

Prueba 13
20/12/2025

Fem., 400m Libre

Abs.
Resultados

		AN		Tiempo			
Abs.							
642,00	RODRIGUEZ PIZARRO, Delia	08	Getxo Igeriketa Bolue K.E.	4:31.02			
	50m: 30.89 30.89 150m: 1:39.65 34.63 250m: 2:49.21 35.12 350m: 3:58.02 33.93						
	100m: 1:05.02 34.13 200m: 2:14.09 34.44 300m: 3:24.09 34.88 400m: 4:31.02 33.00						
612,00	GARCIA GARAY, Maite	01	C.D. Bilbao	4:35.39			
	50m: 31.58 31.58 150m: 1:40.28 34.47 250m: 2:50.18 34.93 350m: 4:00.82 35.16						
	100m: 1:05.81 34.23 200m: 2:15.25 34.97 300m: 3:25.66 35.48 400m: 4:35.39 34.57						
	- DE LA FUENTE CONDE, Iria	12	C.N. Barakaldo	4:38.41			
	50m: 31.85 31.85 150m: 1:42.51 35.53 250m: 2:53.50 35.58 350m: 4:04.36 35.51						
	100m: 1:06.98 35.13 200m: 2:17.92 35.41 300m: 3:28.85 35.35 400m: 4:38.41 34.05						
581,00	BENGOETXEA JAUREGUI, Garazi	03	Gernika-Kosnoaga I.T.	4:40.25			
	50m: 32.26 32.26 150m: 1:42.41 35.48 250m: 2:53.60 35.79 350m: 4:05.19 36.07						
	100m: 1:06.93 34.67 200m: 2:17.81 35.40 300m: 3:29.12 35.52 400m: 4:40.25 35.06						
567,00	ITUIÑO OSTOLOZAGA, Aiara	08	Getxo Igeriketa Bolue K.E.	4:42.54			
	50m: 32.14 32.14 150m: 1:42.67 35.50 250m: 2:53.74 35.52 350m: 4:06.64 36.71						
	100m: 1:07.17 35.03 200m: 2:18.22 35.55 300m: 3:29.93 36.19 400m: 4:42.54 35.90						
517,00	BENGOETXEA JAUREGI, Irati	05	Gernika-Kosnoaga I.T.	4:51.37			
	50m: 32.92 32.92 150m: 1:45.87 36.73 250m: 3:00.54 37.57 350m: 4:15.35 37.66						
	100m: 1:09.14 36.22 200m: 2:22.97 37.10 300m: 3:37.69 37.15 400m: 4:51.37 36.02						
	- MARTINEZ ROMAN, Julia	12	Getxo Igeriketa Bolue K.E.	4:53.40			
	50m: 33.19 33.19 150m: 1:46.54 37.32 250m: 3:01.66 37.49 350m: 4:16.78 37.57						
	100m: 1:09.22 36.03 200m: 2:24.17 37.63 300m: 3:39.21 37.55 400m: 4:53.40 36.62						
489,00	GARCIA GARAY, Maria	03	C.D. Bilbao	4:56.81			
	50m: 33.62 33.62 150m: 1:48.23 37.49 250m: 3:03.19 37.46 350m: 4:19.42 38.29						
	100m: 1:10.74 37.12 200m: 2:25.73 37.50 300m: 3:41.13 37.94 400m: 4:56.81 37.39						
	- ZABALA MARLASCA, Lara	12	Getxo Igeriketa Bolue K.E.	5:04.92			
	50m: 33.03 33.03 150m: 1:51.06 39.80 250m: 3:09.67 39.34 350m: 4:28.22 39.24						
	100m: 1:11.26 38.23 200m: 2:30.33 39.27 300m: 3:48.98 39.31 400m: 5:04.92 36.70						
421,00	BELTRAN DE LA FUENTE, Beatriz	11	A.D.N. Maristas	5:12.08			
	50m: 35.73 35.73 150m: 1:54.31 39.54 250m: 3:14.28 39.64 350m: 4:34.36 40.00						
	100m: 1:14.77 39.04 200m: 2:34.64 40.33 300m: 3:54.36 40.08 400m: 5:12.08 37.72						
418,00	URIBE BASTERRETXE, Malen	09	Gernika-Kosnoaga I.T.	5:12.74			
	50m: 35.99 35.99 150m: 1:56.42 40.40 250m: 3:16.36 40.01 350m: 4:35.38 39.36						
	100m: 1:16.02 40.03 200m: 2:36.35 39.93 300m: 3:56.02 39.66 400m: 5:12.74 37.36						
417,00	GARCIA LANDA, Uxue	08	C.N. Santurtzi	5:13.01			
	50m: 33.52 33.52 150m: 1:51.66 40.12 250m: 3:12.57 40.29 350m: 4:33.36 40.67						
	100m: 1:11.54 38.02 200m: 2:32.28 40.62 300m: 3:52.69 40.12 400m: 5:13.01 39.65						
408,00	FRESNEDO RAMOS, Nerea	07	A.D.N. Maristas	5:15.24			
	50m: 35.59 35.59 150m: 1:55.32 39.95 250m: 3:15.57 40.13 350m: 4:36.10 40.53						
	100m: 1:15.37 39.78 200m: 2:35.44 40.12 300m: 3:55.57 40.00 400m: 5:15.24 39.14						
	- SANCHEZ MOTA, Zuleika	12	C.N. Santurtzi	5:18.71			
	50m: 35.90 35.90 150m: 1:56.22 40.64 250m: 3:17.03 40.39 350m: 4:38.86 40.91						
	100m: 1:15.58 39.68 200m: 2:36.64 40.42 300m: 3:57.95 40.92 400m: 5:18.71 39.85						
	- ATXALANDABASO BARDON, Alaitz	12	A.D.N. Maristas	5:21.19			
	50m: 37.41 37.41 150m: 1:57.48 40.22 250m: 3:19.76 40.93 350m: 4:42.09 41.08						
	100m: 1:17.26 39.85 200m: 2:38.83 41.35 300m: 4:01.01 41.25 400m: 5:21.19 39.10						
	- PERA VILLALAIN, Arrieta	12	Getxo Igeriketa Bolue K.E.	5:21.34			
	50m: 37.45 37.45 150m: 1:57.86 40.78 250m: 3:19.70 40.85 350m: 4:42.78 41.99						
	100m: 1:17.08 39.63 200m: 2:38.85 40.99 300m: 4:00.79 41.09 400m: 5:21.34 38.56						

