

Campeonato Interdistrital Juvenis, Juniores e Seniores de Inverno
Coimbra, 6 - 8/3/2026

Prova 33 Masc., 800m Livres 15 anos e mais velhos
08/03/2026 - 9:30 Resultados

Rec Nac NP Open	7:52.68	Jose Paulo, LOPES	POR	Budapeste (HUN)	22/05/2021
Rec Nac NP Sen	7:52.68	Jose Paulo, LOPES	POR	Budapeste (HUN)	22/05/2021
Rec Nac NP Jun A	8:06.97	Guilherme Filipe, PINA	POR	Hodmezovasarhely (HUN)	09/07/2016
Rec Nac NP Jun B	8:13.49	Gustavo Manuel, SANTA	POR	Helsinki (FIN)	17/07/2010
Rec Nac NP Juv A	8:23.54	Gustavo Manuel, SANTA	POR	Tampere (FIN)	23/07/2009
Rec Nac NP Juv B	8:32.97	Rui Silva, PEREIRA	POR	Coimbra	28/05/2023

TA JUVB-MASC Juv B: 10:50.48 / TA JUVA-MASC Juv A: 10:35.56 / TA JUN -MASC Jun A/B: 10:17.66 / TA SEN-MASC Sen: 9:59.75

Pontos: AQUA 2025

Lugar Ano Tempo final Pts

Juvenis B

1. Hugo Ferreira, SILVA	11	Academica de Coimbra	9:08.43	560
100m: 1:04.48 1:04.48	300m: 3:22.39 1:09.36	500m: 5:41.91 1:10.05	700m: 8:01.30 1:09.52	800m: 9:08.43 1:07.13
200m: 2:13.03 1:08.55	400m: 4:31.86 1:09.47	600m: 6:51.78 1:09.87		
2. Martim Duarte, ROQUE	11	CNLeiria - VOID	9:37.52	479
100m: 1:06.45 1:06.45	300m: 3:30.86 1:12.69	500m: 5:57.90 1:13.79	700m: 8:25.93 1:14.22	800m: 9:37.52 1:11.59
200m: 2:18.17 1:11.72	400m: 4:44.11 1:13.25	600m: 7:11.71 1:13.81		
3. Duarte Santos, MATEUS	11	Condeixa Clube	9:44.87	461
100m: 1:08.51 1:08.51	300m: 3:36.52 1:14.60	500m: 6:04.89 1:14.16	700m: 8:33.43 1:14.15	800m: 9:44.87 1:11.44
200m: 2:21.92 1:13.41	400m: 4:50.73 1:14.21	600m: 7:19.28 1:14.39		
4. Bernardo Bento, DINIS	11	Condeixa Clube	9:47.65	455
100m: 1:07.14 1:07.14	300m: 3:36.59 1:15.50	500m: 6:06.30 1:15.61	700m: 8:36.33 1:14.79	800m: 9:47.65 1:11.32
200m: 2:21.09 1:13.95	400m: 4:50.69 1:14.10	600m: 7:21.54 1:15.24		
5. Leonardo Fonseca, FERRAZ	11	Academica de Coimbra	10:03.24	421
100m: 1:09.27 1:09.27	300m: 3:41.07 1:16.16	500m: 6:14.80 1:17.07	700m: 8:49.36 1:17.45	800m: 10:03.24 1:13.88
200m: 2:24.91 1:15.64	400m: 4:57.73 1:16.66	600m: 7:31.91 1:17.11		

