

PCSC Cup 2 Distance
Pointe-Claire, 16- - 17-1-2026

Event 401

400m Freestyle

11 years and older

2026-01-17 - 8:14

Results Time Trials

Coupe Espoir - 12 Women: 6:03.57; 13 Women: 5:42.80; 14 Women: 5:29.81; 15 Women: 5:24.62; 16 Women: 5:19.42;
17 Women: 5:14.23; - 12 Men: 5:53.16; 13 Men: 5:31.54; 14 Men: 5:12.32; 15 Men: 5:02.71; 16 Men: 4:55.50; 17 Men: 4:50.70 /
Coupe Québec standard A - 16 Women: 4:33.98; - 16 Men: 4:15.26 / Coupe Québec standard B 17 + Women: 5:06.44;
17 + Men: 4:43.49

Points: AQUA 2025

Rank	Age					Time					Pts	
11 years and older, Women												
1.	POMERLEAU, Mikaelle				15	Pointe-Claire Swim Club				4:38.97	562	CE
	50m:	30.96	30.96	150m:	1:40.71	35.36	250m:	2:51.58	35.56	350m:	4:02.89	35.70
	100m:	1:05.35	34.39	200m:	2:16.02	35.31	300m:	3:27.19	35.61	400m:	4:38.97	36.08
2.	NICHOLSON-JODOIN, Clementine				15	Pointe-Claire Swim Club				4:41.24	548	CE
	50m:	31.35	31.35	150m:	1:41.01	35.51	250m:	2:52.97	36.30	350m:	4:05.24	35.85
	100m:	1:05.50	34.15	200m:	2:16.67	35.66	300m:	3:29.39	36.42	400m:	4:41.24	36.00
3.	DESJARDINS, Katelyn				15	Pointe-Claire Swim Club				4:58.27	460	CE
	50m:	33.01	33.01	150m:	1:46.99	37.61	250m:	3:03.28	38.06	350m:	4:19.93	38.21
	100m:	1:09.38	36.37	200m:	2:25.22	38.23	300m:	3:41.72	38.44	400m:	4:58.27	38.34
4.	LAPOINTE, Alexandra				13	Pointe-Claire Swim Club				5:02.82	439	CE
	50m:	32.14	32.14	150m:	1:46.33	37.87	250m:	3:03.46	38.41	350m:	4:22.85	39.86
	100m:	1:08.46	36.32	200m:	2:25.05	38.72	300m:	3:42.99	39.53	400m:	5:02.82	39.97
5.	GASCON, Melodie				18	Pointe-Claire Swim Club				5:05.84	426	CQ
	50m:	33.75	33.75	150m:	1:50.14	38.57	250m:	3:08.10	39.11	350m:	4:26.31	39.23
	100m:	1:11.57	37.82	200m:	2:28.99	38.85	300m:	3:47.08	38.98	400m:	5:05.84	39.53
6.	LAPOINTE, Catherine				15	Pointe-Claire Swim Club				5:11.03	405	CE
	50m:	34.25	34.25	150m:	1:52.23	39.88	250m:	3:12.02	39.79	350m:	4:31.18	39.54
	100m:	1:12.35	38.10	200m:	2:32.23	40.00	300m:	3:51.64	39.62	400m:	5:11.03	39.85
7.	VOICULESCU, Amy Lara				14	Pointe-Claire Swim Club				5:26.37	351	CE
	50m:	35.85	35.85	150m:	1:56.53	40.69	250m:	3:19.68	41.55	350m:	4:44.00	42.07
	100m:	1:15.84	39.99	200m:	2:38.13	41.60	300m:	4:01.93	42.25	400m:	5:26.37	42.37
8.	ZHANG, Ruoxi				14	Pointe-Claire Swim Club				5:29.47	341	CE
	50m:	35.80	35.80	150m:	1:57.04	41.16	250m:	3:20.97	42.24	350m:	4:46.11	42.58
	100m:	1:15.88	40.08	200m:	2:38.73	41.69	300m:	4:03.53	42.56	400m:	5:29.47	43.36
9.	ZHOU, Cindy				12	Pointe-Claire Swim Club				5:34.25	326	CE
	50m:	37.56	37.56	150m:	2:00.05	41.51	250m:	3:25.43	43.18	350m:	4:51.82	43.35
	100m:	1:18.54	40.98	200m:	2:42.25	42.20	300m:	4:08.47	43.04	400m:	5:34.25	42.43
10.	HENRIQUES DE SOUZA, Alice Ma				14	Pointe-Claire Swim Club				5:44.57	298	
	50m:	36.61	36.61	150m:	2:00.97	43.53	250m:	3:29.86	44.83	350m:	4:59.89	44.98
	100m:	1:17.44	40.83	200m:	2:45.03	44.06	300m:	4:14.91	45.05	400m:	5:44.57	44.68
11.	WYJAD, Olivia				11	Pointe-Claire Swim Club				5:53.57	276	CE
	50m:	38.32	38.32	150m:	2:07.80	45.85	250m:	3:37.65	45.26	350m:	5:08.01	44.93
	100m:	1:21.95	43.63	200m:	2:52.39	44.59	300m:	4:23.08	45.43	400m:	5:53.57	45.56
12.	BALAN, Zlata				13	Pointe-Claire Swim Club				5:53.97	275	
	50m:	37.29	37.29	150m:	2:07.16	45.10	250m:	3:37.91	45.43	350m:	5:08.82	45.44
	100m:	1:22.06	44.77	200m:	2:52.48	45.32	300m:	4:23.38	45.47	400m:	5:53.97	45.15
13.	BOURBEAU, Hanna				13	Pointe-Claire Swim Club				5:54.91	273	
	50m:	37.77	37.77	150m:	2:07.94	45.74	250m:	3:38.71	44.71	350m:	5:10.69	45.71
	100m:	1:22.20	44.43	200m:	2:54.00	46.06	300m:	4:24.98	46.27	400m:	5:54.91	44.22
14.	MCLAUCHLAN, Maggie				15	Pointe-Claire Swim Club				5:58.57	264	
	50m:	37.91	37.91	150m:	2:07.75	45.76	250m:	3:39.55	46.64	350m:	5:12.40	45.80
	100m:	1:21.99	44.08	200m:	2:52.91	45.16	300m:	4:26.60	47.05	400m:	5:58.57	46.17

