

Prova 36 Masc., 1500m Livres ABS  
08/03/2026 - 9:25 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m SEN	14:39.82	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m JUN 18	15:06.43	Rui Silva, Pereira	ADRCIMM	Leiria	14/12/2025
Recordes Nacionais 25m JUN 17	15:05.57	Gustavo Manuel, Santa	CNLA	Leiria	06/12/2009
Recordes Nacionais 25m JUV A	15:36.31	Rui Filipe, Costa	VSC	Braga	04/03/2007
Recordes Nacionais 25m JUV B	15:55.78	Rui Silva, Pereira	POR	Tomar	14/01/2023

TAC Juvenis B JUV B: 21:36.81 / TAC Juvenis A JUV A: 21:07.26 / TAC Juniores JUN: 20:45.26 / TAC Sêniores SEN: 20:16.26

Pontos: AQUA 2025

Lugar	Nome	Idade	Licença	Clube	Tempo Final	AQUA
<b>Juvenis ANALEN</b>						
1.	Tiago Romaneiro, Janeirinho	16	208921	Aminata	<b>18:05.23</b>	475
<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>						
	100m: 1:06.68	1:06.68	500m: 5:58.75	1:13.27	900m: 10:52.62	1:12.73
	200m: 2:18.01	1:11.33	600m: 7:12.90	1:14.15	1000m: 12:05.52	1:12.90
	300m: 3:31.65	1:13.64	700m: 8:27.49	1:14.59	1100m: 13:18.25	1:12.73
	400m: 4:45.48	1:13.83	800m: 9:39.89	1:12.40	1200m: 14:31.08	1:12.83
1300m:	15:43.82	1:12.74				
1400m:	16:56.45	1:12.63				
1500m:	18:05.23	1:08.78				
2.	Gustavo Cardoso, Santos	15	220031	Ndco	<b>19:18.69</b>	390
<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>						
	100m: 1:08.81	1:08.81	500m: 6:16.92	1:18.55	900m: 11:31.71	1:18.86
	200m: 2:24.14	1:15.33	600m: 7:35.62	1:18.70	1000m: 12:50.26	1:18.55
	300m: 3:41.07	1:16.93	700m: 8:54.99	1:19.37	1100m: 14:09.56	1:19.30
	400m: 4:58.37	1:17.30	800m: 10:12.85	1:17.86	1200m: 15:28.25	1:18.69
1300m:	16:46.35	1:18.10				
1400m:	18:04.11	1:17.76				
1500m:	19:18.69	1:14.58				
3.	Joao Maria, Nabais	15	225195	Aminata	<b>20:00.78</b>	350
<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>						
	100m: 1:12.50	1:12.50	500m: 6:39.35	1:21.51	900m: 12:05.61	1:21.91
	200m: 2:33.20	1:20.70	600m: 8:01.29	1:21.94	1000m: 13:26.71	1:21.10
	300m: 3:55.71	1:22.51	700m: 9:22.69	1:21.40	1100m: 14:48.09	1:21.38
	400m: 5:17.84	1:22.13	800m: 10:43.70	1:21.01	1200m: 16:07.98	1:19.89
1300m:	17:26.49	1:18.51				
1400m:	18:45.64	1:19.15				
1500m:	20:00.78	1:15.14				

**Absolutos ANALEN**

1.	Pedro Caeiro, Marques	17	212615	Aminata	<b>18:35.02</b>	438
<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>						
	100m: 1:11.57	1:11.57	500m: 6:11.17	1:13.74	900m: 11:09.02	1:14.54
	200m: 2:27.25	1:15.68	600m: 7:26.00	1:14.83	1000m: 12:24.10	1:15.08
	300m: 3:41.85	1:14.60	700m: 8:40.63	1:14.63	1100m: 13:38.27	1:14.17
	400m: 4:57.43	1:15.58	800m: 9:54.48	1:13.85	1200m: 14:53.18	1:14.91
1300m:	16:08.37	1:15.19				
1400m:	17:23.01	1:14.64				
1500m:	18:35.02	1:12.01				

**Absolutos ANICentro**

1.	Tomas Verissimo, Silva	17	220440	Natacao do Fundao / YesEnergy	<b>18:13.51</b>	464
<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>						
	100m: 1:05.70	1:05.70	500m: 5:59.68	1:14.07	900m: 10:55.44	1:13.75
	200m: 2:17.75	1:12.05	600m: 7:13.83	1:14.15	1000m: 12:08.88	1:13.44
	300m: 3:31.03	1:13.28	700m: 8:28.52	1:14.69	1100m: 13:22.45	1:13.57
	400m: 4:45.61	1:14.58	800m: 9:41.69	1:13.17	1200m: 14:36.32	1:13.87
1300m:	15:48.89	1:12.57				
1400m:	17:02.17	1:13.28				
1500m:	18:13.51	1:11.34				