

Mustang HOHOHO 2025
Boucherville, 19- - 21-12-2025

Epreuve 12
2025-12-21 - 8:00

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats Eliminatoires

Points: AQUA 2025

Rang	Age										Temps	Pts	
11 - 12 ans													
1.	BENTALEB, Adam			11	Elite						6:20.20	235	Q
	50m:	43.22	43.22	150m:	2:23.80	47.67	250m:	4:02.91	52.88	350m:	5:39.75	42.86	
	100m:	1:36.13	52.91	200m:	3:10.03	46.23	300m:	4:56.89	53.98	400m:	6:20.20	40.45	
2.	BERTRAND, Antoine			12	Elite						6:25.29	226	Q
	50m:	41.10	41.10	150m:	2:22.73	47.68	250m:	4:03.69	53.80	350m:	5:45.23	44.75	
	100m:	1:35.05	53.95	200m:	3:09.89	47.16	300m:	5:00.48	56.79	400m:	6:25.29	40.06	
forf.déc.	OUZZRAR, Yanis			11	Club de Natation SAMAK								
13 - 14 ans													
1.	MARTEL DE LÉRY, Gaël			14	Cote Saint-Luc Aquatics						5:20.96	391	Q
	50m:	33.18	33.18	150m:	1:53.82	40.17	250m:	3:20.83	47.79	350m:	4:45.72	36.61	
	100m:	1:13.65	40.47	200m:	2:33.04	39.22	300m:	4:09.11	48.28	400m:	5:20.96	35.24	
2.	BIELIKOV, Mykhailo			13	Velox Natation						5:22.80	384	Q
	50m:	33.95	33.95	150m:	1:58.27	43.29	250m:	3:23.55	43.79	350m:	4:46.37	37.77	
	100m:	1:14.98	41.03	200m:	2:39.76	41.49	300m:	4:08.60	45.05	400m:	5:22.80	36.43	
3.	LAMOUREUX, Cedric			14	Club aquatique Montréal						5:38.74	333	Q
	50m:	34.30	34.30	150m:	2:01.55	44.74	250m:	3:36.23	52.04	350m:	5:03.66	36.01	
	100m:	1:16.81	42.51	200m:	2:44.19	42.64	300m:	4:27.65	51.42	400m:	5:38.74	35.08	
4.	BREAUULT, Félix			14	Club de Natation SAMAK						5:42.82	321	Q
	50m:	37.69	37.69	150m:	2:06.12	41.56	250m:	3:35.85	48.43	350m:	5:04.60	39.44	
	100m:	1:24.56	46.87	200m:	2:47.42	41.30	300m:	4:25.16	49.31	400m:	5:42.82	38.22	
5.	MCKENZIE, Lucas			13	Cote Saint-Luc Aquatics						5:50.50	300	Q
	50m:	40.50	40.50	150m:	2:11.82	43.49	250m:	3:46.75	50.79	350m:	5:13.74	36.72	
	100m:	1:28.33	47.83	200m:	2:55.96	44.14	300m:	4:37.02	50.27	400m:	5:50.50	36.76	
6.	NOSEK, Darek			13	Club aquatique Montréal						6:08.03	259	Q
	50m:	38.17	38.17	150m:	2:12.18		250m:	3:49.94	49.96	350m:	5:26.00	43.58	
	100m:			200m:	2:59.98	47.80	300m:	4:42.42	52.48	400m:	6:08.03	42.03	
7.	KRIOU, Nedhir			14	Club aquatique Montréal						6:08.77	258	Q
	50m:	35.79	35.79	150m:	2:11.53	50.32	250m:	3:54.92	54.42	350m:	5:30.31	41.66	
	100m:	1:21.21	45.42	200m:	3:00.50	48.97	300m:	4:48.65	53.73	400m:	6:08.77	38.46	
8.	GIASSON, Tristan			13	Club de Natation SAMAK						6:48.63	189	Q
	50m:	42.54	42.54	150m:	2:31.32	55.89	250m:	4:18.00	57.55	350m:	6:02.86	48.18	
	100m:	1:35.43	52.89	200m:	3:20.45	49.13	300m:	5:14.68	56.68	400m:	6:48.63	45.77	
forf.nd.	QUEVEDO, Alejandro			13	Elite								
forf.nd.	BELL, Justin			14	Cote Saint-Luc Aquatics								
forf.nd.	ZHANG, Xiaowu			13	Club de Natation SAMAK								
forf.nd.	CHARBONNEAU, Emrick			14	Club Natation Mustang Boucherv								