Prueba 13, Fem., 400m Libre, Abs.

		AN							Tiempo	
367,00	VILLANUEVA HERRAN, Paula	11	C.N. Santurtzi						5:26.61	
	50m: 38.61 38.61	150m: 2:00.35	41.54	250m: 3:24.10	41.94	350m: 4:47.05	41.26			
	100m: 1:18.81 40.20	200m: 2:42.16	41.81	300m: 4:05.79	41.69	400m: 5:26.61	39.56			
349,00	VALIN LOPEZ, Carla	10	C.N. Santurtzi						5:31.93	
	50m: 36.72 36.72	150m: 1:58.34	41.41	250m: 3:23.20	42.45	350m: 4:49.52	43.33			
	100m: 1:16.93 40.21	200m: 2:40.75	42.41	300m: 4:06.19	42.99	400m: 5:31.93	42.41			
327,00	LOPEZ DE LARRUZZA SALEGUI, Maide	11	Gernika-Kosnoaga I.T.						5:39.38	
	50m: 39.40 39.40	150m: 2:09.53	45.44	250m: 3:36.57	43.07	350m: 50:00.24	45:41.54			
	100m: 1:24.09 44.69	200m: 2:53.50	43.97	300m: 4:18.70	42.13	400m: 5:39.38				
	- LARRUSKAIN RODRIGUEZ, Nahia	12	Gernika-Kosnoaga I.T.						5:43.90	
	50m: 39.16 39.16	150m: 2:09.69	45.62	250m: 3:38.06	44.22	350m: 5:04.12	42.55			
	100m: 1:24.07 44.91	200m: 2:53.84	44.15	300m: 4:21.57	43.51	400m: 5:43.90	39.78			
	- ERAUZKIN MAGUREGI, Haizea	11	Kikunbera I.T.							

