							