

Prova 31

Femin., 800m Livres

ABS

07/03/2026 - 17:55

Resultados

Recordes Nacionais 25m Open	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
Recordes Nacionais 25m SEN	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
Recordes Nacionais 25m JUN 18	8:30.86	Tamila Hryhorivna, Holub	SCB	Moscovo (RUS)	03/08/2017
Recordes Nacionais 25m JUN 17	8:32.83	Tamila Hryhorivna, Holub	SCB	Porto	13/12/2015
Recordes Nacionais 25m JUV A	8:45.41	Tamila Hryhorivna, Holub	SCB	Porto	21/12/2014
Recordes Nacionais 25m JUV B	8:46.74	Ana Claudia, Santos	SFUAP	Cantanhede	19/12/2004

TAC Juvenis B JUV B: 12:20.00 / TAC Juvenis A JUV A: 12:00.00 / TAC Juniores JUN: 11:52.00 / TAC Sêniores SEN: 11:45.00

Pontos: AQUA 2025

Lugar	Nome	Idade	Licença	Clube	Tempo Final	AQUA
Juvenis ANALEN						
1.	Leonor Duarte, Goncalves	16	208323	Ndco	10:52.51	391
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:16.76	1:16.76	300m: 4:01.22	1:22.60	500m: 6:46.99	1:23.29
	200m: 2:38.62	1:21.86	400m: 5:23.70	1:22.48	600m: 8:10.11	1:23.12
	700m: 9:33.17	1:23.06	800m: 10:52.51	1:19.34		
2.	Teresa Ribeiro, Rocha	15	218395	Aminata	11:05.51	369
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:16.57	1:16.57	300m: 4:03.81	1:24.24	500m: 6:51.67	1:24.63
	200m: 2:39.57	1:23.00	400m: 5:27.04	1:23.23	600m: 8:17.22	1:25.55
	700m: 9:42.92	1:25.70	800m: 11:05.51	1:22.59		
3.	Madalena Isabel, Marques	15	220357	Acmn	12:41.01	246
	<i>FTL</i>					
	100m: 1:21.17	1:21.17	300m: 4:33.21	1:36.23	500m: 7:47.43	1:37.16
	200m: 2:56.98	1:35.81	400m: 6:10.27	1:37.06	600m: 9:25.99	1:38.56
	700m: 11:03.10	1:37.11	800m: 12:41.01	1:37.91		

Juvenis ANICentro

1.	Matilde Nogueira, Lourenco	15	214556	CCDSerta	10:42.34	410
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:15.76	1:15.76	300m: 3:58.90	1:21.88	500m: 6:43.54	1:22.59
	200m: 2:37.02	1:21.26	400m: 5:20.95	1:22.05	600m: 8:06.61	1:23.07
	700m: 9:26.66	1:20.05	800m: 10:42.34	1:15.68		

Absolutos ANALEN

1.	Maria Lua, Pisco	19	207482	Acmn	11:12.03	358
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:16.93	1:16.93	300m: 4:02.73	1:24.06	500m: 6:53.71	1:26.06
	200m: 2:38.67	1:21.74	400m: 5:27.65	1:24.92	600m: 8:21.96	1:28.25
	700m: 9:49.52	1:27.56	800m: 11:12.03	1:22.51		

Absolutos ANICentro

1.	Rita Lobo, Pires	17	205497	Natacao do Fundao / YesEnergy	10:40.42	414
	<i>TAC Reg Verão, Reguengos de Monsaraz 03 a 05 Julho</i>					
	100m: 1:14.81	1:14.81	300m: 3:54.42	1:19.50	500m: 6:36.47	1:20.34
	200m: 2:34.92	1:20.11	400m: 5:16.13	1:21.71	600m: 7:58.95	1:22.48
	700m: 9:20.07	1:21.12	800m: 10:40.42	1:20.35		
2.	Vitoria Morao, Almeida	17	206749	AN Albicastrense	12:06.57	283
	<i>FTL</i>					
	100m: 1:20.00	1:20.00	300m: 4:24.08	1:33.06	500m: 7:30.41	1:33.27
	200m: 2:51.02	1:31.02	400m: 5:57.14	1:33.06	600m: 9:04.19	1:33.78
	700m: 10:37.21	1:33.02	800m: 12:06.57	1:29.36		