16 - 18 años

642,00	RODRIGUEZ PIZARRO, Delia	08	Getxo Igeriketa Bolue K.E.						4:31.02	
	50m: 30.89 30.89	150m: 1:39.65	34.63	250m: 2:49.21	35.12	350m: 3:58.02	33.93			
	100m: 1:05.02 34.13	200m: 2:14.09	34.44	300m: 3:24.09	34.88	400m: 4:31.02	33.00			
567,00	ITUIÑO OSTOLOZAGA, Aiara	08	Getxo Igeriketa Bolue K.E.						4:42.54	
	50m: 32.14 32.14	150m: 1:42.67	35.50	250m: 2:53.74	35.52	350m: 4:06.64	36.71			
	100m: 1:07.17 35.03	200m: 2:18.22	35.55	300m: 3:29.93	36.19	400m: 4:42.54	35.90			
418,00	URIBE BASTERRETxea, Malen	09	Gernika-Kosnoaga I.T.						5:12.74	
	50m: 35.99 35.99	150m: 1:56.42	40.40	250m: 3:16.36	40.01	350m: 4:35.38	39.36			
	100m: 1:16.02 40.03	200m: 2:36.35	39.93	300m: 3:56.02	39.66	400m: 5:12.74	37.36			
417,00	GARCIA LANDA, Uxue	08	C.N. Santurtzi						5:13.01	
	50m: 33.52 33.52	150m: 1:51.66	40.12	250m: 3:12.57	40.29	350m: 4:33.36	40.67			
	100m: 1:11.54 38.02	200m: 2:32.28	40.62	300m: 3:52.69	40.12	400m: 5:13.01	39.65			
408,00	FRESNEDO RAMOS, Nerea	07	A.D.N. Maristas						5:15.24	
	50m: 35.59 35.59	150m: 1:55.32	39.95	250m: 3:15.57	40.13	350m: 4:36.10	40.53			
	100m: 1:15.37 39.78	200m: 2:35.44	40.12	300m: 3:55.57	40.00	400m: 5:15.24	39.14			

15 años

349,00	VALIN LOPEZ, Carla	10	C.N. Santurtzi						5:31.93	
	50m: 36.72 36.72	150m: 1:58.34	41.41	250m: 3:23.20	42.45	350m: 4:49.52	43.33			
	100m: 1:16.93 40.21	200m: 2:40.75	42.41	300m: 4:06.19	42.99	400m: 5:31.93	42.41			

14 años

421,00	BELTRAN DE LA FUENTE, Beatriz	11	A.D.N. Maristas						5:12.08	
	50m: 35.73 35.73	150m: 1:54.31	39.54	250m: 3:14.28	39.64	350m: 4:34.36	40.00			
	100m: 1:14.77 39.04	200m: 2:34.64	40.33	300m: 3:54.36	40.08	400m: 5:12.08	37.72			
367,00	VILLANUEVA HERRAN, Paula	11	C.N. Santurtzi						5:26.61	
	50m: 38.61 38.61	150m: 2:00.35	41.54	250m: 3:24.10	41.94	350m: 4:47.05	41.26			
	100m: 1:18.81 40.20	200m: 2:42.16	41.81	300m: 4:05.79	41.69	400m: 5:26.61	39.56			
327,00	LOPEZ DE LARRUZZA SALEGUI, Maide	11	Gernika-Kosnoaga I.T.						5:39.38	
	50m: 39.40 39.40	150m: 2:09.53	45.44	250m: 3:36.57	43.07	350m: 50:00.24	45:41.54			
	100m: 1:24.09 44.69	200m: 2:53.50	43.97	300m: 4:18.70	42.13	400m: 5:39.38				
	- ERAUZKIN MAGUREGI, Haizea	11	Kikunbera I.T.							