PCSC Cup 2 Distance
Pointe-Claire, 16- - 17-1-2026

Event 401, Women, 400m Freestyle, 11 years and older

Rank											Age					Time	Pts
15.	POTHIER, Loriann										17	Pointe-Claire Swim Club				6:02.67	255
	50m:	39.85	39.85	150m:	2:08.98	45.59	250m:	3:41.34	46.25	350m:	5:15.03	47.11					
	100m:	1:23.39	43.54	200m:	2:55.09	46.11	300m:	4:27.92	46.58	400m:	6:02.67	47.64					
16.	FIGAROLS-DA CRUZ, Willow										13	Pointe-Claire Swim Club				6:03.69	253
	50m:	39.86	39.86	150m:	2:11.27	46.43	250m:	3:44.30	46.59	350m:	5:17.31	46.54					
	100m:	1:24.84	44.98	200m:	2:57.71	46.44	300m:	4:30.77	46.47	400m:	6:03.69	46.38					
17.	YAO, Jessie										11	Pointe-Claire Swim Club				6:05.27	250
	50m:	37.12	37.12	150m:	2:07.90	46.83	250m:	3:41.96	46.40	350m:	5:16.85	47.97					
	100m:	1:21.07	43.95	200m:	2:55.56	47.66	300m:	4:28.88	46.92	400m:	6:05.27	48.42					
18.	DROUAL, Louna										13	Pointe-Claire Swim Club				6:13.30	234
	50m:	40.53	40.53	150m:	2:16.10	48.42	250m:	3:52.17	47.05	350m:	5:25.57	46.66					
	100m:	1:27.68	47.15	200m:	3:05.12	49.02	300m:	4:38.91	46.74	400m:	6:13.30	47.73					
19.	RICHARD, Monica										12	Pointe-Claire Swim Club				6:16.36	228
	50m:	39.86	39.86	150m:	2:12.82	46.97	250m:	3:50.06	48.50	350m:	5:27.65	48.32					
	100m:	1:25.85	45.99	200m:	3:01.56	48.74	300m:	4:39.33	49.27	400m:	6:16.36	48.71					
20.	MUMME, Mikaela										13	Pointe-Claire Swim Club				6:18.81	224
	50m:	45.70	45.70	150m:	2:21.06	47.65	250m:	3:56.34	47.51	350m:	5:31.14	46.81					
	100m:	1:33.41	47.71	200m:	3:08.83	47.77	300m:	4:44.33	47.99	400m:	6:18.81	47.67					
21.	SIMA, Josephine										11	Pointe-Claire Swim Club				6:19.40	223
	50m:	42.55	42.55	150m:	2:18.25	47.93	250m:	3:54.86	47.75	350m:	5:31.29	48.11					
	100m:	1:30.32	47.77	200m:	3:07.11	48.86	300m:	4:43.18	48.32	400m:	6:19.40	48.11					
22.	TREMBLAY, Laurie-Gabrielle										14	Pointe-Claire Swim Club				6:29.79	206
	50m:	43.78	43.78	150m:	2:22.23	50.19	250m:	4:00.60	48.83	350m:	5:38.81	48.54					
	100m:	1:32.04	48.26	200m:	3:11.77	49.54	300m:	4:50.27	49.67	400m:	6:29.79	50.98					
23.	DIXON, Charlotte										11	Pointe-Claire Swim Club				6:47.43	180
	50m:	41.36	41.36	150m:	2:21.25	51.14	250m:	4:06.20	52.18	350m:	5:53.37	54.03					
	100m:	1:30.11	48.75	200m:	3:14.02	52.77	300m:	4:59.34	53.14	400m:	6:47.43	54.06					
24.	WARKE, Jeevika										12	Pointe-Claire Swim Club				7:08.63	155
	50m:	42.35	42.35	150m:	2:27.07	53.72	250m:	4:19.73	56.62	350m:	6:13.42	57.34					
	100m:	1:33.35	51.00	200m:	3:23.11	56.04	300m:	5:16.08	56.35	400m:	7:08.63	55.21					
25.	BAKISH, Abigail										11	Pointe-Claire Swim Club				7:30.92	133
	50m:	48.86	48.86	150m:	2:38.37	54.96	250m:	4:31.89	56.76	350m:	6:32.49	1:00.76					
	100m:	1:43.41	54.55	200m:	3:35.13	56.76	300m:	5:31.73	59.84	400m:	7:30.92	58.43					
26.	CAPRILES CARRASCO, Juliana S										11	Pointe-Claire Swim Club				8:20.99	97
	50m:	50.98	50.98	150m:	2:57.24	1:05.37	250m:	5:04.81	1:04.47	350m:	7:16.83	1:06.44					
	100m:	1:51.87	1:00.89	200m:	4:00.34	1:03.10	300m:	6:10.39	1:05.58	400m:	8:20.99	1:04.16					