Juvenis A

1. Andre Ferreira, SANTOS	10	Academico de Viseu	9:03.93	574
100m: 1:03.90 1:03.90	300m: 3:21.42 1:09.09	500m: 5:40.71 1:09.63	700m: 7:58.85 1:08.99	800m: 9:03.93 1:05.08
200m: 2:12.33 1:08.43	400m: 4:31.08 1:09.66	600m: 6:49.86 1:09.15		
2. Rodrigo Cardoso, TOMAS	10	Alcobaca	9:13.32	545
100m: 1:03.36 1:03.36	300m: 3:22.68 1:10.41	500m: 5:44.24 1:10.79	700m: 8:05.85 1:10.70	800m: 9:13.32 1:07.47
200m: 2:12.27 1:08.91	400m: 4:33.45 1:10.77	600m: 6:55.15 1:10.91		
3. Dinis Goncalves, ARAUJO	10	Nautico Academico	9:19.43	527
100m: 1:04.17 1:04.17	300m: 3:24.92 1:11.23	500m: 5:48.55 1:11.81	700m: 8:11.14 1:11.28	800m: 9:19.43 1:08.29
200m: 2:13.69 1:09.52	400m: 4:36.74 1:11.82	600m: 6:59.86 1:11.31		
4. Tiago Joao, OLAS	10	Academico de Viseu	9:20.48	524
100m: 1:05.86 1:05.86	300m: 3:26.18 1:10.32	500m: 5:49.12 1:11.58	700m: 8:12.36 1:11.61	800m: 9:20.48 1:08.12
200m: 2:15.86 1:10.00	400m: 4:37.54 1:11.36	600m: 7:00.75 1:11.63		
5. Lucas Costa, JESUS	10	Nautico Marinha Grande	9:33.01	491
100m: 1:06.77 1:06.77	300m: 3:32.62 1:13.04	500m: 5:57.71 1:12.95	700m: 8:22.85 1:12.22	800m: 9:33.01 1:10.16
200m: 2:19.58 1:12.81	400m: 4:44.76 1:12.14	600m: 7:10.63 1:12.92		
6. Antonio Antunes, JORGE	10	Alcobaca	9:38.70	476
100m: 1:04.91 1:04.91	300m: 3:31.80 1:13.79	500m: 5:59.65 1:13.17	700m: 8:28.15 1:14.00	800m: 9:38.70 1:10.55
200m: 2:18.01 1:13.10	400m: 4:46.48 1:14.68	600m: 7:14.15 1:14.50		
7. Rodrigo Miguel, MATIAS	10	Nautico Academico	9:38.86	476
100m: 1:07.09 1:07.09	300m: 3:33.06 1:13.89	500m: 5:59.70 1:13.09	700m: 8:26.72 1:13.94	800m: 9:38.86 1:12.14
200m: 2:19.17 1:12.08	400m: 4:46.61 1:13.55	600m: 7:12.78 1:13.08		
8. Tomas Manuel, PALMEIRO	10	Nautico Marinha Grande	9:45.26	461
100m: 1:06.29 1:06.29	300m: 3:32.08 1:13.72	500m: 6:02.01 1:15.62	700m: 8:32.39 1:15.15	800m: 9:45.26 1:12.87
200m: 2:18.36 1:12.07	400m: 4:46.39 1:14.31	600m: 7:17.24 1:15.23		
9. Joao Saraiva, PAIXAO	10	Galitos / Bresimar	9:55.41	437
100m: 1:07.90 1:07.90	300m: 3:38.06 1:15.73	500m: 6:10.58 1:16.31	700m: 8:42.40 1:15.98	800m: 9:55.41 1:13.01
200m: 2:22.33 1:14.43	400m: 4:54.27 1:16.21	600m: 7:26.42 1:15.84		

Campeonato Interdistrital Juvenis, Juniores e Seniores de Inverno
Coimbra, 6 - 8/3/2026

Prova 33, Masc., 800m Livres, Juvenis A

Lugar	Ano	Tempo final	Pts
10. Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande	9:59.79	428
100m: 1:08.87 1:08.87 300m: 3:42.10 1:16.63 500m: 6:15.73 1:17.10 700m: 8:47.48 1:15.81			
200m: 2:25.47 1:16.60 400m: 4:58.63 1:16.53 600m: 7:31.67 1:15.94 800m: 9:59.79 1:12.31			

