

Prova 1 Femin., 800m Livres Open Resultados
17/05/2026 - 9:32

Recordes Nacionais Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019
Recordes Nacionais Jun 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015
Recordes Nacionais Juv A	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014
Recordes Nacionais Juv B	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004
Recordes Nacionais Inf A	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980
Recordes Nacionais Inf B	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980
Recordes Regionais Open	9:01.27	Ana Rita, ISMAEL	LDC	S. Antonio Cavaleiros	20/12/2009
Recordes Regionais Jun 17	9:20.99	Marta Pereira, ABREU	CNFA	Olhao	19/08/2008
Recordes Regionais Juv A	9:02.89	Catia Raquel, MARTINHEIRA	LDC	Silves	22/05/2011
Recordes Regionais Juv B	9:21.60	Catia Raquel, MARTINHEIRA	LDC	Quarteira	22/11/2009
Recordes Regionais Inf A	9:20.68	Catia Raquel, MARTINHEIRA	LDC	Olhao	19/10/2008
Recordes Regionais Inf B	9:29.30	Catia Raquel, MARTINHEIRA	LDC	Olhao	24/02/2008

Pontos: AQUA 2024

Lugar	Nome	Ano	Licença	Clube	Tempo Final	AQUA	Pts
Absolutos							
1.	Carolina Melo, LOPES	10	211880	Portinado	9:46.41	539	10,00
	50m: 32.52 32.52	250m: 2:58.38 36.65	450m: 5:25.93 36.80	650m: 7:54.84 37.36			
	100m: 1:08.23 35.71	300m: 3:35.42 37.04	500m: 6:02.72 36.79	700m: 8:32.71 37.87			
	150m: 1:45.02 36.79	350m: 4:12.43 37.01	550m: 6:40.12 37.40	750m: 9:09.71 37.00			
	200m: 2:21.73 36.71	400m: 4:49.13 36.70	600m: 7:17.48 37.36	800m: 9:46.41 36.70			
2.	Bruna Filipa, BORRALHO	12	216451	Lagoa Academico Clube	9:52.49	523	8,00
	50m: 32.97 32.97	250m: 2:58.52 36.27	450m: 5:27.58 37.82	650m: 8:00.76 38.47			
	100m: 1:08.86 35.89	300m: 3:35.33 36.81	500m: 6:05.70 38.12	700m: 8:38.19 37.43			
	150m: 1:45.24 36.38	350m: 4:12.67 37.34	550m: 6:43.97 38.27	750m: 9:16.13 37.94			
	200m: 2:22.25 37.01	400m: 4:49.76 37.09	600m: 7:22.29 38.32	800m: 9:52.49 36.36			
3.	Mar Mira, MARQUEZ	09		Clube Natacao Olhao	9:58.02	508	7,00
	50m: 32.87 32.87	250m: 3:00.88 37.68	450m: 5:32.55 38.14	650m: 8:03.65 37.66			
	100m: 1:09.36 36.49	300m: 3:38.35 37.47	500m: 6:10.26 37.71	700m: 8:41.66 38.01			
	150m: 1:46.01 36.65	350m: 4:16.14 37.79	550m: 6:48.21 37.95	750m: 9:20.01 38.35			
	200m: 2:23.20 37.19	400m: 4:54.41 38.27	600m: 7:25.99 37.78	800m: 9:58.02 38.01			
4.	Ines Filipa, MATEUS	10	212937	Lagoa Academico Clube	10:02.74	496	-
	50m: 32.98 32.98	250m: 2:58.44 36.94	450m: 5:28.16 37.90	650m: 8:05.62 39.14			
	100m: 1:08.52 35.54	300m: 3:35.38 36.94	500m: 6:06.92 38.76	700m: 8:45.22 39.60			
	150m: 1:44.90 36.38	350m: 4:12.56 37.18	550m: 6:46.44 39.52	750m: 9:24.26 39.04			
	200m: 2:21.50 36.60	400m: 4:50.26 37.70	600m: 7:26.48 40.04	800m: 10:02.74 38.48			
5.	Carolina Brito, SANTOS	10	212564	Louletano / Loule Aqui e Agora	10:07.08	486	6,00
	50m: 35.20 35.20	250m: 3:06.20 37.88	450m: 5:39.32 38.25	650m: 8:12.56 38.25			
	100m: 1:12.85 37.65	300m: 3:44.66 38.46	500m: 6:17.50 38.18	700m: 8:50.80 38.24			
	150m: 1:50.53 37.68	350m: 4:22.80 38.14	550m: 6:55.85 38.35	750m: 9:29.15 38.35			
	200m: 2:28.32 37.79	400m: 5:01.07 38.27	600m: 7:34.31 38.46	800m: 10:07.08 37.93			
6.	Maria Francisca, SIMOES	11	216456	Aquatico Silves	10:46.48	402	5,00
	50m: 34.50 34.50	250m: 3:14.81 40.49	450m: 5:58.36 41.43	650m: 8:43.68 42.10			
	100m: 1:13.21 38.71	300m: 3:55.05 40.24	500m: 6:39.44 41.08	700m: 9:25.72 42.04			
	150m: 1:53.62 40.41	350m: 4:35.91 40.86	550m: 7:21.05 41.61	750m: 10:07.23 41.51			
	200m: 2:34.32 40.70	400m: 5:16.93 41.02	600m: 8:01.58 40.53	800m: 10:46.48 39.25			
7.	Leonor Revez, MARTINS	11	220362	Portinado	10:52.86	391	-
	50m: 37.20 37.20	250m: 3:20.81 41.64	450m: 6:07.77 41.92	650m: 8:54.64 41.66			
	100m: 1:16.82 39.62	300m: 4:02.52 41.71	500m: 6:49.86 42.09	700m: 9:36.38 41.74			
	150m: 1:57.65 40.83	350m: 4:44.69 42.17	550m: 7:31.74 41.88	750m: 10:16.53 40.15			
	200m: 2:39.17 41.52	400m: 5:25.85 41.16	600m: 8:12.98 41.24	800m: 10:52.86 36.33			
8.	Isla, KEATTS	13	227158	Nataçao de lagos	11:42.46	313	4,00
	50m: 38.02 38.02	250m: 3:34.40 44.82	450m: 6:31.88 44.79	650m: 9:32.84 44.57			
	100m: 1:21.01 42.99	300m: 4:19.48 45.08	500m: 7:18.41 46.53	700m: 10:16.98 44.14			
	150m: 2:05.40 44.39	350m: 5:03.51 44.03	550m: 8:02.90 44.49	750m: 11:00.46 43.48			
	200m: 2:49.58 44.18	400m: 5:47.09 43.58	600m: 8:48.27 45.37	800m: 11:42.46 42.00			
9.	Laura Tavares, RODRIGUES	13	222617	Tnc	12:02.85	288	3,00
	50m: 39.33 39.33	250m: 3:39.83 46.10	450m: 6:44.92 46.30	650m: 9:49.64 46.45			
	100m: 1:21.94 42.61	300m: 4:26.56 46.73	500m: 7:31.04 46.12	700m: 10:35.39 45.75			
	150m: 2:07.50 45.56	350m: 5:12.84 46.28	550m: 8:16.99 45.95	750m: 11:20.72 45.33			
	200m: 2:53.73 46.23	400m: 5:58.62 45.78	600m: 9:03.19 46.20	800m: 12:02.85 42.13			
10.	Madalena Estevo, MADEIRA	13	222616	Tnc	13:06.21	223	-
	50m: 42.65 42.65	250m: 3:58.63 48.92	450m: 7:20.30 49.88	650m: 10:41.69 50.86			
	100m: 1:30.28 47.63	300m: 4:49.48 50.85	500m: 8:11.45 51.15	700m: 11:32.17 50.48			
	150m: 2:19.51 49.23	350m: 5:39.32 49.84	550m: 9:00.82 49.37	750m: 12:19.26 47.09			
	200m: 3:09.71 50.20	400m: 6:30.42 51.10	600m: 9:50.83 50.01	800m: 13:06.21 46.95			