11 years and older, Men

1.	MOSKUN, Nikolas				14	Pointe-Claire Swim Club					4:14.30	581	CQ
	50m:	28.34	28.34	150m:	1:31.16	31.73	250m:	2:35.98	32.32	350m:	3:41.34	32.78	
	100m:	59.43	31.09	200m:	2:03.66	32.50	300m:	3:08.56	32.58	400m:	4:14.30	32.96	
2.	LIU, Stephen				13	Pointe-Claire Swim Club					4:28.80	492	CE
	50m:	29.77	29.77	150m:	1:36.23	33.57	250m:	2:44.97	34.66	350m:	3:53.48	34.32	
	100m:	1:02.66	32.89	200m:	2:10.31	34.08	300m:	3:19.16	34.19	400m:	4:28.80	35.32	
3.	ALIZADEH, Arsham				16	Pointe-Claire Swim Club					4:43.28	420	CE
	50m:	30.37	30.37	150m:	1:40.81	35.83	250m:	2:53.37	35.57	350m:	4:06.51	36.56	
	100m:	1:04.98	34.61	200m:	2:17.80	36.99	300m:	3:29.95	36.58	400m:	4:43.28	36.77	

PCSC Cup 2 Distance
Pointe-Claire, 16- - 17-1-2026

Event 401, Men, 400m Freestyle, 11 years and older

Rank				Age					Time	Pts		
4.	NIKITIN, Philippe Charles			13	Pointe-Claire Swim Club				4:43.92	417	CE	
	50m:	31.76	31.76	150m:	1:42.53	36.17	250m:	2:54.54	36.21	350m:	4:07.10	36.17
	100m:	1:06.36	34.60	200m:	2:18.33	35.80	300m:	3:30.93	36.39	400m:	4:43.92	36.82
5.	ALEXANDRESCU, Victor			17	Pointe-Claire Swim Club				4:44.01	417	CE	
	50m:	32.06	32.06	150m:	1:42.60	35.65	250m:	2:55.06	36.12	350m:	4:07.44	36.22
	100m:	1:06.95	34.89	200m:	2:18.94	36.34	300m:	3:31.22	36.16	400m:	4:44.01	36.57
6.	FARINAS-DAVIS, Samuel			14	Pointe-Claire Swim Club				4:47.93	400	CE	
	50m:	31.48	31.48	150m:	1:42.59	36.47	250m:	2:56.17	36.83	350m:	4:10.44	37.40
	100m:	1:06.12	34.64	200m:	2:19.34	36.75	300m:	3:33.04	36.87	400m:	4:47.93	37.49
7.	ZHANG, Zhenru			15	Pointe-Claire Swim Club				5:00.20	353	CE	
	50m:	30.83	30.83	150m:	1:45.46	37.95	250m:	3:01.93	38.74	350m:	4:21.62	41.25
	100m:	1:07.51	36.68	200m:	2:23.19	37.73	300m:	3:40.37	38.44	400m:	5:00.20	38.58
8.	CHEN, Jackie			15	Pointe-Claire Swim Club				5:06.31	332		
	50m:	33.38	33.38	150m:	1:49.17	38.81	250m:	3:07.09	38.93	350m:	4:26.37	39.51
	100m:	1:10.36	36.98	200m:	2:28.16	38.99	300m:	3:46.86	39.77	400m:	5:06.31	39.94
9.	BINDER-LABROSSE, Liam			12	Pointe-Claire Swim Club				5:18.44	296	CE	
	50m:	36.11	36.11	150m:	1:55.61	39.99	250m:	3:15.82	39.87	350m:	4:38.60	41.63
	100m:	1:15.62	39.51	200m:	2:35.95	40.34	300m:	3:56.97	41.15	400m:	5:18.44	39.84