Juniores A/B

1. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	8:54.56	605
100m: 1:03.85 1:03.85 300m: 3:21.48 1:08.96 500m: 5:38.88 1:08.77 700m: 7:52.55 1:05.42			
200m: 2:12.52 1:08.67 400m: 4:30.11 1:08.63 600m: 6:47.13 1:08.25 800m: 8:54.56 1:02.01			
2. Rafael Pereira, RODRIGUES	08 Condeixa Clube	8:55.80	600
100m: 1:01.53 1:01.53 300m: 3:15.04 1:07.22 500m: 5:31.34 1:08.20 700m: 7:48.63 1:08.54			
200m: 2:07.82 1:06.29 400m: 4:23.14 1:08.10 600m: 6:40.09 1:08.75 800m: 8:55.80 1:07.17			
3. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	8:57.73	594
100m: 1:03.01 1:03.01 300m: 3:19.19 1:08.32 500m: 5:35.78 1:07.21 700m: 7:53.57 1:08.98			
200m: 2:10.87 1:07.86 400m: 4:28.57 1:09.38 600m: 6:44.59 1:08.81 800m: 8:57.73 1:04.16			
4. Paulo, KOT	09 Nautico Marinha Grande	8:58.01	593
100m: 1:01.50 1:01.50 300m: 3:15.43 1:07.92 500m: 5:33.59 1:09.23 700m: 7:50.97 1:08.53			
200m: 2:07.51 1:06.01 400m: 4:24.36 1:08.93 600m: 6:42.44 1:08.85 800m: 8:58.01 1:07.04			
5. Guilherme Simoes, SOUSA	08 Academica de Coimbra	9:09.94	555
100m: 1:03.64 1:03.64 300m: 3:22.07 1:09.55 500m: 5:42.05 1:10.17 700m: 8:02.52 1:10.29			
200m: 2:12.52 1:08.88 400m: 4:31.88 1:09.81 600m: 6:52.23 1:10.18 800m: 9:09.94 1:07.42			
6. Samuel Dinis, MAIA	08 Miranda do Corvo	9:14.00	543
100m: 1:02.53 1:02.53 300m: 3:20.34 1:09.51 500m: 5:42.36 1:11.17 700m: 8:05.24 1:11.30			
200m: 2:10.83 1:08.30 400m: 4:31.19 1:10.85 600m: 6:53.94 1:11.58 800m: 9:14.00 1:08.76			
7. Tiago Santos, POMBO	08 Alcobaca	9:14.76	541
100m: 1:04.60 1:04.60 300m: 3:26.57 1:11.41 500m: 5:48.26 1:10.70 700m: 8:08.62 1:09.76			
200m: 2:15.16 1:10.56 400m: 4:37.56 1:10.99 600m: 6:58.86 1:10.60 800m: 9:14.76 1:06.14			
8. Joaquim Antonio, CUNHA	08 Academica de Coimbra	9:15.05	540
100m: 1:04.70 1:04.70 300m: 3:24.28 1:10.21 500m: 5:44.90 1:10.41 700m: 8:06.02 1:10.26			
200m: 2:14.07 1:09.37 400m: 4:34.49 1:10.21 600m: 6:55.76 1:10.86 800m: 9:15.05 1:09.03			
9. Rodrigo Cruz, COSTA	09 Sanjoanense/FEPSA	9:18.54	530
100m: 1:05.50 1:05.50 300m: 3:27.73 1:11.24 500m: 5:48.86 1:10.46 700m: 8:09.51 1:10.19			
200m: 2:16.49 1:10.99 400m: 4:38.40 1:10.67 600m: 6:59.32 1:10.46 800m: 9:18.54 1:09.03			
10. Manuel Leite, AGUIAR	09 Sanjoanense/FEPSA	9:32.39	492
100m: 1:06.11 1:06.11 300m: 3:32.25 1:13.94 500m: 5:57.82 1:12.14 700m: 8:22.54 1:12.74			
200m: 2:18.31 1:12.20 400m: 4:45.68 1:13.43 600m: 7:09.80 1:11.98 800m: 9:32.39 1:09.85			
11. Guilherme Almeida, BIANCHI	09 O Crasto	9:48.56	453
100m: 1:08.07 1:08.07 300m: 3:36.44 1:14.68 500m: 6:06.96 1:15.17 700m: 8:36.75 1:14.44			
200m: 2:21.76 1:13.69 400m: 4:51.79 1:15.35 600m: 7:22.31 1:15.35 800m: 9:48.56 1:11.81			
12. Mateus Tavares, BASTOS	08 Campinho	9:49.08	452
100m: 1:05.95 1:05.95 300m: 3:33.83 1:14.56 500m: 6:05.30 1:15.53 700m: 8:36.99 1:15.56			
200m: 2:19.27 1:13.32 400m: 4:49.77 1:15.94 600m: 7:21.43 1:16.13 800m: 9:49.08 1:12.09			
13. David Ferrador, PEREIRA	09 Nucleo de Pombal	9:49.23	451
100m: 1:06.28 1:06.28 300m: 3:34.77 1:15.21 500m: 6:04.18 1:14.92 700m: 8:35.64 1:15.83			
200m: 2:19.56 1:13.28 400m: 4:49.26 1:14.49 600m: 7:19.81 1:15.63 800m: 9:49.23 1:13.59			
14. Luis Azevedo, PINTO	09 Estarreja	10:00.31	427
100m: 1:07.50 1:07.50 300m: 3:37.96 1:16.00 500m: 6:12.13 1:16.62 700m: 8:47.04 1:16.89			
200m: 2:21.96 1:14.46 400m: 4:55.51 1:17.55 600m: 7:30.15 1:18.02 800m: 10:00.31 1:13.27			
15. Gabriel Neto, FERREIRA	08 O Crasto	10:07.78	411
100m: 1:09.28 1:09.28 300m: 3:41.44 1:17.26 500m: 6:17.80 1:18.17 700m: 8:53.03 1:17.40			
200m: 2:24.18 1:14.90 400m: 4:59.63 1:18.19 600m: 7:35.63 1:17.83 800m: 10:07.78 1:14.75			
16. Jose Claudio, REIS	08 UD Oliveirense/FERSILVA	10:18.12	391
<i>FTL</i>			
100m: 1:08.45 1:08.45 300m: 3:45.28 1:18.84 500m: 6:25.04 1:20.05 700m: 9:04.18 1:19.01			
200m: 2:26.44 1:17.99 400m: 5:04.99 1:19.71 600m: 7:45.17 1:20.13 800m: 10:18.12 1:13.94			

