



limmatsharkszürich

44. Internationales Hi-Point Meeting  
Zürich, 20. - 22.3.2026

Event 2  
20.03.2026 - 17:37

Women, 400m Medley

Open  
Results

Schweizerrekord	4:45.12	VAN BERKEL, Martina Eva	LIMM	Rio (BRA)	06.08.2016
Meetingrekord	4:51.51	VAN BERKEL, Martina	GER	Zürich	28.02.2016
Sieger 2025	4:59.00	LÖHR, Kay-Lyn	SUI	Zürich	23.03.2025

HiPoint Limite : 5:50.50

Points: AQUA 2025

Rank			YB			Time	Pts	
<b>Junioren</b>								
1.	DUERLER, Selina		11	Limmat Sharks Zuerich		<b>5:12.30</b>	606	
	50m:	32.02 32.02	150m:	1:51.18 41.79	250m:	3:17.01 45.21	350m:	4:38.90 35.04
	100m:	1:09.39 37.37	200m:	2:31.80 40.62	300m:	4:03.86 46.85	400m:	5:12.30 33.40
2.	SOELLNER, Lilly		11	Schwimmverein St.Gallen-Witten		<b>5:14.83</b>	592	
	50m:	33.03 33.03	150m:	1:50.63 39.96	250m:	3:17.15 46.10	350m:	4:40.23 36.30
	100m:	1:10.67 37.64	200m:	2:31.05 40.42	300m:	4:03.93 46.78	400m:	5:14.83 34.60
3.	PAPP, Carolina		13	Limmat Sharks Zuerich		<b>5:21.04</b>	558	
	50m:	32.54 32.54	150m:	1:53.61 42.44	250m:	3:21.32 46.76	350m:	4:45.08 37.15
	100m:	1:11.17 38.63	200m:	2:34.56 40.95	300m:	4:07.93 46.61	400m:	5:21.04 35.96
4.	SCHNELLMANN, Aline		11	Schwimmverein St.Gallen-Witten		<b>5:21.62</b>	555	
	50m:	34.08 34.08	150m:	1:55.86 41.39	250m:	3:23.10 44.77	350m:	4:45.60 35.87
	100m:	1:14.47 40.39	200m:	2:38.33 42.47	300m:	4:09.73 46.63	400m:	5:21.62 36.02
5.	SENDUR, Elin Julia		09	Schwimmverein Baar		<b>5:22.69</b>	549	
	50m:	32.64 32.64	150m:	1:55.15 43.35	250m:	3:22.25 44.49	350m:	4:45.58 37.10
	100m:	1:11.80 39.16	200m:	2:37.76 42.61	300m:	4:08.48 46.23	400m:	5:22.69 37.11
6.	WUEST, Aurelia		13	Limmat Sharks Zuerich		<b>5:28.39</b>	521	
	50m:	33.58 33.58	150m:	1:57.54 44.21	250m:	3:24.95 44.32	350m:	4:50.43 39.20
	100m:	1:13.33 39.75	200m:	2:40.63 43.09	300m:	4:11.23 46.28	400m:	5:28.39 37.96
7.	LUKAC, Emily		12	Schwimmclub Uster		<b>5:30.71</b>	510	
	50m:	33.12 33.12	150m:	1:56.56 42.80	250m:	3:27.20 49.10	350m:	4:54.08 37.81
	100m:	1:13.76 40.64	200m:	2:38.10 41.54	300m:	4:16.27 49.07	400m:	5:30.71 36.63
8.	ALLEGRI, Gianna		12	Schwimmverein St.Gallen-Witten		<b>5:31.82</b>	505	
	50m:	35.16 35.16	150m:	1:58.43 42.50	250m:	3:29.82 50.01	350m:	4:55.85 36.85
	100m:	1:15.93 40.77	200m:	2:39.81 41.38	300m:	4:19.00 49.18	400m:	5:31.82 35.97
9.	BACHMANN, Giolina Chiara		11	Schwimmclub Thalwil		<b>5:37.45</b>	480	
	50m:	34.46 34.46	150m:	2:00.45 44.28	250m:	3:32.65 47.70	350m:	5:01.25 39.56
	100m:	1:16.17 41.71	200m:	2:44.95 44.50	300m:	4:21.69 49.04	400m:	5:37.45 36.20
10.	ALBERTS, Tara		13	Schwimmverein Waedenswil		<b>5:41.59</b>	463	
	50m:	33.97 33.97	150m:	1:59.98 46.24	250m:	3:33.25 49.45	350m:	5:04.02 40.51
	100m:	1:13.74 39.77	200m:	2:43.80 43.82	300m:	4:23.51 50.26	400m:	5:41.59 37.57
11.	ROHMEDER, Hanna		14	Limmat Sharks Zuerich		<b>5:41.92</b>	462	
	50m:	35.29 35.29	150m:	2:03.27 45.14	250m:	3:35.99 49.27	350m:	5:05.44 39.80
	100m:	1:18.13 42.84	200m:	2:46.72 43.45	300m:	4:25.64 49.65	400m:	5:41.92 36.48
12.	GERBER, Alyna		14	Limmat Sharks Zuerich		<b>5:42.20</b>	461	
	50m:	36.89 36.89	150m:	2:04.36 43.63	250m:	3:37.60 49.61	350m:	5:06.12 39.34
	100m:		200m:	2:47.99 43.63	300m:	4:26.78 49.18	400m:	5:42.20 36.08
13.	WOODS, Olivia		12	Schwimmverein Waedenswil		<b>5:47.08</b>	441	
	50m:	34.77 34.77	150m:		250m:	3:38.68 47.34	350m:	5:08.40 40.09
	100m:	1:16.70 41.93	200m:	2:51.34	300m:	4:28.31 49.63	400m:	5:47.08 38.68
14.	SCHWARZ, Carolina		12	Limmat Sharks Zuerich		<b>5:50.92</b>	427	
	50m:	37.72 37.72	150m:	2:07.68 45.45	250m:	3:43.36 49.75	350m:	5:12.26 40.46
	100m:	1:22.23 44.51	200m:	2:53.61 45.93	300m:	4:31.80 48.44	400m:	5:50.92 38.66



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Zürich, 20. - 22.3.2026

Event 2, Girls, 400m Medley, Junioren

Rank	YB	Time	Pts
WDR BONKE, Elisabeth	12	Schwimmverein St.Gallen-Witten	

Erwachsene

1. MUELLER, Selina	07	Schwimmverein Baar	<b>5:13.83</b>	597
50m: 33.81 33.81	150m: 1:50.41 40.39	250m: 3:14.93 44.19	350m: 4:37.72 38.48	
100m: 1:10.02 36.21	200m: 2:30.74 40.33	300m: 3:59.24 44.31	400m: 5:13.83 36.11	
2. FREIMANN, Jessica	99	A-Club Swimming Team Savosa	<b>5:32.62</b>	502
50m: 33.40 33.40	150m: 1:57.64 44.37	250m: 3:28.48 46.18	350m: 4:55.45 38.69	
100m: 1:13.27 39.87	200m: 2:42.30 44.66	300m: 4:16.76 48.28	400m: 5:32.62 37.17	