



limmatsharkszürich

44. Internationales Hi-Point Meeting
Zürich, 20. - 22.3.2026

Wettkampf 3 Herren, 400m Lagen allg. Kategorie
20.03.2026 - 17:57 Rangliste

Schweizerrekord	4:12.86	DESPLANCHES, Jérémy	GEN	Rennes (FRA)	16.04.2019
Meetingrekord	4:21.96	LEBHERZ, Yannick	GER	Zürich	05.03.2011
Sieger 2025	4:44.84	GARTMANN, Gian-Luca	SUI	Zürich	22.03.2025

HiPoint Limite : 5:30.50

Punkte: AQUA 2025

Rang				Jg.							Zeit	Pkt.
Junioren												
1.	RYKOV, Vladyslav			08	SC Bülach						4:44.05	622
	50m:	30.13	30.13	150m:	1:41.68	37.20	250m:	2:59.93	41.05	350m:	4:13.14	31.85
	100m:	1:04.48	34.35	200m:	2:18.88	37.20	300m:	3:41.29	41.36	400m:	4:44.05	30.91
2.	YOTSUMOTO, Yuuki			10	Limmat Sharks Zürich						4:46.67	605
	50m:	30.06	30.06	150m:	1:44.07	39.03	250m:	3:00.52	38.59	350m:	4:14.61	33.79
	100m:	1:05.04	34.98	200m:	2:21.93	37.86	300m:	3:40.82	40.30	400m:	4:46.67	32.06
3.	GENTINA, Vico			09	Schwimmverein St.Gallen-Witten						4:55.61	552
	50m:	29.42	29.42	150m:	1:43.84	39.70	250m:	3:05.16		350m:	4:21.97	33.64
	100m:	1:04.14	34.72	200m:			300m:	3:48.33	43.17	400m:	4:55.61	33.64
4.	LUKAC, Nicola			10	Schwimmclub Uster						5:00.58	525
	50m:	30.10	30.10	150m:	1:45.15	39.09	250m:	3:06.11	43.74	350m:	4:26.49	35.83
	100m:	1:06.06	35.96	200m:	2:22.37	37.22	300m:	3:50.66	44.55	400m:	5:00.58	34.09
5.	LI, Christian			11	Limmat Sharks Zürich						5:02.97	512
	50m:	32.41	32.41	150m:	1:46.85	36.79	250m:	3:08.16	43.80	350m:	4:28.30	36.00
	100m:	1:10.06	37.65	200m:	2:24.36	37.51	300m:	3:52.30	44.14	400m:	5:02.97	34.67
6.	BAUMANN, Matteo			10	Limmat Sharks Zürich						5:03.40	510
	50m:	29.50	29.50	150m:	1:45.64	40.92	250m:	3:09.01	44.04	350m:	4:30.51	36.03
	100m:	1:04.72	35.22	200m:	2:24.97	39.33	300m:	3:54.48	45.47	400m:	5:03.40	32.89
7.	FELD, Alessandro			08	Schwimmclub Thalwil						5:05.25	501
	50m:	29.95	29.95	150m:	1:46.27	40.17	250m:	3:10.85	44.59	350m:	4:31.02	35.59
	100m:	1:06.10	36.15	200m:	2:26.26	39.99	300m:	3:55.43	44.58	400m:	5:05.25	34.23
8.	HORIN, Arsenii			10	Schwimmverein St.Gallen-Witten						5:07.44	490
	50m:	31.93	31.93	150m:	1:50.74	41.00	250m:	3:13.72	43.01	350m:	4:33.12	35.35
	100m:	1:09.74	37.81	200m:	2:30.71	39.97	300m:	3:57.77	44.05	400m:	5:07.44	34.32
9.	WÜST, Julius			11	Limmat Sharks Zürich						5:10.85	474
	50m:	31.78	31.78	150m:	1:51.84	41.66	250m:	3:14.90	41.36	350m:	4:34.73	36.00
	100m:	1:10.18	38.40	200m:	2:33.54	41.70	300m:	3:58.73	43.83	400m:	5:10.85	36.12
10.	CENNI, Alessandro			12	Limmat Sharks Zürich						5:21.35	429
	50m:	34.22	34.22	150m:	1:57.29	42.13	250m:	3:25.87	48.19	350m:	4:48.52	35.66
	100m:	1:15.16	40.94	200m:	2:37.68	40.39	300m:	4:12.86	46.99	400m:	5:21.35	32.83
11.	TSCHARNER, Livio			13	Schwimmclub Chur						5:21.97	427
	50m:	33.75	33.75	150m:	1:55.70	41.60	250m:	3:23.51	46.38	350m:	4:46.67	36.24
	100m:	1:14.10	40.35	200m:	2:37.13	41.43	300m:	4:10.43	46.92	400m:	5:21.97	35.30
12.	THURN, Henri			13	Limmat Sharks Zürich						5:30.50	395
	50m:	35.19	35.19	150m:	2:02.26	44.92	250m:	3:30.09		350m:	4:54.51	38.91
	100m:	1:17.34	42.15	200m:			300m:	4:15.60	45.51	400m:	5:30.50	35.99
13.	HOFSTÄTTER, Lionel			12	Limmat Sharks Zürich						5:31.50	391
	50m:	34.52	34.52	150m:	1:57.75	43.44	250m:	3:28.12	47.95	350m:	4:55.34	37.84
	100m:	1:14.31	39.79	200m:	2:40.17	42.42	300m:	4:17.50	49.38	400m:	5:31.50	36.16
abg.	LIF, Lukas Walter			11	Schwimmverein Baar							



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Erwachsene

1. NOLLI, Davide			03	Nuotatori Milanesi				4:34.63	688		
50m:	27.54	27.54	150m:	1:36.58	37.12	250m:	2:53.04	39.39	350m:	4:04.18	30.93
100m:	59.46	31.92	200m:	2:13.65	37.07	300m:	3:33.25	40.21	400m:	4:34.63	30.45
2. KNAB, Yannick			06	Schwimmclub Liestal				4:46.82	604		
50m:	29.08	29.08	150m:	1:40.14	36.96	250m:	2:58.67	41.64	350m:	4:15.79	35.02
100m:	1:03.18	34.10	200m:	2:17.03	36.89	300m:	3:40.77	42.10	400m:	4:46.82	31.03