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15 ans et plus

1.	BOULAY, Noah	18	Club Natation Mustang Boucherv	4:48.48	539	Q
	50m: 31.40 31.40	150m: 1:45.10 38.15	250m: 3:02.03 39.52	350m: 4:16.57 33.77		
	100m: 1:06.95 35.55	200m: 2:22.51 37.41	300m: 3:42.80 40.77	400m: 4:48.48 31.91		
2.	BOULAAJOUL, Marwan	16	Club aquatique Montréal	4:56.20	498	Q
	50m: 28.81 28.81	150m: 1:42.53 39.94	250m: 3:05.09 43.85	350m: 4:23.67 34.47		
	100m: 1:02.59 33.78	200m: 2:21.24 38.71	300m: 3:49.20 44.11	400m: 4:56.20 32.53		
3.	GUILLETTE, Tristan	16	Club Natation Mustang Boucherv	4:58.82	485	Q
	50m: 30.45 30.45	150m: 1:45.01 39.22	250m: 3:05.83 43.10	350m: 4:25.11 36.06		
	100m: 1:05.79 35.34	200m: 2:22.73 37.72	300m: 3:49.05 43.22	400m: 4:58.82 33.71		
4.	VLAKOS, Emmanuel	16	Club aquatique Montréal	5:04.32	459	Q
	50m: 30.69 30.69	150m: 1:46.19 40.17	250m: 3:09.84 43.87	350m: 4:29.60 35.52		
	100m: 1:06.02 35.33	200m: 2:25.97 39.78	300m: 3:54.08 44.24	400m: 5:04.32 34.72		
5.	CARRIER, Félix	18	Club de natation St-Hyacinthe	5:07.38	445	Q
	50m: 32.65 32.65	150m: 1:52.72 41.41	250m: 3:15.78 42.33	350m: 4:33.32 35.07		
	100m: 1:11.31 38.66	200m: 2:33.45 40.73	300m: 3:58.25 42.47	400m: 5:07.38 34.06		
6.	GUILLETTE, Benjamin	16	Club Natation Mustang Boucherv	5:09.97	434	Q
	50m: 31.84 31.84	150m: 1:50.70 41.03	250m: 3:14.47 43.94	350m: 4:35.55 36.85		
	100m: 1:09.67 37.83	200m: 2:30.53 39.83	300m: 3:58.70 44.23	400m: 5:09.97 34.42		
7.	SHABALIN F, Philip K	19	Velox Natation	5:10.52	432	Q
	50m: 29.91 29.91	150m: 1:44.18 40.25	250m: 3:09.13 45.57	350m: 4:34.52 37.68		
	100m: 1:03.93 34.02	200m: 2:23.56 39.38	300m: 3:56.84 47.71	400m: 5:10.52 36.00		
8.	THIFALT, Charles	15	Club aquatique Montréal	5:13.54	420	Q
	50m: 33.91 33.91	150m: 1:54.08 41.41	250m: 3:20.11 45.55	350m: 4:40.60 34.20		
	100m: 1:12.67 38.76	200m: 2:34.56 40.48	300m: 4:06.40 46.29	400m: 5:13.54 32.94		
9.	MICHAUD, Emanuel	15	Club Natation Haut-Richelieu	5:16.56	408	Q
	50m: 32.30 32.30	150m: 1:51.94 42.01	250m: 3:22.62 47.77	350m: 4:44.13 32.96		
	100m: 1:09.93 37.63	200m: 2:34.85 42.91	300m: 4:11.17 48.55	400m: 5:16.56 32.43		
10.	BAZINET, Antoine	16	Club de natation St-Hyacinthe	5:28.00	366	Q
	50m: 36.15 36.15	150m: 2:01.50 41.28	250m: 3:28.35 45.83	350m: 4:52.84 36.96		
	100m: 1:20.22 44.07	200m: 2:42.52 41.02	300m: 4:15.88 47.53	400m: 5:28.00 35.16		
11.	POULIN, Étienne	15	Club aquatique Montréal	5:28.69	364	R
	50m: 34.75 34.75	150m: 1:56.39 40.89	250m: 3:25.63 49.51	350m: 4:52.28 38.02		
	100m: 1:15.50 40.75	200m: 2:36.12 39.73	300m: 4:14.26 48.63	400m: 5:28.69 36.41		
12.	ROBERT, Léo	16	Velox Natation	5:28.80	364	R
	50m: 34.89 34.89	150m: 1:58.68 43.29	250m: 3:27.05 45.81	350m: 4:52.79 37.92		
	100m: 1:15.39 40.50	200m: 2:41.24 42.56	300m: 4:14.87 47.82	400m: 5:28.80 36.01		
13.	MESSIER-BENOÎT, Augustin	15	Club Natation Haut-Richelieu	6:23.68	229	R
	50m: 40.14 40.14	150m: 2:21.26 52.35	250m: 4:04.98 53.30	350m: 5:42.90 42.16		
	100m: 1:28.91 48.77	200m: 3:11.68 50.42	300m: 5:00.74 55.76	400m: 6:23.68 40.78		
forf.nd.	CHOUBANE, Sami	16	Cote Saint-Luc Aquatics			
forf.nd.	TZANKOV, Philip	15	Cote Saint-Luc Aquatics			
forf.nd.	CÔTÉ, Laurent	16	Club Natation Haut-Richelieu			
forf.nd.	YAZEDJIAN, Alexandre	19	Club aquatique Montréal			