10.	CARON, Joshua			13	Pointe-Claire Swim Club				5:37.71	248		
	50m:	36.98	36.98	150m:	2:01.80	43.11	250m:	3:28.32	43.51	350m:	4:54.44	43.15
	100m:	1:18.69	41.71	200m:	2:44.81	43.01	300m:	4:11.29	42.97	400m:	5:37.71	43.27
11.	MCLAREN, Jacob			14	Pointe-Claire Swim Club				5:40.01	243		
	50m:	36.04	36.04	150m:	2:02.51	44.09	250m:	3:29.84	44.04	350m:	4:56.20	43.31
	100m:	1:18.42	42.38	200m:	2:45.80	43.29	300m:	4:12.89	43.05	400m:	5:40.01	43.81
12.	SANSREGRET, Alexis			11	Pointe-Claire Swim Club				5:41.00	241	CE	
	50m:	38.41	38.41	150m:	2:03.23	42.73	250m:	3:29.33	43.30	350m:	4:57.25	43.81
	100m:	1:20.50	42.09	200m:	2:46.03	42.80	300m:	4:13.44	44.11	400m:	5:41.00	43.75
13.	BLANCHETTE, Arran			11	Pointe-Claire Swim Club				5:41.21	240	CE	
	50m:	37.20	37.20	150m:	2:02.48	43.11	250m:	3:29.53	43.23	350m:	4:57.52	44.43
	100m:	1:19.37	42.17	200m:	2:46.30	43.82	300m:	4:13.09	43.56	400m:	5:41.21	43.69
14.	LOULODOV, Michael			15	Pointe-Claire Swim Club				5:46.31	230		
	50m:	37.42	37.42	150m:	2:02.89	42.87	250m:	3:30.56	43.59	350m:	5:00.92	45.17
	100m:	1:20.02	42.60	200m:	2:46.97	44.08	300m:	4:15.75	45.19	400m:	5:46.31	45.39
15.	AYOUB, Julian			11	Pointe-Claire Swim Club				5:46.49	229	CE	
	50m:	38.66	38.66	150m:	2:04.83	43.34	250m:	3:32.74	44.06	350m:	5:02.14	45.08
	100m:	1:21.49	42.83	200m:	2:48.68	43.85	300m:	4:17.06	44.32	400m:	5:46.49	44.35
16.	ROBERTS, Jacob			11	Pointe-Claire Swim Club				5:47.54	227	CE	
	50m:	39.43	39.43	150m:	2:06.54	44.11	250m:	3:34.20	44.20	350m:	5:03.07	44.01
	100m:	1:22.43	43.00	200m:	2:50.00	43.46	300m:	4:19.06	44.86	400m:	5:47.54	44.47
17.	KAKAVAND, Nikan			12	Pointe-Claire Swim Club				5:56.67	210		
	50m:	36.91	36.91	150m:	2:05.66	44.91	250m:	3:37.62	45.65	350m:	5:10.52	46.20
	100m:	1:20.75	43.84	200m:	2:51.97	46.31	300m:	4:24.32	46.70	400m:	5:56.67	46.15
18.	YANG, Junyu			12	Pointe-Claire Swim Club				6:04.37	197		
	50m:	39.64	39.64	150m:	2:10.96	45.98	250m:	3:44.15	46.43	350m:	5:17.93	47.30
	100m:	1:24.98	45.34	200m:	2:57.72	46.76	300m:	4:30.63	46.48	400m:	6:04.37	46.44
19.	OSORIO PALACIOS, Juan Jose			11	Pointe-Claire Swim Club				6:16.05	179		
	50m:	41.64	41.64	150m:	2:14.70	47.56	250m:	3:50.80	48.16	350m:	5:27.36	47.95
	100m:	1:27.14	45.50	200m:	3:02.64	47.94	300m:	4:39.41	48.61	400m:	6:16.05	48.69

