

Prova 32

Masc., 800m Livres

ABS

07/03/2026 - 18:05

Resultados

Recordes Nacionais 25m Open	7:41.51	Jose Paulo, Lopes	SCB	Felgueiras	14/01/2024
Recordes Nacionais 25m SEN	7:41.51	Jose Paulo, Lopes	SCB	Felgueiras	14/04/2024
Recordes Nacionais 25m JUN 18	7:56.76	Guilherme Filipe, Pina	BSCN	Porto	11/12/2015
Recordes Nacionais 25m JUN 17	8:00.80	Gustavo Manuel, Santa	CNLA	Leiria	06/12/2009
Recordes Nacionais 25m JUV A	8:09.43	Rui Filipe, Costa	VSC	Senhora da Hora	12/05/2007
Recordes Nacionais 25m JUV B	8:25.99	Rui Silva, Pereira	POR	Tomar	14/01/2023

TAC Juvenis B JUV B: 11:20.00 / TAC Juvenis A JUV A: 10:55.00 / TAC Juniores JUN: 10:37.00 / TAC Sêniores SEN: 10:24.00

Pontos: AQUA 2025

Lugar	Nome	Idade	Licença	Clube	Tempo Final	AQUA
Juvenis ANALEN						
1.	Bernardo Jose, Loucao	15	218507	Litoral Alentejano	9:56.47	402
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:11.49	1:11.49	300m: 3:43.97	1:16.97	500m: 6:15.82	1:15.59
	200m: 2:27.00	1:15.51	400m: 5:00.23	1:16.26	600m: 7:31.46	1:15.64
	700m: 8:46.19	1:14.73	800m: 9:56.47	1:10.28		
2.	Gustavo Cardoso, Santos	15	220031	Ndco	10:08.92	378
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:11.17	1:11.17	300m: 3:44.30	1:16.77	500m: 6:18.33	1:17.38
	200m: 2:27.53	1:16.36	400m: 5:00.95	1:16.65	600m: 7:36.42	1:18.09
	700m: 8:54.71	1:18.29	800m: 10:08.92	1:14.21		
3.	Joao Maria, Nabais	15	225195	Aminata	10:15.63	366
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:11.49	1:11.49	300m: 3:46.49	1:18.04	500m: 6:25.31	1:18.28
	200m: 2:28.45	1:16.96	400m: 5:07.03	1:20.54	600m: 7:44.20	1:18.89
	700m: 9:02.67	1:18.47	800m: 10:15.63	1:12.96		

Absolutos ANALEN

1.	Tiago Manuel, Azinheirinha	28	123043	Acmn	9:31.29	458
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:06.93	1:06.93	300m: 3:31.94	1:12.66	500m: 5:57.12	1:11.29
	200m: 2:19.28	1:12.35	400m: 4:45.83	1:13.89	600m: 7:09.45	1:12.33
	700m: 8:21.28	1:11.83	800m: 9:31.29	1:10.01		
2.	Afonso Silva, Rodrigues	17	208670	Ndco	10:04.13	387
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:09.89	1:09.89	300m: 3:42.24	1:16.36	500m: 6:16.42	1:17.01
	200m: 2:25.88	1:15.99	400m: 4:59.41	1:17.17	600m: 7:33.42	1:17.00
	700m: 8:50.06	1:16.64	800m: 10:04.13	1:14.07		

Absolutos ANICentro

1.	Afonso Maria, Bento	17	211118	AN Albicastrense	9:23.59	477
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:04.79	1:04.79	300m: 3:25.12	1:10.48	500m: 5:51.33	1:13.77
	200m: 2:14.64	1:09.85	400m: 4:37.56	1:12.44	600m: 7:02.67	1:11.34
	700m: 8:14.47	1:11.80	800m: 9:23.59	1:09.12		
2.	Tomas Verissimo, Silva	17	220440	Natacao do Fundao / YesEnergy	9:31.82	457
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:05.56	1:05.56	300m: 3:29.40	1:12.64	500m: 5:57.19	1:13.55
	200m: 2:16.76	1:11.20	400m: 4:43.64	1:14.24	600m: 7:09.84	1:12.65
	700m: 8:22.47	1:12.63	800m: 9:31.82	1:09.35		