



Prova 19	Masc., 200m Bruços				Open
07/03/2026 - 16:58					Resultados
Recorde Nacional Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Recorde Nacional Sen	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Recorde Nacional Jun 18	2:08.01	Rafael Miguel, MIMOSO	SLB	Tomar	14/12/2024
Recorde Nacional Jun 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	09/12/2023
Recorde Nacional Juv A	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	12/11/2022
Recorde Nacional Juv B	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	08/05/2022
Recorde Regional Open	2:08.80	Nuno Goncalo, QUINTANILHA	LDC	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:08.80	Nuno Goncalo, QUINTANILHA	LDC	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun 18	2:24.62	Mauro Filipe, VIEGAS	CNOL	Porto	07/12/2012
Recorde Regional Jun 17	2:23.16	João Pedro, ANTONIO	PORTIN	Tomar	30/11/2025
Recorde Regional Juv A	2:26.38	Mauro Filipe, VIEGAS	CNOL	Caldas da Rainha	19/12/2010
Recorde Regional Juv B	2:34.28	Mauro Filipe, VIEGAS	CNOL	Silves	15/05/2010
Recorde Nacional S14 - 25m	3:03.49	Rodrigo Oliveira, PATRICIO	SANCNP	Albufeira	29/03/2025
Recorde Nacional S17 - 25m	2:53.74	Americo Manuel, OLIVEIRA	CPN	Aveiro	29/06/2025
Recorde Nacional S21 - 25m	3:08.33	Joao Francisco, VAZ	POR	Albufeira	17/10/2022
Recorde Regional Adaptada 25m SB14	3:26.84	Levi Daniel Nascimento,			
Recorde Regional Adaptada 25m SB17	3:24.19	Diogo Henrique Ferreira,			
Recorde Regional Adaptada 25m SB21	3:22.47	José Gabriel, VIEIRA			

Pontos: AQUA 2024

Lugar	Nome	Ano	Licença	Clube	Tempo Final	AQUA
<b>Juvenis B</b>						
1.	Pedro Afonso, LOPES <i>Recorde Regional</i>	11	216877	Portinado	<b>2:31.08</b>	503
	50m: 33.31 33.31	100m: 1:11.99 38.68	150m: 1:51.30 39.31	200m: 2:31.08 39.78		
2.	Matias Valentino, LOMBINO	11	222399	Louletano / Loule Aqui e Agora	<b>2:39.15</b>	430
	50m: 35.95 35.95	100m: 1:15.97 40.02	150m: 1:58.06 42.09	200m: 2:39.15 41.09		
3.	Evan Michel, STARCHENKO	11	227001	RIA Aqua Tavira	<b>2:42.95</b>	400
	50m: 35.71 35.71	100m: 1:16.01 40.30	150m: 1:59.60 43.59	200m: 2:42.95 43.35		
4.	Francisco Martins, CARDOSO	11	219367	Lagoa Academico Clube	<b>3:23.62</b>	205
	50m: 45.14 45.14	100m: 1:36.84 51.70	150m: 2:31.02 54.18	200m: 3:23.62 52.60		

### Juvenis A

1.	Lourenco Manuel, FERNANDES	10	217831	Aquatico Silves	<b>2:56.87</b>	313
	50m: 37.22 37.22	100m: 1:21.97 44.75	150m: 2:08.93 46.96	200m: 2:56.87 47.94		
DNS	Jose Pedro, MINHALMA	10	210690	Náutico do Guadiana		

### Absolutos

1.	Goncalo Gualberto, BARBARA	00	118851	Lagoa Academico Clube	<b>2:24.59</b>	573
	50m: 32.91 32.91	100m: 1:09.64 36.73	150m: 1:46.91 37.27	200m: 2:24.59 37.68		
2.	Nestor, KUNYK	08	207678	Lagoa Academico Clube	<b>2:24.90</b>	570
	50m: 32.52 32.52	100m: 1:09.40 36.88	150m: 1:46.93 37.53	200m: 2:24.90 37.97		
3.	Joao Pedro, ANTONIO	09	211881	Portinado	<b>2:27.16</b>	544
	50m: 32.06 32.06	100m: 1:09.43 37.37	150m: 1:47.49 38.06	200m: 2:27.16 39.67		
4.	Dario, ENGELEN	03	126816	RIA Aqua Tavira	<b>2:29.89</b>	515
	50m: 32.29 32.29	100m: 1:09.90 37.61	150m: 1:49.16 39.26	200m: 2:29.89 40.73		
5.	Vicente Henriques, VAZ	05	131498	Clube Natacao Olhao	<b>2:35.00</b>	465
	50m: 33.56 33.56	100m: 1:12.13 38.57	150m: 1:53.55 41.42	200m: 2:35.00 41.45		
6.	Lucas Andre, PEREIRA	09	218756	Náutico do Guadiana	<b>2:46.35</b>	376
	50m: 37.35 37.35	100m: 1:19.42 42.07	150m: 2:02.33 42.91	200m: 2:46.35 44.02		
7.	Lourenco Estevaso, MADEIRA	09	145166	Tnc	<b>2:59.09</b>	302
	50m: 40.19 40.19	100m: 1:25.29 45.10	150m: 2:11.80 46.51	200m: 2:59.09 47.29		

### S1-S14 Seniores

DSQ	Miguel Domingos, FARIA	02	204328	FC Ferreiras/AlgarExperience		
	10.1 - O(A) nadador(a) não completou o percurso - SW 10.2					



Prova 19, Masc., 200m Bru os

S17 Seniores

1.	Diogo Henrique, FERREIRA	09	145244	RIA Aqua Tavira	<b>3:16.27</b>	229						
	<i>Recorde Regional</i>											
	50m:	46.68	46.68	100m:	1:37.71	51.03	150m:	2:29.06	51.35	200m:	3:16.27	47.21

S21 Seniores

DNS	Jose Gabriel, VIEIRA	83	130552	FC Ferreiras/AlgarExperience								
EXH	Diogo Alexandre, MATOS	99	132823	Sporting	<b>3:27.94</b>	192						
	50m:	43.00	43.00	100m:	1:34.43	51.43	150m:	2:30.40	55.97	200m:	3:27.94	57.54