



Prova 30  
08/03/2026 - 10:51

Femin., 200m Livres

Open  
Resultados

Recorde Nacional Open	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Recorde Nacional Sen	1:55.91	Francisca Soares, MARTINS	FOCA	Felgueiras	12/04/2025
Recorde Nacional Jun 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Recorde Nacional Juv A	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019
Recorde Nacional Juv B	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Recorde Nacional Inf B	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018
Recorde Regional Open	2:03.96	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recorde Regional Sen	2:03.96	Sara Alexandra, MADEIRA	LDC	Sines	20/12/2008
Recorde Regional Jun 17	2:03.97	Beatriz Silva, LOURO	LDC	Leiria	19/12/2023
Recorde Regional Juv A	2:06.24	Miriam Filipe, MARCOS	CNOL	Funchal	11/12/2016
Recorde Regional Juv B	2:08.57	Catia Raquel, MARTINHEIRA	LDC	Faro	24/10/2009
Recorde Regional Inf B	2:13.96	Catia Raquel, MARTINHEIRA	LDC	Albufeira	07/03/2008

Pontos: AQUA 2024

Lugar	Nome	Ano	Licença	Clube	Tempo Final	AQUA
<b>Juvenis B</b>						
1.	Eva, MAGIYEVA	11	210396	Lagoa Academico Clube	<b>2:21.27</b>	476
	50m: 32.36 32.36 100m: 1:07.92 35.56			150m: 1:45.19 37.27	200m: 2:21.27 36.08	
2.	Julia Laginha, BRAZ	11	216455	Lagoa Academico Clube	<b>2:25.12</b>	439
	50m: 32.78 32.78 100m: 1:08.74 35.96			150m: 1:46.99 38.25	200m: 2:25.12 38.13	
3.	Isabel Grilo, OLIVEIRA	11	212984	Lagoa Academico Clube	<b>2:27.08</b>	421
	50m: 31.84 31.84 100m: 1:08.52 36.68			150m: 1:47.65 39.13	200m: 2:27.08 39.43	
4.	Maria Francisca, SIMOES	11	216456	Aquatico Silves	<b>2:30.13</b>	396
	50m: 32.70 32.70 100m: 1:10.19 37.49			150m: 1:50.38 40.19	200m: 2:30.13 39.75	
5.	Leonor Revez, MARTINS	11	220362	Portinado	<b>2:30.30</b>	395
	50m: 33.77 33.77 100m: 1:11.91 38.14			150m: 1:51.66 39.75	200m: 2:30.30 38.64	
6.	Leonor Henrique, FERNANDES	11	214692	Portinado	<b>2:34.97</b>	360
	50m: 33.23 33.23 100m: 1:11.40 38.17			150m: 1:53.30 41.90	200m: 2:34.97 41.67	

**Juvenis A**

1.	Juliana Bushe, BARROSO	10	201862	FC Ferreiras/AlgarExperience	<b>2:09.54</b>	617
	50m: 30.38 30.38 100m: 1:03.01 32.63			150m: 1:36.54 33.53	200m: 2:09.54 33.00	
2.	Carolina Melo, LOPES	10	211880	Portinado	<b>2:16.20</b>	531
	50m: 30.18 30.18 100m: 1:03.92 33.74			150m: 1:39.16 35.24	200m: 2:16.20 37.04	
3.	Carolina Brito, SANTOS	10	212564	Louletano / Loule Aqui e Agora	<b>2:22.32</b>	465
	50m: 31.96 31.96 100m: 1:08.32 36.36			150m: 1:45.43 37.11	200m: 2:22.32 36.89	
4.	Maria Ines, PONTE	10	212583	Portinado	<b>2:23.12</b>	457
	50m: 32.56 32.56 100m: 1:08.72 36.16			150m: 1:46.26 37.54	200m: 2:23.12 36.86	
5.	Ines Filipa, MATEUS	10	212937	Lagoa Academico Clube	<b>2:23.45</b>	454
	50m: 31.89 31.89 100m: 1:08.45 36.56			150m: 1:46.40 37.95	200m: 2:23.45 37.05	
6.	Lia Serena, JESUS	10	224419	Clube Natacao Olhao	<b>2:23.79</b>	451
	50m: 32.29 32.29 100m: 1:07.89 35.60			150m: 1:45.85 37.96	200m: 2:23.79 37.94	
7.	Gloria Alves, FAVINHA	10	211142	Aquatico Silves	<b>2:28.80</b>	407
	50m: 33.35 33.35 100m: 1:11.63 38.28			150m: 1:50.88 39.25	200m: 2:28.80 37.92	

**Absolutos**

1.	Mia Alena, WERUM	07	207009	Lagoa Academico Clube	<b>2:13.17</b>	568
	50m: 30.69 30.69 100m: 1:04.25 33.56			150m: 1:38.38 34.13	200m: 2:13.17 34.79	
2.	Tessa de, OLIVEIRA	09	221233	Lagoa Academico Clube	<b>2:20.64</b>	482
	50m: 31.98 31.98 100m: 1:07.77 35.79			150m: 1:44.61 36.84	200m: 2:20.64 36.03	
EXH	Laura Tavares, RODRIGUES	13	222617	Tnc	<b>2:48.12</b>	282
	50m: 37.21 37.21 100m: 1:19.83 42.62			150m: 2:04.65 44.82	200m: 2:48.12 43.47	
EXH	Lua Rosa, INACIO	13	223639	Tnc	<b>3:09.13</b>	198
	50m: 44.71 44.71 100m: 1:32.85 48.14			150m: 2:22.02 49.17	200m: 3:09.13 47.11	