Prova 1, Femin., 800m Livres

EXH	Julia Laginha, BRAZ			11	216455	Lagoa Academico Clube	10:21.03	454	-
	50m:	34.52	34.52	250m:	3:09.36	38.89	450m:	5:46.28	39.10
	100m:	1:12.72	38.20	300m:	3:48.61	39.25	500m:	6:25.36	39.08
	150m:	1:51.63	38.91	350m:	4:27.91	39.30	550m:	7:04.70	39.34
	200m:	2:30.47	38.84	400m:	5:07.18	39.27	600m:	7:44.12	39.42
							650m:	8:23.92	39.80
							700m:	9:03.48	39.56
							750m:	9:42.85	39.37
							800m:	10:21.03	38.18
EXH	Isabel Grilo, OLIVEIRA			11	212984	Lagoa Academico Clube	10:36.78	421	-
	50m:	35.37	35.37	250m:	3:13.70	39.35	450m:	5:54.28	40.36
	100m:	1:14.51	39.14	300m:	3:53.26	39.56	500m:	6:34.52	40.24
	150m:	1:54.23	39.72	350m:	4:33.86	40.60	550m:	7:15.29	40.77
	200m:	2:34.35	40.12	400m:	5:13.92	40.06	600m:	7:56.04	40.75
							650m:	8:35.90	39.86
							700m:	9:16.63	40.73
							750m:	9:57.13	40.50
							800m:	10:36.78	39.65
EXH	Maite Trzan, ARAUJO			11	215569	Portinado	11:58.67	293	-
	50m:	36.72	36.72	250m:	3:31.87	45.53	450m:	6:35.41	45.70
	100m:	1:18.13	41.41	300m:	4:17.07	45.20	500m:	7:22.79	47.38
	150m:	2:01.60	43.47	350m:	5:03.36	46.29	550m:	8:09.82	47.03
	200m:	2:46.34	44.74	400m:	5:49.71	46.35	600m:	8:56.64	46.82
							650m:	9:43.84	47.20
							700m:	10:30.24	46.40
							750m:	11:15.99	45.75
							800m:	11:58.67	42.68