PCSC Cup 2 Distance
Pointe-Claire, 16- - 17-1-2026

Event 401, Men, 400m Freestyle, 11 years and older

Rank					Age					Time	Pts	
20.	QUAN, Maxton				12	Pointe-Claire Swim Club				6:18.89	175	
	50m:	40.26	40.26	150m:	2:14.43	48.05	250m:	3:51.79	47.77	350m:	5:30.00	49.89
	100m:	1:26.38	46.12	200m:	3:04.02	49.59	300m:	4:40.11	48.32	400m:	6:18.89	48.89
21.	LIU, Victor				11	Pointe-Claire Swim Club				6:19.64	174	
	50m:	43.33	43.33	150m:	2:17.65	47.36	250m:	3:55.16	48.94	350m:	5:31.39	48.16
	100m:	1:30.29	46.96	200m:	3:06.22	48.57	300m:	4:43.23	48.07	400m:	6:19.64	48.25
22.	STROESCU, Mathias				11	Pointe-Claire Swim Club				6:21.39	172	
	50m:	44.04	44.04	150m:	2:22.63	50.15	250m:	3:57.95	47.08	350m:	5:32.93	47.97
	100m:	1:32.48	48.44	200m:	3:10.87	48.24	300m:	4:44.96	47.01	400m:	6:21.39	48.46
23.	MACLEAN, Carson				11	Pointe-Claire Swim Club				6:31.30	159	
	50m:	40.93	40.93	150m:	2:21.48	50.06	250m:	4:00.80	50.39	350m:	5:42.62	50.98
	100m:	1:31.42	50.49	200m:	3:10.41	48.93	300m:	4:51.64	50.84	400m:	6:31.30	48.68
24.	QUE, Ge				13	Pointe-Claire Swim Club				6:36.31	153	
	50m:	38.92	38.92	150m:	2:15.88	50.88	250m:	3:59.15	52.07	350m:	5:44.04	52.67
	100m:	1:25.00	46.08	200m:	3:07.08	51.20	300m:	4:51.37	52.22	400m:	6:36.31	52.27
25.	GAO, Kevin				12	Pointe-Claire Swim Club				6:55.51	133	
	50m:	44.66	44.66	150m:	2:31.08	53.29	250m:	4:16.41	53.28	350m:	6:01.93	53.08
	100m:	1:37.79	53.13	200m:	3:23.13	52.05	300m:	5:08.85	52.44	400m:	6:55.51	53.58
26.	HOANG, William Minh				12	Pointe-Claire Swim Club				6:59.42	129	
	50m:	43.26	43.26	150m:	2:28.06	52.27	250m:	4:15.65	54.79	350m:	6:04.38	54.12
	100m:	1:35.79	52.53	200m:	3:20.86	52.80	300m:	5:10.26	54.61	400m:	6:59.42	55.04
27.	LEWIS, Liam				11	Pointe-Claire Swim Club				7:00.29	128	
	50m:	44.71	44.71	150m:	2:29.75	52.52	250m:	4:16.73	53.74	350m:	6:05.94	54.54
	100m:	1:37.23	52.52	200m:	3:22.99	53.24	300m:	5:11.40	54.67	400m:	7:00.29	54.35
28.	HU-YIN, Luca				12	Pointe-Claire Swim Club				7:05.73	123	
	50m:	44.52	44.52	150m:	2:32.68	54.94	250m:	4:22.18	54.32	350m:	6:12.46	55.17
	100m:	1:37.74	53.22	200m:	3:27.86	55.18	300m:	5:17.29	55.11	400m:	7:05.73	53.27
29.	SU, Tongyan Felix				12	Pointe-Claire Swim Club				7:35.21	101	
	50m:	48.83	48.83	150m:	2:43.75	57.92	250m:	4:40.81	59.03	350m:	6:38.59	58.99
	100m:	1:45.83	57.00	200m:	3:41.78	58.03	300m:	5:39.60	58.79	400m:	7:35.21	56.62