Campeonato Interdistrital Juvenis, Juniores e Seniores de Inverno
Coimbra, 6 - 8/3/2026

Prova 33, Masc., 800m Livres, Juniores A/B

Lugar	Ano	Tempo final	Pts
17. Nuno Rodrigo, MACEDO <i>FTL</i>	08 Estamos Juntos	10:27.51	374
100m: 1:07.64 1:07.64	300m: 3:42.35 1:17.92	500m: 6:21.45 1:20.46	700m: 9:04.82 1:21.48
200m: 2:24.43 1:16.79	400m: 5:00.99 1:18.64	600m: 7:43.34 1:21.89	800m: 10:27.51 1:22.69

Seniores

1. Ricardo Matias, SANTOS	05 Louzan Natacao/EFAPEL	8:40.87	653
100m: 1:01.58 1:01.58	300m: 3:13.32 1:05.99	500m: 5:25.50 1:06.05	700m: 7:38.78 1:06.76
200m: 2:07.33 1:05.75	400m: 4:19.45 1:06.13	600m: 6:32.02 1:06.52	800m: 8:40.87 1:02.09
2. Duarte Cachulo, MARQUES	07 Condeixa Clube	8:42.41	648
100m: 1:01.01 1:01.01	300m: 3:10.24 1:04.70	500m: 5:24.89 1:08.13	700m: 7:39.25 1:06.98
200m: 2:05.54 1:04.53	400m: 4:16.76 1:06.52	600m: 6:32.27 1:07.38	800m: 8:42.41 1:03.16
3. Alexandre Ramos, GONCALVES	05 Feirense	9:03.39	576
100m: 1:02.63 1:02.63	300m: 3:17.65 1:07.66	500m: 5:34.59 1:08.46	700m: 7:54.61 1:10.65
200m: 2:09.99 1:07.36	400m: 4:26.13 1:08.48	600m: 6:43.96 1:09.37	800m: 9:03.39 1:08.78
4. Joao Ferreira, MARQUES	06 Academica de Coimbra	9:08.61	559
100m: 1:02.60 1:02.60	300m: 3:19.63 1:08.89	500m: 5:40.88 1:10.79	700m: 8:01.16 1:09.98
200m: 2:10.74 1:08.14	400m: 4:30.09 1:10.46	600m: 6:51.18 1:10.30	800m: 9:08.61 1:07.45
5. Antonio Pedro, MARTINS	05 Condeixa Clube	9:26.03	509
100m: 1:05.74 1:05.74	300m: 3:26.67 1:10.40	500m: 5:50.94 1:12.51	700m: 8:15.78 1:12.44
200m: 2:16.27 1:10.53	400m: 4:38.43 1:11.76	600m: 7:03.34 1:12.40	800m: 9:26.03 1:10.25
6. Afonso Dinis, ROQUE	07 CNLeiria - VOID	9:33.22	490
100m: 1:02.74 1:02.74	300m: 3:23.14 1:11.37	500m: 5:49.07 1:13.77	700m: 8:18.50 1:14.75
200m: 2:11.77 1:09.03	400m: 4:35.30 1:12.16	600m: 7:03.75 1:14.68	800m: 9:33.22 1:14.72
7. Rodrigo Marques, LIMA	07 CASPAE	9:49.15	451
100m: 1:08.96 1:08.96	300m: 3:38.67 1:15.69	500m: 6:09.71 1:14.80	700m: 8:39.30 1:14.98
200m: 2:22.98 1:14.02	400m: 4:54.91 1:16.24	600m: 7:24.32 1:14.61	800m: 9:49.15 1:09.85
EXH Vidar Albert, JUNG	11 Nautico Marinha Grande	9:33.86	489
100m: 1:06.30 1:06.30	300m: 3:31.82 1:13.34	500m: 5:59.84 1:13.59	700m: 8:25.50 1:12.65
200m: 2:18.48 1:12.18	400m: 4:46.25 1:14.43	600m: 7:12.85 1:13.01	800m: 9:33.86 1:08.36